

## Healing Instructions

Once tattoo is healed, use high SPF sunblock when exposed to direct sunlight. Try to avoid exposing your tattoo to direct sunlight for long periods of time.

DO NOT expose healing tattoo to direct sun, swimming or public water, hot tub, unclean conditions, irritating clothing, or anything else that may hinder healing.

Do not pick or scratch any scabbing, allow it to come off on its own. Scabbing usually flakes off in 7-10 days. Keep clean and continue to use A&D or fragrance-free lotion until healed. Wear clean, loose clothing to protect tattoo while healing.

Wash tattoo twice daily while healing and use a thin layer of A&D ointment or Aquaphor as needed to prevent dryness. It is fine to wash in the shower or tub, but do no allow the area to soak.

Remove bandage within a few hours and wash with warm water and soap. Pat dry with a clean paper towel and apply a thin layer of A&D or similar. Remove any excess with a clean, dry paper towel.

Legacy Tattoo Collective: Healing Instructions