五香豆腐 SPICY TOFU

Vegetables, Eggs and Ton



Serve with ALMOND BREADED CHICKEN (p. 54).



INGREDIENTS: 4 servings

cube of tofu (bean curd), 1 lb (450g)

oil

clove garlic, minced

ground pork

hot bean paste (or to taste)

soy sauce

salt

3/4 C soup stock 4

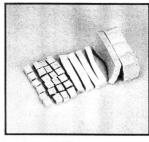
Some cornstarch and water for thickening

green onion, chopped

sesame seed oil

* To give the tofu a firmer texture, cut tofu into 1 in (21/2 cm) cubes. Fry cubes in an oiled non-stick frying pan to lightly brown all sides.

- can use water if too salty;



1. Cut tofu (bean curd) into 1/2 in (11/2 cm) cubs. Set aside.



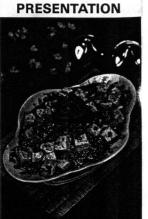
2. Heat wok, add oil, garlic and ground pork. Stirfry pork on high heat until done (2 min). Add hot bean paste, soy sauce, salt, soup stock and tofu.

oyster source,



3. Cover, bring to a boil and cook gently for 2 min. Thicken with cornstarch mixture to desired thickness. Add green onions and sesame seed oil. Mix gently to combine all ingredients.







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