Mobility Study - How to Install

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Step 1

Download Apple's TestFlight app from the App store.

Step 2

Open the TestFlight app, and install the available app. This will install an app called *Runner*, on your device.
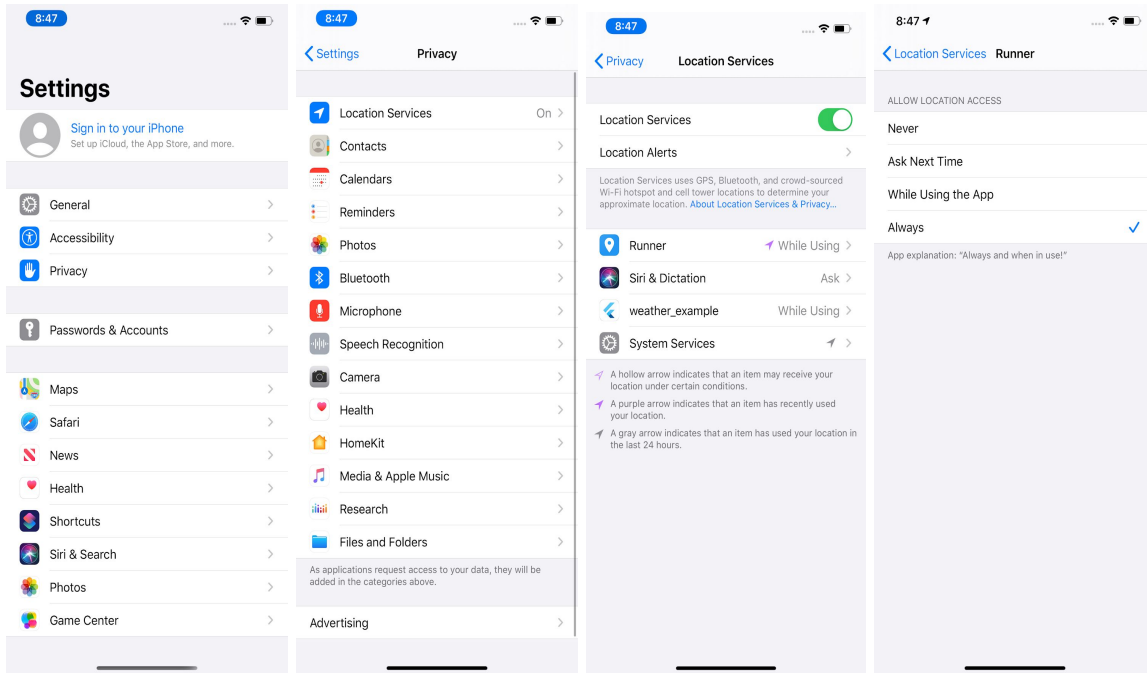

Step 3

Open the *Runner* app and give it the permissions it asks for.

In addition, you need to minimize the app by pressing the home button and go into your settings app.

Here, navigate to *Privacy > Location Services > Runner* and choose 'Always' in order to allow the app to monitor your location in the background.

Step 4

Keep the application running the background, you should see the compass indicator in the top bar of your phone, which indicates that location is being tracked.

Step 5

Once a day you will be asked to fill out four questions, we call this a diary. You can fill out the diary as many times as you want per day (for example if you fill it out wrongly). However, only the latest diary on a given day will be used.