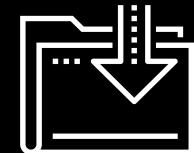




# { Web Application Tool Time }

Cybersecurity  
Web Vulnerabilities and Hardening, Day 3



# Class Objectives

---

By the end of today's class, you will be able to:



Identify ways in which web application security tools can assist with testing security vulnerabilities.



Configure Burp Suite and FoxyProxy to capture and analyze an HTTP request.



Identify session management vulnerabilities using the Burp Suite Repeater function.



Conduct a brute force attack against a web application login page with the Burp Intruder function.

# Attacking Web Applications Using Security Tools



# Last Class

---

Web applications use **back-end components** to apply business logic to the application. Back-end components can provide file structure, content management, and access control and include back-end languages such as **PHP** and **Java**.



Back-end component vulnerabilities exist within the back-end components of web application servers.

# Last Class

---

## Directory Traversal

A web app back-end component vulnerability in which an attacker accesses files and directories from a web application outside a user's authorized permissions.

## Local File Inclusion (LFI)

Another web app back-end component vulnerability in which an attacker tricks the application into running unintended back-end code or scripts that are LOCAL to the application's filesystem.

## Remote File Inclusion (RFI)

A back-end component web app vulnerability in which an attacker tricks the application into running unintended back-end code or scripts—similar to LFI, except that the scripts are REMOTE to the application's filesystem.

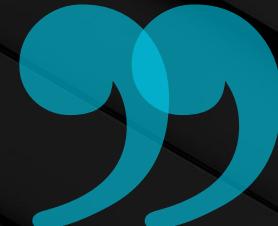


Directory traversal, LFI, and RFI all fall under the OWASP risk broken access control.

**OWASP explains broken access control as follows:**

Restrictions on what authenticated users are allowed to do are often not properly enforced.

Attackers can exploit these flaws to access unauthorized functionality and/or data, such as access other users' accounts, view sensitive files, modify other users' data, change access rights, etc.



# Today's Class

Web application security tools can assist security professionals by automating testing processes.

When we first executed SQL injection attacks, we were successful after our first payload attempt of:

```
jsmith' OR '1' = '1
```



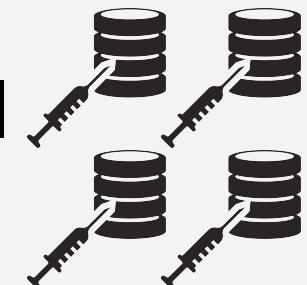
Realistically, we may need to test many different payloads, such as:

```
jsmith" or true--
```

```
jsmith OR "1" = "1
```

```
jsmith -- OR '1' = '1
```

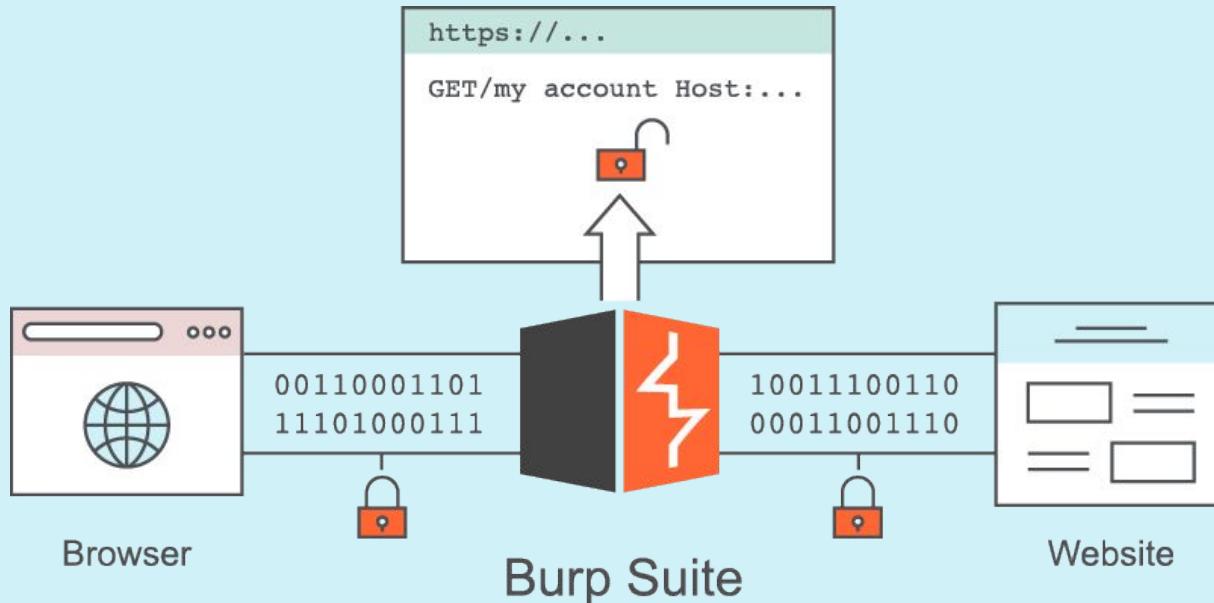
```
jsmith') or true--
```



# Today's Class

---

We will use **Burp Suite**, a popular web application security tool, to automate processes, capture, display, and modify web app requests and responses, and use other built-in features to test for vulnerabilities.



While demonstrating Burp Suite, we will explore vulnerabilities that fall under the OWASP risk of **Identification and Authentication Failures**.

A01

Broken Access Control

A06

Vulnerable and Outdated Components

A02

Cryptographic Failures

A07

**Identification and Authentication Failures**

A03

Injection

A08

Software and Data Integrity Failures

A04

Insecure Design

A09

Security Logging and Monitoring Failures

A05

Security Misconfiguration

A10

Server-Side Request Forgery (SSRF)

## **Identification and authentication failures**

are risks that permit an attacker to either access or bypass the authentication methods that are used by a web application.

# Today's Class

---

The class will proceed as follows:

01

We will begin by introducing **Burp Suite** and **FoxyProxy** and learning how to configure them to capture and analyze HTTP requests and responses.

02

Then, we will learn how to use the **Burp Repeater** feature to determine session hijacking vulnerabilities.

03

Lastly, we will show how to use the **Burp Intruder** feature to conduct an automated brute force attack.



## Important



The techniques we will learn throughout this unit can be used to cause serious damage to an organization's systems.

This is ILLEGAL when done without permission. All of the labs that we provide are safe locations to test the methods and tools taught during the week.

NEVER apply any of these methods to any web applications that you do not own or do not have clear, written permission to be interacting with.

# Introduction to Web Proxies and Burp Suite

# How Web Apps Interact with Back-End Servers

---

01

A user's browser (the client) requests an image of a car to be displayed with an HTTP request.



HTTP request  
for car image

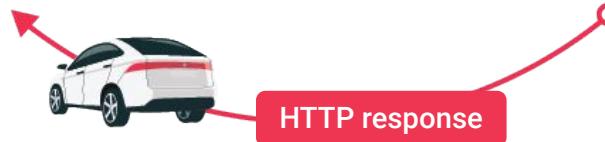
02

The web server (the server) responds with that car image by sending an HTTP response.



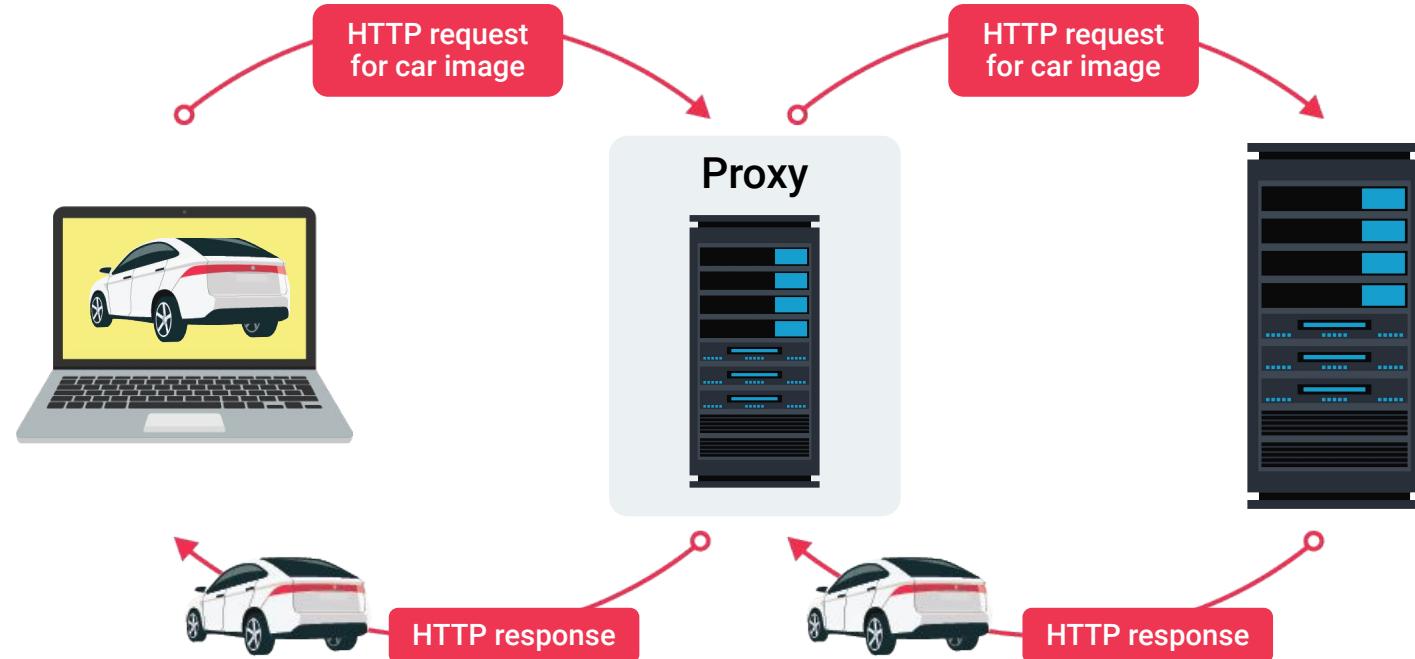
03

The browser receives the HTTP response and renders the image of the car to the user.



# Web Proxy

A **web proxy** is an intermediary between the client and the server.  
Internet traffic flows through the proxy on the way to its intended destination.



# Web Proxy

Web proxies can be used by:

## Organizations

To monitor and block harmful web traffic, as some web proxies can be configured to block specific websites.



## Individuals

To provide themselves anonymity when using the internet, as some web proxies can change the source IP address.



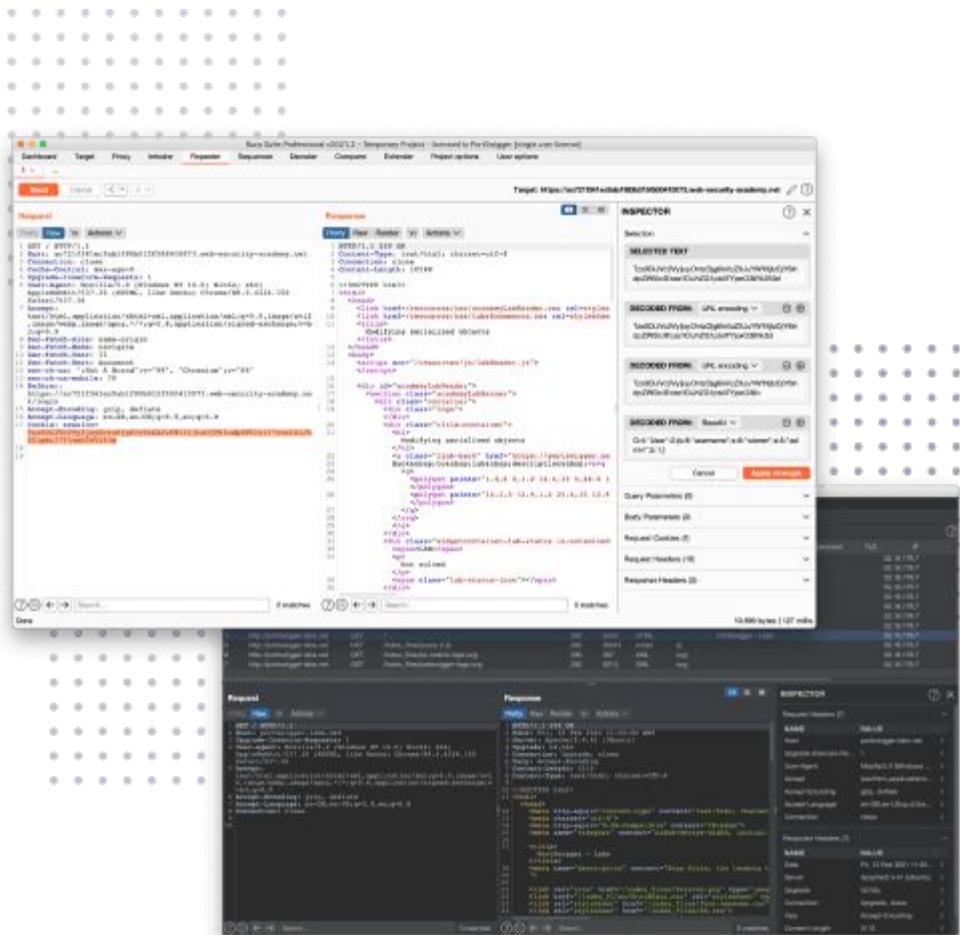
# Burp Suite

Burp Suite is a web application security tool that lies between your browser and your target application.



## Community Edition

- Burp Suite intercepts raw HTTP traffic either from the browser or the server, thus functioning as a web proxy.
- Burp has many additional features and capabilities that allow a security professional to analyze, modify, and automate the HTTP traffic before passing it along to its final destination.



# Burp Suite Demo

---

Burp Suite is a web application security tool that lies between your browser and your target application. In the following demo, we will:

- 01 Start and access  **Burp Suite**
- 02 Navigate Burp Suite.
- 03 Configure the proxy on Burp Suite.
- 04 Configure the proxy on your browser.
- 05 Enable FoxyProxy  to send traffic to Burp Suite.
- 06 Review the captured traffic on Burp Suite.



# Instructor Demonstration

---

## Burp Suite

# Questions?





# Activity: Configuring Burp Suite

In this activity, you'll configure Burp Suite proxy settings in order to prepare for a future session hijacking attempt.

Suggested Time:

---

20 Minutes



Time's Up! Let's Review.

# Questions?



*Break*



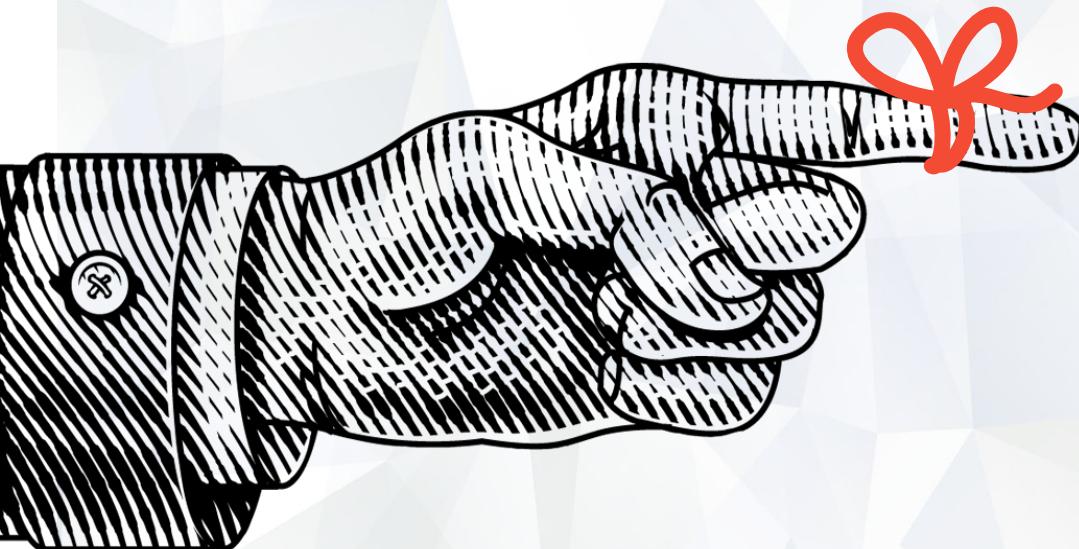
# Session Management Vulnerabilities

# Session Management Vulnerabilities

---

Next...





*Remember,*

HTTP resources are inherently stateless, meaning that whenever your browser requests a webpage, there is no way for that webpage to distinguish you from anyone else.

# Session Management and Cookies

Websites need a way to deliver content that is specific to each user. To do so, they establish sessions by using cookies.

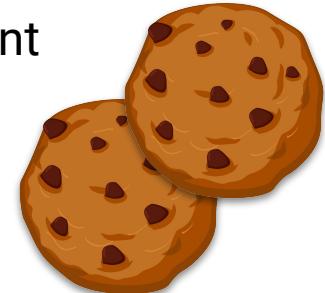
## Sessions

Unique server-side sets of user data that are used to customize webpages for the specific user accessing them



## Cookies

Small pieces of text data that, when sent by an HTTP server's response header, are saved by the user's HTTP client



# Session Hijacking

While using session cookies is intended to keep a state between webpages when a user accesses a web application, a malicious user can obtain another user's unique session cookie and hijack the user's private session.



This is an example of **session hijacking**.

Remember, we conducted a session hijacking attack when we used the Chrome browser extension Cookie-Editor to swap sessions.

Session hijacking falls under the OWASP Top 10 risk of **identification and authentication failures**, because if an attacker has access to a user's session, they can bypass the application's authentication measures.

A01

Broken Access Control

A06

Vulnerable and Outdated Components

A02

Cryptographic Failures

A07

**Identification and Authentication Failures**

A03

Injection

A08

Software and Data Integrity Failures

A04

Insecure Design

A09

Security Logging and Monitoring Failures

A05

Security Misconfiguration

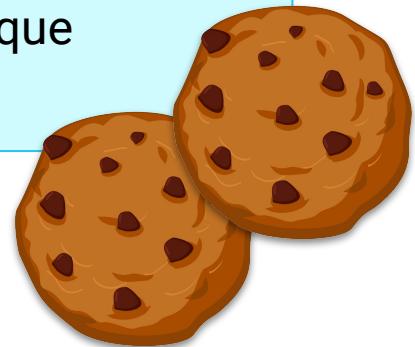
A10

Server-Side Request Forgery (SSRF)

# Session Hijacking Methods

---

<b>Sniffing traffic:</b>	If a malicious user can sniff unencrypted traffic, then they can potentially capture the session cookie and take over a user's session.
<b>Client-side attacks:</b>	A malicious user can deploy a cross-site scripting attack to steal a user's session cookie.
<b>Predictable sessions:</b>	A malicious user can predict what a unique session cookie might be.



# Predictable Session Scenario



Henry, a malicious user, is using a stock-trading website to buy and sell stocks and mutual funds.

Henry logs in with his own credentials on Monday, February 9, 2021, to the stock-trading site, then checks his session cookie in his browser settings:

020921MON-1454



He logs out and immediately logs back in again with his own credentials, then checks his session cookie again:

020921MON-1455



Henry logs in the following day, Tuesday, February 10, 2021, and his session cookie is now:

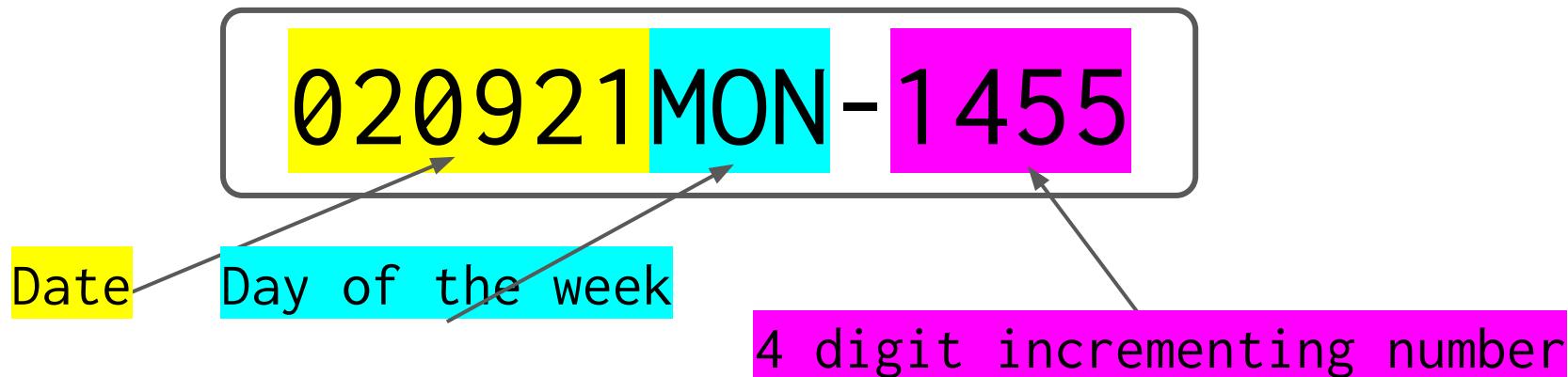
021021TUE-3834



# Predictable Session Scenario



By examining the session cookies that were generated, Henry can determine that the algorithm used by the stock trading site likely comprises the following:



# Predictable Session Scenario

By figuring out the algorithm, Henry can try and guess another user's session cookie, then hijack another user's session.

Henry might first try:

021121WED-1111



If that didn't work, he could try:

021121WED-1112



If that didn't work, he could try:

021121WED-1113



If that didn't work, he could try:

021121WED-1114

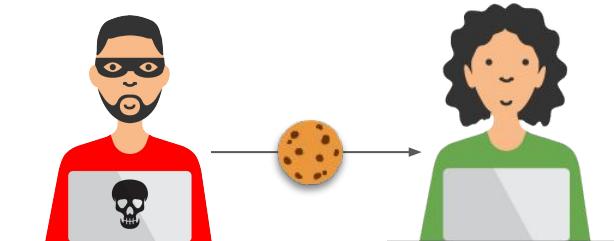


Eventually, after many tries, Henry tries the session cookie:

021121WED-1118

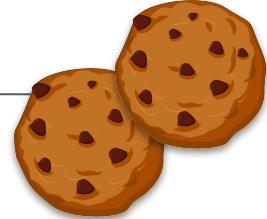


Then, he ends up inside the stock-trading account of another user, Julie Jones.



# Predictable Session Scenario

In this scenario:



01

The session management vulnerability was that the session cookie was predictable.

02

Henry exploited the vulnerability by conducting a session hijacking attack, using a predicted session cookie to hijack Julie Jones's private session.

03

Note that Henry had to log out and log back in again to determine the pattern of the session cookies. This manual process can be time-consuming and inefficient.

# Questions?



# Analyzing Session Management Vulnerabilities with Burp Repeater

# Burp Suite Repeater

Burp Suite Repeater can simplify the process detailed in the previous scenario by using an algorithm to generate session cookies.

The screenshot shows the Burp Suite interface with the 'Repeater' tab selected. A context menu is open over a 'Cookie' entry in the list, with the 'Send to Repeater' option highlighted. The menu also includes options for Spider, Intruder, and Sequencer.

Request to http://172.16.67.157:80

Forward Drop Intercept is on Action

Raw Params Headers Hex

```
POST /WebGoat/attack?Screen=13483&menu=900 HTTP/1.1
Host: 172.16.67.157
User-Agent: Mozilla/5.0 (Macintosh; Intel Mac OS X 10_12_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/61.0.3163.100 Safari/537.36
Accept: text/html,application/xhtml+xml,application/xml;q=0.9,image/webp,*/*;q=0.8
Accept-Language: en-GB,en-US;q=0.9,en;q=0.8
Accept-Encoding: gzip, deflate
Referer: http://172.16.67.157/WebGoat/attack?Screen=13483&menu=900
Content-Type: application/x-www-form-urlencoded
Content-Length: 81
Cookie: acopendivids=swi
```

- Send to Spider
- Do an active scan
- Send to Intruder
- Send to Repeater**
- Send to Sequencer

# Burp Repeater Demo

---

In this demonstration, we will continue to work on the Replicants web application and complete the following steps:

01

Access the session cookie generator and enable proxy settings.

02

Generate and review the session cookie.

03

Move the HTTP request to Burp Repeater.

04

Use Burp Repeater to review the HTTP response.



# Instructor Demonstration

---

## Burp Repeater

# **Real-World Challenges, Impact, and Mitigations**

# Real-World Challenges

While this demo illustrated how to determine session management vulnerabilities with the Burp Repeater feature, in the real world, we also need to be aware of several issues that we did not cover.

## Generation of Session Cookies

- While we clicked a button to generate session cookies, real applications do not have a “generate” button.
- Most web applications generate the session cookie on successful authentication into the web application.
- Security professionals have to determine the HTTP request that generates the session cookie and use that request in Burp Repeater.

## Use of Burp Repeater

- While we used Burp Repeater to simply reissue the same HTTP request, Burp Repeater can be used to modify the request one at a time.
- On the HTTP Request panel, an attacker can simply change any data in the request to check how it changes the response.
- Attackers can use this to try attacks against different hosts, resources, and types of HTTP requests.

# Impact

---

The reason that **session hijacking** is considered harmful is due to the impact that it can have.

If a malicious actor can successfully launch a session hijacking against a web application's users, they can potentially:



View a user's confidential data.



Use features that are not intended to be accessed by unauthorized users within a secure application.



# Mitigation Methods

To mitigate against:

## Sniffing attacks

The application's web developer can:

Use an HTTP header to have a Secure cookie attribute.

## Client-side attacks

Use an HTTP header to have an HttpOnly cookie attribute.

This ensures that:

The client only sends the session cookie encrypted, and it cannot be exposed in the web traffic.

- The client does not allow scripts, such as JavaScript, to access the session cookie.
- This can protect against a cross-site scripting attack trying to steal a cookie.

## Predictable sessions

Prevent the generated session cookie from being predicted or brute forced.

- The cookie is long enough to make it difficult to brute force.
- The cookie is random enough to be unpredictable.
- The cookie doesn't contain any details about the user.

# Session Management Vulnerability Summary

<b>Intended purpose of the original function:</b>	Session cookies are INTENDED to maintain a user's session within a web application.
<b>Vulnerability and method of exploit:</b>	With a session management vulnerability such as a predictable session, an attacker could predict a future session cookie and conduct a session hijacking attack.
<b>Unintended consequence of the exploit:</b>	The unintended consequence is that if an attacker determines a user's session cookie, they can access the user's private session.
<b>Mitigation of the vulnerability:</b>	Mitigations can vary depending on the session management vulnerability you are protecting against. Mitigations can include using protective HTTP headers and generating session cookies that are difficult to predict.
<b>Potential impact of the exploit:</b>	The impact could include viewing a user's confidential data within the application or conducting unauthorized activities within the application.

# Questions?





# Activity: Analyzing Session Management Vulnerabilities with Burp Repeater

In this activity, you will use Burp Suite to analyze session IDs that are generated from your application and determine whether they are randomly generated and thus at risk of session hijacking.

Suggested Time:

---

20 Minutes



Time's Up! Let's Review.

# Questions?



# Conducting Brute Force Attacks with Burp Intruder

# Conducting Brute Force Attacks with Burp Intruder

Burp Repeater is limited to reissuing *individual* HTTP messages.

The screenshot shows the Burp Suite interface with the Repeater tab selected. In the Request pane, there is a POST request to `http://mutillidae.local/index.php?page=echo`. The Headers section includes `Host: mutillidae.local`, `User-Agent: Mozilla/5.0 (X11; Linux x86_64; rv:68.0) Gecko/20100101 Firefox/68.0`, `Accept: text/html,application/xhtml+xml,application/xml;q=0.9,*/*;q=0.8`, `Accept-Language: en-US,en;q=0.9`, `Accept-Encoding: gzip, deflate`, `Referer: http://mutillidae.local/`, `Content-Type: application/x-www-form-urlencoded`, `Content-Length: 51`, `Cookie: PHPSESSID=s9lkqk4`, `DNT: 1`, `Connection: close`, and `Upgrade-Insecure-Requests: 1`. The message body contains `message=hecho-php-submit`. A context menu is open over the message body, with options like "Scan to Intruder", "Send to Repeater", and "Send to Sequencer". The Response pane shows the server's response with the status `HTTP/1.1 200 OK` and the date `Date: Sun, 04 Aug 2019 11:36:01 GMT`. The response body contains HTML and JavaScript code related to a dropdown menu.



Sometimes it is useful to issue multiple HTTP messages and automate MULTIPLE HTTP messages with a single request.

# Scenario

An attacker is trying to attack a web application form field with a SQL injection attack.

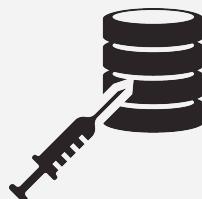
The attacker attempts a SQL injection attack, with the common payload of:

```
' OR '1' = '1
```

Unfortunately for the attacker, the common payload

```
' OR '1' = '1
```

doesn't work.



The attacker now wants to try many different payloads, such as:

```
* ' or "
```

```
-- or #
```

```
' OR '1
```

```
' OR 1 -- -
```

```
" OR "" = "
```

```
" OR 1 = 1 -- -
```

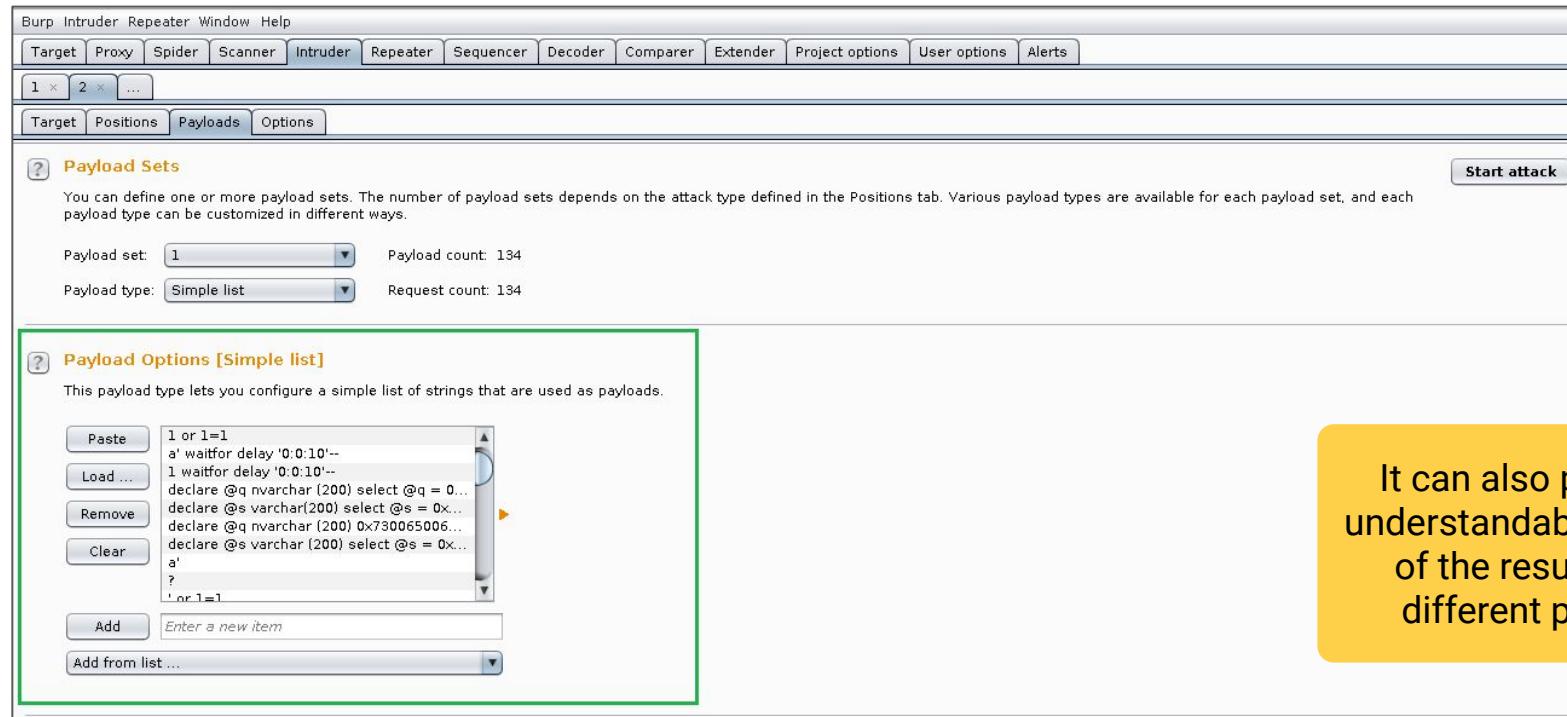
```
' OR '' = '
```



Rather than trying this list one at a time and checking the results individually, it would be more efficient for the attacker to use a tool to try all of these payloads with a single request.

# Burp Intruder

Burp Intruder can automate issuing multiple HTTP messages.



The screenshot shows the Burp Intruder interface. At the top, there's a menu bar with Burp Intruder, Repeater, Window, and Help. Below the menu is a toolbar with tabs: Target, Proxy, Spider, Scanner, Intruder (which is selected), Repeater, Sequencer, Decoder, Comparer, Extender, Project options, User options, and Alerts. There are also buttons for 1, 2, and ... sessions. The main area has tabs for Target, Positions, Payloads (which is selected), and Options. A sub-section titled "Payload Sets" is shown, with a "Start attack" button. It displays "Payload set: 1" and "Payload count: 134". Below that, it shows "Payload type: Simple list" and "Request count: 134". A large green-bordered box highlights the "Payload Options [Simple list]" section. This section contains a list of payloads, including:  
1 or 1=1  
a' waitfor delay '0:0:10'--  
1 waitfor delay '0:0:10'--  
declare @q nvarchar (200) select @q = 0...  
declare @s varchar(200) select @s = 0x...  
declare @q nvarchar (200) 0x730065006...  
declare @s varchar (200) select @s = 0x...  
a'  
?  
' or 1=1  
The list includes several SQL injection payloads like ' or 1=1' and 'a' waitfor delay '0:0:10'--'. There are buttons for Paste, Load ..., Remove, Clear, Add, and Add from list ... at the bottom of the list.



It can also provide an understandable summary of the results of the different payloads.



We will demonstrate Burp Intruder  
by conducting a **brute force attack**  
against a web application's login page.

A **brute force attack** is defined as systematically attempting many passwords, or username/password combinations, with the hope of determining the correct result to obtain access in an unauthorized area.

# Brute Force Attacks

---

Other variations of brute force attacks include:

## Credential Stuffing

Using lists of usernames to conduct brute force attacks that were obtained from breaches of other websites.

## Password Spraying

Using a single weak password, such as “123456”, against a large list of usernames.



Brute force attacks also fall under the **OWASP Top 10 risk of broken authentication**, as the attacker aims to bypass an application's method to securely authenticate a user.

# Brute Force Attacks

---

An attacker can use a brute force attack to continuously attempt username and password combinations.



# Burp Intruder Demonstration

---

In the following demonstration, we will:



Access the Replicants administrator login page and enable proxy settings.



Generate and display a login request.



Move the HTTP request to Burp Intruder.



Identify the payload positions.



Update the intruder payloads.



Launch the brute force attack, and analyze the results.



# Instructor Demonstration

---

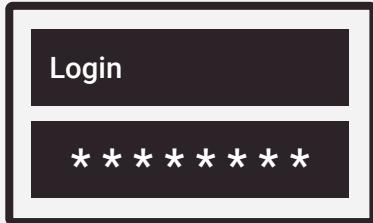
## Burp Intruder

# **Real-World Challenges, Impact, and Mitigations**

# Real-World Challenges

## Uses of Burp Intruder:

While we used Burp Intruder to test a small list of two users and two passwords, most brute force tests would include much larger lists.



We used Burp Intruder to conduct a brute force attack, but Burp Intruder can be used to conduct a variety of other web application attacks that test different payloads and payload combinations.



# Impact

---

If a malicious actor can successfully launch a brute force attack against a web application's users and gain access to users' accounts, they can do the following:



View a user's confidential data.



Use features that are not intended to be accessed by unauthorized users within a secure application.



# Mitigation Methods

---

Developers can use several mitigation methods to protect against a brute force attack:

01

Require complex usernames and passwords.

02

Lock out accounts after a number of failed attempts.

03

Use multi-factor authentication (MFA).

For example:

Require the user to include special characters, upper- and lowercase, and numbers in the username and password.

After three failed login attempts, the user's account gets locked.

Require users to have a password and a secondary form of authentication, like a pin generated by an external token.

# Brute Force Attack Summary

---

<b>Intended purpose of the original function:</b>	Web applications use username and password input fields to authenticate a user before they can access a secure part of a web application.
<b>Vulnerability and method of exploit:</b>	Without proper protections on the login page, an attacker can apply a brute force attack to systematically test many user/password combinations to attempt to gain access to unauthorized accounts.
<b>Unintended consequence of the exploit:</b>	The unintended consequence is that if an attacker can determine a correct username/password combination, they can access an account that they do not have permission to access.
<b>Mitigation of the vulnerability:</b>	Mitigations can include requiring complex usernames and passwords, using MFA, and enabling a lockout after a certain amount of failed login attempts.
<b>Potential impact of the exploit:</b>	The impact could include viewing a user's confidential data within the application or conducting unauthorized activities within the application.



# Activity: Brute Force Attacks with Burp Intruder

In this activity, you will use Burp Suite to determine if weak user passwords are vulnerable to brute force attacks.

Suggested Time:

---

20 Minutes



Time's Up! Let's Review.

# Questions?





## Instructor Demonstration

---

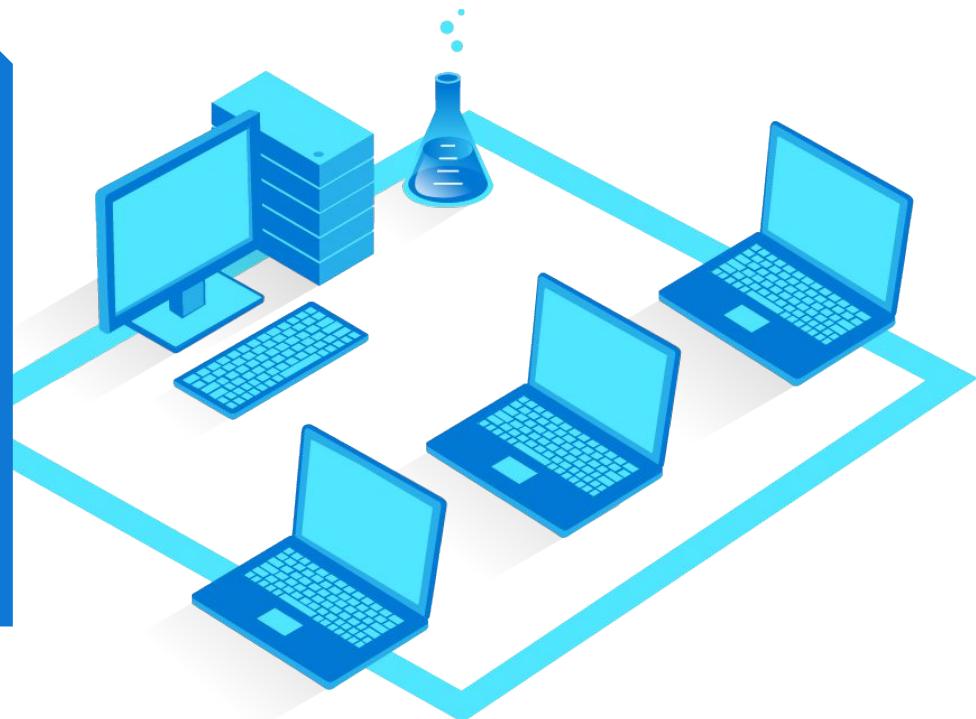
**Set Up Next Week's Lab Environment**

# Next Week's Lab Environment

---

We will return to Azure Lab Services and use a new Pen testing lab environment.

- Switch to your local computer environment.
- You will be provided with a registration link for the Pen testing environment.
- Once you click the link, the Pen testing environment card will be added to your Azure dashboard.
- Make sure you can set up and access this environment. Reach out if you need help with any troubleshooting issues prior to the next class.



*The  
End*