

To: [name]

From: Hep C Hope

Subject: This month, discover reasons for hope.



THERE'S NEVER
BEEN A BETTER
TIME TO RETHINK
HEPATITIS C.

FORGET
ME NOT

MAY IS HEPATITIS AWARENESS MONTH.

This month, more attention is being paid to the facts about chronic hepatitis C (Hep C) and the seriousness of the disease. In just the last few years alone, great strides have been made to understand, identify, and treat people with Hep C.

Hep C CAN BE CURED.

It's truly an exciting time for people considering treatment for Hep C. In the last few years, scientific advances have made treatment for Hep C shorter and more effective than previously. The goal of Hep C treatment is to be cured of the disease. Cure means the virus cannot be detected in your bloodstream 3 months after treatment is completed.

Hepatitis Awareness Month is a good time to learn more about Hep C and to prepare for a conversation with your Hep C specialist. Here are some questions to think about:

1 AM I CARING FOR MY HEALTH?

Things like eating healthy foods, sleeping enough, and even meditating or taking a walk with a friend can make a difference.

2 AM I PREPARED FOR TREATMENT?

By talking to a Hep C specialist, you can consider your overall health, know what to expect, and make a plan for treatment.

3 WHERE DO I FIND SUPPORT?

It helps when you can open up about Hep C with close friends and family, in a journal, or in an online forum.

WE'RE ALSO HERE TO HELP YOU.

**1-844-4-HEPCHOPE
(1-844-443-7246)**

You'll reach a live Hep C Educator. He or she can answer questions you have about Hep C and help you have a better conversation with your Hep C specialist.

TURN AWARENESS INTO ACTION.

Learn more about Hepatitis Awareness Month and some facts about Hep C that you can share with others.

GET THE FACTS TODAY