

Cheesy Polenta

2 cups milk
2 cups water
1 teaspoon salt
1/4 teaspoon pepper
1 cup polenta
4 tablespoons butter
4 ounces sharp Cheddar cheese, shredded

In a large pot over medium heat, bring milk, water, salt, and pepper to a boil.

Gradually whisk in the polenta.

Reduce heat to low and cover.

Cook for 20 minutes, stirring every 4 minutes to prevent sticking.

Turn off the heat, and stir in the butter and cheese until they have melted.

8 servings

Modified from "Cheesy Polenta" recipe on www.allrecipes.com, submitted by momsaslut