

# All Natural Strawberry Lemonade



This is a tart, tasty lemonade with a sweet kick, perfect for the cook with garden access during the summer months. You'll need a blender with a 'puree' or 'high pulse' setting. Garnish with any leftover strawberries.

**Prep:** 15 mins

**Total:** 15 mins

**Servings:** 12

**Yield:** 12 servings



## Ingredients

8 large strawberries, halved

2 tablespoons white sugar

7 cups water, divided

1 cup white sugar

2 cups freshly squeezed lemon juice

## Directions

### Step 1

Place strawberries in a blender; top with 2 tablespoons sugar. Pour 1 cup water over sugared strawberries. Blend until strawberry chunks transform into juice.

### Step 2

Combine strawberry juice, 6 cups water, 1 cup sugar, and lemon juice in a large pitcher; stir until blended. Chill before serving.

## Nutrition Facts

**Per Serving:** 87 calories; protein 0.2g; carbohydrates 23.2g; sodium 4.7mg.