

PART 1

1. Do you like music?
2. What are the benefits of listening to music?
3. What kind of music do you like best?

1. Do you like music?

Bạn có thích âm nhạc không?

Yes, I do. I like all kinds of music but I'm particularly interested in Pop music and Rock Ballad. I like soft melody.

Có. Tôi thích tất cả các loại nhạc nhưng mà tôi đặc biệt thích nhạc Pop và Rock Ballad. Tôi thích giai điệu êm ái.

2. What are the benefits of listening to music?

Lợi ích của việc nghe nhạc là gì?

Listening to music has several advantages. Firstly, it helps you to relax after long working hours. It then motivates you to work better. Moreover, music improves creativity. That's why pregnant women often let their unborn children listen to music.

3. What kind of music do you like best?

Bạn thích nghe loại nhạc nào nhất?

I like Pop music best because I like soft and beautiful melody. It really helps me to reduce stress.

PART 2

You have a younger brother who is a talented student. Which high school would you choose for him: a school abroad in Australia, a public school near home, or a gifted school far from home.

Một số gợi ý:

A public school near home: Trường công gần nhà

- Live with family and be taken care of: sống cùng gia đình và được chăm sóc
- Cheap cost: giá rẻ

A gifted school far from home: Trường chuyên ở xa nhà

- Offer better education: Có điều kiện học tập tốt
- Too far: quá xa

A school abroad in Australia: Du học nước ngoài ở Úc

- Too far away from home à homesick: xa nhà à nhớ nhà
- Face culture shock: đối mặt với cú sốc văn hóa

My younger brother who is a talented student is deciding on which high school to go: a school abroad in Australia, a public school near home and a gifted school far from home. In my opinion, a state school near my home is the best option because of the following reasons.

Firstly, he can still live with my family. Therefore, he can be well taken care of. On the contrary, attending a school abroad or a gifted school far away from home in Vietnam, he has to live on his own and can't see his family often, so he might feel homesick. Besides, living in another country is often quite challenging for a young person like him. For example, he has to learn a new language which is rather difficult or encountering culture shock. Secondly, as he lives at home, my family does not have to pay for his rent or other living costs. I have to admit that a school overseas or a gifted school will offer better courses. As a result, he will

have more job opportunities with higher salary. However, the ultimate goal of studying is to be able to get a good job. This can still be achieved by going to a public school near home because it can still provide good knowledge and skills to prepare him for university entrance exam.

In my view, wherever he studies, it is himself who decides what he can learn, so I think, the public school close to my house is best choice for him.

PART 3

A healthy breakfast is the best meal for your health

- healthy body
- good work/study concentration
- disease prevention
- [Your own ideas]

Một số cấu trúc, từ vựng hữu ích

- a healthy/ proper/ good breakfast: Một bữa sáng khỏe mạnh
- prevention is better than cure: phòng bệnh hơn chữa bệnh
- Eat breakfast like a King, lunch like a prince and dinner like a pauper: Ăn sáng như một nhà vua, ăn trưa như một hoàng tử, ăn tối như một người nghèo.
- to keep our mind alert: giúp tâm trí tỉnh táo
- to improve memory and concentration levels: tăng khả năng ghi nhớ và mức độ tập trung

Bài mẫu

A healthy breakfast is the best meal for your health because of several reasons. In the first place, it helps us to have a healthy body. I mean that a balanced meal for breakfast would provide us with enough energy for the morning. Moreover, when having breakfast, we are less likely to have fatty or junk snacks mid-morning. It is commonly believed that 'eat breakfast like a King, lunch like a prince and dinner like a pauper'. The saying stresses the importance of breakfast in maintaining people's health.

Another benefit of a healthy breakfast is that it allows us to concentrate on our work or study better. Many studies show that breakfast can improve memory and concentration levels. Without a doubt, a proper breakfast with high calories keeps our mind alert throughout the day. As a result, we tend to work more efficiently than when we skip breakfast.

Last but not least, good breakfast enables us to prevent diseases. As mentioned earlier, a proper breakfast ensures a healthy body. Accordingly, it can help boost our immune system. You know, ‘prevention is better than cure’, so it’s true that eating healthy breakfast everyday, we can stay away from diseases.

In a nutshell, breakfast is the best meal for your health and the most important meal of the day.

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