

# HIGH ALTITUDE

GROUP 22



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# INTRODUCTION

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- High altitude environments are defined as those at and over 2500 masl (meters above mean sea level).
- These areas exhibit distinct atmospheric conditions

# DEFINITION CONT'D

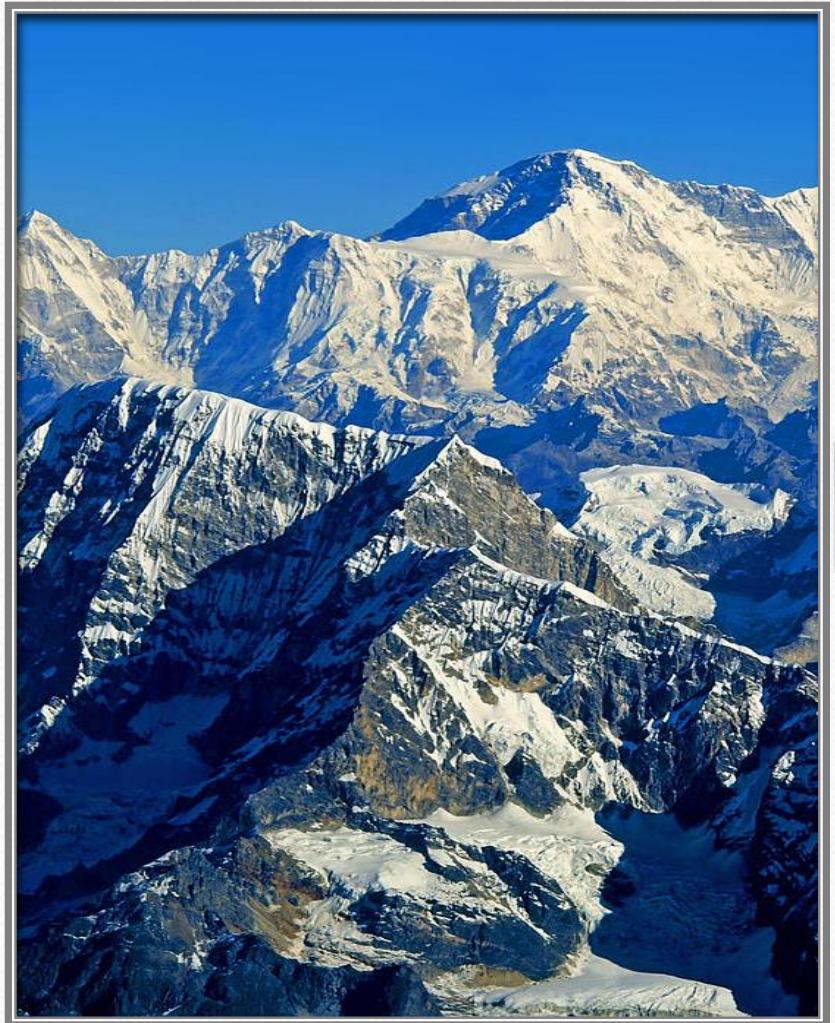
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- High altitude (1500 to 3500 m)
- Very high altitude (3500 to 5500 m)
- Extreme altitude (above 5500 m)

# EXAMPLES OF HIGH ALTITUDES

## THE HIMALAYAS

- Spans across several countries including Nepal, India and Bhutan and Tibet.
- Home to the highest peaks on Earth.
- Examples include Mount Everest (8,848masl) Kanchenjuga (8486masl) and Annarpurna (8091masl).



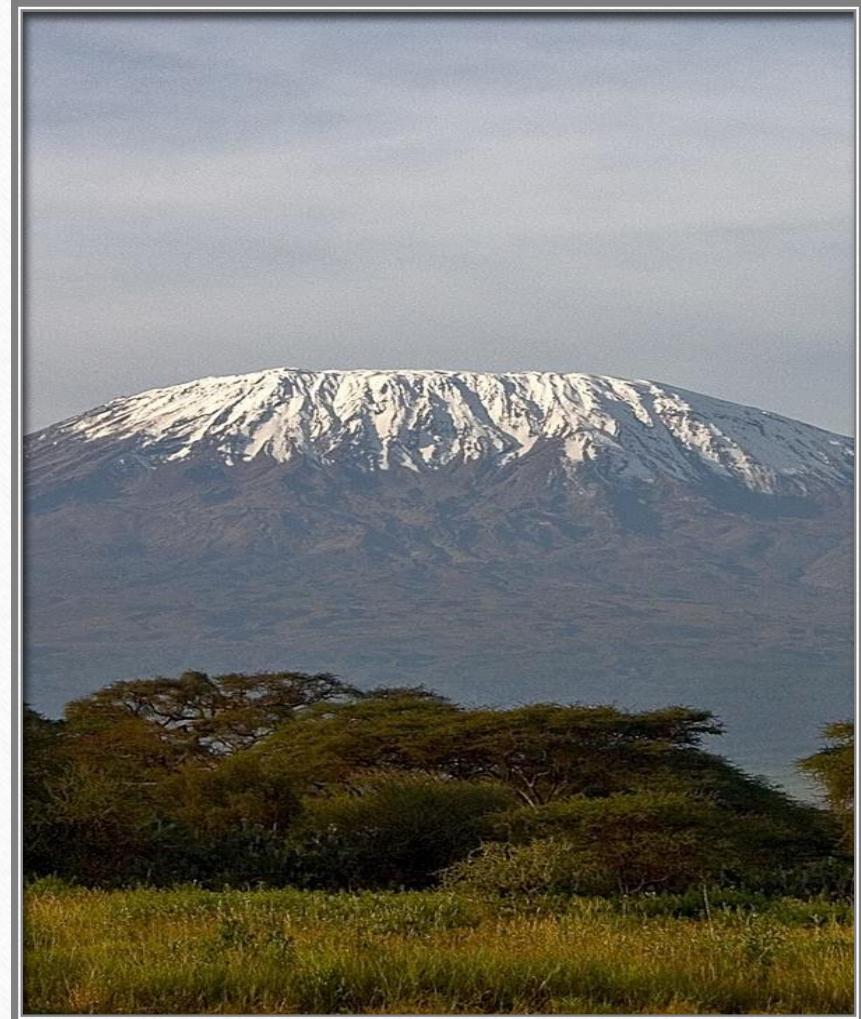
## THE ANDES MOUNTAIN RANGE

- The longest mountain range in the world.
- Stretches along the coast of South America including Peru , Bolivia , Ecuador and Chile.
- This includes Mount Aconcagua in Argentina, the highest peak in the Andes (6961masl) and Huascarán in Peru (6768masl).



## CONT'D

- Notable ones in Africa include Mount Kilmanjaro (5895masl) in Tanzania, Mount Kenya(the second highest mountain in Africa)



# CHARACTERIC FEATURES

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- Cold Temperatures
- High UV radiations
- Low oxygen level
- Decreased pressure
- Limited nutrient
- Rapid temperature fluctuations
- Glacial features
- Unique fauna and flora

# EXAMPLES

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- Alpine plants, such as the Edelweiss, are commonly found at high altitudes.
- The highest-altitude plant species is a moss (21,260 ft) on Mount Everest.
- The sandwort *Arenaria bryophylla* is the highest flowering plant in the world, occurring as high as 6,180 m (20,280 ft).
- Physiological adaptations of plants to high altitudes include:
- Small leaf size to reduce water loss and withstand harsh weather conditions.
- Deep root systems to access water in the rocky terrain.
- Ability to tolerate low temperatures and high levels of UV radiation.

## EXAMPLES CONT'D

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- Animals like the snow leopard, mountain goat, and pika are well-adapted to high-altitude environments.
- Physiological adaptations of animals to high altitudes include:
  - Increased lung capacity to extract more oxygen from the thin air.
  - Larger heart size to pump oxygen-rich blood efficiently.
  - Efficient oxygen transport mechanisms, such as a higher concentration of hemoglobin in the blood.



Alpine Gentian



Mountain Goat



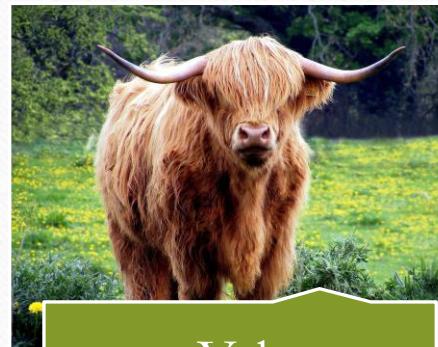
Snow Leopard



Pika



Alpine Chough



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# CONCLUSION

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- Organisms at high altitudes have evolved various physiological adaptations to survive and thrive in challenging environments.
- Understanding these adaptations can provide insights into the remarkable resilience of life in extreme conditions.

# REFERENCE

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