



DEPARTMENT OF COMPUTER SCIENCE SHIFT II
ST. JOSEPH'S COLLEGE (AUTONOMOUS)
ACCREDITED AT A++ GRADE (CYCLE IV) BY NAAC
SPECIAL HERITAGE STATUS AWARDED BY UGC
25th RANK IN NIRF 2025
TIRUCHIRAPPALLI - 620002
WE CORDIALLY INVITES YOU

HOLOSTIC WELLNESS : A PATH TO STUDENT SUCCESS
ORGANIZED BY WELLNESS CLUB

RESOURCE PERSON

DR. P.RAMESH

ASSISTANT PROFESSOR

DEPARTMENT OF PHYSICAL EDUCATION
ST.JOSEPH'S COLLEGE (AUTONOMOUS)

TIRUCHIRAPPALLI-620 002

**20
DEC
2025**

2:30 PM

**MCA
SEMINAR
HALL**

WELLNESS CLUB INCHARGES

MS. I.RESHMA MONICA
MR. R.SAKTHIRAMAN

CONVENERS

DR. S.BRITTO RAMESH KUMAR
ASSOCIATE PROFESSOR & HEAD
DR. B.REX CYRIL
COORDINATOR (SHIFT II)