

SUMMER 2023

# Food & Travel

MAGAZINE

EXPLORING  
**LOUISIANA**

- BATON ROUGE
- ACADIA PARISH
- DESOTO PARISH

FIND YOUR  
HAPPY PLACE  
**BEECH**  
**MOUNTAIN**  
N. CAROLINA

*Larger Than Life Memories*

**HUMBOLDT**  
CALIFORNIA

TASTING IS

# Believing



Sometimes it's hard to pick just one thing to order – especially when the food's this unbelievably fresh and full of flavor. Come find your new favorite spot and get a taste of what Baton Rouge is all about at [visitbatonrouge.com/restaurants](http://visitbatonrouge.com/restaurants)



# Food & Travel

MAGAZINE

## SUMMER 2023

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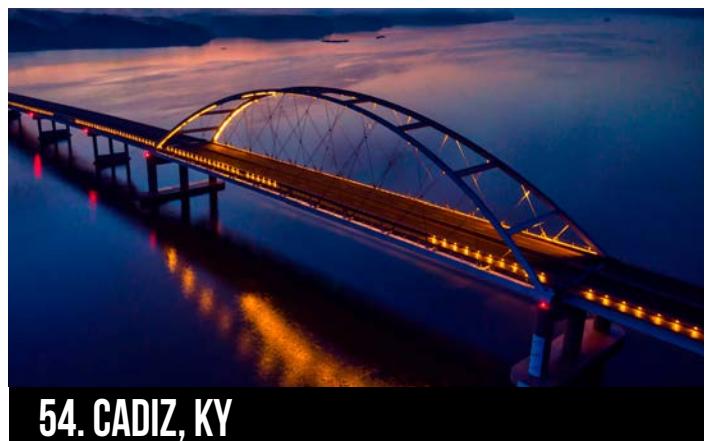
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# #HEAVENLY HUMBOLDT



Photo by Don Fothulter



## Where Ancient Redwoods Meet the Sparkling Pacific.

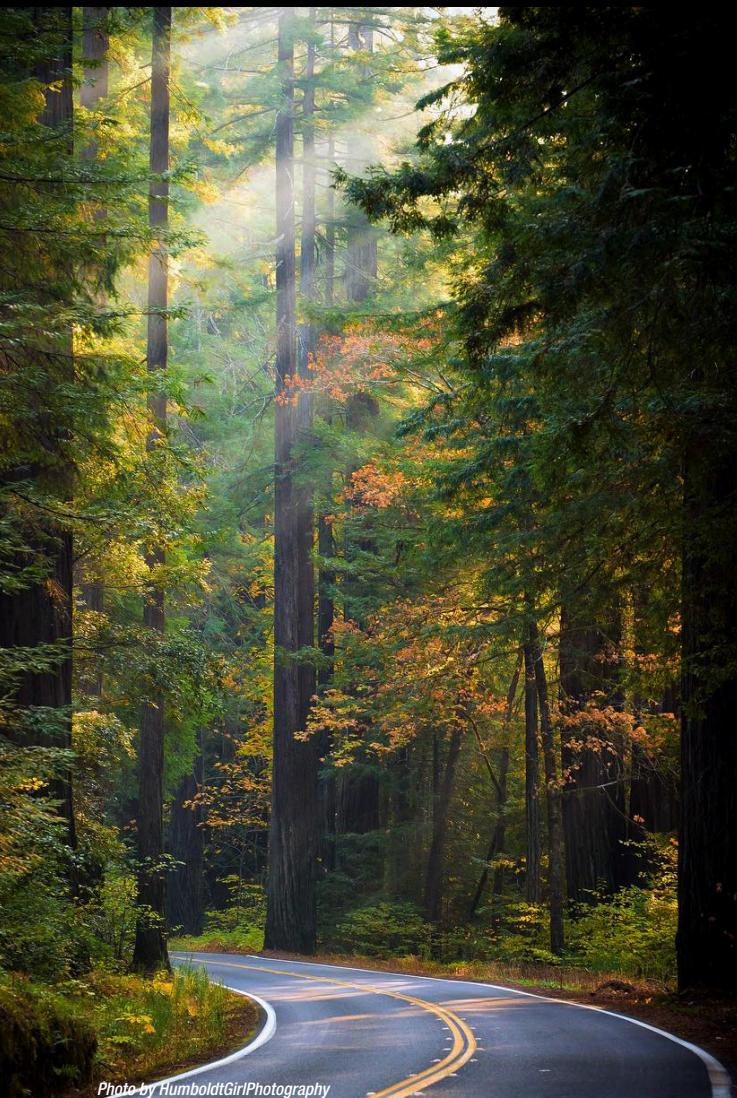


**N**orthern California's Humboldt County is world-renowned as home of the iconic redwood trees, which can grow to over 300 feet tall and live a thousand years. But majestic redwood forests are just one ingredient of a memorable visit for all ages and interests. Outdoor recreation, history, art and culture, farm-to-fork dining: Humboldt has it all!

Our 110-miles of pristine coast has beaches perfect for clam digs, tide-pooling, and playing with your BFF (Best Furry Friend). Try kayaking, rafting, fishing, or just floating in a tube and splashing in secret swimming holes for Mother Nature's antidote to a fast-paced life.

Explore **Redwood National & State Parks**. A World Heritage Site and International Biosphere Reserve, the Parks—including Jedediah Smith, Lady Bird Johnson Grove, and Prairie Creek—protect nearly half of all remaining old growth redwoods. Walk, bike, or horseback ride along 200 miles of trails, wander Fern Canyon, a one-mile gorge draped in rare ferns featured in Jurassic Park II. Spot grey whales from coastal lookouts and Roosevelt elk in Elk Meadow.





The famed **Avenue of the Giants** in Humboldt Redwoods State Park has been called the finest forest drive in the world. Lined by towering titan redwoods, the 31-mile stretch pass secluded hamlets, campgrounds, and picnic areas. Winding through the Park is the Eel River, with perfect kid-friendly swimming holes and fishing areas.

No time to visit the Parks? No problem. Get high up in the trees on the **Redwood Skywalk** at Sequoia Park Zoo in Eureka. This ADA compliant walk will put you 100 feet above the forest floor for an up-close redwood experience.

East on HWY 299 is **Willow Creek**, home of Bigfoot! Nestled in the Six Rivers National Forest, it is the perfect basecamp for white water rafting, kayaking, and fishing the Trinity River.

**The Lost Coast** is an undeveloped shoreline where the King Range Mountains rises 4,000 feet above the sea. Backpack to secluded campsites and visit the picturesque Punta Gorda lighthouse in Petrolia.





Photo by Gary Todoroff

# Humboldt

CALIFORNIA'S  
REDWOOD COAST

Humboldt has rich historical roots. **Eureka** boasts iconic Victorian architecture, and **Ferndale**, located in the bucolic Eel River Valley, is the quintessential charming Victorian village.

**Farm to fork heaven:** While the trees are ancient, the organic food scene is driven by young chefs, brewers, and farmers. Humboldt's numerous microclimates yield a huge variety of produce sold at weekly farmers markets. Organic and regenerative farming is practiced by legacy farmers like Neukom Family Farm, growing delicious produce, and the Foggy Bottoms Boys, raising dairy cows, chickens and heritage sheep for wool and meat. Over 70% of the oysters consumed in California are farmed in Humboldt Bay, and you'll find fresh seasonal selections of fish and crab on our docks.





*Photo by Gary Crabbe / Enlightened Images*

**Old Town Eureka** is home to award-winning Dick Taylor Craft Chocolate. Tour the factory, taste the divine chocolate, and purchase some to take home!

Sample the finest craft beers and ciders from ten breweries throughout the County, including family-owned and operated Gypco Ale Mill in Shelter Cove, the westernmost brewery in the continental US and perfect place to watch the sunset.

With the most artists per capita in California, visitors will delight in the energetic art scene on view at galleries, fairs, and the multitude of colorful murals and sculptures found throughout the county.

Come explore our uncrowded, unspoiled wide-open spaces. Refresh your body, mind, and spirit here in Humboldt County.

\* **San Francisco to Eureka is 5-hour drive (260 miles). Flights to ACV from Denver, San Francisco, Los Angeles, and Burbank on United and Avelo.**

For complete information, itineraries, and event and festival listings: [www.visitredwoods.com](http://www.visitredwoods.com) •



# Humboldt

CALIFORNIA'S  
REDWOOD COAST

Larger Than Life Memories



[www.VisitRedwoods.com](http://www.VisitRedwoods.com)

# WHERE SCENERY MEETS FLAVOR



## Welcome to The San Francisco

**Peninsula**, where stunning scenery and diverse food come together to create a one-of-a-kind Northern California experience. Home to San Francisco International Airport and located south of San Francisco, what makes The Peninsula truly unique is its unrivaled food scene, which takes you on an unparalleled culinary journey from high-end restaurants to family-owned coffee shops, gastropubs, and hidden local gems.

Photo by Charly Ramos



Photo by Bradley Whittke Photography

**F**or those seeking the ultimate dining experience, The San Francisco Peninsula is home to over a dozen MICHELIN-rated and recommended restaurants.

These establishments have been recognized by the prestigious guide for their exceptional cuisine, attentive service, and inviting ambiance. Whether you're in the mood for Southern Indian cuisine at the acclaimed Saffron in Burlingame, or elevated Japanese cuisine at Wakuriya in San Mateo, The Peninsula's MICHELIN restaurants are sure to impress!

What truly sets The Peninsula apart is its commitment to sustainability and locally sourced ingredients. When you think of Silicon Valley, you may not think of agriculture, but The Peninsula is home to over 50 working farms and harbors brimming with fishing boats – the local produce is truly unbeatable. The region's "As Fresh As It Gets" program celebrates the agriculture, connecting locals and visitors to San Mateo County's farmers and fishermen, and the restaurants and hotels that serve outstanding fresh meals and products. During harvest season on the Coastside, visitors can catch glimpses of fields bursting with vibrant orange pumpkins, Brussels sprouts, and artichoke plants as they drive along Highway 92 and scenic Highway 1. When visiting their favorite restaurants, guests may even see the farmer's name on the menu, showcasing a true farm-to-table experience.



Photo by Chris Chowaniec

## SAN FRANCISCO PENINSULA

As you enjoy the fresh cuisine, don't forget to pair your meals with some of the region's finest wines. Savor a hidden gem along the Mid-Peninsula Wine Trail in San Carlos, featuring local favorites such as Domenico Winery, Flying Suitcase Wines, and Russian Ridge Winery. Explore coastal wineries such as La Nebbia Winery, or taste some of California's best at Barterra Winery. The Peninsula's wine scene offers a unique and memorable experience for any wine enthusiast.

Beyond food and wine, visitors can experience the west coast by nature and indulge in an array of outdoor activities. Go for a bike ride along the Bay Trail, surf or paddleboard in Pacifica, walk along coastal beaches or amongst the tall redwoods, and explore the quaint towns of Half Moon Bay and Pescadero. Take a trip to Filoli in Woodside where you can wander its 16 acres of exquisite formal gardens and the 1917 mansion. Grab a glass and embark on a journey through beautiful landscapes, exceptional wine, and excellent food on ***The San Francisco Peninsula... South of San Francisco, North of Expectations!***

Check out our things to do and see in the area  
or visit [thesanfranciscopeninsula.com](http://thesanfranciscopeninsula.com)

Follow us @thesfpeninsula and  
#thesfpeninsula! •



Photo by Jeff Regan Photography



Photo by Mike James 2022



Photo by Charly Ramos

# West Coast by **NATURE**



**THE  
SAN FRANCISCO  
Peninsula**

SOUTH OF SAN FRANCISCO · NORTH OF EXPECTATIONS



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# A STANDOUT SUMMER VACAY

## IN FRESNO COUNTY



*Photo by Tamela Ryatt*

**T**he sun is out in Fresno County—so are true adventurers creating their own path for a one-of-a-kind experience. As the heartland of California agriculture, and located in close proximity to three national parks, your summer vacation isn't complete without a stop in Fresno County.





## TAKE THE ROADS LESS TRAVELED

Fresno County is brimming with natural beauty! Take the roads less traveled to truly immerse into the tranquil outdoors. Kings Canyon National Park is a secret treasure in California—home to thousands of sequoia trees, awe-inspiring waterfalls, beautiful trailheads and the deepest canyon in the United States. See the General Grant Tree, also known as the Nation's Christmas Tree; take a scenic hike through Zumwalt Meadow, and see the shining granite mountainsides as you drive through the park. It is quieter than neighboring Yosemite and Sequoia National Parks. When you stay in Fresno and Clovis, you can experience all three parks in one trip! In Sequoia National Park, take a guided tour through Crystal Cave, and explore Mount Watkins trail in Yosemite for a unique view of Half Dome.



*Photo by Tommy Lisbin*

Make a splash in some of Fresno County's most beautiful lakes. Sail along Huntington Lake. Go jet skiing or wakeboarding across Shaver Lake, located northeast of Fresno. If you are looking for a nice place to enjoy picturesque scenery, look no further than Hume Lake. The lake is located inside Kings Canyon National Park, and is a beautiful spot for canoeing and fishing for a variety of trout.

In Fresno, discover the Forestiere Underground Gardens, a home hand-carved underground in the early 1900s by Italian immigrant Baldassare Forestiere. As you walk through the gardens you'll see how Forestiere used nothing but farm tools and his imagination to create this beautiful underground wonder. In the summer, the gardens have their own microclimate that make the tunnels 10-20 degrees colder than the surface level.

## A TRIP FOR REAL FOODIES

As a top agricultural producing county in the United States, Fresno County's food scene goes beyond the four walls of its incredible restaurants. Take a culinary adventure along the Fresno County Fruit Trail (it runs through mid-August) where you'll not only get to taste a variety of fresh fruits, but also meet the farmers who grow, pick and package them. Artisan food makers also sell their products at local farmers markets like the Old Town Clovis Farmers Market, Vineyard Farmers Market and River Park Farmers Market in Fresno.

With fresh produce grown minutes from where your plate is served, Fresno County's restaurants are the pinnacle of farm-to-fork dining. See how local chefs are putting their own spin on these fresh ingredients to make a delicious masterpiece. At Trelio Food & Wine in Clovis, taste delicious pastas using goat cheese from Rocky Oaks Goat Creamery in Sanger, and at Annesso's Pizzeria in Fresno, try the farm fresh pizza topped with sweet corn grown by Fresno State students.



*Photo by Hayley Salazar*

Become a real Fresno County Foodie by trying the best food trucks in California. Fresno County's food truck scene is unlike any other, and part of its culinary culture. You'll find trucks parked on street corners, offering everything from tacos and Philly cheesesteaks to barbecue and teppanyaki. Enjoy a unique meal with a glass of handcrafted beer in one of the local beer gardens in Clovis or underneath the bright lights of Fresno's Brewery District.





## NOTHING BEATS A FRESNO COUNTY SUNSET

Who says you need a beach for a breathtaking sunset? Fresno County is a beautiful backdrop for the most gorgeous sunsets. Enjoy a glass of locally produced wine on the patio of the St. Joaquin Wine Bar and listen to live jazz music as the sun settles behind the Downtown Fresno skyline. Catch an incredible view of the pink and orange sky reflecting onto Millerton Lake at sunset. Watch as the rolling granite hills turn into a beautiful shade of purple while driving out of Kings Canyon National Park at sunset. •



FIND MORE INFORMATION ON [VISTIFRESNOCOUNTY.ORG](http://VISTIFRESNOCOUNTY.ORG).





# BLAZE YOUR OWN TRAIL

HAVE A REAL CALIFORNIA EXPERIENCE IN FRESNO COUNTY.



KINGS CANYON NATIONAL PARK

FRESNO BREWERY DISTRICT



SHAVER LAKE



FORESTIERE  
UNDERGROUND  
GARDENS



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CELEBRATING THE VIBRANT ARTS,  
CULTURE, AND CULINARY SCENE IN  
**ANAHEIM**



Anaheim, the city known for its enchanting theme parks, is not only a haven for thrill-seekers but also a cultural and culinary destination that caters to a diverse range of interests. From museums and breweries to family-friendly attractions and culinary delights, Anaheim offers something for everyone, making it a must-visit city in Southern California.



**Muzeo**, a gem nestled in Anaheim's Center Street Promenade, is a free, family-friendly museum that acts as a bridge between the community and the city's rich heritage. With its creative programming and engaging exhibits, Muzeo showcases Anaheim's diverse culture and arts. Locals and visitors alike can look forward to new exhibits and events happening all summer long. This inclusive space fosters a sense of belonging and appreciation for the arts, making it an essential cultural hub.

Another prominent cultural institution, the **Orange County Museum of Art (OCMA)**, recently found its permanent home in the neighboring city of Costa Mesa. Designed by the renowned architect Thom Mayne, OCMA continues to champion the transformative power of art by offering ten years of free admission. With new exhibits arriving this summer, OCMA invites art enthusiasts to explore the captivating world of contemporary art and indulge in creative expressions.

For beer enthusiasts, Anaheim proudly holds the title of the craft beer capital of Orange County. With a staggering 20 award-winning breweries to choose from, beer lovers can savor the California sunshine with a cold, refreshing pint. Breweries like Brewhelm and Unsung Brewing Company offer unique flavors and experiences that exemplify the city's vibrant craft beer scene. Whether you're enjoying game day at **Golden Road or Brewery X** or expanding your horizons at The Craftsman with its diverse beer selection and mouthwatering menu, Anaheim's breweries are a testament to the city's commitment to culinary excellence.



Anaheim is not just for adults; it's a city that embraces family-friendly attractions as well. As part of the Walt Disney Company's 100th anniversary celebration, the **Disneyland Resort** offers special events, parades, and limited-time offerings throughout the year. Mickey's Toontown, an all-time favorite, reopened with interactive play areas and reimagined attractions, ensuring a magical experience for children and adults alike. Knott's Summer Nights adds to the excitement, offering a lively nighttime summer party filled with live music, games, and delectable summer eats. Families can also catch an Angels baseball game at Angel Stadium, experiencing the thrill of America's favorite pastime while enjoying special events and firework spectaculars.



If you're looking to cool off from the California heat, head to the **Adventure Lagoon**. With one of the largest aqua parks in the United States, this water paradise offers a variety of activities such as kayaking, paddleboarding, and water volleyball. The Adventure Lagoon is a perfect destination for water enthusiasts of all ages, promising endless fun and unforgettable memories.



*Photo © 2014, Sean Teegarden*



Anaheim's culinary scene is a testament to its cultural diversity and vibrant flavors. The **Anaheim Packing District**, once a Sunkist orange packing facility, has been transformed into a trendy food hall housing over 20 local eateries. From Cajun specialties at 206 BCE to soul food at Georgia's Kitchen and French pastries at Le Parfait Paris, the Anaheim Packing District offers an unparalleled culinary journey that caters to every palate.



Anaheim, with its thriving arts, culture, and culinary scene, has truly become a destination that captures the hearts of locals and visitors alike. Whether you're immersing yourself in the creative wonders of Muzeo and OCMA, exploring the city's breweries, enjoying family-friendly attractions, or indulging in the culinary delights of the Anaheim Packing District, this city has something for everyone.

Embrace the vibrant spirit of Anaheim and embark on a journey that will leave you with unforgettable memories and a deeper appreciation for the arts, culture, and flavors that make this city truly exceptional. •



**WELCOME TO**

# BATON ROUGE

When the sun begins to shine, it's family time! Baton Rouge is the perfect place for the whole family to hang, find some fun and explore some of Louisiana's most iconic attractions. Whether you're a family full of foodies or looking for another outdoor adventure, there's plenty to do in Baton Rouge.





## SOLOU

Baton Rouge is the perfect blend of Louisiana cuisines. It's a melting pot of freshness and flavors unlike anywhere else in the state – or the entire world for that matter. One of the best recent additions to the Baton Rouge food scene SoLou. Short for South Louisiana, this modern fusion restaurant brings modern takes to the table for dozens of South Louisiana favorites. From the crabmeat cheesecake to the tableside s'mores, you'll enjoy every last bite when you dine at SoLou.



*Photo by Marie Constantin*

## TIN ROOF BREWING

Tin Roof Brewing is a great place to beat the Summer heat with the whole family. Not only are they one of Baton Rouge's biggest (and oldest) craft breweries, but you can also count on finding food trucks and live music filling the lively green lawn every weekend. Cool down with a cold draft beer on the covered patio, or enjoy lawn games with the whole family. With fan favorites filling the taps and several seasonal beers on rotation, even the pickiest beer drinkers are sure to find something they'll love.



## THE LOUISIANA ART AND SCIENCE MUSEUM

Though its silhouette is a familiar part of the downtown skyline, the Louisiana Art and Science museum is an unassuming part of downtown Baton Rouge. Its facade is that of a historic railway station originally built in 1925. Inside of that iconic brick building, it sits between the Raising Cane's River Center and the Mighty Mississippi itself, and thus this hub of activity and creativity often goes overlooked. But it shouldn't be! With constantly rotating exhibits and experiences, excitement awaits in every trip – even for the most frequent visitors.



*Photo by Maggie Bowles*



*Photo by Jordan Heft Photography*



## THE BLUEBONNET SWAMP

Those not from Louisiana often picture the entire state as a cypress-filled swampland. While that's not entirely the truth, Baton Rouge is actually home to the Bluebonnet Swamp - smack dab in the middle of the city. Part of BREC's park system, the Bluebonnet Swamp has more than a mile of boardwalks and pathways weaving between the trunks of cypress and magnolia trees. This nature preserve is brimming with natural wildlife, and the property also boasts an award-winning live-animal exhibit inside the nature center. You wouldn't expect such a green, serene space just a stone's throw away from the Mall of Louisiana, but it's there that this beautiful property lies just waiting to be explored.

There are dozens more places to explore around the city of Baton Rouge, but half of the fun is finding them for yourself! Until you're able to get down here and experience them, head over to [www.visitbatonrouge.com](http://www.visitbatonrouge.com) and find even more stops to add to your Baton Rouge bucket list. •

An advertisement for a restaurant in Baton Rouge. The ad features a variety of dishes including salads, soups, and meats. The slogan "TASTING IS Believing" is prominently displayed in the center. At the bottom, it says "Sometimes it's hard to pick just one thing to order... Especially when the food's this unbelievably fresh and full of flavor. Come find your own favorite spot and get a taste of what Baton Rouge is all about at [visitbatonrouge.com/restaurants](http://visitbatonrouge.com/restaurants)". The logo "Visit BATON ROUGE" is at the bottom right.

**SEE OUR AD ON PAGE 2 OF THIS MAGAZINE!**



# ACADIA CAJUN HARVEST Country



Photo by Jamie Orillion

Acadia is the heartland of Acadiana and its celebrated Louisiana food, music, and culture. Enjoy historic museums and attractions showcasing everything from our musical and spiritual heritage to how food gets to your table! Take in farmland vistas with agriculture, aquaculture, and birding. Experience dining on food from farm (or pond) to table and sites along the Zydeco Cajun Prairie Scenic Byway. Come stroll historic main streets and shop for the perfect memento of your trip!



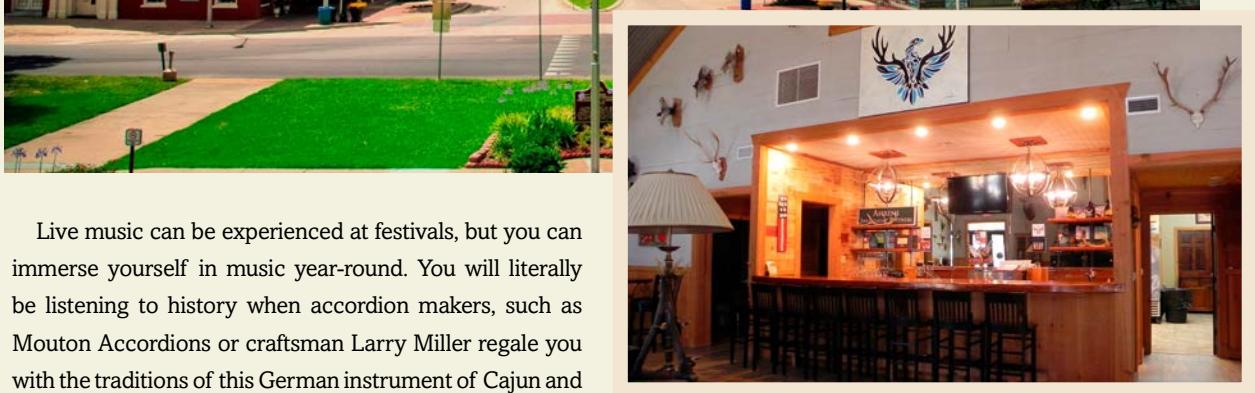
Photo by Jamie Orillion



Most known for rice production with the parish seat of Crowley proclaimed as the Rice Capital of the World, the area is also the #1 producer of crawfish in the state, so the staples of Cajun and Creole cuisine, like crawfish etouffee, seafood gumbo, and jambalaya are deliciously at home here. The area is also known for its German heritage, adding mouthwatering meats and sausages to the flavorful tapestry, with plenty of stops featured on the Specialty Meats & Cracklin Trail. Try all the flavors, from boudin to po-boys, some of the best purchased from gas station markets.

Food also tops the list at area festivals! Festival season kicks off with Courir de Mardi Gras, the traditional running of the Mardi Gras, featuring costumed riders on foot, horseback, and float, chasing chickens and begging for ingredients along the way for a communal gumbo at the end of the

route gathering. Spring features music festivals, like Cajun Woodstock, along with the Rayne Frog Festival where you'll have a "hoppin" good time! Germanfest in October features authentic German food and a large selection of German beer on tap, along with folklore demonstrations. And the International Rice Festival held the third weekend of October, holds up its title as one of the largest and oldest agricultural festivals in the state.



Live music can be experienced at festivals, but you can immerse yourself in music year-round. You will literally be listening to history when accordion makers, such as Mouton Accordions or craftsman Larry Miller regale you with the traditions of this German instrument of Cajun and Zydeco music fame. You can continue your celebration of music history with a tour of the J.D. Miller Recording Studio the oldest recording studio in continuous existence in the state of Louisiana, best known for its Country, Cajun, Zydeco, and Swamp Pop releases. Music history meets today when you take in a show at the Grand Opera House of the South, one of the only two-story opera houses still in use today, or the glorious, art deco Historic Rice Theatre.



*Photo by Jamie Orlion*

See historic sites throughout the area, such as Le Vieux Presbytère in Church Point. Built in 1887, it's one of the last structures in southern Louisiana to use the folk craft of mud wall construction known as bousillage. There are so many historic churches and cemeteries in the area, including the gravesite of Proposed Cajun Saint Charlene Richard, we created the Faith Trail to make exploring easy. Tour Crowley's Historic District with Victorian beauty and more than 200 breathtaking structures listed on the National Register of Historic Places. Check out the historic Ford Motor Company building that is now City Hall and the Rice Interpretive Center. In addition to the center in Crowley, area agricultural tours allow you to find out more about foodways, such as Kelly's Landing Agricultural Museum and D & G Frey Crawfish.

And, when you are done for the day, find name-brand hotels and charming bed & breakfasts, such as Maison Daboval in Rayne, or head out to Crying Eagle Lodging Company in Basile for a wilderness resort with luxury lodges.

**Come enjoy the rich bounty of Acadia – Cajun Harvest Country. [AcadiaTourism.com](http://AcadiaTourism.com) •**



Cajun culture  
served daily



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# Discover THE PEACEFUL BEAUTY OF **DESOTO** PARISH

Nestled on the northwest border of Louisiana, DeSoto Parish beckons travelers with its rural landscapes and rich history. From the charming villages to the flowing waters of the Sabine River. This hidden gem offers a diverse range of experiences that will captivate any visitor. If you're an outdoor enthusiast, a history buff, a food lover, or simply seeking a peaceful escape, DeSoto Parish has an adventure for everyone.





Photo by Tim Mueller Photography



Photo by Tim Mueller Photography

## A HIDDEN GEM FOR ADVENTURE AND TRANQUILITY.

**B**egin your journey in Logansport, a quaint town that embodies the essence of Southern charm, sitting on the banks of the Sabine River that separates Louisiana from Texas. Stroll through the downtown area with historic buildings, where time seems to stand still. As the sun sets over the Sabine River, indulge in the flavors of the South at one of Logansport's dining establishments, Big Zachs with fresh seafood and steaks served with your favorite beverage. Innovative menus will surely tantalize your buds with the rich and spicy flavors. Rosemary's and Crawfish Shack are also within the area, along with plenty of fresh catfish and crawfish in-season to downhome Southern cooking, amazing BBQ, and sweet desserts. Traveling through the parish to visit other communities is a foodie adventure with small, family-owned restaurants and gas station delis each serving grandma's recipes. Sunrise Cookies in the northern part of the parish bakes fresh bread daily with jalapeno and cheese, one of the local favorites served with homemade chicken salad. Dine in or take out with a dozen homemade cookies. They specialize in the Mardi Gras King Cakes that are sold or shipped during the holiday or the mini-Mardi Gras cakes available year around. Do not miss the local winery, Kickapoo Twist Vineyard & Winery, featuring tastings of their local selections, jellies, and jams. Call ahead for tours & charcuterie boards.



*Photo by Tim Mueller Photography*



For nature enthusiasts, the Sabine River is a quiet paradise except during the Sand Bass spawning season, usually in the early spring. You'll find generations of families lined up on the banks or in boats to experience the excitement of catching this classic as fast as you can throw your line in the water. The riverbank offers the perfect setting for a picnic or relaxing hike, allowing you to reconnect with nature and soak in the serenity that surrounds you. If you're a seasoned angler or a casual observer, the Sabine River and Toledo Bend Lake promise an unforgettable experience.

DeSoto Parish is also host to various vibrant festivals that celebrate the region's unique heritage. Join the locals in lively festivities filled with music, dance, mouthwatering foods, and most likely fireworks. Scattered throughout the year with festivals that honor Louisiana and local history like Mardi Gras, the civil war Battle of Pleasant Hill Reenactment and Festival, River City Fest, Juneteenth, Balloons Over DeSoto, and Logansport's Festival of Lights along with hometown holiday parades in each community.

To truly appreciate the rich history of DeSoto Parish, embark on a journey through the scenic back roads and highways, including the Louisiana Toledo Bend Scenic Byway. This historic route meanders along the beauty of the Toledo Bend Scenic Byway. You'll find glimpses of the past at every bend in the byway and every community with civil war cemeteries, beautiful historic churches, and a rich tapestry of DeSoto Parish's past.

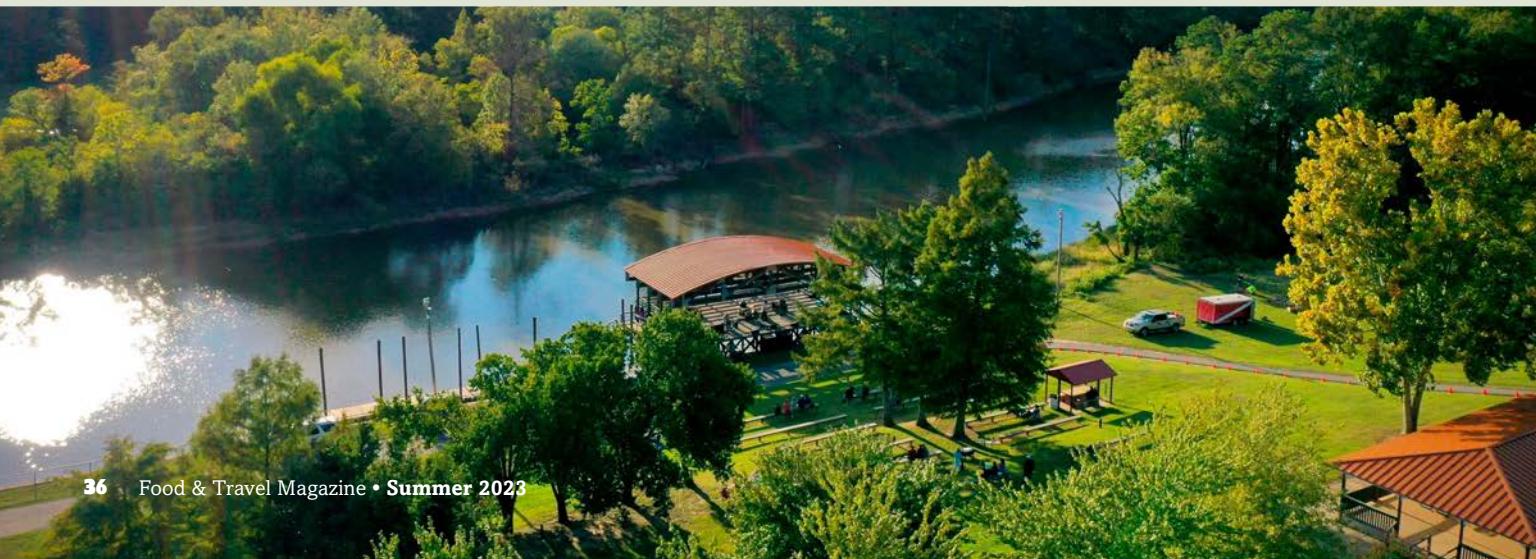
**As you plan your next adventure or getaway remember the people in each community will add to your adventure. Consider DeSoto Parish and discover this hidden gem that offers a unique experience for every traveler. Come and discover the forgotten charms of DeSoto Parish. •**



*Photo by Tim Mueller Photography*



*Photo by Tim Mueller Photography*



WINERY • BAKERIES • LUNCH SPOTS • FANTASTIC GAS STATION EATS • HISTORIC SITES

# Eat, Drink, and Getaway.



Discover B&Bs, a winery and bakeries, along with a variety of cafés and restaurants. Check out gift shops and clothing boutiques. Explore historic sites, take scenic drives and get some of the best gas station eats around! Check out itineraries on our site and plan your trip now. Just 30 miles south of Shreveport.

[DiscoverDeSoto.com](http://DiscoverDeSoto.com)



DeSoto Parish Tourism Commission  
115 N Washington Avenue • Mansfield, LA 71052 • (318) 872-1177



# TREAT YOURSELF TO RIDGELAND MISSISSIPPI

NESTLED IN CENTRAL MISSISSIPPI IS THE VIBRANT BOUTIQUE  
DESTINATION OF RIDGELAND, MISSISSIPPI.

Located on the historic Natchez Trace Parkway and just north of the state capitol of Jackson, Ridgeland is for the active traveler who desires outdoor recreational opportunities mixed with upscale shopping and dining experiences. With over 150 restaurants, this charming city is bursting with flavor and ambiance. Together, great food and unrivaled hospitality are the ingredients that make Ridgeland a southeastern traveler's favorite wellness retreat.

For the outdoor enthusiasts, Ridgeland is a premier cycling destination for serious athletes and casual peddlers alike. Ridgeland has even been recognized as a Bronze Level Bicycle Community by the League of American Cyclists - one of only 144 cities in the U.S. to hold this honor. Cycling trails like the Chisa Foka Multi-Use Trail, competitive and leisure special events, extreme BMX cycling, and mountain biking trails attribute to this "bike-friendly" community.





The fun doesn't end on two wheels: Take the 33,000 acres of nature's delights of the Barnett Reservoir, offering up to 105 miles of splendid shoreline. Locally known as the Rez, the lake is a great place for sailing, boating, water skiing, kayaking, paddle boarding, fishing, picnicking, and bird watching. Look to outfitters like Pearl River Kayaks or Main Harbor Marina for rental kayaks, pontoon boats and jet skis available to beat the heat all summer long. The Rez is bordered in Ridgeland by the Natchez Trace Parkway, America's premier historic and scenic roadway where hikers, explorers, and cyclists wind through scenic, wooded trails.



Explore Ridgeland's artistic community by first visiting the Bill Waller Craft Center, just off the Natchez Trace Parkway, where the fine arts and crafts of over 400 leading Mississippi and Southeast artisans are showcased. The onsite galleries exhibit works of all kinds available for purchase, from glass, handcrafted jewelry, quilts, baskets, and wood-turned goods. Continue an art itinerary at Ridgeland's Jackson Street district, home to the contemporary fine art gallery Fischer Galleries and The Mustard Seed, where local adults with developmental disabilities display and sell colorful and inspiring gifts and home goods.

Those looking for rest and relaxation, treat yourself with the finest shopping in Mississippi; There's plenty to see in the state's premier retail hub. A wealth of independently owned boutiques, galleries, spas, recreational and antique shops are located from one end of the city to the other. Stroll the streets of the Old World-style Renaissance at Colony Park, the New Urbanist Township at Colony Park, the recently redeveloped Northpark mall. Book services catered to you at Drench Day Spa or Aqua the Day Spa. Enjoy the southern sunshine and fresh air while you shop for home and garden at specialty shops Martinson's Garden Works or Boxwood Shoppe.



Delectable dishes await around each corner of this dining destination. Chef Derek Emerson, a James Beard Award semi-finalist for Best Chef in the South, serves his take on fresh local and regional ingredients at Local 463 Urban Kitchen and CAET, both of which are located in the Renaissance at Colony Park outdoor shopping plaza. In the "Steakhouse Capital of Mississippi," savor mouth-watering cuts at Ely's, MM Shapley's, and Koestler Prime, only a few of the locally owned steakhouses in the city. Dine on the shores of the Barnett Reservoir at Cock of the Walk (for the best fried

catfish) or Pelican Cove Grill, the lively local hangout for live music on the covered deck. There's the classic French bistro Anjou Restaurant led by father-daughter duo Chef Christian Amelot and Anne Amelot-Holmes. Choose from Greek, fine-fusion, or specialty dessert spots to complete a customized tasting tour of Ridgeland.

Enhance your visit by planning to attend an annual event such as Pepsi Pops or the Celebrate America Balloon Glow. Kids will love to explore Ridgeland's outdoor scene and nearby state museums in downtown Jackson, and there's no better time to finish back to school shopping than Mississippi's Tax-Free Holiday Weekend in the late summer. **Spend some summertime in Ridgeland, where no matter your flavor of fun, a wellness getaway is ready and waiting to rejuvenate. •**

# GET A TASTE OF RIDGELAND



Along the shores of the Barnett Reservoir and off the historic Natchez Trace Parkway lies the vibrant small city of Ridgeland, Mississippi. Choose from 150+ restaurants, 17 hotels, 45 miles of trails and an array of shopping.

Make your reservations at  
[www.visitridgeland.com](http://www.visitridgeland.com)

 RIDGELAND  
MISSISSIPPI

# EXPLORE CARTER COUNTY *Tennessee*

If you're looking to beat the summer heat but also want to enjoy the outdoors then the mountains of Carter County, Tennessee are where it's at. With hundreds of miles of trails at high elevation or leading to a shady swimming spot, two rivers and a pristine lake surrounded by national forestland, there's no better place to get outside during the summer.

**R**oan Mountain State Park makes an excellent base camp with over thirty cabins available for rent and tent and RV camping as well. A short drive up the mountain from the park the Appalachian Trail crosses the highway at Carvers Gap. From the parking lot here you can hike north across the famed Roan Balds, one of the most beautiful sections of the AT or you can hike south where you'll cross through dense spruce-fir forest and pass by the Roan High Knob shelter, the highest elevation shelter along the AT.

**Pro tip:** After a long day hiking in the mountains the wood fired pizza at Smoky Mountain Bakers is the perfect food to fill your belly.

Watauga Lake is another great spot to cool off by renting a boat at one of the marinas or a kayak or paddleboard to explore along the wooded shoreline. If you want to admire the lake but stay on land, the Appalachian Trail winds along the edge of the lake from its southernmost point and crosses the Watauga Dam. This six mile out and back hike provides sneak peeks of the lake through the trees along the way with a great view across the water from the top of the dam.

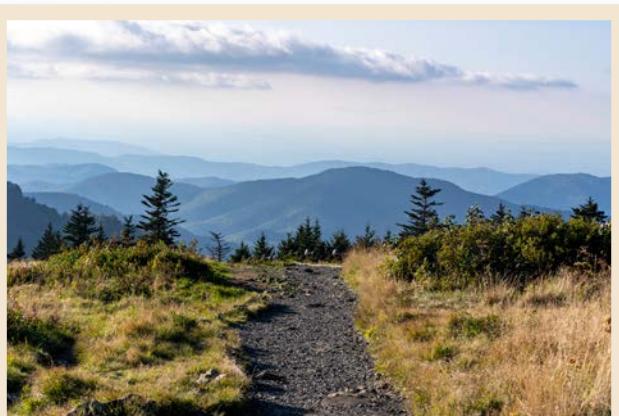


Photo by Seth Hice



Trout fishing is one of the most popular outdoor activities in Carter County with the Watauga River and its trophy section getting most of the glory. The Doe River also provides ample opportunity for anglers with the Doe River Fishing Trail providing public access points to over eight miles of the Doe River as well as access in Roan Mountain State Park.

Other great summer hikes include taking the Appalachian Trail to Laurel Falls, a spectacular 40' tall and 50' wide waterfall accessible by either a 2.5 miles round trip hike from the Dennis Cove trailhead or a 5.5 mile round trip hike from the Laurel Falls trailhead along Highway 321. Or for a less strenuous hike visit Blue Hole Falls which is less than a half mile round trip to see this smaller but no less beautiful triple waterfall.

The Tweetsie Trail is a ten mile long crushed gravel rail-trail running from Johnson City to Elizabethton. It's perfect for cyclists of all ages, and bike rentals are available at Pedals on Rails in Elizabethton. And for mountain bikers the Hampton Watershed trail system features 6 miles of trail ranging from easy to advanced.

After your adventures are done for the day, downtown Elizabethton provides a welcome place to relax in the evening. You'll find lots of small town charm, a covered bridge built in 1882 and plenty of places to eat and shop. Appalachian Sun Brewery and Riverside Taphouse provide great locations to relax with local brews at the end of a long day and you can often find live music on the weekends in Covered Bridge Park or restaurants or one of the watering holes downtown.

**Visit [tourcartercounty.com](http://tourcartercounty.com) to learn more and start planning your next adventure! •**



*Explore* • - - -

# CARTER COUNTY

× TENNESSEE ×

ELIZABETHTON • ROAN MOUNTAIN • WATAUGA LAKE



An experience full of natural beauty,  
outdoor adventure, history, and more.



**PLAN YOUR VISIT AT  
TOURCARTERCOUNTY.COM**



# Taste of DALTON



Dalton, Georgia is easily accessible, sitting along I-75, just 90 miles north of Atlanta and 30 miles south of Chattanooga, TN. Outdoor lovers may have trouble leaving our community. There is no shortage of incredible biking and hiking trails, places to kayak, disc golf courses, pickleball courts, and so much more. Summer is our favorite and a visit to Dalton will be unforgettable!

Dalton may not be the first place that comes to mind when you think of food destinations, but this charming southern town has a surprisingly diverse and delicious food scene. From classic southern comfort food to international cuisine, there's something for everyone in Dalton.

For a taste of traditional southern food, head to The Filling Station. This popular restaurant is known for its mouthwatering fried chicken, mac and cheese, and creamed corn. It sits on the railroad tracks and once served as a gas station, hence the name. You'll want to go by earlier in the day because they close after lunch.

If you're in the mood for something a bit more upscale, check out Cyra's. This elegant restaurant serves up farm-to-table fare made with locally sourced ingredients. The menu changes seasonally, so you can always expect something new and exciting.

Look no further than D Food for a variety of flavors and cuisine. This eatery serves up authentic Mexican dishes like birria tacos or loaded nachos.

They also have an amazing flavorful lemon peppercorn basket. If you're a fan of pizza, be sure to check out Cherokee Pizza and Brewery. This casual restaurant has a "Brew-cade" full of classic arcade games that will delight both the young and older crowd. The pizza is crispy and delicious, with plenty of one-of-the-kind options to try.

If craft beers are your thing, also check out Dalton Brewery on King Street. It is a popular craft brewery known for its exceptional selection of beers. They offer a wide range of styles, from hop-forward IPAs to rich stouts and refreshing lagers. With a welcoming and laid-back atmosphere, Dalton Brewing is a great place to relax, socialize, and enjoy quality craft beer in the heart of Dalton.

In addition to its diverse food scene, Dalton, Georgia is also known for its vibrant music scene. The Off the Rails concert series is one of the town's most



popular music events. This annual concert series takes place every summer and features a lineup of talented musicians from a variety of genres.

The concerts are held at Dalton's Burr Performing Arts Park, which provides a unique setting for the performances. The venue is downtown nestled among the restaurants and shops lining Hamilton Street. There's something for everyone

at these concerts, whether you're a die-hard music fan or just looking for a fun night out with friends and family.

Overall, the Off the Rails concert series is just one example of the many cultural events that make Dalton, Georgia such a special place. From its delicious food scene to its vibrant music scene, this town has something to offer everyone who visits.

## A Taste of Dalton...



**Dalton right!** Convention & Visitors Bureau [For Info, Go to VisitDaltonGA.com](http://VisitDaltonGA.com)



# RIDE Through HISTORY

*Written by Natalia Williams*

**G**oing back in time is not something science has achieved yet but if you drive south and stop in Tunnel Hill, Georgia, you may find an experience that is very close. Take a ride through history at the Tunnel Hill Heritage Center. The historic Western & Atlantic Railroad tunnel tells the story of human ingenuity, war, and the spirit of progress. Located just a short drive from the heart of Dalton, Georgia, this is a destination that sits along famous Highway 41 or also called “Peacock Alley”.

Explore a true engineering marvel: the Western & Atlantic Railroad Tunnel. Completed in 1850, it was the first major railroad tunnel in the South and the first through the Appalachian Mountains. Take the guided tour to see original drill marks made during the construction of the tunnel and



see where the Civil War’s “Great Locomotive Chase” came through in 1862. This will be a stop off the highway that is unforgettable.

Leaving with new knowledge of Dalton’s local history, you may want to explore Rocky Face Ridge to learn more about our Civil War history or perhaps spend time kayaking around Haig Mill Park. Work up an appetite and follow the path towards Downtown Dalton and experience our local unique dining experiences. Dalton is known as the “Flooring Capital of the World” but spend time here and discover there is much more to our community. Our history will floor you!

# Taste of Dalton!

In the Flooring Capital, you will find a hunger for adventure and a taste for design!



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EF EF Contract

[VisitDaltonGA.com](http://VisitDaltonGA.com)

Pictured from left to right:



Casey Carpenter  
Owner



Haley Smith  
Spinning Room Manager



AK Demirhat  
Co-Owner



TJ Kaikobad  
Owner



Michelle Bennett  
Chef



Marissa Ramirez  
Owner



Deanna Mathis  
Co-Owner



# YOUR HAPPY PLACE



BEECH  
MOUNTAIN  
NORTH CAROLINA



### *What makes you happy?*

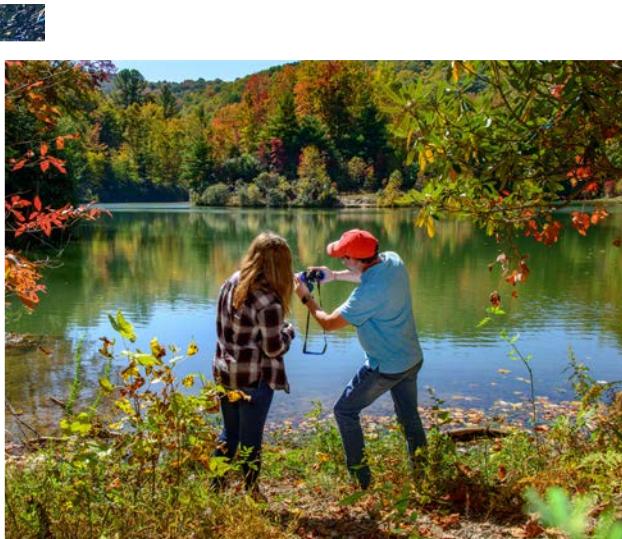
**M**aybe it's wandering along a mountain path, breathing in clean, fresh air and letting warm sunshine and cool breezes comfort your body and soul. Maybe it's reveling in magnificent long-range views, across mountain ranges far below your mile-high perch or savoring the tranquility of a wooded walk along a crystal-clear trout stream. Maybe it's taking your dog with you on vacation to a pet-friendly town where lodging, dining and outdoor activities for pet-loving families abound.

A fall escape to Beech Mountain is the perfect way to unwind and enjoy abundant natural beauty at a 5506' elevation. In eastern America's highest town, you'll relish the little things - the gentle feel of a mountain breeze, the sound of wildlife rustling through the brush, the cool splash of babbling brooks. Marvel at the vibrant colors of the season. Spend a lazy afternoon on the calm waters of Buckeye Lake; canoes and kayaks are available at no charge at the Buckeye Recreation Center.

### *Is your happiness found outdoors?*

Over twenty-seven miles of hiking and mountain biking trails await you on Beech Mountain. Ranging from 5,500 feet to 3,500 feet in elevation, the trails are strategically placed around town to take advantage of the various micro-climates found on the mountain. Around the lower end of town, the Buckeye Recreation Area is part of the North Carolina Birding Trail. Walks in this area are particularly abundant in bird sightings, with more than 127 species found around the lake and nearby streams. Deer are also abundant, and bear sightings are not uncommon.

Mid-way up the mountain, a second, smaller lake, acts as a hub for more trails, which follow Pond Creek. Home to native brook trout, excellent fishing is found in this area. Pond Creek is designated catch-and-release, single-hook artificial lure only, and is sure to provide a great day's fishing for the most discerning angler.



## *Is a happy belly the key?*

Foodies visiting Beech Mountain, choose from locally owned restaurants sure to suit any palette, from delicious Italian fare to authentic Mexican food, to American classic dishes. Most of Beech Mountain's restaurants include outdoor and indoor seating, live music on designated days, extensive menus that cater to even the pickiest of eaters, quick service and unbeatable ambiance shared amongst locals and visitors.

## *Is home your happy place?*

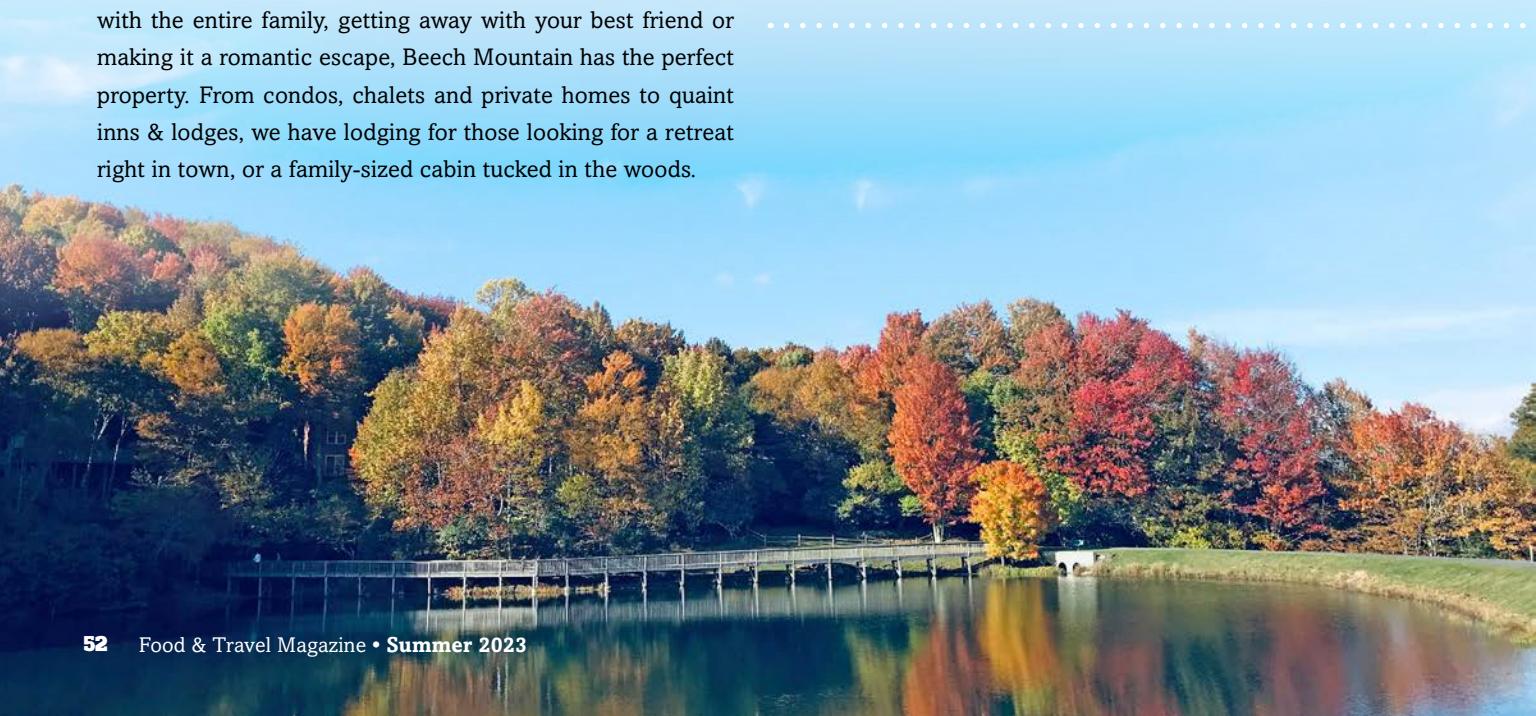
No mountain escape is complete without an ideal retreat. A place to relax. A place to enjoy a beautiful, multi-colored mountain sunset or a cozy night by a roaring fire. A place to call your home away from home. Whether you're visiting with the entire family, getting away with your best friend or making it a romantic escape, Beech Mountain has the perfect property. From condos, chalets and private homes to quaint inns & lodges, we have lodging for those looking for a retreat right in town, or a family-sized cabin tucked in the woods.

## *Are you happiest exploring?*

Check into one of Beech Mountain's many overnight accommodations to serve as your home base. After you've explored the many outdoor activities that Beech has to offer, branch out. Follow the Avery County Quilt Trail or the Hi-Lo Adventure Trail on day trips to experience the beauty and culture of the High Country.

## **A GETAWAY THAT WILL MAKE YOU AND YOUR WALLET HAPPY.**

Beech Mountain is one of the most affordable destinations in North Carolina, with shops, restaurants, hiking and biking trails and activities right in town to keep you smiling for a day, a week or longer. Call 828-387-9283 or visit [beechmtn.com](http://beechmtn.com) for more information. •





For the bikers... For the hikers...  
For the skiers and snowboarders...  
For the lovebirds and bird lovers...  
For families... For friends...  
For singles, ready to mingle...  
For seniors... For juniors...  
For the fishing fanatics and  
the big thrill seekers...  
For the chill by the fire crowd...  
For the honeymooners...  
For the nature lovers...  
For you. Beech Mountain.



*Something for everyone all year-round*



**BEECH**  
**MOUNTAIN**  
NORTH CAROLINA  
[beechmtn.com](http://beechmtn.com)

# JUST ADD WATER

*Written by Drew Hudgins*

TEAM   
**KENTUCKY**

Cadiz, a small western Kentucky town about a 90-minute drive from Nashville, didn't always look the way it does today. Had satellite maps been around before 1960, even many of the home-grown natives would find it hard to recognize their own home turf. That's because Lake Barkley is a prime example of how "just adding water" can transform a landscape and bring to a rural region benefits such as power generation and recreation.



**GoCADIZ**.com

**B**efore families could enjoy the bonding experience of drifting atop a pontoon all day, and before anglers could brag about their day's catch of crappie and bass, the Cumberland River first needed to be shaped with the construction of Barkley Dam. Prior to World War II, the rural towns in the region were too acquainted with area flooding, which regularly caused damage to businesses, crops and homes. Fortunately today, Trigg County, the home of Lake Barkley, is known as a hub for lake life and outdoor activities.

At its core, Lake Barkley is a man-made reservoir made possible by the construction of Barkley Dam. The dam was built as part of a larger hydroelectric project in the Tennessee River Valley, constructed to harness the power of



the river to generate electricity. The combination of the dam and water from the Cumberland River filling the massive pit excavated in the earth, Lake Barkley was born. Today, the lake spans over 57,000 acres and has over 1,000 miles of shoreline, making it a beloved destination for boating, fishing, swimming and a popular camping destination too. But Lake Barkley isn't just a playground for outdoor enthusiasts.

Lake Barkley is like a big playground for all kinds of plants and animals to live and thrive. There are many different types of creatures and greenery that call the lake and surrounding area their home. The lake and the adjacent Land Between the Lakes National Recreation Area (often referred to as “LBL”) provide habitats for numerous species of fish and wildlife. Photo enthusiasts love the region for its rich opportunities for birdwatching and wildlife photography. However, everyone can get a taste of experiencing wildlife in two particular attractions—LBL’s Elk and Bison Prairie and the Nature Station. While adventurers drive through the 3.5 mile loop to see wild elk and bison or experience up-close, the various native birds, snakes and wildlife at the Nature Station, some also venture to the more modestly sized Hematite Lake.

Hematite Lake is especially a gem for families with younger explorers who love hiking the 2.2 mile trail surrounding the lake. Those interested in a bit more rigorous trek can choose some of the trails that venture farther from the lake’s shoreline. Fishers can cast their lines from either a boat or the shore and catch bass, bluegill, or crappie. The lake is stocked regularly with fish, making it especially a great place for the novice angler. And boating is welcomed, so long as its the non-motorized kinds, such as kayaking, canoeing, and rowing.



And the well-informed kayakers and canoers enjoy riding the waters of a tributary that empties into Lake Barkley—Little River. This small river is known for its calm and clear waters and the winding scenic ride. Along the route, water-goers report spotting eagle’s nests, numerous rock bluffs, and dozens of caves between the upstream community of Hopkinsville and the Rt. 272 bridge.

**From power generation to outdoor recreation and ecological conservation, just adding the waters of Lake Barkley has enriched the lives of many in this western Kentucky region. The next time you’re looking to “just add water” to your weekend plans, consider exploring the beauty and adventure of Lake Barkley and Land Between the Lakes. •**





# GOCADIZ.COM

SEE OUR AD ON THE BACK COVER OF THIS MAGAZINE!

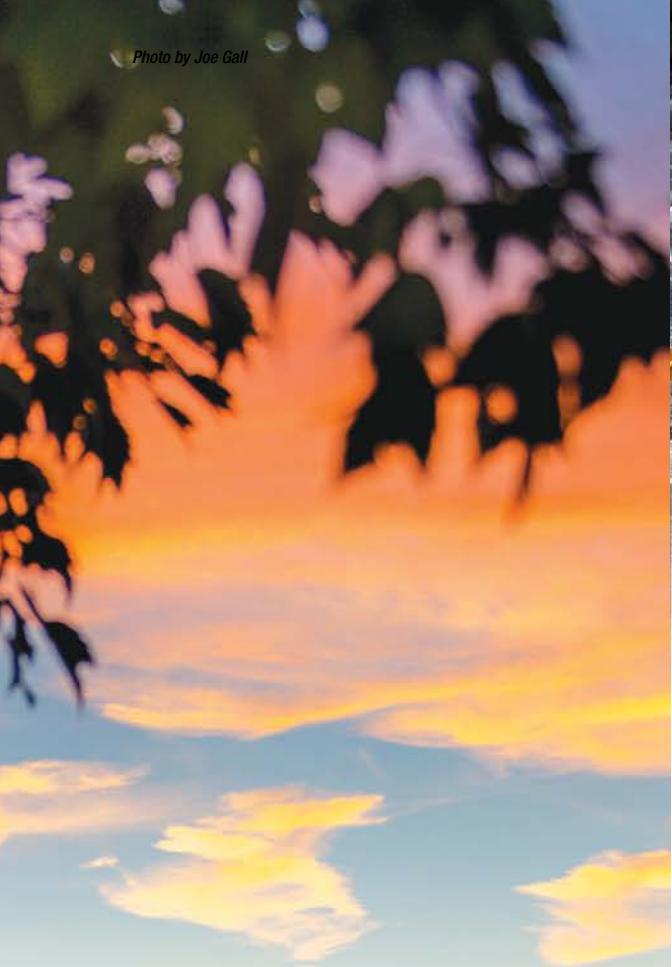


# GO EXPLORE

NEW YORK'S

SULLIVAN  
**CATSKILLS**

90 MILES FROM NYC



**Bethelwoods Center  
for the Arts**

*Photo by Kevin Ferguson*



If you like summer wet and wild; relaxing and refreshing; hot and hip; cool and comfortable, and filled with plenty of wining and dining, it's time to go to the Sullivan Catskills.

Roll down the Delaware River in a raft, tube, or canoe from one of a half-dozen liveries. Take a journey through scenic splendor and foamy rapids. American dry-fly fishing was born here. Cast about in the Neversink or Delaware rivers. Or try the Beaverkill or Willowemoc Creek. You can walk or train an alpaca at Buck Brook Alpacas and buy cozy apparel. Or try yoga in the field where the Alpacas graze. If it's raining, swim (and dine) at the Kartrite Resort and Indoor Waterpark Resort—New York's biggest.

Get out on the trails. The Sullivan O&W Rail Trail follows the route that brought visitors here for almost 90 years. The Hurleyville segment is ADA-compliant. The D&H Canal Linear Park parallels the route that once transported regional coal and other products toward New York City. Up for something a little more challenging? The Tusten Mountain Trail is a moderate 2.9-mile loop that you and your leashed four-legged friend will like.

There is plenty of song and dance here. The 76-year-old Forestburgh Playhouse season includes Jersey Boys, Misery, and seven other productions, plus their new In the Works, in the Woods Festival. Break out your tie-dye and visit Bethel Woods Center for the Arts at the 1969 Woodstock Music and Arts Festival site. Take a virtual reality tour and learn about the '60s in the Museum. Then see The Chicks, Goo Goo Dolls, or Zac Brown in the Pavilion. On August 19-20, a new music festival debuts on the historic field. The Catbird Festival will feature local eats, craft beer, your favorite folk, indie, Americana artists, and jam bands.

Hungry? Foster Supply Hospitality is a "2023 James Beard Foundation's Restaurant and Chef Awards Semi-Finalist for Outstanding Restaurateur." Their five restaurants feature everything from a 12-course tasting menu to pop-ups in a historic inn's two-lane, hand-set bowling alley. The Cochection Pump House is one of the hottest new venues. This restaurant and event space was built in 1881 and re-established in 2021 as an open-air venue and offers an Asian street food-inspired menu for the 2023 summer season. You're lucky if you're heading to the gaming tables



Foster Supply  
Photo by Lawrence Braun



Forestburgh Playhouse  
Photo by Jerry Cohen

at Resorts World Catskills because the world-famous Monster golf course is reopening in August, and you can celebrate that Condor at Scott Conant's Cellai. Famous for aged, 100% Certified Black Angus steaks, Cellai is equally renowned for a vibrant, relaxed atmosphere and warm, generous hospitality. Chef Jaime Stankevicius (who worked under the prestigious chef Jean-Georges) at the Neversink General Store creates culinary delights inspired by the land's bounty. Named for the ecological marvel where it is located, Bashakill Vineyards is a wine-lovers paradise. Watch the eagles and sip a Black Bear. Smell the pines and sample a Wood Duck. Samara learned to cook in Italy. Try her Truffle Cheese and Mushrooms.



**Scott Conant's Cellaio**  
Photo by Ken Goodman





When you keep bees and distill spirits, you open Catskills Provisions and serve spirits with honey. Try the smokey 100% proof Bonfire Rye. The food at the Tasting Room here is sourced locally. Do Good Spirits in Roscoe and Rock Valley Spirits offer unique vodka, gin, bourbon, and whiskey. Do Good also has food, music, and merch to take home. Seminary Hill Cidery in Callicoon has been called “James Fenimore’s America with a dash of Tuscany.” The ciders are first-rate, and the Sourdough Bread with Cultured Butter and Whipped Chicken Fat is to die for. Beer lovers: the Good Taste Craft Beverage Trail is packed with breweries: 17 West, Bridge & Tunnel, Callicoon, Catskill, Roscoe, Russian Mule, Shrewd Fox and Upward.

**All that outdoor fun, eating, and drinking will leave you wanting a good night's sleep. Rest in a resort, curl up in a campground, meditate, and get your beauty sleep in a boutique inn. There's a bed for every head, taste, and budget. Sleep well! When you visit, download the Sullivan Catskills Go app— a valuable tool to guide you to the fun. •**



Bashakill Vineyards





SULLIVAN  
CATSKILLS

# Goindulge!



It's summertime in our Sullivan Catskills—time for food and drink, song and dance, love and laughter.

Roll down the river. See an outdoor concert. Applaud a play. Fish in world-famous waters. Dine riverside or lakeside. Sip your way through the award-winning Good Taste Craft Beverage Trail. Shop our charming hamlets and embrace our low-key country vibe and street festivals. **Book a sleepover, now!**

## HOME OF:

- **Bethel Woods Center for the Arts** at the site of the 1969 Woodstock Festival
- **Foster Supply Hospitality**, 2023 James Beard Foundation Semi-Finalist for Outstanding Restaurateur
- **NYS Oldest Continuously Operating Summer Theater**
- Birthplace of **American Dry-Fly Fishing**

JULY 23  
**RIVERFEST**  
Narrowsburg, NY

AUGUST 13  
**THE BAGEL FESTIVAL & CATSKILLS REVIBE MURAL FEST**  
Broadway in Monticello

AUGUST 15-27  
**JERSEY BOYS**  
Forestburgh Playhouse

AUGUST 19 & 20  
**CATBIRD FESTIVAL**  
Bethel Woods Center for the Arts



[SullivanCatskills.com](http://SullivanCatskills.com)

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# Visit CONCORD

A MUST-SEE FOR EVERYONE  
INTERESTED IN HISTORIC AMERICA

The town of Concord, Massachusetts sits within the state's Greater Merrimack Valley, a swath of inviting cities and towns just outside Boston. Easy to reach and fun to explore, your visit to Concord can take you to some of early America's most important sites and homesteads. Concord retains much of its pastoral origins, and the food here is fresh, natural, and delicious.



*Photo by Edward Feather*

## THE PAST HAS PRESENCE HERE

Thanks to centuries-long efforts of loving preservation you can stand where the American Revolutionary War's first battle was fought. You can experience Life in the Woods first hand when you see where Henry David Thoreau's cabin stood when he lived on his own and penned the classic *Walden*. His colleague, orator and writer, Ralph Waldo Emerson lived here, too. Emerson's preserved home is open to visitors as a public museum. And if you are a fan of the classic book *Little Women* and its author, Louisa May Alcott, her Orchard House is preserved and waiting for you to come by. A visit to the Robbins House will reveal the ways in which the first generations of free Concord African Americans pursued independence and contributed to the antislavery movement and abolitionist causes. In 2010, the house was saved from demolition, moved here, and restored. Today, the Robbins House embodies the determination of Caesar Robbins and his family to support themselves on the land and to shape their own destinies as free men and women—and serves to inspire conversations about race and social justice issues.

*Photo by Edward Feather*

## GREAT TRADITIONS IN NATURAL FOODS

Touring Concord raises one's appetite. In fact, the town's food history is longer than its American history. The area that became Concord, with its fertile soil, forests and rivers has supported its changing residents for thousands of years. Town dining has been farm-to-table for Native Americans, settlers, and colonists. In the 1800s, Concord held cattle shows and agricultural exhibits. You've heard of Concord grapes. The hearty bunches were developed here by Ephraim Bull on a farm next to the Alcott family. Today, the town still offers farm stands and restaurants for fresh produce and great eating.



## WHEN YOU'RE HUNGRY

Here are some of the many, reliably good Concord dining places to try:

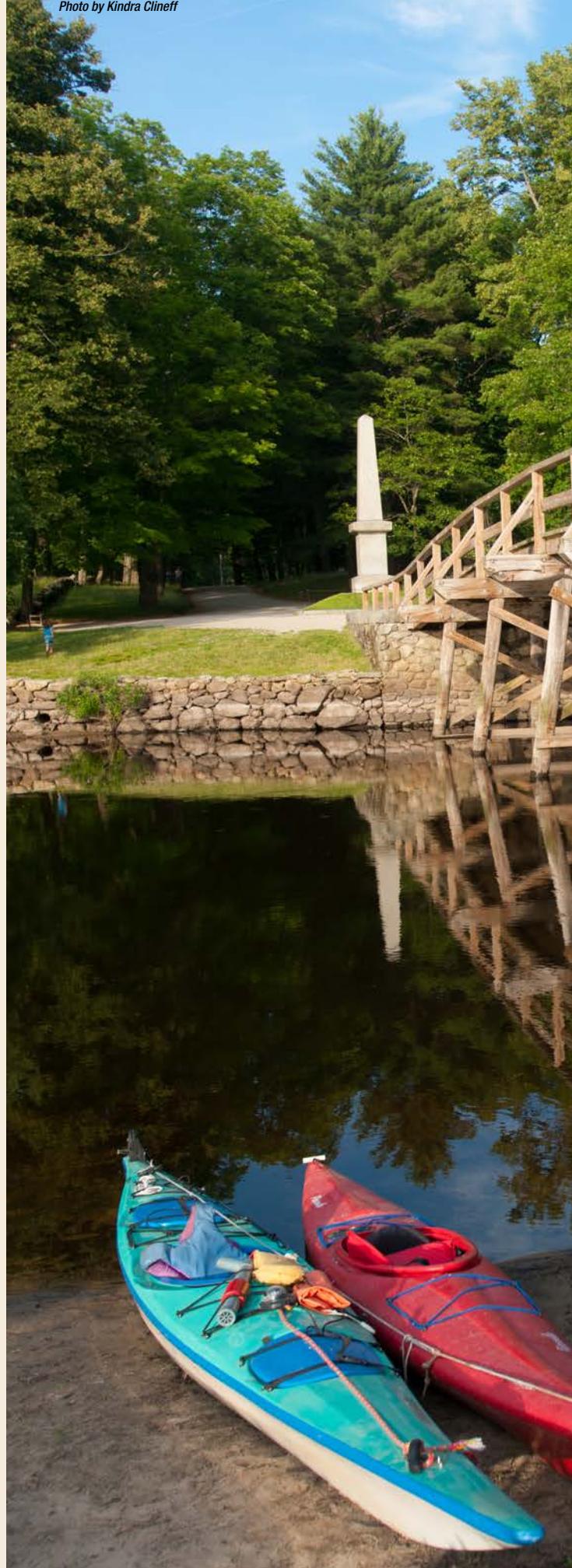
**The Saltbox Kitchen.** This farm-to-table restaurant offers seasonal menus featuring fresh ingredients from the Saltbox Farm. It's home to Concord's only craft brewery. Try their famous farmhouse ale, an oatmeal stout, or an Imperial IPA. Cheers!

**Woods Hill Table.** Their farm-to-table meal offerings are organic, sustainable and delicious. This award-winning restaurant uses ecologically viable ingredients while partnering with family farms to provide a satisfying menu.

## DO IT YOURSELF

**Debra's Natural Gourmet.** Take it away. Concord's independent natural market offers groceries and seasonally-scheduled cooking lessons for best preparing different healthy foods.

**Verrill Farm.** Concord's centuries-old farming tradition lives on. Scenic Verrill Farm provides healthful food that's grown and raised with sound and healthy practices. Come see and taste all that goes into true sustainable agriculture.





## FEEDING OTHERS

**Gaining Ground.** This Concord farm has been active for over 300 years. It grows organic produce for many food banks, shelters, low-income residents, and others in need. See what this largely volunteer-maintained is planting, tending, and harvesting.

## TAKE A WALKING TOUR

Concord's Visitor Center provides many different walking tours with knowledgeable guides, great scenery, and interesting stops. These include the popular Emerson-Thoreau Amble, which travels the same trails as those iconic Americans all the way to famous Walden Pond.

### OTHER WALKING TOURS INCLUDE:

**African-American History.** Concord's history includes enslavement, but you can learn about the town's first generation of self-emancipated African-Americans and the growth of Abolitionism.

**Indigenous People.** This tour introduces you to the native Musketaquid people who lived for centuries in what would become the town of Concord.

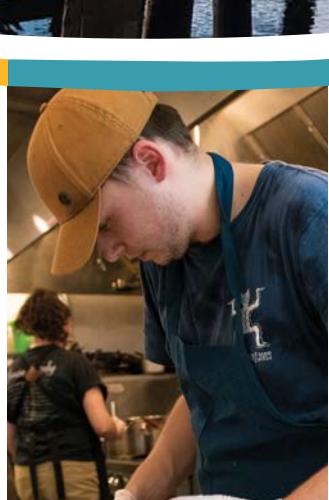
**Chocolate Twist.** A decadent walking tour of downtown Concord where you'll discover the signature handmade chocolate bark, truffles, fudges, caramels and nuts that have treated residents and visitors for many, many years.

**Autumn Twilight.** Mark your calendar for next fall and this awesome mix of foliage and historic burying grounds. •

For more information, and to book your tour, be sure to check [Visitconcord.org](http://Visitconcord.org).



*Visit*  
**CONCORD**  
Massachusetts



# FOR ALL THE RIGHT REASONS



Concord is a great place to experience American history and discover all it offers today. The American Revolution began here, and many famous Americans have walked these lands, Thoreau, Emerson, and Alcott to name a few. But there is much more here that makes this picturesque New England town a must-see destination. Concord is home to some of New England's finest restaurants, offering seasonal, local fare prepared as mouthwatering meals and treats. There are 14 active farms here, and our many farm-to-table restaurants offer the best in locally grown and raised foods, sure to satisfy the most discriminating foodie.

After indulging, get your steps in on one of our walking tours that provide expert accounts of Concord's iconic settings and exciting history. Or, explore a walking trail at your own pace. To find out more: [visitconcord.org](http://visitconcord.org)

**VISIT CONCORD, WHERE YOUR MERRIMACK VALLEY ADVENTURE AWAITS.**

Visit  
**CONCORD**  
Massachusetts



**GREATER MERRIMACK VALLEY**  
Convention & Visitors Bureau  
#AdventuresAwait

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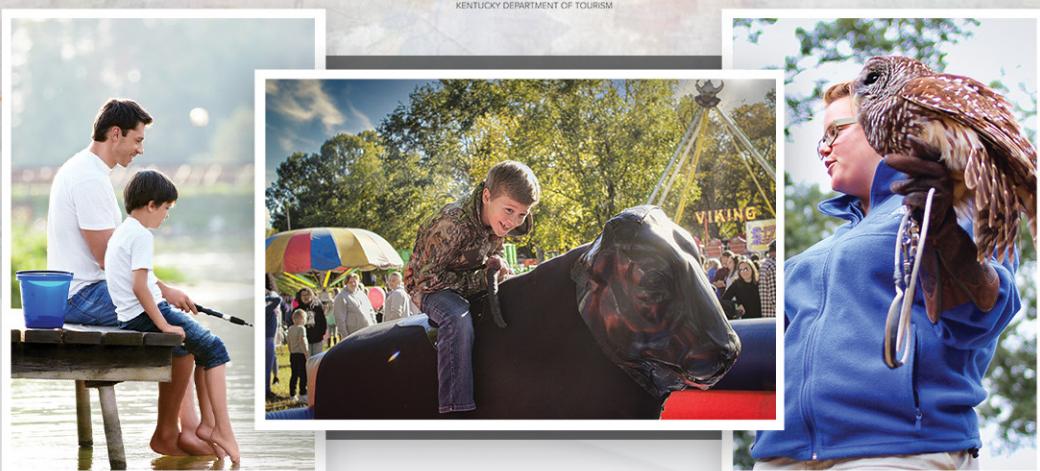
Funded by the Massachusetts Office of Travel & Tourism

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