HAND, THUMB or FINGER (ROUTINE)

 $FOV = 12 \times 12$ (hand); 10×10 (finger)

AxT1	3/0.3
Ax T2 FSE fat sat	3/0.3
Cor T1 (coronal to thumb or finger metacarpal)	3/0.3
Cor T2 FSE fat sat (coronal to thumb or finger metacarpal) 3/0.3	
Sag PD FSE fat sat	3/0.3

If with contrast:

Pre and Post Ax T1 fat sat	3/0.3
Coronal and sagittal T1 post fat sat	3/0.3