

NMSE

$10^{-1}$

$10^{-2}$

0

20

40

60

80

100

120

Epoch

Training NMSE  
Validation NMSE

$lr = 1.00 \times 10^{-3}$

$lr = 1.00 \times 10^{-4}$

$lr = 1.00 \times 10^{-5}$

