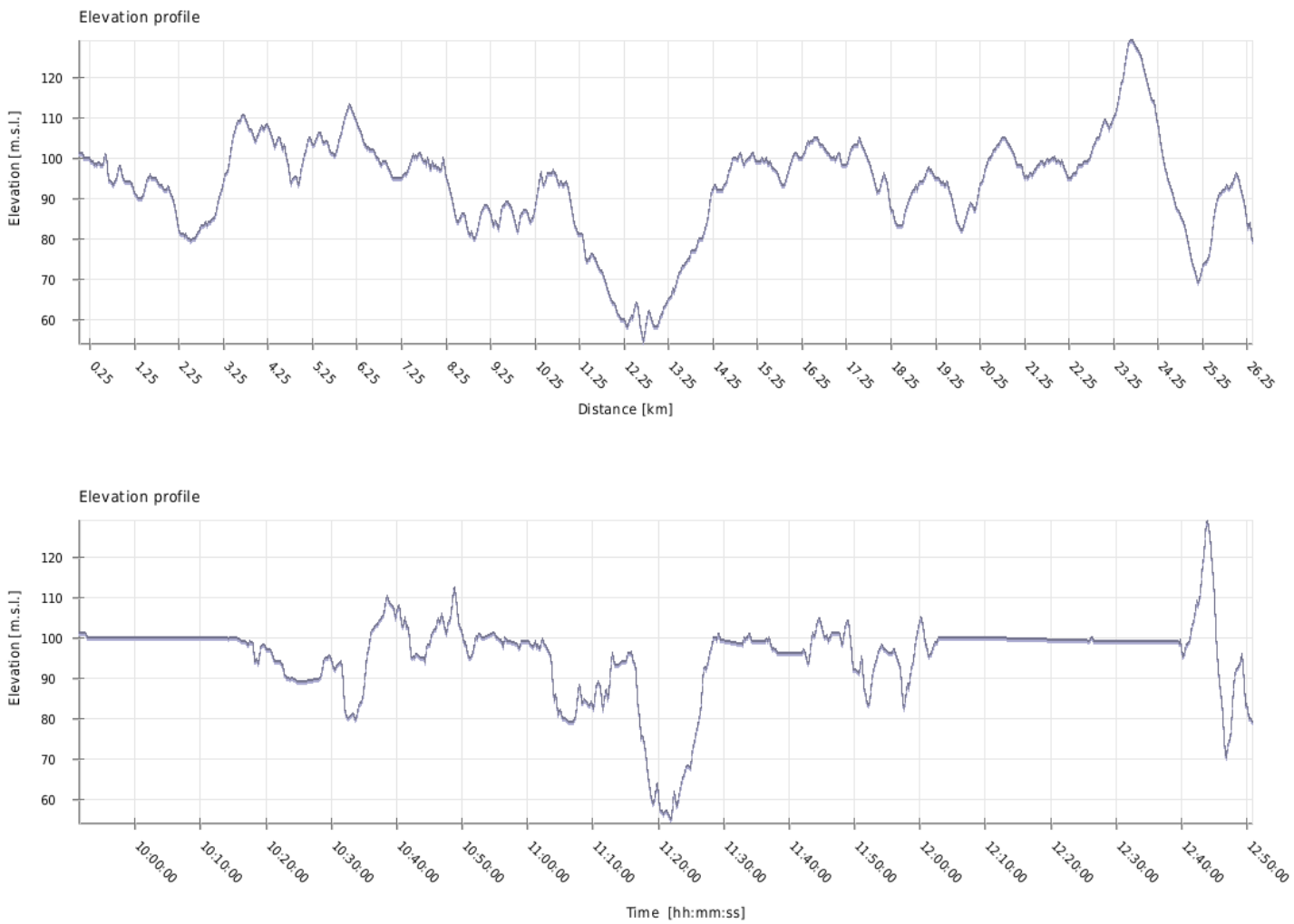
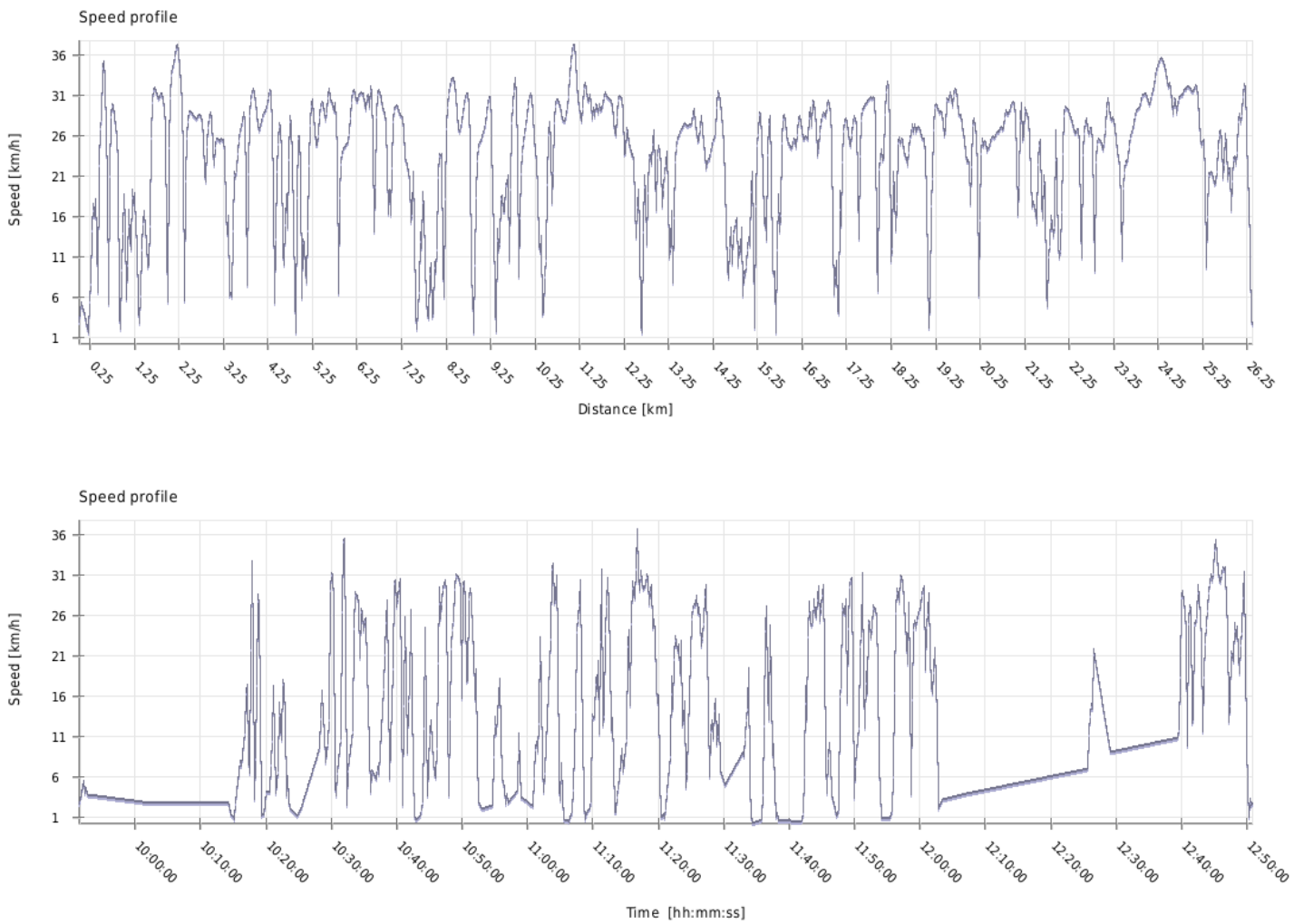


# Elevation



Minimum elevation:	54 m.s.l.
Maximum elevation:	129 m.s.l.
Average elevation:	92.6 m.s.l.
Maximum difference:	75 m
Total climbing:	442 m
Total descent:	464 m
Start elevation:	101.1 m.s.l.
End elevation:	79 m.s.l.
Final balance:	-22.1 m

Speed



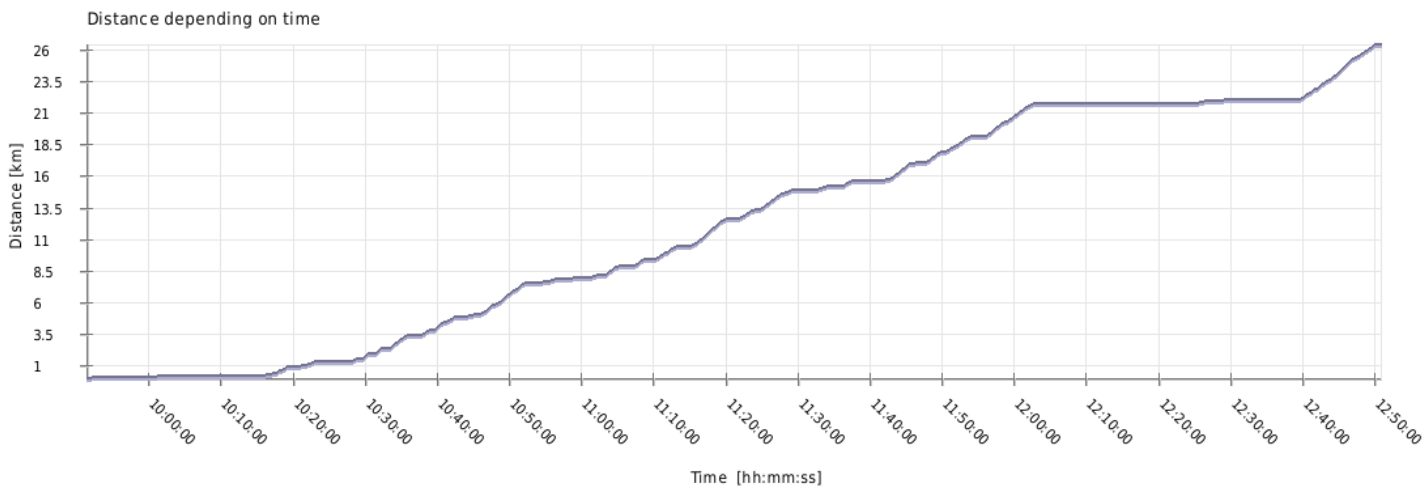
Minimum speed:	0.3 km/h
Maximum speed:	37.7 km/h
Average climbing speed :	18 km/h
Average descent speed :	23.6 km/h
Average flat speed:	21.3 km/h
Average speed:	21.1 km/h

Time

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Date of track:	2.8.2024
Start time:	09:51:23
End time:	12:50:54
Total track time:	2h 59m 31s
Climbing time:	17m 49s
Descent time:	51m 59s
Flat time:	1h 49m 43s

Distance



Total flat distance:	26.3 km
Total real distance:	26.4 km
Climbing distance:	2.8 km
Descent distance:	3.4 km
Flat distance:	20.2 km