

# efeitos das redes sociais na sociedade

Lorem ipsum is simply dummy text of the printing and typesetting industry. lorem ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. it has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. it was popularised in the 1960s with the release of lettraset sheets containing lorem ipsum passages, and more recently with desktop publishing software like aldis pagemaker including versions of lorem ipsum.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy. various versions have evolved over the years, sometimes by accident, sometimes on purpose (injected humour and the like).

**Fear of Missing Out**

**Tendências futuras**

**Redução de danos**

# Equipe



Lorem ipsum is simply dummy text of the printing and typesetting industry. Lorem ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum passages, and more recently with desktop publishing software like Aldus Pagemaker including versions of Lorem Ipsum.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. The point of using Lorem Ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable English. Many desktop publishing packages and web page editors now use Lorem Ipsum as their default model text, and a search for 'Lorem Ipsum' will uncover many web sites still in their infancy.



Yan é um desenvolvedor experiente, especializado em arquitetura de software e otimização de sistemas críticos.

Fran é uma engenheira de computação apaixonada por resolver problemas complexos e desenvolver soluções inovadoras.

Thiago atua como engenheiro de redes, focado em segurança cibernética e infraestrutura de alto desempenho.

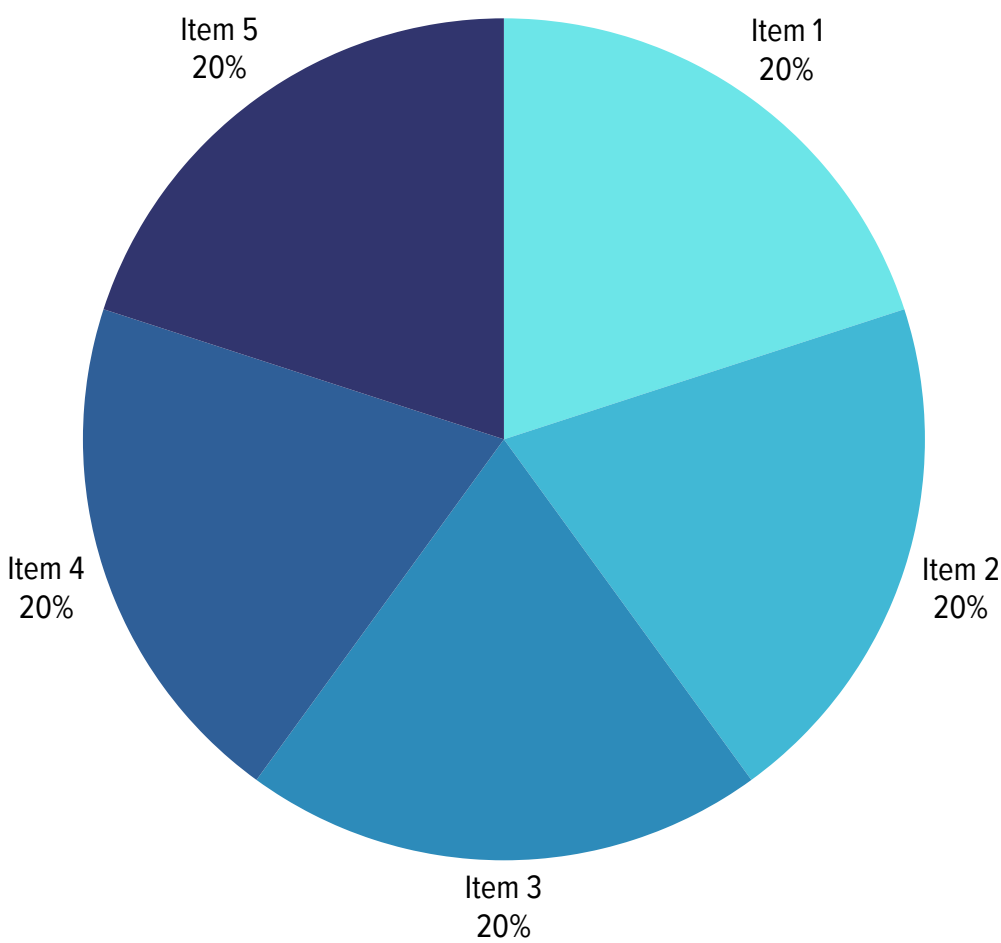
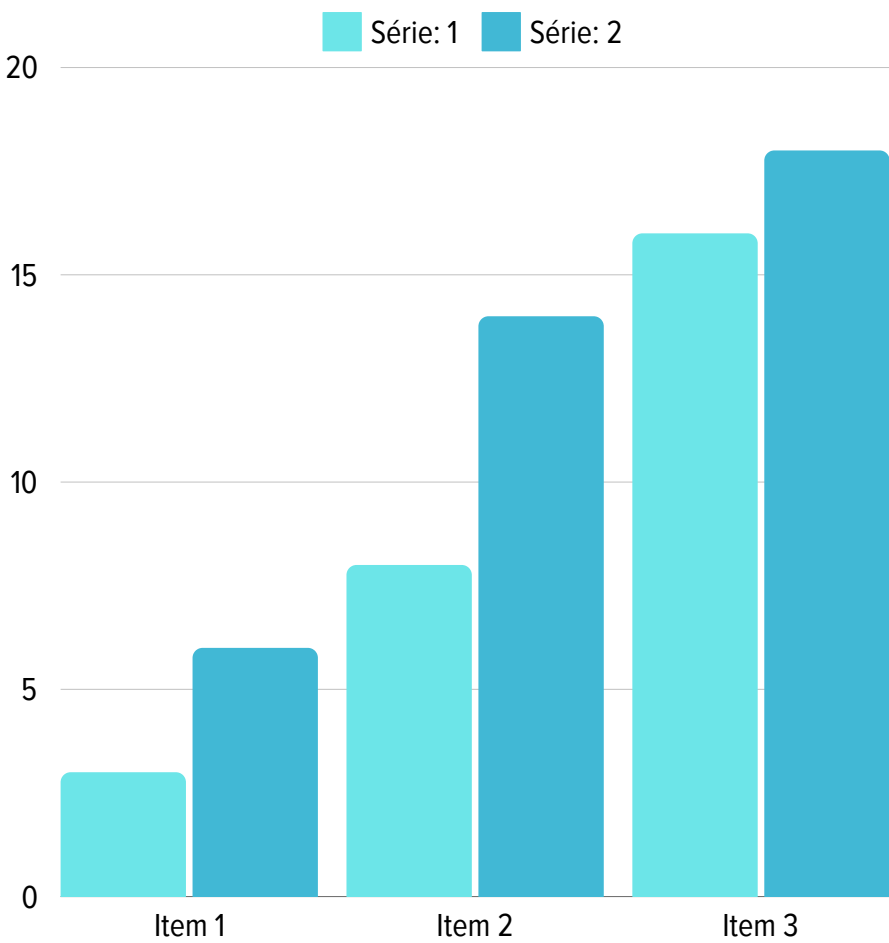
Cami trabalha em uma equipe de desenvolvimento ágil e se destaca em design de interfaces.

Guilherme é um desenvolvedor talentoso com ampla experiência em criação de sistemas escaláveis, focado na integração de tecnologias modernas.



# Estatísticas

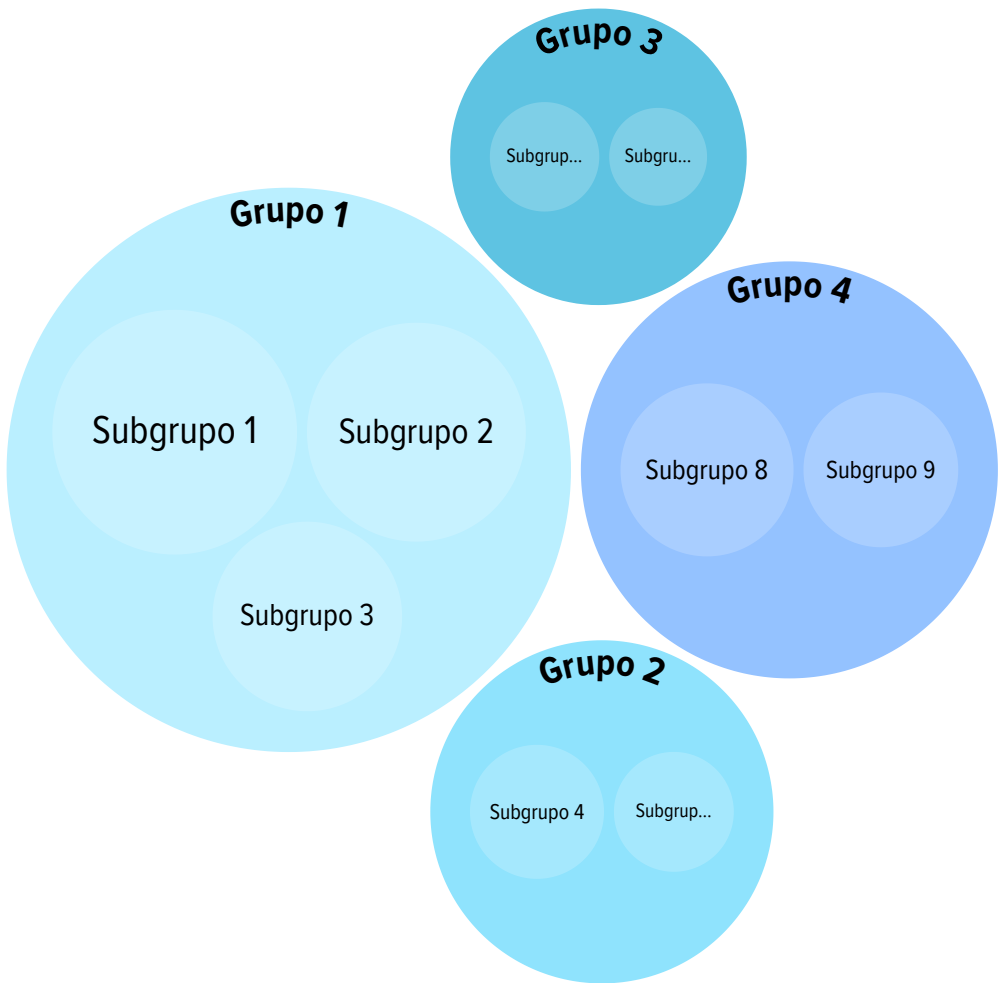
Lorem ipsum is simply dummy text of the printing and typesetting industry. lorem ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. it has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. it was popularised in the 1960s with the release of lettraset sheets containing lorem ipsum passages, and more recently with desktop publishing software like aldis pagemaker including versions of lorem ipsum.



Lorem ipsum is simply dummy text of the printing and typesetting industry. lorem ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. it has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. it was popularised in the 1960s with the release of lettraset sheets containing lorem ipsum passages, and more recently with desktop publishing software like aldis pagemaker including versions of lorem ipsum. Lorem ipsum is simply dummy text of the printing and typesetting industry. lorem ipsum has been the industry's standard dummy text ever since the 1500s.

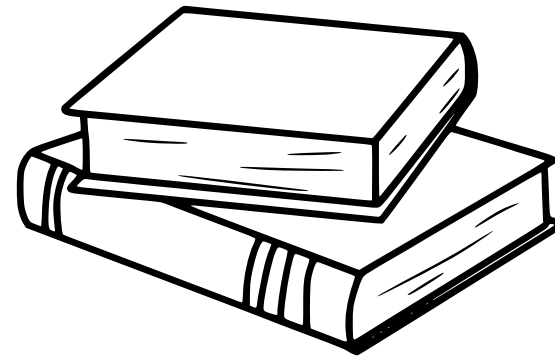
It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here'.





# Referências



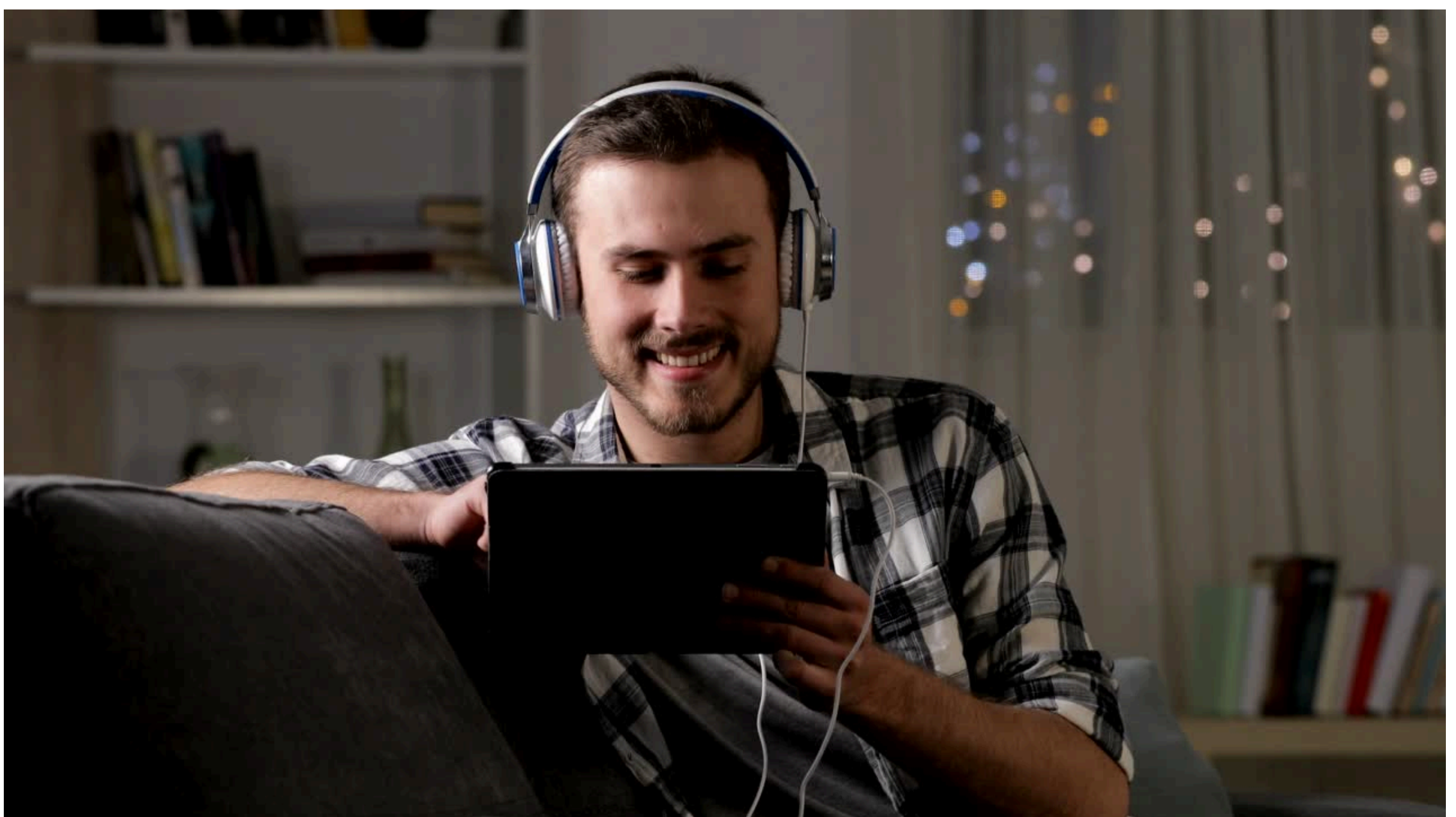
## Livros

- Boyd, D. (2014). It's Complicated: The Social Lives of Networked Teens. Yale University Press.
- Lanier, J. (2018). Ten Arguments for Deleting Your Social Media Accounts Right Now. Henry Holt and Company.
- Turkle, S. (2017). Reclaiming Conversation: The Power of Talk in a Digital Age. Penguin Books.
- Zuboff, S. (2019). The Age of Surveillance Capitalism: The Fight for a Human Future at the New Frontier of Power. PublicAffairs.

## Sites

- Pew Research Center. (2023). Social Media and its Role in Society. Recuperado de <https://www.pewresearch.org>
- Statista. (2023). Impact of Social Media on Daily Life. Recuperado de <https://www.statista.com>
- BBC Future. (2023). How Social Media Shapes Our Thinking. Recuperado de <https://www.bbc.com/future>
- The Guardian. (2023). The Social Dilemma: Understanding Online Addiction. Recuperado de <https://www.theguardian.com>

**O professor Fulano também comenta sobre o assunto no vídeo abaixo**





# Entre em contato

Seu nome	
E-mail	
Telefone	
Mensagem:	

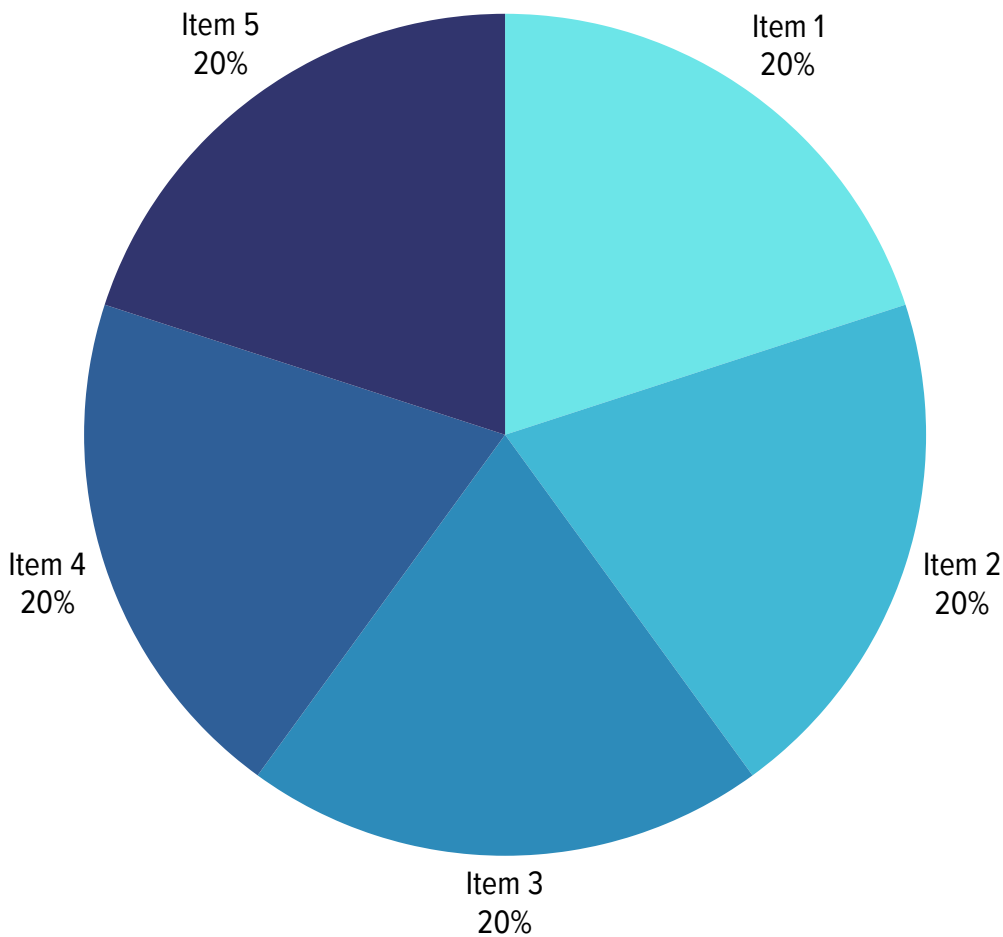
Entre em contato através de nossas redes sociais



# Tendências para o futuro

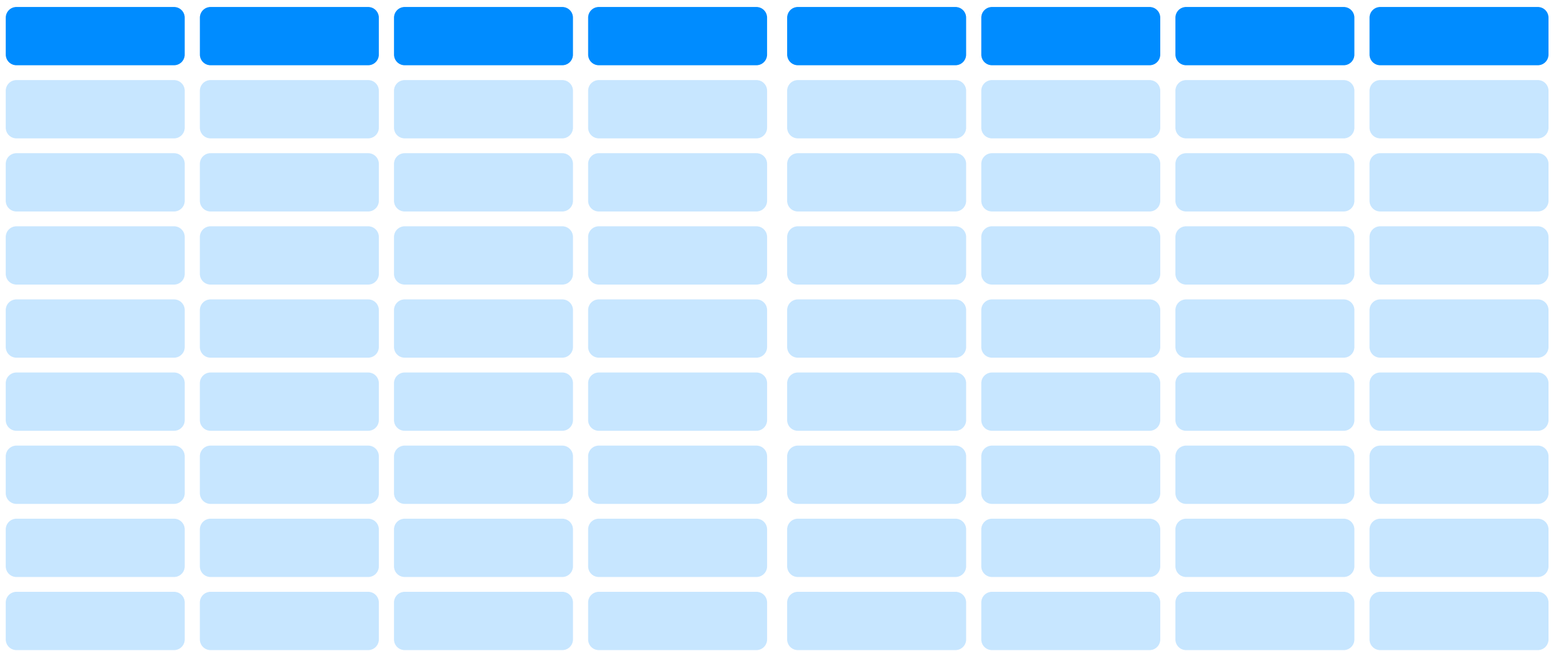
It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here'.



It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here'.



It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.



# Atualidade

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.



It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has.

It is a long established fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.

Fact that a reader will be distracted by the readable content of a page when looking at its layout. the point of using lorem ipsum is that it has a more-or-less normal distribution of letters, as opposed to using 'content here, content here', making it look like readable english. many desktop publishing packages and web page editors now use lorem ipsum as their default model text, and a search for 'lorem ipsum' will uncover many web sites still in their infancy.