

Baked Italian Chicken Dinner



This is one of the easiest and most requested recipes. It's simple to make, and the ingredients are easy to find!

By AMYZ



Prep: 15 mins

Servings: 4

Cook: 45 mins

Yield: 4 servings

Total: 1 hr

Ingredients

- | | |
|--|--|
| <input type="checkbox"/> 1 serving cooking spray | <input type="checkbox"/> 4 medium (2-1/4" to 3" dia, raw)s potatoes, diced |
| <input type="checkbox"/> 1 pound skinless, boneless chicken breast, cut into cubes | <input type="checkbox"/> ¼ cup butter, melted |
| <input type="checkbox"/> 1 (10 ounce) package frozen broccoli | <input type="checkbox"/> 1 (.7 ounce) package Italian dressing mix |



Directions

Preheat oven to 350 degrees F (175 degrees C). Spray a 13x9-inch baking dish with cooking spray.

Spread chicken pieces, broccoli, and potatoes into the prepared baking dish, respectively. Drizzle melted butter over ingredients in the dish and season with the Italian dressing mix.

Bake in preheated oven until the chicken is cooked through and potatoes are tender, 45 to 60 minutes.



Nutrition Facts

Per Serving:

422.6 calories; 30 g protein; 43.1 g carbohydrates; 95.1 mg cholesterol; 963 mg sodium.

