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Problem. Find $p \in \mathcal{P}_5(\mathbf{R})$ that makes

$$cost = \int_{-\pi}^{\pi} |\sin x - p(x)|^2 dx$$

as small as possible.

Consider the vector space V of all continuous functions from $-\pi$ to π , with the inner product

$$\langle f, g \rangle = \int_{-\pi}^{\pi} f(x)g(x) \, \mathrm{d}x.$$

Let $U = \mathcal{P}_5(\mathbf{R})$, and note that U is a subspace of V.

Claim. The optimal $p \in U$ is that which minimizes $\|\sin x - p(x)\|$.

Proof. Note that

$$\|\sin x - p(x)\| = \sqrt{\langle \sin x - p(x), \sin x - p(x) \rangle}$$
$$= \sqrt{\int_{-\pi}^{\pi} (\sin x - p(x))^2 dx}$$
$$= \sqrt{\cos t},$$

so minimizing $\|\sin x - p(x)\|$ minimizes the cost.

Claim. The optimal $p \in U$ is $P_U \sin x$.

Proof. By 6.56, we know that for any $p \in U$

$$\|\sin x - P_U \sin x\| \le \|\sin x - p(x)\|,$$

and that $p(x) = P_U \sin x$ is the only p for which equality holds, minimizing the right-hand side, and in turn minimzing cost.

Claim. The optimal $p \in U$ is

The optimal
$$p \in U$$
 is
$$p(x) = \frac{-72765\pi^2 + 693\pi^4 + 654885}{8\pi^{10}} x^5 + \frac{-363825 - 315\pi^4 + 39375\pi^2}{4\pi^8} x^3 + \frac{-16065\pi^2 + 105\pi^4 + 155925}{8\pi^6} x$$

Click here to check out the approximation on Desmos.

Proof. We can apply the Gram-Schmidt Procedure to $1, x, x^2, x^3, x^4, x^5$ to obtain an orthonormal basis of U. Then, we can compute

$$p(x) = P_U \sin x$$

= $\langle e_1, \sin x \rangle e_1 + \dots \langle e_6, \sin x \rangle e_6$.

I expanded my pylinearalg Python package to use sympy, which can handle "symbolic integration" (instead of floating-point approximations). You can see the solution script here.

Note. You can view the source code for this solution here.