

CYCLE 1: SNOW MOON CYCLE

Full Moon Energy: Resilience, renewal, transformation, hope

Cycle Dates: January 18 - February 17, 2026

This is where our 2026 lunar journey begins!

Phase Journey:

New Moon - January 18, 2026 |

Planting Seeds of Resilience

Set intentions for renewal; trust in transformation; plant seeds of hope even in the cold

Waxing Crescent - January 19-24 |

Building Resilient Momentum

Take hopeful steps forward; build strength through small actions; trust transformation is beginning

First Quarter - January 25, 2026 |

Resilient Problem-Solving

Push through obstacles with renewed strength; make decisions that honor transformation; find hope in challenges

Waxing Gibbous - January 26-31 |

Trusting Transformation

Refine with resilience; trust renewal takes time; be patient with the transformation process

FULL MOON (SNOW) - February 1, 2026 |

Peak Resilience & Transformative Release

Celebrate your strength; release what no longer serves your transformation; honor resilience; embrace hope fully

Waning Gibbous - February 2-8 |

Sharing Resilience Wisdom

Share how you've persevered; teach others about hope; integrate transformation lessons

Last Quarter - February 9, 2026 |

Releasing for Renewal

Let go with resilience; forgive to enable transformation; release old patterns with hope

Waning Crescent - February 10-16 |

Resilient Rest

Rest in transformation; surrender to renewal; restore hope through deep rest