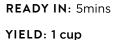


EASIEST PESTO MAYONNAISE

Recipe by mailbelle

OK, I know that nutritionally, mayonnaise isn't good for me, but I love it! Especially flavored mayonnaises (recipe#311767, recipe#311769, recipe#309836). This is great on sandwiches in place of regular mayonnaise. Or use it as a topping for chicken sandwiches, burgers, or recipe#308538



UNITS: US



INGREDIENTS

- ²⁄₃ cup mayonnaise
- 4 tablespoons prepared basil pesto

NUTRITION INFO		
Serving Size: 1 (18) g		
Servings Per Recipe: 1		
AMT. PER SERVING	% DAILY VALUE	
Calories: 656.5		
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Calories from Fat 477 g	73 %	
	73 %	

Saturated Fat 7.7 g	38 %
Cholesterol 40.8 mg	13 %
Sodium 1120.6 mg	46 %
Total Carbohydrate 48.4 g	16 %
Dietary Fiber 7.3 g	29 %
Sugars 10.3 g	41 %
Protein 4 g	8 %

DIRECTIONS

Combine mayonnaise and pesto.

Enjoy on your favorite sandwich or burger!