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| 1 | **Content name** | **Localise** | Avignon Family Activities: From the Great Outdoors to a Fruit and Vegetable Museum |  |
| 2 | **POS** | **Don't change** | HCOM\_FR | HCOM\_FR |
| 3 | **Locale** | **Don't change** | fr\_FR | fr\_FR |
| 4 | **URL friendly part** | **Don't change** |  |  |
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| 10 | **Main image** | **Don't change** |  |  |
| 11 | **Introduction** | **Localise** | Avignon is a visually interesting, lively city with lots for families to do. Both older and younger kids can benefit from cultural activities, while bike rentals, which are available citywide, offer a different kind of thrill. With a range of physical and intellectual options to choose from, you're sure to find activities that everyone can enjoy. |  |
| 12 | **Body** | **Localise** | <h3>  A family day out  </h3>  <p>  </p>  There's beauty and history around every corner in Avignon, making it a stroller's paradise. Kids will love the Gothic turrets and ramparts, which look like they've leapt from the pages of a storybook. Around Place du Palais des Papes, there are cafÃ©s where grown-ups can sip a coffee or beer while young ones enjoy street entertainers and buskers.  <p>  </p>  <em>  Carrousel Belle Ã?poque  </em>  <p>  </p>  Transport your kids to a bygone era on one of the horses or chariots of this old-fashioned carousel, adorned with gold trim and white lights.  <p>  </p>  Place de l'Horloge, 84000 Avignon  <p>  </p>  <a href="http://www.avignon-tourisme.com/Commerce-Service/AVIGNON/fiche-COMPAC084CDT0005789-1.html/" target="\_blank">  Carrousel Belle Ã?poque website  </a> | <h3>  </h3>  <p>  </p>  <p>  </p>  <em>  </em>  <p>  </p>  <p>  </p>  <p>  </p>  <a href="http://www.avignon-tourisme.com/Commerce-Service/AVIGNON/fiche-COMPAC084CDT0005789-1.html/" target="\_blank">  </a> |
| 13 | **Body 2** | **Localise** | <h3>  Bike rentals and Barthelasse Island  </h3>  <p>  </p>  VÃ©lopop, a bicycle rental service, has multiple racks around Avignon, making it easy to explore the town and neighborhood on 2 wheels. You can pedal your way through the tiny streets of Avignon, then head over the Ã?douard-Daladier bridge to Barthelasse Island for a picnic. If it's warm out, you can go for a swim or play games in the country fields.  <p>  </p>  <em>  VÃ©lopop  </em>  <p>  </p>  Rent bicycles for you and your family at one of many locations around Avignon.  <p>  </p>  Tel: +33 8 10 45 64 56  <p>  </p>  <a href="http://www.velopop.fr/"target="\_blank">  VÃ©lopop website  </a>  <p>  </p>  <h3>  Paddling down the RhÃ´ne  </h3>  <p>  </p>  A sunny day is a great reason to spend a fun-filled afternoon on the river. You can rent canoes or kayaks, and paddle down the RhÃ´ne while admiring its dazzling blue-green waters and lush panorama. Kayaking tours that explore the area's flora and fauna are offered during the summer, fall, and spring months.  <p>  </p>  <em>  Le CanoÃ«-Kayak en Vaucluse  </em>  <p>  </p>  You can take a break from walking tours by renting kayaks or canoes on Barthelasse Island, and spending your day gliding down the river RhÃ´ne.  <p>  </p>  AllÃ©e Antoine Pinay - Ã?le de la Barthelasse, 84000 Avignon. Tel: +33 4 26 03 17 25  <p>  </p>  <a href="http://www.canoe-vaucluse.fr/canoe-vaucluse.fr/accueil.html/"target="\_blank">  Le CanoÃ«-Kayak en Vaucluse website  </a>  <p>  </p>  <h3>  From fossils to fruit  </h3>  <p>  </p>  If Gothic architecture and Renaissance art leave your kids cold, why not explore some of Avignon's less obvious scientific and cultural attractions? MusÃ©e Requien is a compact, old-fashioned natural history museum with an interesting collection of fossils and stuffed animals. For an original sensory experience, try Epicurium.  <p>  </p>  <em>  Epicurium  </em>  <p>  </p>  This fruit and vegetable museum is a colorful and educational space for children and adults. Learn how fruits and vegetables are grown and turned into healthy, tasty meals.  <p>  </p>  CitÃ© de l'alimentation, Rue Pierre Bayle, 84916 Avignon. Tel: +33 4 32 40 37 71  <p>  </p>  <a href="http://www.epicurium.fr/en/"target="\_blank">  Epicurium website  </a> | <h3>  </h3>  <p>  </p>  <p>  </p>  <em>  </em>  <p>  </p>  <p>  </p>  <p>  </p>  <a href="http://www.velopop.fr/"target="\_blank">  </a>  <p>  </p>  <h3>  </h3>  <p>  </p>  <p>  </p>  <em>  </em>  <p>  </p>  <p>  </p>  <p>  </p>  <a href="http://www.canoe-vaucluse.fr/canoe-vaucluse.fr/accueil.html/"target="\_blank">  </a>  <p>  </p>  <h3>  </h3>  <p>  </p>  <p>  </p>  <em>  </em>  <p>  </p>  <p>  </p>  <p>  </p>  <a href="http://www.epicurium.fr/en/"target="\_blank">  </a> |
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