NUTRITIONAL MANAGEMENT SERVICES LIMITED

BREAKFAST - WEEK 2 Spring-Summer 2009

BREAKEA	IST - WEEK 2						Spring-Summer 2009
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Cold Beverages						
All	Hot Beverages						
	Beverage						
Choice	Hot Cereal						
1	Eggs						
•							
	Toast & Jam						
	Fresh Fruit						
Choice	Dry Cereal						
2	Protein						
Available in	1 1010111						
all Textures	Baked Good						
LUNCH -							
	SUNDAY						
All	Cold Beverages						
All	Hot Beverages						
	Tiet Beverages						
	Soup						
Choice	Protein						
1	Condiments						
	Starch						
	Vegetable						
	Dessert						
	Protein						
Choice	Condiments						
2	Condiments						
Available in	Vegetable						
all Textures	rogotable						
	Dessert						
SUPPER -	WEEK 2						
	SUNDAY						
All	Cold Beverages						
	Hot Beverages						
. .	Protein						
Choice	Condiments						
1	Starch						
	Vegetable						
	Dessert						
	DOSCIT						
	Protein						
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PM Snack Snack
HS Snack Snack

Condiments

Vegetable

Choice

2 Available in

all Textures

AVAILABLE AT ALL MEALS - W/W BREAD IN ALL TEXTURES

* Assorted Beverages Available Daily: Fruit Drinks, Juice, Chocolate Milk, Water, Gingerale Alternate Snack Available each snack daily: Rotation of fresh fruit

WEEK2												
WEEK OF:	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER					