

NEW MOON

- Fresh beginnings
- Setting intentions
- Planting seeds

inspiration/intention/reflection

WAXING CRESCENT

- Building momentum
- Taking first steps
- Faith
- Hope

inspiration/intention/reflection

FIRST QUARTER

- Action
- Decision-making
- Overcoming obstacles

inspiration/intention/reflection

WAXING GIBBOUS

- Refinement
- Adjustment
- Patience
- Trust

inspiration/intention/reflection

FULL MOON

- Culmination
- Celebration
- Gratitude
- Release
- Illumination

inspiration/intention/reflection

WANING GIBBOUS

- Sharing wisdom
- Gratitude
- Integrating lessons

inspiration/intention/reflection

LAST QUARTER

- Letting go
- Forgiveness
- Release
- Making space

inspiration/intention/reflection

WANING CRESCENT

- Deep rest
- Surrender
- Preparation for rebirth

inspiration/intention/reflection

WOLF MOON

- Inner strength
- Survival
- Introspection
- Planning

inspiration/intention/reflection

 **SNOW MOON**

- Resilience
- Renewal
- Transformation
- Hope

inspiration/intention/reflection

 **WORM MOON**

- Personal growth
- Awakening
- Balance

inspiration/intention/reflection

 **PINK MOON**

- Renewal
- Movement
- Rebirth
- Blossoming

inspiration/intention/reflection

 **FLOWER MOON**

- Growth
- Abundance
- Transformation

inspiration/intention/reflection

 **BLUE MOON**

- Second chances
- Opportunities
- Closure

inspiration/intention/reflection

 **STRAWBERRY MOON**

- Love
- Affection
- Abundance
- Prosperity

inspiration/intention/reflection

 **BUCK MOON**

- Determination
- Progress
- Growth

inspiration/intention/reflection

 **STURGEON MOON**

- Release
- Perseverance
- Strength
- Breakthroughs

inspiration/intention/reflection

 **HARVEST MOON**

- Gratitude
- Reflection
- Introspection
- Balance

inspiration/intention/reflection



HUNTER'S MOON

- Focus
- Strength
- Preparation
- Courage

inspiration/intention/reflection



BEAVER MOON

- Culmination
- Stability
- Persistence
- Comfort

inspiration/intention/reflection



COLD MOON

- Completion
- Dedication
- Harmony
- Reflection

inspiration/intention/reflection