

Quick and Easy Pizza Crust

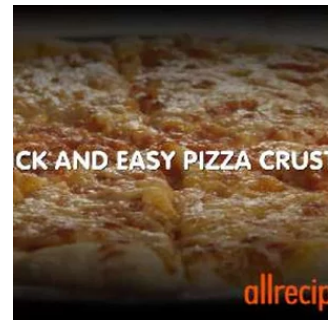


Servings: 8

Yield: 1 12-inch pizza crust

This is a great recipe when you don't want to wait for the dough to rise. You just mix it and allow it to rest for 5 minutes and then it's ready to go!! It yields a soft, chewy crust. For a real treat, I recommend you use bread flour and bake it on a pizza stone, but all-purpose flour works well too. Enjoy!

By CHEF RIDER



Ingredients

- 1 (.25 ounce) package active dry yeast
- 1 teaspoon white sugar
- 1 cup warm water (110 degrees F/45 degrees C)
- 2 ½ cups bread flour
- 2 tablespoons olive oil
- 1 teaspoon salt

Directions

Step 1

Preheat oven to 450 degrees F (230 degrees C). In a medium bowl, dissolve yeast and sugar in warm water. Let stand until creamy, about 10 minutes.

Step 2

Stir in flour, salt and oil. Beat until smooth. Let rest for 5 minutes.

Step 3

Turn dough out onto a lightly floured surface and pat or roll into a round. Transfer crust to a lightly greased pizza pan or baker's peel dusted with cornmeal. Spread with desired toppings and bake in preheated oven for 15 to 20 minutes, or until golden brown. Let baked pizza cool for 5 minutes before serving.

Nutrition Facts

Per Serving: 170 calories; protein 4.8g; carbohydrates 28.1g; fat 4g; sodium 292.8mg.