

## 1 Flory and Gent model

Terzaghi Stress tensor is given by:

$$\boldsymbol{\sigma}'(\mathbf{F}, T) = k_B T \frac{N}{\det(\mathbf{F})} \left( \frac{I_{\text{lim}}}{I_{\text{lim}} - (\text{Tr}(\mathbf{F}\mathbf{F}^T) - 3)} \mathbf{F}^T \mathbf{F} - \mathbf{I} \right)$$

Flory-Huggins free energy relative to the reference volume

$$w_m(T, c) = k_B T (c \ln(\Omega c) + \chi c (1 - c\Omega))$$

with

$$\chi(c) = \frac{1}{2} - A \left( 1 - \frac{\Theta}{T} \right) + \chi_2 (1 - \Omega c) + \chi_3 (1 - \Omega c)^2$$

The osmotic pressure is given by

$$\pi(c) = -\frac{1}{\Omega} \frac{\partial w_m}{\partial c}$$

## 2 Equilibrium

The total stress is given by

$$\boldsymbol{\sigma} = \boldsymbol{\sigma}'(\mathbf{F}, T) - \pi(c)\mathbf{I}$$

we have to ensure the incompressibility as

$$\det(\mathbf{F}) (1 - \Omega c) = \phi_0$$

$$\boldsymbol{\sigma} = \frac{k_B T N}{\det(\mathbf{F})} \left( \frac{I_{\text{lim}}}{I_{\text{lim}} - (\text{Tr}(\mathbf{F}\mathbf{F}^T) - 3)} - I \right) \mathbf{F}^T \mathbf{F} - \pi(c)\mathbf{I}$$