

# Greek Salad III



This is a wonderful summer salad for either lunch or a light dinner. My kids even enjoy it.

By Lynn Clarke

**Prep:** 20 mins

**Additional:** 1 hr

**Total:** 1 hr 20 mins

**Servings:** 4

**Yield:** 4 servings



## Ingredients

3 roma (plum) tomatoes,  
chopped

1 green bell pepper, sliced

1 small English cucumber,  
chopped

1 small onion, chopped

¼ cup sliced black olives  
(Optional)

2 ounces tomato basil feta  
cheese, crumbled

¼ cup olive oil

1 teaspoon red wine vinegar

1 teaspoon lemon juice

1 clove garlic, minced

½ teaspoon dried oregano

salt and pepper to taste

## Directions

In a salad bowl, combine the tomatoes, bell pepper, cucumber, onion and olives.

Whisk together the oil, vinegar, lemon juice, garlic, oregano, salt and pepper. Let sit for 1 hour, occasionally stirring to blend flavors.

Pour dressing over salad, add feta cheese and toss before serving.

## Nutrition Facts

**Per Serving:** 197 calories; protein 3.3g; carbohydrates 8g; fat 17.7g; cholesterol 12.6mg; sodium 240.9mg.