

30 Minute Meals,
Publications
International,
Ltd., 1992.

Mini Turkey Loaves

1 pound ground
turkey
1 small apple,
chopped
½ small onion,
chopped
½ cup uncooked rolled
oats
2 teaspoons Dijon-
style mustard
1 teaspoon dried
rosemary leaves,
crushed
1 teaspoon salt
Dash of pepper

1. Preheat oven to 425°F.
Grease twelve muffin
cups.
2. Combine all
ingredients. Press into
prepared muffin cups.
3. Bake 20 minutes or
until lightly browned and
no longer pink in center.
Garnish as desired.
Serve with cranberry
sauce, if desired.

Makes 4 servings