```
tweise@weise-laptop: ~
     Loaded: loaded (/usr/lib/systemd/system/postgresql.service; enabled; prese>
     Active: active (exited) since Fri 2025-01-17 15:00:28 CST; 1min 34s ago
  Main PID: 63621 (code=exited, status=0/SUCCESS)
        CPU: 1ms
1月 17 15:00:28 weise-laptop systemd[1]: Starting postgresql.service - PostgreS>
1月 17 15:00:28 weise-laptop systemd[1]: Finished postgresql.service - PostgreS>
tweise@weise-laptop:~$ psql --version
psql (PostgreSQL) 16.6 (Ubuntu 16.6-0ubuntu0.24.04.1)
tweise@weise-laptop:~$ sudo -u postgres psql
[sudo] password for tweise:
psql (16.6 (Ubuntu 16.6-0ubuntu0.24.04.1))
Type "help" for help.
postgres=# ALTER USER postgres PASSWORD
ALTER ROLE
postgres=#\q
```