Classic Buttermilk Scones

These light, flaky and easy-to-make classic buttermilk scones are perfect with jam, lemon curd or just eaten plain with butter.

CourseBreakfast, BrunchCuisineNorth American

Keyword Classic, Easy, Freezer Friendly, Mother's Day, Quick

Prep Time 30 minutes
Cook Time 15 minutes
Total Time 45 minutes

Servings 16 scones
Calories 187kcal
Author Jolina

Equipment

- Bench Scraper
- Cheese Grater
- Mixing Bowls
- <u>Baking Sheets</u>

Ingredients

- 3 cups <u>all-purpose flour</u>
- 1/3 cup granulated sugar
- 1 tsp salt
- 2 1/2 tsp <u>baking powder</u>
- 1/2 tsp <u>baking soda</u>
- 3/4 cup unsalted butter frozen and grated (see post)
- 1 cup buttermilk

Instructions

- 1. Preheat oven to 400F. Lightly grease baking pan (I use 1 large cookie sheet, you may need to use 2 depending on how big your pan is) and set aside.
- 2. In a large bowl, combine 3 cups flour, 1/3 cup sugar, 1 teaspoon salt, 2 1/2 teaspoons baking powder and 1/2 teaspoon baking soda.
- 3. Add the 3/4 cup butter and cut with a pastry cutter or a fork until the mixture looks coarse (you should see pieces of butter/flour "balls" about the size of chickpeas).
- 4. Make a well in the middle and add 1 cup buttermilk. Mix until just combined. Don't over mix. Now is the time to add chocolate chips or other goodies, if using.
- 5. Transfer the dough to a floured surface and divide into 2 equal parts. Lightly knead each into 3/4 inch thick, 6-inch diameter rounds. Cut each round into 8 wedges and place on your

prepared baking pans. Space them out evenly, about 2 inches apart.

- 6. Bake for 12-15 minutes or until lightly browned. Each oven is different and they brown pretty quickly so watch the oven (don't leave!).
- 7. Take out of the oven and serve warm.

Nutrition

Calories: 187kcal | Carbohydrates: 23g | Protein: 2g | Fat: 9g | Saturated Fat: 5g | Cholesterol: 24mg | Sodium: 202mg | Potassium: 126mg | Sugar: 4g | Vitamin A: 290IU | Calcium: 57mg | Iron: 1.2mg

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