

Volleyball Rules

- **Team Size :**

The team to be registered on the scoresheet may consist of minimum 6 and maximum 12 players including the libero.

- **Rules :**

→ The playing court is a rectangle measuring 18 × 9 m

→ Centre line: The axis of the centre line divides the playing court into two equal courts measuring 9 × 9 m each; however, the entire width of the line is considered to belong to both courts equally. This line extends beneath the net from sideline to sideline.

→ Attack line: On each court, an attack line, whose rear edge is drawn 3 m back from the axis of the centre line, marks the front zone.

→ Placed vertically over the centre line there is a net whose top is set at the height of 2.43 m for men and 2.24 m for women.

→ Two white bands are fastened vertically to the net and placed directly above each side line

→ Both the team captain and the coach are responsible for the conduct and discipline of their team members.

→ Point A team scores a point: By successfully landing the ball on the opponent's court; When the opponent team commits a fault; When the opponent team receives a penalty.

→ If the serving team wins a rally, it scores a point and continues to serve. If the receiving team wins a rally, it scores a point and it must serve next.

→ Block touch will not be counted as a touch.

→ Standard rotation will be followed if both teams agree on it.

THE LNM INSTITUTE OF INFORMATION TECHNOLOGY

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→ The ball is "in" if at any moment of its contact with the floor, some part of the ball touches the court, including the boundary lines.

→ The ball is "out" when: All parts of the ball which contact the floor are completely outside the boundary lines; It touches an object outside the court, a person out of play; It touches the antennae, ropes, posts or the net itself outside the side bands; It crosses the vertical plane of the net either partially or totally outside the crossing space. It crosses completely the lower space under the net.

→ Faults: FOUR HITS: a team hits the ball four times before returning it. ASSISTED HIT: a player takes support from a team-mate or any structure/object in order to hit the ball within the playing area. CATCH: the ball is caught and/or thrown; it does not rebound from the hit. DOUBLE CONTACT: a player hits the ball twice in succession or the ball contacts various parts of his/her body in succession

→ To touch the opponent's court with a foot (feet) is permitted, provided that some part of the penetrating foot (feet) remains either in contact with or directly above the centre line and this action does not interfere with the opponent's play.

→ To touch the opponent's court with any part of the body above the feet is permitted provided that it does not interfere with the opponent's play.

→ A player may enter the opponent's court after the ball goes out of play.

→ Blocking faults: The blocker touches the ball in the OPPONENT'S space before the opponent's attack hits. A back-row player or a Libero completes a block or participates in a completed block.

→ Time-out requests must be made by showing the corresponding hand signal when the ball is out of play and before the whistle for service. All requested time-outs last for 30 seconds.

For any more information please contact the following

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