



Cheddar Baked Chicken



Prep	Cook	Ready In
10 m	40 m	50 m

Recipe By: Judy

"This recipe is very quick and easy to prepare. The flavors blend to make it rather tasty. It is great with plain white rice and your favorite vegetable. Why not give it a try?"

Ingredients

1/4 cup butter, melted	1 tablespoon milk
1/2 cup all-purpose flour	1 cup shredded Cheddar cheese
1 teaspoon salt	1/2 cup Italian seasoned bread crumbs
1 teaspoon ground black pepper	1 cup crispy rice cereal
1 teaspoon garlic powder	3 skinless, boneless chicken breast halves - cut in half
1 egg	2 tablespoons butter, melted

Directions

- 1 Preheat oven to 350 degrees F (175 degrees C). Coat a medium baking dish with 1/4 cup melted butter.
- 2 In a bowl, mix the flour, salt, pepper, and garlic powder. In a separate bowl, beat together the egg and milk. In a third bowl, mix the cheese, bread crumbs, cereal. Dredge chicken pieces in the flour mixture, dip in the egg mixture, then press in the breadcrumb mixture to coat. Arrange in the prepared baking dish. Drizzle 2 tablespoons butter evenly over chicken.
- 3 Bake 35 minutes in the preheated oven, or until coating is golden brown and chicken juices run clear.

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