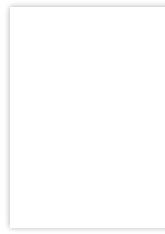


Get Allrecipes Magazine

Full Year Just \$10

Subscribe Now!



This ad will not print with your recipe

Print Options

 **Print**

Font Size



Include:

☐ Images ☐ Nutrition

allrecipes

Maple Baked Pork Loin Roast



This is a GREAT recipe. Do not let the ingredients scare you, they combine to make a really great taste. The pork is so moist and tender that it will fall apart when you go to cut it. I find it comes out best with the loin that has two sections. If it is a single loin, it still comes out great, but does not fall apart quite so much. Everyone who tries this loves it so far. It's my husband's favorite and very easy to make. It cooks for 1 hr 45 min - 2 hrs.

Prep: 15 mins

Cook: 2 hrs 5 mins

Total: 2 hrs 20 mins

Servings: 8

Yield: 1 loin roast



Ingredients

1 tablespoon canola oil
1 (4 pound) boneless pork loin roast

Directions

Step 1

Preheat oven to 350 degrees F (175 degrees C).

Step 2

Heat the oil in a large skillet over medium-high heat until

- salt and pepper to taste
- all-purpose flour for dredging
- 3/4 cup maple syrup
- 3/4 cup ketchup
- 1/3 cup water
- 1 tablespoon minced garlic

smoking. Meanwhile, season the pork roast with salt and pepper, then dredge in flour, and shake off excess. Sear in hot oil until browned on all sides, about 1 minute per side.

Step 3

Place onto a large sheet of aluminum foil set on top of a baking sheet; set aside. Stir together the maple syrup, ketchup, water, and garlic. Pour 3/4 of this sauce over the pork. Fold the foil over the pork, and seal to form a packet.

Step 4

Bake in preheated oven until the internal temperature reaches 170 degrees F (75 degrees C), about 2 hours. Carefully open up the foil packet, and broil for a few minutes until the sauce glazes the meat. Serve with remaining sauce.

Nutrition Facts

Per Serving: 397 calories; protein 41g; carbohydrates 28.1g; fat 12.8g; cholesterol 126.5mg; sodium 340mg.

© COPYRIGHT 2021 ALLRECIPES.COM. ALL RIGHTS RESERVED.
 Printed from <https://www.allrecipes.com> 02/06/2021

Local Offers

ZIP

94530



Walmart
 400 Hilltop Mall Rd
 SAN PABLO, CA 94806



The Allrecipes App
 Download on the App Store
 Get it on Google Play



Land O Lakes® Butter with Canola Oil

Made with three simple ingredients.

[LEARN MORE](#)

ADVERTISEMENT



Great Value All Purpose Flour, 5 lb

Everyday Low Price - expires in 4 days