

Mac and Cheeseburger

1 lb. large or extra-large elbow pasta
2 Tbls. vegetable oil
½ onion, diced
2 cloves garlic, minced
8 oz. ground beef
1 tsp. black pepper
2 tsp. salt
8 oz. diced tomatoes
8 oz. cheddar cheese, shredded

Cook the pasta according to the package directions, and then drain the pasta. At the same time, cook the meat sauce. Time the cooking of the pasta so that it is done at approximately the same time as when the meat sauce has been cooked.

Meat Sauce: Add oil to a pot. Add onion and garlic, and stir-fry for about 2 minutes. Add ground beef and stir-fry until the beef is cooked (about 10 minutes). Drain out the grease. Add pepper, salt, and tomatoes. Cook for about 2 minutes.

Add the meat sauce and cheese to the pasta. Mix everything together.