

Albemarle County Public Schools	
Elementary Level	High School level
Quote	Quote
Be you	There's a lid for every pot
Follow your path, not someone else's	If you save you'll have, if you learn you'll know, if you try you'll succeed
If you don't know what's right, go with your heart.	Treat yourself with the same respect you'd treat a loved one
Doing one nice thing changes someone else's day.	You can't control what happens to you, but you can control how you react to it
Kindness and your best self, even in all seasons.	The less you talk, the more likely someone will listen to you
Life is too short to be selfish.	We can't cure the world of sorrow, but we can choose to bring more joy into it
When you imagine the impossible that is the first step to making it possible.	Diversity is not the same as ending racism
Success always comes with fails, but fails just motivate you to do better.	Mean people are unhappy people; pity them.
No matter who you are, you have the power of friendship.	
Because I can...	Prompt: As My Friends Always Say...
Goals don't have to be ambitious, they are something we desire to achieve.	Quote
	"turn that frown upside down"
Prompt: Words you live by	Stop and smell the roses
Quote	school could be worst but we can change it it's our school
dont give up	Don't let the small things get you down
Everything happens for a reason.	don't trust in nobody
Chance favors the prepared mind	don't let them push you down
"Life is 10% what happens to you and 90% how you react to it." - Charles R Swindoll	I'm glad you're my friend.
"You can't make someone love you"	You are you, and that's what makes you you.
"as years pass,you'll learn to appreciate who you have and not what you have."	Ignite Imagination
"Well, life is too short, so love the one you got"~Sublime	That's what she said
You can do anything you set your mind to if you just dare	good things will come in time
if you do succeed, try something harder.	life goes on
	Everything happens for a reason. That reason will lead you to where you're meant to be.
Be yourself, don't let others make your decisions for you.	
Stay Strong	do it now, think about it later
Failure is an option, but giving up isn't	You got this
treat others how you want to be treated	if you want a rainbow you have to put up with the rain
There's no easy route through life. Taking the easy way will get you nowhere. Always take the hard way out.	You do you bro.
"never give up." "have hope" " if you fall down get back up again"	I'm amazing in every way possible
If your going to be two-faced at least make one of them pretty -Marilyn Monroe	be positive
"suck it up buttercup", " tough as jello"	life is short to care.
Trust the vibes you get, energy doesn't lie	You've got one life, LIVE IT!
"can you remember who you were, before the world told you who you should be?" k.w.	Don't get attached too quick
Ars gratia artis- art for the sake of art (latin)	fake it till you make it.
we all have a story and when we reach a rough patch you can either turn the page and move on or close the book and end your story	I'm immature
And this too shall pass	can't relate
When the power of love overpowers then the the love of power, the world will know peace	Everything looks cute when it's small.
You cannot live great things if you live in fear	shade thrown tea spilled
Don't write your life around someone. In the end, you will be the one running up the runway to fly.	In the end, the small stuff will not matter
Life is short, smile while you still have teeth	Think before you say anything
You've done more with less	Defend your rights.
As long as you've got a pulse you've got a purpose	I'm quiet until you get to know me, then I'm crazy
You are what you love, not who loves you	I don't talk
Live in today because tomorrow could be completely different	Im a ninja from the leaf village
Creativity takes courage By Henry Matisse	I smell nice
"Let no man pull you low enough to hate him."	Be kind to others no matter what.
Be excellent to each other and party on dudes!	be yourself, you shouldn't care about what people say about you
The best thing you can do is be a nice person.	I look like a 18 year old
It doesn't matter what you look like just be yourself.	I am not cool
Remember, no man is a failure who has friends. - George Bailey from Its a Wonderful Life	You're going to be fine. You can do this.
"It's not the speakers that bump hearts. It's our hearts that make the beat." - twenty one pilots	I need to learn how to relax and not get so stressed out all the time
live for yourself not for others	Surround yourself with the things and the people you love.
live as if you are to die tomorrow	homework is a waste of time
everything happens for a reason so live your life everyday like its your last	You are so much more than you think you are. + We accept the love that we think we deserve. - Perks of Being a Wallflower
There is hope	... I don't really have friends.
God Is Good All The Time	it is better to be together and strive than to strive alone and survive
"the most dangerous woman of all is the one who refuses to rely on your sword to save her because she's carries her own" -r.h.sin	Friends are family you choose
Life is short, eat food YOU like	I wish I had more time to hang out.
Laughter is timeless, imagination has no age, and dreams are forever. ~ Walt Disney	stop playing fortnite
Not everyone can be the next Miles Davis, so be the first you.	
you miss out on 100% of the opportunity's you don't take	Prompt: Older people are always telling me ____ which really means ____
Pick yourself up.	Be classy not trashy.
sometimes you live it or you don't	schools were way different when they were in them which really means we are changing schools with each generation
"If there is no struggle, there is no progress."	Live life while you have it because you never know, which means you should do what you really want to do
sis what the tea	listen to advice = obey
she believed she could so she did	"no hay mal que por bien no venga"- every cloud has a silver lining. which means for every bad thing that happens to you many more good ones are yet to come.
"If you can't walk, then crawl. If you can't run the fly. Whatever you do, keep moving forward."	Be kind to yourself. I am a good person, and I just gotta remind myself.
"So many people treat you like you're a kid, so you might as well act like one and throw your television out of a hotel window" - Gerard Way	never give up , try your best even if things don't go your way
what is stronger than the human heart which shatters over and over and still lives	Older people are always telling me get what you can get done. Which really means finish everything you started.
Positive mental attitude	"this is a history lesson" which means, story about our past
If someone likes me they are crazy	older people are always telling me that they don't understand today's generation, which really means that they're not open to the idea of equality and change.
	"in a blink of an eye, you'll be grown and independent" which really means "enjoy every step of your life, including being a child, or a teenager, stop trying to grow up so fast."
Don't stress to much about life, your not getting out of it alive anyway!	
What am I doing with this life?	Don't overthink it which really means live your life the way you want

"The pain of regret is far worse than the pain of hard work" - Anonymous	To live young while I can. I will miss the chances to be a teenager if I circle my life around one thing. Let loose.
You can't lose what was never yours	to enjoy my childhood.....don't stress about the future.
dattebayo	older people are always telling me to focus which really means to buckle down
Sometimes stuff don't exist	figure out who you are and do it on purpose
Karma is real, but does not follow the rules that most people think	to grow up = lose your imagination
There is always someone who cares	They tell me "Maybe later" which means "Probably never"
I'm a short angry irish woman, don't piss me off	that i should stay strong = i should not worry about what other people say
Keep Moving	stay on it and love your cat, too
Do whatever you want, unless it's illegal	to be positive which means that i am always negative
Use your Brain.	im getting big on them which means they knew me since i was little and they haven't seen me in a long time
Don't listen to people that hate minecraft	always tell me that I look younger than I really am
	life is chaos but beautiful
	To not fail = to work hard
	Older people are always telling me to talk about my problems which really means they just want the tea sis
Prompt: Sometimes I wish people knew that...	
Quote	to lose weight which really means they are just insecure about their own weight.
I'm not what I seem	follow your dreams which really means I want to live my dreams through you
Discrimination is not only present in race.	To keep my eyes on them = to pay attention
I'm actually really dope with a short temper	Do your work which really means be quiet
It won't rain forever	That I am very enthusiastic and optimistic, which means I am happy
not because you look different, you are different	Older people are always telling me "Maybe" which really means "No"
I wasn't just the quiet, soft-spoken person I appeared to be, I was just like them.	do your work, be quiet
the more you do the better you'll get	I look older = I'm very tall
Sometimes I wish that people knew that Michael Jackson is awesome.	You're tall, which I guess means I have my dads genes.
STOP GIVING US HOMEWORK	"back in my day" = you're privileged
I am bold,loud,crazy,and exciting	be you which really means don't be like other people.
I'm not someone that you can freeloader off of whenever you want.	You're special = you're different from everybody else
	how responsible I am = that they underestimated me and my capabilities because of my age.
Being kind and friendly isn't as bad for your ego as you think it is	
I have struggled	teachers say not get in a gang which means they see me as a gang person.
"we're all so desperate to be understood, we forget to be understanding." Beau Taplin	I'm constantly discredited by older people.
Amor vincit omnia- Love conquers all- also latin	stay out of the drama
It is freeing to be open-minded and respectful to everyone, rather than spending their energy on hate and discrimination.	you please the world more with honey than vinegar. Which means the world will like you more when your nice and not mean.
self-love is the purest form of love	Don't say dislike because hate is a worst word
	"I love you", which means that they really do care about me, and "me" as in an individual.
Be kind to yourself and then let your kindness fill the world	
You work your entire life to achieve one goal, but along the way, you achieve much more than expected.	power is not the answer.
trust is very important and hard to gain	to stop being rude = be nice
I want honesty	My grandpa says you can be a strong man, or a smart one, I think he's both
it's hard being a diamond in a rhinestone world	I have it good which really means I live a good life
I'm just as annoyed with myself as they are with me	
Even though I'm quiet and timid, I have have loud and bold thoughts	Prompt: Students at My School Believe
Not everyone has the same thoughts and feelings	Quote
You need to try your best if you want to succeed	School is boring
Everyone has Feelings	Live life one day at a time.
There's more to life than how cool you are.	Everyone should be nice.
All I want to do is live the best life I can.	Albemarle is constantly changing
I don't mean to be mean but it seems like it sometimes.	... that we are all equal
i am here to live not to be judged	make it a good day or nor the choice is yours
i have feelings too	I'm always tired
I'm generally a good person.	Being yourself and trying hard in life is key.
there isn't a lot of time in a year	...that friendship lasts forever
	...that there's no point in going to school if you're not going to college but that's not true.
respect goes a long way	
Even though people say you're not perfect someone out there thinks you are	Be nice to people and they'll be nice back
Respect matters	the life in front of you is more important than the life behind you
	School is everything. Until you find that one thing that was missing from your heart the entire time. Follow that path.
everyone's going through something.	...that it's okay to treat people how ever you want to.
I am responsible	
"Never ever chase money. You should chase success, because with success money follows."	...that their feelings are more important others
Trying your best is better than not trying at all	...that graduating is a given when it is not
I have a hard time making friends because I'm bad at starting conversations	... that how popular you are really matters
I'm different than everyone	Everyone is entitled to their own opinion
I might be small and i'm not scared to fight.	...that hard-work prevails
cheese is the meaning of life	a big group of kids in one place is called a migraine waiting to happen
I have a weird sense of humor. Whatever I say is meant as a joke, I don't mean to offend people.	...that everyone is treated fairly
i can't always help people with their problems	gossiping is good but sometimes you just need to sip some tea
people should be kind to others because they could be in several problems at home that you don't know.	...that students have to much stress pushed upon them
they're not all that and they should calm down bc they act like they know everything	...that they're not good enough.
I don't like trying new things	that my art is really good (i hope)
I don't like being tall	I'm not sure what other students believe.
i get mad fast	...that minecraft is not educational
Im nicer than I seem	I am not cool
Even if I do well on tests, I still get stressed like everybody else.	...that they will never be enough.
I always mean well	...that everyone is out to get them
I really do like to wear nicer clothes and do girly things, I'm just limited by some friends.	...that school doesn't require hard work.
tests are useless	...that I'm good at art even though i don't believe them
	...that choice means reckless abandon, when in reality, it should mean choose your path, stick to it, and keep yourself structured.
The moon is getting further from us	...in some wack stuff.
My age, my looks, my friends - they don't define me; my actions do that.	Art is the language the soul speaks.
Sometimes I wish people knew that other people's emotions matter.	...in achieving what is right instead of what is wrong
Those who look down are being looked up at by many more.	...all of the rumors
Being the truest you often gets in the way of being the best you	that everyone else is fake
it is alright to ask for help when in the eyes of darkness	...that they're perfect.
that words hurt	education is the movement from the darkness to the light
	Homework is dumb
	You don't need to be afraid to be who you are.

	...that they are soooo cool
	That everyone is different, everyone's special
	are you who you want to be
	I can't read their minds but sometimes i think middle schoolers act older than they really are, how do i know that? Because i am one, and some people take it too far
	You should not talk about others

Charlottesville City Public Schools	
Prompt: Words you live by	Prompt: Sometimes I wish people knew that...
Quote	Quote
Nobody will ever know you were there, unless you do something to be remembered.	I've been through a lot.
Enjoy life	Being thankful actually makes you feel good.
<i>All you need in life is good health and a positive disposition. The rest will follow. - My dad would always say this. he died of cancer when I was 8 I really love these words.</i>	bad moments are temporary!
Don't assume anything about the people around you, except that they deserve your love.	No one actually cares enough to justify your anxiety.
"Live today, like there is no tomorrow."	...they are important and that they come before anyone else.
As a pessimist, you're either right or pleasantly surprised.	Not everything is fair.
Don't listen to the haters!	everyone's different.
"Those who say it cannot be done should not interrupt those doing it."	I'm smart.
Don't let the haters get you down.	DIVERSITY means EVERYBODY
Remember your multiplication tables.	...I didn't want to do a prompt.
Gentle giants.	War is not the solution to every problem. It is probably the thing that we struggle and worry about the most.
Be nice.	being popular is not always the right thing. It's just being you that's what's a good kind of popular
This is not the time and not the place.	...how smart I am and how useful I can be.
Better to remain silent and be thought a fool than to speak and to remove all doubt.	bullying isn't the only thing to make you happy
Do whatever to be happy	you should stay strong and try hard.
If you want to go fast go alone but if you want to go far go with a friend.	...I am really good at art.
Don't tell me the sky's the limit when there's footprints on the moon.	kids should be able to have real jobs.
Life is tough but my darling so are you.	...people knew they were doing the wrong thing while they were doing it.
Love, Artist, Color, Animals and last of all FAMILY!	I am strong.
eat, sleep, read, math, play, school	you shouldn't quit but should keep going.
Do good things	Anime is the best thing ever.
I Love my school	Everyone started in the same place.
Try hard.	We are all different but that's good.
Always take action.	You share 85% of your DNA with Zebrafish
Just keep going. It will be over soon.	Bullying is wrong
"I know who I am without anyone there to tell me."	Life is fun
Nobody is perfect.	Video games are awesome
Love, hope, dream.	love will always win
Be your best, do your best.	Everybody's dreams come true
Time is expensive.	Racism is bad
Don't give up.	some people just aren't ok and that's ok
A circle is round.	Mistakes are proof that you're trying.
"If you can choose between kind and being right, choose kind."	Everyone has at least some anxiety and fearfulness, you're not human unless you're afraid and/or nervous sometimes.
Choose kindness and don't try to be right.	Talk less, smile more
Treat people how you want to be treated.	Sarcasm is the brain's natural defense against stupid people
Work hard play hard	Taking a risk can sometimes be the best decisions of you life
Be Original	
Never give up	Prompt: As My Friends Always Say...
Eat tacos, but not too much or you hiccup	Quote
Life is fun	It's not good to fake a smile everyday.
Cats are amazing.	Go out there, and be the queen that you are.
They want the best of me now!	You are unique and beautifully made.
Peace is key	Drama is what we do
More women means more facts	Chin up, darling!
Be good in school	Get out and play.
Love conquers hate	that's amazing!
Treat people how you want to be treated	I am loyal.
Always be kind	I'm annoying
Be yourself	You do too much
Pizza is good	Don't be sad
Love not hate	You can do anything you put your mind to!
Black Lives Matter	Love not hate
Don't be a prisoner to things you can't control or change.	Let your smile change the world, but don't let the world change your smile.
let's get this bread today	If you're gonna lose, then just give up.
Trust is powerful, use it wisely	Be your own lady
you only live one	Ignoring a stupid or immature person has the same effect as punching someone in the face.
live with no excuses , love with no regrets	Kill 2 birds with one stone
Be yourself because everyone else is already taken.	
life is a game play it	Prompt: Students at My School Believe
" What I hear when I'm being yelled at is people caring really loudly at me."	Quote
We all die, you either kill yourself or get killed	We are all different.
Dying is easy, living is harder	You should be friends with people you like, not the type of people you like
Don't let idiots ruin your day	...in others capability.
Today, I will not stress over things I cannot control.	We are going to be the generation that saves the world.
Better to try and fail the to not try and think about what would have happened	Always spread love
When a door closes, open it back up, that is what a door is	The Earth is round.
Speak it into existence	Teamwork makes the dreamwork.
	You should be you.
	You have to keep trying.
	You should always have a friend.
	Dabbing isn't cool anymore.
	That everyone is equal no matter how they look.
	No matter people's religion, skin color or relationship we are all people and deserve to be respected.
Prompt: Older people are always telling me _____ which really means _____.	Prompt: Older people are always telling me _____ which really means _____.
Quote	Quote
Wear my heart on my sleeve which really means be nice to everyone and do what you can to help.	Get out which really means I'm being annoying.

Older people are always telling me, do things while I can and take advantage of the things that I have. Which means when you get older there are things you will no longer be able to do.	School is important...which really means you should learn.
To follow my dreams... have a backup plan.	Don't waste time, you won't get it back. = Your time is limited, so use it wisely.
Live in the present, you will regret not doing something, more than doing something they are proud, which really means they've done that before.	Loose lips sink ships = Rumors are not true
Learn from your mistakes which really means to keep going and understand the things you will encounter in life.	Go to your room = I love you
Older people are always telling me don't grow up so fast which really means, don't try to be older so soon, just try to stay young.	I am nice = I am good
Older people are always telling me, don't grow up too fast, which really means don't try to be an adult.	maybe later = No
Older people are always telling me to STOP, which really means, LISTEN!	You're so big = You used to be small
there should be peace in the world, guns should be banned	you'll be okay. stop being a baby
to hang out with people, just make friends.	that im growing which really means that im growing up to be mature
telling me" maybe", really means "yes".	No one can make you feel inferior without your consent. This really means that no one can put you down without you giving them permission first.
telling me "my little pretty", really means "make good choices in the future because I'm young."	older people are always telling me they are resting their eyes which really means they are TRYING TO SLEEP!!!!
Older people are always telling me get off my lazy butt and do something with my life before it's too late which really means if you have a passion for something go out and work for it.	"If you had a brain, you'd be dangerous!" which means: "You are A) stupid, and B) if you were smart then you'd mess SOMETHING up."
A poor workman always blames his tools, which really means that it's you who made the mistake, not the bad supplies.	You can't do that which really means, thats illegal
it's not that serious, they don't care.	Your generation is so radical, We can't handle the change that needs to happen

Boys & Girls Club of Central Virginia	
Quote	Who Said it?
Thug Life	Anonymous
Walk it like you talk it	
Be good in school	
When life gives you lemons, make orange juice, then figure it out how you made it	
You can, you should, and if you're brave enough, you would	
I like to move it, move it	
Don't be pushed around by the fears in your mind	
Ball is life	
Merry Christmas	
Instead of worrying about what you can't control, shift your energy to what you can create	
Hand down, man down	
Be on your P's and Q's	
Spread kindness	
Don't be afraid, and don't be a follower. Be you!	
Always try your best	
Have perserverance	
Give joy to the world	
Be yourself	
Be kind to others	
Treat people the way you want to be treated	
Love brings people together	
Kindness brings world peace, Happiness makes you, you	
Ask yourself if ou are doing the right thing	
It be like that sometimes	
Float like a butterfly, sting like a bee	
Believe	
Stay true to yourself	
Do unto others, as you would have others do unto you	
If you're not first, you're last	
Keep calm and shred on	
In the bible, it says there should not be hate	
Think before you eat	
We can all work together, and use other ideas, to build a better future	
Think before you say	
FAIL- First Attempt In Learning	
Growth, Responsibility, Community, Fun	
They aren't GIVING ME a hard time, they are HAVING a hard time	
Don't Fill cups, Light Fires	

Getting Word Oral History Project at Monticello	
Quote	Who Said it?
I resolved to get free or die in the attempt	Peter Fossett, 1898
[Grandma Betty] told me about how beautiful Monticello was. She also mentioned slavery and how wicked... it was.	Betty Ann Fitch, 1995
We couldn't forget slavery, but we could overcome it	Virgina Craft Rose, 2006
I am so honored to be descended from Sally Hemings when I think of all that she wanted to get for her children	Clara Lee Nutt, 2001
I feel more complete as a person because I know a little bit more about my history and my ancestors	Karen Hughes, 1996
This is how the word is passed down...	Warren Hughes, 1997
We came to fight for liberty, justice & equality. These are gifts we prize more highly than gold	John Freeman Shorter, 1864
It is fitting that hundreds of years later, a child of the projects is holding Jefferon's seat	Paul Harris, Sr., 1997
Color has nothing to do with family	Shay Banks-Young, 2000
Like any fiction worth its weight, race must be read and reread, interpreted, and examined	Andrew Mitchell Davenport, 2017
I felt a connection with the land... with the whole experience that my people must've gone through	Joyce Harrod, 1998
Son, it is time for you to learn about your heritage	Robert H. Cooley, III, 1995
With these in our blood...my mom recognized very early on there were wonderful stories that needed to be kept alive...	Margaret "Peggy" Preacely, 2006

Finding Wisdom Site (As of Jan. 25)	
Quote	Who Said it?

Vibes don't lie.	
It can't always be sweet.	Jarell Jones, 6th Street SW
Be careful what you're good at	one of my cousins, at Christmas dinner!
"Imagination is more important then knowledge"	Albert Einstein
Only those who attempt the absurd will achieve the impossible.	M.C. Escher
Art, music, and food unites, defines, and restores community	Laura Mellusi
Nothing is impossible, given the right amount of time (and sometimes money)	Me, Eric Schmidt.
Spend it wisely.	my Dad
Son of a biscuit-eater!	
Sex without love is like butter without bread.	
Bloom where you are planted.	
Jeck loss Jeck elanz. [Saying in the dialect of my hometown Cologne, Germany. Freely translated: One buffoon should let another buffoon do her/his thing.]	
collaborate with the chaos	
I owe you a speedy answer as well as a grateful one.	
If you have two eat two frogs, eat the big one first!	
We are all in the same boat.	
The more you learn the stupider you get.	
Too bad, too sad, for mom and dad.	
Mrs. Scott, 5th grade teacher, Gordon Bibb School, Decatur AL	
"If it ain't broke, don't fix it"	
Treat others the way THEY want to be treated	
A good cup of tea makes the day go right.	
To paraphrase "Murder in the Cathedral, It is not enough to do the right thing, one must do the right thing for the right reason.	
Excitement, Exploration, Experimentation.	
Imagination, Endless possibilities.	
Artists Think, Create. Influential, Believable, Awesome!	
Cheese On Bread!	
Rising tide floats all boats	
Suffering produces endurance.	
Endurance produces character.	
Character produces HOPE.	
Don't borrow trouble.	
Good frames won't save bad paintings.	
LET LOVE RULE	
Never have so few done so much for so many with so little.	
(I'm an educator ;)	
Be Better Tomorrow	
Talk Less Listen More	
"What kind of ancestor do you want to be?"	-- Majora Carter