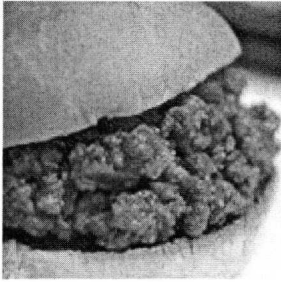


Sloppy Joes II



Rated: ★★★★★

Submitted By: Tamara

Photo By: TTV78

Prep Time: 10
Minutes
Cook Time: 30
Minutes

Ready In: 40
Minutes
Servings: 6

"Ground beef, onion, green pepper, and ketchup are seasoned with garlic powder and sweetened with brown sugar to make this hearty meat filling. Serve on hamburger buns."

INGREDIENTS:

1 pound lean ground beef mustard
1/4 cup chopped onion 3/4 cup ketchup
1/4 cup chopped green bell pepper 3 teaspoons brown sugar
1/2 teaspoon garlic powder salt to taste
1 teaspoon prepared yellow ground black pepper to taste

← or turkey

DIRECTIONS:

1. In a medium skillet over medium heat, brown the ground beef, onion, and green pepper; drain off liquids.
2. Stir in the garlic powder, mustard, ketchup, and brown sugar; mix thoroughly. Reduce heat, and simmer for 30 minutes. Season with salt and pepper.