



DEPARTMENT OF COMPUTER SCIENCE SHIFT II
ST. JOSEPH'S COLLEGE (AUTONOMOUS)
ACCREDITED AT A++ GRADE (CYCLE IV) BY NAAC
SPECIAL HERITAGE STATUS AWARDED BY UGC
25th RANK IN NIRF 2025
TIRUCHIRAPPALLI - 620002

WE CORDIALLY INVITES YOU

HOLISTIC WELLNESS : A PATH TO STUDENT SUCCESS

ORGANIZED BY WELLNESS CLUB

RESOURCE PERSON

DR. P.RAMESH

ASSISTANT PROFESSOR

DEPARTMENT OF PHYSICAL EDUCATION

ST.JOSEPH'S COLLEGE (AUTONOMOUS)

TIRUCHIRAPPALLI-620 002

**20
DEC
2025**

2:30 PM

**MCA
SEMINAR
HALL**

WELLNESS CLUB INCHARGES

MS. I.RESHMA MONICA

MR. R.SAKTHIRAMAN

CONVENERS

DR. S.BRITTO RAMESH KUMAR

ASSOCIATE PROFESSOR & HEAD

DR. B.REX CYRIL

COORDINATOR SHIFT II