

Fish oil 'boosts babies' language'

FISH oil supplements taken by pregnant women boost the co-ordination and language of their children, it is claimed. Women were given 4g of the supplement from 20 weeks' pregnancy until birth by researchers in Perth, Australia. By the age of two, the children had 'significantly improved' hand-eye co-ordination and greater vocabulary, comprehension and phrase length.

● **MATHS MOVE:** Do your children have difficulty doing their sums? Then get them to wave their hands around and they'll do the maths in a jiffy. Gesturing has been found to help youngsters solve mathematical problems. In a test, a group of nine-year-old pupils told to gesticulate while adding up solved one-and-a-half times more sums than those who kept still. The findings suggest gestures may help children to develop problem-solving skills and think more clearly, researchers at the University of Chicago said.

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