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Parmesan-Roasted Tomatoes



A delicious vegetable side dish that goes with pretty much anything.

Prep: 5 mins

Cook: 20 mins

Total: 25 mins

Servings: 6

Yield: 6 servings



Ingredients

6 small tomatoes, halved

1 tablespoon olive oil

1 pinch salt

ground black pepper to taste

½ cup grated Parmesan cheese

Directions

Step 1

Preheat the oven to 400 degrees F (200 degrees C).

Step 2

Place tomatoes in a bowl and toss gently with olive oil and season with salt and pepper. Arrange on a baking sheet and top each tomato half with Parmesan cheese.

Step 3

Bake in the preheated oven until Parmesan cheese is melted and slightly browned, 15 to 20 minutes.

Cook's Note:

You can use mozzarella cheese instead of Parmesan cheese.

Nutrition Facts

Per Serving: 65 calories; protein 3.4g; carbohydrates 3.9g; fat 4.3g; cholesterol 5.9mg; sodium 132.4mg.

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