

August 15, 1996

Mommy's Meat Loaf

1 envelope Lipton Recipe Secrets Onion Soup Mix
4 lbs. ground beef
2 cups oatmeal, less if mixture too dry
1 can (14 1/2 oz.) stewed tomatoes
1 can (10 3/4 oz.) cream of mushroom soup
1 package pork sausage (or pork and turkey sausage)
1 egg
1 Tbl. garlic, minced
1/2 tsp. salt
1/2 tsp. pepper
2 Tbl. light soy sauce
1/8 tsp. sugar
1 Tbl. rice wine
2 Tbl. ketchup
Vegetable oil

Preheat oven to 350°F. In a large bowl, combine all ingredients except the vegetable oil. In a large baking pan, shape mixture into a loaf (can put mixture in a plastic bag, shape into a loaf, cut open the bag, and place the loaf in the baking pan). Cover loaf with some vegetable oil. Bake for 2 to 2 1/2 hours (bake for 1 hour if cut recipe in half) or until done. Surface of loaf should be dark brown. Makes about 16 servings.