Olive Garden Style Chicken and Gnocchi Soup

Food

By Anne G. on January 11, 2009 * * * * * 73 Reviews



Prep Time: 10 mins Total Time: 35 mins Servings: 8-10

About This Recipe

"This is very close to the Olive Garden soup. There's another recipe on the web which was the basis of this recipe, however I have changed it to use less cream. Still tastes good! I did end up using a little cornstarch to thicken. I guess you could sub heavy cream for the half and half to make it a little thicker without using cornstarch. The gnocchi is usually in the spaghetti section of the grocery store."



Photo by ChrisMitchelll

Ingredients

- 3 -4 chicken breasts, cooked and diced
- 4 cups chicken stock
- 2 cups half-and-half
- 1 stalk celery, diced < can omit
- 1 garlic cloves, chopped
- 1/2 carrots, shredded < 1 large carrot, shredded
 1/2 onions, diced < 1 small onion, diced (about 1 cup)
- 1 cup fresh spinach, chopped
- 1 tablespoon olive oil
- 1 teaspoon thyme < 1 +sp, parsley
 salt and pepper < 12+sp, salt, \$ +sp, pepper
- 16 ounces potato gnocchi
- 1 tablespoon cornstarch (optional)

Directions

- 1. Saute the onion, celery, garlic, carrot in oil over medium heat until onion is translucent.
- 2. Add chicken, chicken stock, half and half, salt and pepper, thyme, Heat to boiling, then add gnocchi. Gently boil for 4 minutes, then turn down to a simmer for 10 minutes.
- 3. Add spinach and cook for another 1-2 minutes until spinach is wilted.
- 4. (Heat to boiling and add cornstarch dissolved in 1-2 Tbsp water at this point if you want a thicker soup.).
- 5. Ladle into bowls and serve!