SHOULDER (ROUTINE)
FOV = 14 x 14

Ax PD FSE fat sat	3.5/0.7
Oblique Sag T1	3.5/0.7
Oblique Cor T2 FSE fat sat	3.5/0.7
Oblique Sag PD FSE fat sat	3.5/0.7
Oblique Cor PD FSE fat sat	3.5/0.7

If with contrast:

Pre and Post Ax T1 fat sat	3.5/0.7
Coronal and sagittal T1 post fat sat	3.5/0.7