## 231.4

## THOMAS BREYDO

**Problem.** Suppose  $T \in \mathcal{L}(V, W)$ . Prove that  $T^*T$  is a positive operator on V and  $TT^*$  is a positive operator on W.

We will show the claim is true for  $T^*T$ . The proof for  $TT^*$  is similar.

Claim.  $T^*T$  is self-adjoint.

Proof.

$$(T^*T)^* = T^*(T^*)^*$$
  
=  $T^*T$ ,

as desired.

**Claim.** For all  $v \in V$ ,  $\langle T^*Tv, v \rangle \geq 0$ .

*Proof.* Let w = Tv. Then,

$$\begin{split} \langle T^*Tv,v\rangle &= \langle v,(T^*T)^*v\rangle \\ &= \langle v,T^*Tv\rangle & (T^*T \text{ is self-adjoint}) \\ &= \langle v,T^*w\rangle \\ &= \langle Tv,w\rangle \\ &= \langle w,w\rangle \\ &\geq 0, & (\text{definition of inner product}) \end{split}$$

as desired.

Note. You can view the source code for this solution here.