UNIVERSITY OF MEDICINE AND PHARMACY, HO CHI MINH CITY FACULTY OF BASIC SCIENCES DEPARTMENT OF FOREIGN LANGUAGES

SAMPLE TEST FOR ENTRANCE EXAM

Test time: 120 minutes
Page Total: 14

SECTION 1. STRUCTURE, VOCABULARY AND WRITTEN EXPRESSION (25 pts)

PART A: Choose the word or phrase that best completes each sentence. Then write A, B, C or D for the answer you have chosen on your answer sheet. (10 pts)

sheet. (10 pts)					
1. Holidays can be go life completely.	ood your health even th	ough sometimes a	holida	y can chang	e your
A. with	B. on	C. at	(1	of tốt ch	no sức khỏe
2. The bank will cele	brate the of the senior a	accountant at the up	comi	ng monthly	meeting.
A. retire	B retirement sau the là danh từ	C. retiring		D. retired ON AS trong câu đảo ngữ	
3. As soon as he way	ed his hand, she turned	away.	g thức:		2.1/(1) 2.1/(1)
A. He saw her turn away and he waved his hand. As soon as + S + V (past), S + V (past) No sooner/Hardly + had + S + V (past participle) + than/when					
B) No sooner had	he waved his hand than	she turned away.			
C. She turned awa	y because he waved his	hand too early.			
D. Although she to	ırned away, he waved l	nis hand.			
4. John wishes he had	d remembered to send N	Mary a Christmas c	ard.		một tỉnh huống không may nào đó. Trong trường hợp này, nó đ re, say và dùng trong ngữ cảnh trịnh trọng.
A. John regrets no	t to send Mary a Christ	mas card.		We regret to inform you that th Chúng tôi rất tiếc khi phải thông	e flight has been delayed. báo rằng chuyến bay đã bị trì hoãn.
B. John regrets for	getting not to send Mar	ry a Christmas card	l.	Regret V-ing dùng để nói ta hối tiếc He regrets buying the car.	vì đã làm một việc gì đó.
C. John regrets no	t remembering sending	Mary a Christmas	card.	= Anh ấy hối tiếc vì đã mua chiếc	Moon. yn
D. John regrets for	rgetting to send Mary a	Christmas card.			Học để khẳng định mình 4- SO SÁNH KÉP
5 you stud	ly for the exams,	you will do it.			4-50 SANII KEP 2. Cấu trúc so sánh "càng càng" * Đối với tính từ ngắn (S-adj) và trạng từ ngắn (S-ady): The +S-adj-er/S-adv-er +S+V, the +S-adj-er/S-adv-er +S+V
A The harder the	better	B. The more the	much		Ví dụ: - The cooler it is, the better I feel. (Trời càng mát mẻ, tôi càng
C. The harder/ the much more dành cho tính từ dài nha		D. The more hard the more good		câm thấy để chịu). - The harder he works the higher salary he gets. - Đổi với tính từ đài (L-adj)và trạng từ đài (L-adv) The + more + L-adj/ L-adv + S + V, the + more + L-adj/ L-adv + S + V.	
6. He sometimes gets	if he's not a	llowed to do what l	he wa	nts.	adv + S + V Vi du: - The more carefully he studies, the more confident he feels.
A. sensible biết phải trái	B moody hay thay đổi tâm trạng	C. mean	Ø	selfish	(Anh ấy càng học cần thân, anh ấy càng thấy tự tin.)

ů rũ

7. She's just	because you	got a higher score in the te	st yesterday,
A. ambitious	B. spoilt	G. jealous ghen	D. thoughtful
8. A football	is about 100) metres long,	
A court	B. hall	C. slope	D pitch đường biên
9. It is very importan	t to warm	before doing sport	
(A). up	B. in	C. at	D. on
10. Volleyball and ba	asketball are usua	lly played indoors in a spor	rts
A pitch	B court	C. hall nhà thi đấu	D. slope
the same as the u	nderlined word	se or sentence in parer d, phrase or sentence. Ir answer sheet (5 pts)	
11. In Diego's bedroo enormous feet. (naked/tiny / very b	·	is stetson bat and a huge pa	air of shoes - he had
12. When women tal many more topics that (joking/meaningful	an when men talk		chuyện phím n <u>frivolous</u> , and cover
•	Philips and their	r Carnie formed the band W first album was a worldwickthrough)	-
14. As the machine v (While / Before / As	_	ler guarantee, he called a lo se)	cal repairer.
stress with a game of		through the park, executive ple who do bodybuilding m	s who try to work off get rid on ay all be shortening
their lives. (delete / cope with /	roduce / meneg	n)	
này là đương đầu sai rồi			
11	12		13
14	15		

PART C. Choose the underlined word or phrase that is incorrect. Then write the answer you have chosen on your answer sheet. (5 pts) Tim lỗi sai, không sửa

16. The job can get <u>even</u> more <u>difficulty</u> when you are a woman <u>who</u> is refereeing a <u>men</u> 's match. <u>difficult là tính từ mới đúng</u>
vách đá tầm nhìn, hình dung bla bla 17. Locals walked along the cliff to try to get a glimpse of the creature, or took its their families on Sunday motorboat outings to visit him.
18. <u>After</u> several years, your risk of heart disease <u>could be</u> similar to <u>those of</u> someone <u>bothose di là duoc</u> who has never smoked <u>at all.</u>
19. Diagnosis of <u>kidney</u> stones <u>are best</u> accomplished <u>using</u> an ultrasound, intravenous pyleography (IVP), <u>or</u> a CT scan.
20. Spence <u>damaged</u> his right eye at the age <u>by</u> thirteen <u>while</u> he was playing with his grandfather's gun <u>on</u> a visit to Ireland.
21. Zika virus is <u>primarily</u> transmitted to people <u>through</u> the bite of an <u>infecting</u> mosquito infected - con muỗi bị nhiễm chứ nó k chủ động nhiễm được
22. When <u>networking</u> and joining online <u>community</u> , it is better <u>to be cautious</u> about the amount of personal information you <u>share</u> .
23. <u>Most of</u> Dany's work in the Fire Brigade these days is <u>as</u> a manager in an office, <u>so</u> she still attends <u>emergencies</u> . <u>bận rộn nhưng vẫn tham gia bla bla</u> <u>but chứ hihi</u>
24. Which made Tolkein's work so compelling was that it was a perfectly realised work of fantasy.
25. Clothing was <u>not only</u> used for protection from the elements, <u>but has also</u> been a means of displaying <u>one's</u> status and sense of style for as long as humans <u>had had</u> civilization. have had
16
20
24

SECTION 2. READING COMPREHENSION (40 pts)

<u>PASSAGE 1 (10 pts):</u> Read the article and choose the best answer to each question. Write A, B, C, or D for each question.

A popular resident

For centuries, Dingle Harbour in Ireland (home to an isolated fishing village called Dingle) has provided seafarers a safe haven from the sometimes huge waves of the Atlantic Ocean. In the autumn of 1983, Dingle fishermen noticed that it had attracted a new visitor - a dolphin who swam alongside their boats as they sailed out to sea. Although tradition held that a dolphin was a sign of good luck, the mammals occasionally became tangled in their giant nets and the fisherman sometimes killed them because the carcass was easier to remove from expensive nets than a desperately fighting mammal. This dolphin not only avoided the nets, he ventured into the harbour. The fishermen assumed he'd soon move on.

But this dolphin appeared every morning and evening like clockwork. As each trawler left the pier in the day's first light, the dolphin would swim playfully alongside. At the mouth of the habour, he turned back to the next boat. Some days, he followed as many as 30 boats. At dusk, when the men sailed back into the harbour, he would race to meet them. He would swim next to their trawlers until they neared the pier, then swim back to the next boat. The fisherman called him Fungie after one of the local fisherman from the village

Gradually, the dolphin's trust in his human playmates grew, and by 1986, he was playful and affectionate. He'd grab people's flippers in his mouth and nudge swimmers with his nose to get a scratch. He was so persistent that he could be annoying at times. But Fungie quickly proved he was more than just a mischievous playmate. One day, a diver was climbing into his boat when he dropped his mask and snorkel overboard. Borrowing another diver's mask, he dived in to find his own. As he looked for the mask he felt Fungie nudging his shoulder. Assuming Fungie wanted to play, the diver ignored him. Finally, he looked at the dolphin and saw that he was holding the lost equipment in his mouth.

Fungie quickly became Dingle's most popular resident. Locals walked along the cliff to try to get a glimpse of the creature, or took their families on Sunday motorboat outings to visit him. Fishermen removed nets from the areas where the dolphin swam, even at the risk of missing a catch, for fear that Fungie might get fatally tangled in them.

As word of the dolphin trickled out more and more visitors streamed in, and for years Fungie has healed, inspired and befriended townspeople and visitors alike.

Kevin Flannery from Ireland's Department of Marine has observed Fungie closely since 1983. He suspects he was once in captivity, perhaps released from an aquarium in Britain.

'He's obviously used to humans. Just about every month 18-20 dolphins come to the harbour play with Fungie, feed with him, mate with him. Then they leave and he stays. That tells me he's different.' Elsewhere in the world, cases have been recorded of lone dolphins venturing into shallow waters and befriending people. But Fungie has lived in this particular harbour for over twenty consecutive years now. This is one of the longest documented periods that a single friendly dolphin has stayed around. Most have disappeared or died within a few years.

Today, Fungie brings joy not only to Dingle natives, but to people from all over the world. At the height of summer, hundreds of visitors a day board special viewing boats to see him. But Fungie's greatest gift is to the *disabled* children that swim with him every year. No one knows why Fungie seems to be able to heal hurt and reduce grief in people who has lost loved ones

Many people believe that dolphins sophisticated sonar system allows *them* to sense and respond to people's emotional states. After spending days watching Fungie interact with people, I believe the explanation is much simpler: Fungie embodies all that is worthwhile in our lives. He is joy, freedom, and love - topped-off with a contagious grin. Nor does anyone know why he chose this particular harbour as his home. Every bar stool expert in Dingle has a theory. One thing is certain, this wild mammal is a 3-metre, 240 kilo gift that has inspired the artistic to create, the sick to have hope and the bereaved to smile again.

26.	The	fisheri	nen of	Dingle		
	A	11 - 1 1 -	4	1 1	1	 11.

- A. sailed in a particularly dangerous harbour
- B. always encouraged dolphins to stay in the harbour.
- O didn't expect the dolphin to stay permanently
 - D. believed that the dolphin was damaging their nets at first

27. The dolphin _____

- A. followed the fishing boats wherever they went
- B. wouldn't actually follow the boats inside the harbour
- C. appeared at the same time no matter how dark it was
- D seemed to be waiting for the fishermen to leave and later return.
- 28. What happened when the diver dropped his mask into the water?
 - A. Fungie swam off with it
 - B Fungie returned it to him
 - C. Fungie refused to let go of it.
 - D. Fungie tried to eat it.

A. He seriously affected the amount of fish they caught.
B. They were slightly afraid of him.
C. Some days they didn't go out in their boats because they thought they might hurt him
D They became protective towards him.
30. How did Fungie get to be famous?
A. People slowly began to hear about him.
B. He was headline news almost immediately
C. Local people publicized his presence in the national papers.
D. He became a big problem to the fishermen
D. The became a big problem to the fishermen
31. According to Kevin Flannery, Fungie
A probably hasn't spent all his life in the wild. 20 năm ở trong cảng mà
B. is not sociable with other dolphins.
C. will not allow other dolphins to stay in the area.
D. can't survive without human contact
22. The word 'disabled" is elegant in magning to
32. The word 'disabled" is closest in meaning to A very close B handicapped C. careless D. active
A very close D nandicapped C. carciess D. active
33. According to the text, Fungie
A. can teach disabled children to swim.
B. is more intelligent than humans.
C. oan have a strong emotional impact on people.
D. only communicates with people who have some kind of problem.
34. The word "them" refers to
A. people B. emotional states C dolphins D. None is correct.
35. The writer believes that
A. the people of Dingle are the only ones who really understand Fungie
B. people respond to positive influences
C dolphins represent the challenges in our life.
D. the best thing about Fungie is his creativity.

29. What effect did Fungie have on the fishermen?

PASSAGE 2 (10 pts): Read the article and choose the best answer to each question. Write TRUE, FALSE or NOT GIVEN for each of the following statements below.

A balanced diet - the important lesson in our schools

thành ngữ vừa nhiều vừa nhanh It makes for worrying reading - 15 percent of children are obese and one in four needs to lose weight. There's barely a child in the country who has three - let alone the recommended five-portions of fruit and vegetables every day, School meals have a lot to answer for and vital changes are necessary to protect the nation's health. Recently, the 'fat kids' headlines in the newspapers have been coming thick and fast. Health and education professionals have begun to count the cost of letting our children's waistlines expand while exercise levels fall. It seems the overweight 10-year-olds of today could be the early stroke, heart attack and diabetes cases of tomorrow.

How though, do you encourage the goodness of an apple in competition with the quảng cáo razzmatazz created by celebrity-promoted crisps and fizzy drinks? It's estimated that more than £400 million per year is poured into advertising food products that exceed the recommended salt, sugar and saturated fat intake for children. We're talking biscuits, processed cheese spread, ice-cream, sweets and snacks.

Clearly, parents are finding it impossible to keep these tempting advertisements from the eyes of their children. But surely our growing concern should at least ensure we feed our children properly when they are at school. The uncomfortable truth is that more than 50 percent of schoolchildren don't actually eat school meals, preferring to bring in their own packed lunch or pop out to the shops instead. Do those who buy their lunch elsewhere go to health-food stores and buy rolls filled with fresh organic vegetables and lean meat? No, they buy pizzas and kebabs. And do the packed lunch-bringers tuck into lovingly prepared home-made salads? No. A survey by the Food Standards Agency (FSA) says nine out of ten lunchboxes for the nation's primary school children contain twice their recommended daily amount of sugar and up to half the recommended intake of salt.

School meals aren't anything to get excited about either. The modem policy of contracting out essential services means that kitchens are run by industrial-scale catering companies who supply in bulk. With expenses high and profits small, some firms have introduced food 'solutions' which aren't even the product of one country, let alone one animal. It seems everyone's talking about our children's diet. Despite that fact, what comes out of the school oven is still the same procession of high-fat, high-salt dishes that we're all meant to be so concerned about.

So does this mean the nation's youngsters are destined for the largest sized clothing and more to the point - the cardiac unit of the local hospital? Not necessarily. There are few

brave individuals working in school food who've declared enough is enough' says Dr Joe Harvey, Director of the Health Education Trust. "Now it's time for more people to step forward and do the same." When head teacher Ray Woodward was asked if he would like to replace the school's contract caterers he took on the challenge without hesitation The service they'd been providing was terrible,' says Ray. The food was processed and unexciting, the deliveries from contract caterers were unreliable, and conditions for staff were poor. Our decision to go for it alone has given our cooks new pride in their work. and our children are much healthier and have more interesting meals as a result. It's more work for everyone involved, but serving nutritious meals at lunchtime has had a direct impact on the children and their and their behaviour in the afternoon. Traditional unhealthy favourites, such as beef burgers and chicken nuggets haven't been banned completely, but they are balanced out with roasts, fresh fruit, bottled water and plenty of vegetables - the children's favourite is broccoli.

It's Ray's belief that children need to be steered towards healthy eating habits with a friendly but firm hand. 'If a child already has a slice of pizza on his or her plate, the serving lady will refuse to dish out chips and will offer a green vegetable instead. We've put a ban on chocolate and fizzy-drinks vending machines, too - even though they could earn the school around £15,000 a year. When we started doing this, fewer than 50 children were opting for school meals - now it's 250 and rising. We've used the extra income that's coming into build an extension to the kitchen and to buy a food mixer and dishwasher. We also purchased a new deep-fat fryer. Which I know sounds at odds with our healthy outlook, but the children love fried fish. As well as the obvious health benefits nutritious meals have brought to the children, teachers have also noticed a marked improvement in classroom behaviour.

The children are now able to concentrate for longer periods of time than they used to There is generally much <u>less</u> disruptive behaviour. They are calmer and more focused. Nutritionists have proved that diet has a great effect on mood, particularly in young children. The important thing now is for more schools to take on the challenge and for parents to provide a balanced diet at home.

36. Twenty five percent of British children are overweight

37. There have been many articles about obesity in the newspapers recently TRUE thick and fast

38. Advertising agencies have recently started to promote healthier foods over junk food. FALSE

39. It isn't always true that packed lunches are healthier than school dinners. TRUE

9/10 hôp là nhiều muối nhiều đường vờ lờ

With expenses high and profits small, some firms have introduced food 'solutions' which aren't even the product of one country, let alone one animal.

40. Many school kitchens try to save money at the expense of the quality of the food. TRUE

41 Ray Woodward realized that the food at his school was unsatisfactory

TRUE

42. The kitchen at Ray's school is much easier to run now.

NOT GIVEN

Traditional unhealthy favourites, such as beef burgers and chicken nuggets haven't been banned completely, 43. No unhealthy food is offered in Ray's school now.

FALSE

44. Ray's school is making a profit out of school dinners now.

45. The children have started to behave better because of the changes in their diet. TRUE

PASSAGE 3 (10 pts): Read the passage and answer the questions.

CMV gastroenteritis is inflammation of the stomach or intestine due to infection with cytomegalovirus (CMV). This same virus can also cause lung infection, infection at the back of the eye and infection of a baby while still in the womb. CMV is a herpes-type virus, which is related to the virus that causes chickenpox. Infection with CMV is very common. It is spread by saliva, urine, respiratory droplets, sexual contact, and blood transfusions. Most people are exposed at some point, but most of the time, the virus produces mild or no symptoms in healthy people. Serious CMV infections can occur in people with weakened immune systems due to AIDS, chemotherapy treatment for cancer, during or after bone marrow or organ transplant, ulcerative colitis or Crohn's disease. Rarely, serious CMV infection involving the GI tract has occurred in people with a healthy immune system.

Gastrointestinal CMV disease may affect one area or the entire body. Ulcers can occur in the esophagus, stomach, small intestine, or colon. These ulcers are associated with symptoms such as abdominal pain, difficulty swallowing or pain with swallowing, nausea, vomiting. When the intestines are involved, the ulcers may cause abdominal pain, bloody stools, diarrhea, fever, weight loss. More severe infections can result in gastrointestinal bleeding or a hole through the wall of the bowel.

Treatment is meant to control the infection and relieve symptoms. Medicines to fight the virus are prescribed. The medicines may be given through a vein, and sometimes by mouth, for several weeks. The most commonly used medicines are "ganciclovir" and "valganciclovir". In some cases, long-term therapy may be needed. A medicine called CMV hyper-immune globulin may be used when other drugs don't work. However, the drugs used to fight the virus may cause side effects. The type of side effect depends on the

specific drug used. For example, the drug "ganciclovir" may lower your white blood cell count. Another drug, "foscarnet". may lead to kidney problems.

Questions

46. Which type of viruses is cytomegalovirus (CMV) cagetorised into? CMV is a herpes-type virus, which is related to the virus that causes chickenpox.
47. According to the above passage, what can the infection with CMV lead to? can result in gastrointestinal bleeding or a hole through the wall of the bowel
48. What are the mentioned routes of cytomegalovirus transmission? It is spread by saliva, urine, respiratory droplets, sexual contact, and blood transfusions
49. What are some symptoms accompanying the ulcers in gastrointestinal CMV disease?
abdominal pain, difficulty swallowing or pain with swallowing, nausea, vorniting. When the intestines are involved, the ulcers may cause abdominal pain; bloody stools, diarrhea, fever, weight loss.
50. What does a decrease in a patient's white blood cell count result from?
the drug "ganciclovir" may lower your white blood cell
DASSACE 4 (5 mts). Complete the following people with the words given

PASSAGE 4 (5 pts): Complete the following passage with the words given.

Complete the following passage with the words given. Write your answer on your Có 1 số từ dư không điền vô ô trống

analysis	dead	analyzed	major
heart	paralyzed	injuries	anti-smoking
majority	oncology	smoking	death
non-smokers	minority	cardiology	

Vietnam is set to record around 34.000 new cases of lung cancer by 2020. About 22.000 new cases of lung cancer are recorded in Vietnam each year, statistics show. That figure is set to rise to about 34,000 new cases a year by 2020, according to a senior doctor. Pham

Xuan Dung, deputy director of Ho Chi Minh City's (51.) <u>oncology</u> Hospital, said that about two thirds of patients diagnosed with lung cancer are in the advanced stages.

Lung cancer is the most common cause of cancer-related deaths in Vietnamese men and the second most common cause in women. Statistics show about 19.500 people die from lung cancer in Vietnam every year. Smoking is to blame for the (52.) <u>majority</u> of cases. More than one in four people smoke regularly in Vietnam, according to a joint survey by the Ministry of Health and the World Health Organization. Vietnam's Health Education and Communication Center estimates that 40,000 people die of smoking each year, Smoking is one of the leading causes of (53.) <u>daeth</u> in the Southeast Asian country, with more than 100 people dying from tobacco-related diseases per day.

The latest report by the Health Ministry showed a slight decrease in cigarette smokers in Vietnam between 2010 and 2015, dropping from 23.8 percent to 22.5 percent. The report (54.) analyzed nearly 100,000 men and women aged 15 years and older across the country. Despite the declining number of smokers, Vietnam still has one of the highest rates of tobacco smokers in the world, according to the World Health Organization, Vietnam, with a population of 93 million, has some 15.6 million tobacco smokers, mostly men, which translates into one out five people, both men and women, over 15 years old smoker regularly.

The survey respondents were also asked about secondary smoke, and the results showed most smokers were not aware of the negative effects it can have on family members, coworkers and other people who don't smoke. The rate of secondhand smokers remains high with around 80 percent of those surveyed saying they suffer from passive smoking in restaurants, 62 percent at home and 42 percent at work. While (55) anti-smoking campaigns have so far been largely ineffective, the Vietnamese government has tried to take other measures to curb smoking such as imposing tough restrictions on tobacco advertising and banning cigarette imports. Tobacco taxes currently make up more than three percent of the national budget. Health officials are planning to ask the government to step up these efforts by imposing higher taxes on tobacco, said Deputy Minister of Health Nguyen Viet Tien.

PASSAGE 5 (5 pts):

Read the passage and use the word given in capitals to form a word that its each gap. Biến đổi từ

Many people would agree that the London Underground map is extremely well designed. It is not only simple and easy to understand but also quite attractive and, most importantly, it performs its primary task of guiding both Londoners and (56)(TOUR) tourists
round the Underground system in the city very well. The man behind this great (57)

(ACHIEVE) Achievement was called Henry Beck. He was an employee of the London Underground Drawing Office, and first came up with his design for the map in 1931. The map which had been in use before 1931 was messy and (58)(CLEAR) unclear Beck decided that a traditional map, which gives accurate information about distance, was not necessary for the Underground and instead produced a diagram which showed only the stations on the Underground system. This new map was an enormous success with the public when, in 1933, it made its first (59)(APPEAR) appearance on Underground platforms and at station entrances. The design of the map showed great (60)(ORIGINAL) origin because it provided a very clear representation of a highly complex network of communication Beck's approach was later adopted by most of the world's underground systems.

SECTION 4. WRITING (20 pts)

A. Finish each of the following sentences in such a way that it means the same as the sentence printed before it. Viết lại câu, không đổi nghĩa, dùng những từ
61. Daisy is studying in New York City. The city is called the "Big Apple".
Daisy is studying in new york city which is called the big apple
62. We are going to paint the room next week. The room is going to be painted next week.
The room 18 going to be painted next week 63. You can't smoke in pubs in England.
Smokingis.not.allowed in pubs in England.
64. The hotel was the most expensive one we had ever stayed at.
The hotel was far more expensive than any hotels we had ever stayed at
65. Thomas hasn't gone to the UK for 20 years.
It is20.years.since.thomas.last.went.to.the.UK

cho sẵn

B. Complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Viết lại câu dùng từ trong ngoặc cho sẵn

Example: A very friendly taxi driver drove us into town. (DRIVEN)

We were driven into town by a very friendly taxi driver.

66. The English teacher told us not to be late for his class. (BETTER)
"You better not to be late for my class", the English teacher said
67. We regret telling her all the truth. (TOLD)
We wish we hadn't told her the truth
68. My mother tried to stay cheerful though she felt sick. (DESPITE)
My mother tried to stay cheerful though she felt sick
69. Tom apologized to the old lady. He spilled her coffee. (FOR)
Tom apologized to the old lady for spilling her coffee
Tom
70. I find that kind of music really irritating. (GETS)
That kind of musicgetson.my.nerves

SECTION 5. TRANSLATION (15 pts)

Translate the two following passages into Vietnamese on your answer sheet.

PASSAGE 1 (5 pts):

Obesity

Obesity is one of the most pervasive, chronic diseases in need of new strategies for medical treatment and prevention. As a leading cause of United States mortality, morbidity, mắc bệnh disability, healthcare utilization and healthcare costs, the high prevalence of obesity continues to strain the United States healthcare system.

Số lượng người mắc bệnh căng như dây đàn

Obesity is defined as excess adipose tissue. There are several different methods for determining excess adipose tissue; the most common being the Body Mass Index (BMI) (see below). A fat cell is an endocrine cell and adipose tissue is an endocrine organ. As do dó such, adipose tissue secretes a number of products, including metabolites, cytokines, lipids, and coagulation factors among others. Significantly, excess adiposity or obesity causes increased levels of circulating fatty acids and inflammation. This can lead to insulin resistance, which in tum can lead to type 2 diabetes.

Obesity is increasing around the world. High body mass index now ranks with major global health problems such as childhood and maternal under-nutrition, high blood pressure, high

cholesterol, unsafe sex, iron deficiency, smoking, alcohol and unsafe water in total global burden of disease. gánh nặng

PASSAGE 2 (10 pts):

The hardest language

People often ask which is the most difficult language to learn, and it is not easy to answer because there are many factors to take into consideration. Firstly, in a first language the differences are unimportant as people learn their mother tongue naturally, so the question of how hard a language is to learn is only relevant when learning a second language.

A native speaker of Spanish, for example, will find Portuguese much easier to learn than a native speaker of Chinese, for example, because Portuguese is very similar to Spanish, while Chinese is very different, so first language can affect learning a second language. The greater the differences between the second language and our first, the harder it will be for most people to learn. Many people answer that Chinese is the hardest language to learn, possibly influenced by the thought of learning the Chinese writing system, and the pronunciation of Chinese does appear to be very difficult for many foreign learners. However, for Japanese speakers, who already use Chinese characters in their own language, learning writing will be less difficult than for speakers of languages using the Roman alphabet.

Some people seem to learn languages readily, while others find it very difficult. Teachers and the circumstances in which the language is learned also play an important role, as well as each learner's motivation for learning. If people learn a language because they need to use it professionally, they often learn it faster than people studying a language that has no direct use in their day to day life. No language is easy to learn well, though languages which are related to our first language are easier. Learning a completely different writing system is a huge challenge, but that does not necessarily make a language more difficult than another. In the end, it is impossible to say that there is one language that is the most difficult language in the world.

THE END

Đề 14 trang, 5 phần, phần cuối cùng là dịch, cố gắng làm hết đề