



"I might have stayed near the person smoking before to be polite, but now I will DEFINITELY move away to keep myself safe and healthy." Ava, Aged 9.

"My three kids all loved it. As a parent I can't thank you enough for your positive influence on them about being healthy."
Christine, Mother of Lucy, Aged 5.

"Because Life Education visited my school, it has inspired me to stay mentally and physically healthy. A giraffe taught me about body parts and told me about eating healthy foods like apples and oranges and not to eat biscuits." Ti, Aged 5.

"Ethan thought it was great. He was excited to come home and tell us about different drugs and the effect it has on his body and his behavior. What to do when you want to join a game with other kids and they won't let you - he learnt from this what to do as this is a problem that he faces in the playground and it also gave him reassurance that it is just not him, that it also happens to other kids as well." Lisa, Mother of Ethan, Aged 9.

"Mikayla is now aware of peer pressure, how to identify it and how to make a stand against it. She is going to make more informed decisions as different situations arise in her life and plans to make healthy choices."
Tracey, Mother of Mikayla, Aged 11.

"I am going to eat less lollies and eat more fruit."

I am going to watch less television and do more exercise. I love the Life Education van! And I love Harold." Ruby, Aged 10.

"He enjoyed learning about the body and how it works. He wanted to be more active, so he's joined a running club with the school and now belongs to a local football team too." Joanna, Mother of Sebastian, Aged 11.

"It's good to be a giraffe, be proud and stand up tall. They stick their necks out for their friends. I love Harold!"
Mollie, Aged 11

"I now know how to keep myself healthier and safer. I love it when Healthy Harold visits our school." Daniel, Aged 8.

"Always stay healthy and never smoke. Healthy means that you eat good food, you exercise and you don't smoke." Harper, Aged 10.

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Tracey, Mother of Mikayla, Aged 11.

"I will keep brushing my teeth, and I will floss regularly too because I need to keep my teeth clean and sometimes the toothbrush doesn't get what is in between."

Kaliahna, Aged 7.

"Love the Life Education Growing Good Friends book! Being kind to all people and knowing who I can go to when I need somewhere safe." Gemma, Aged 8.

"The health risks of taking drugs and alcohol were a big eye opener and made her definitely not want to take them."
Simone, Mother of Shikara, Aged 10.