# PROJECT REPORT On

## **GYM MANAGEMENT SYSTEM**

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**Subject: Database Management System** 

## Acknowledgment

I would like to express my sincere gratitude to [Instructor's Name] for their valuable guidance and encouragement throughout this project. I would also like to thank my friends and family for their continuous support.

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## 1. Introduction

The Gym Management System is designed to manage all activities of a gym efficiently. It keeps track of member registrations, subscriptions, trainers, workout schedules, and billing.

## 2. Problem Definition

Managing the manual record-keeping system of a gym is tedious and prone to errors. An automated system is needed to handle membership plans, payments, trainer allocations, and session schedules in a more organized manner.

# 3. Feasibility Study

- **Technical Feasibility:** The system can be developed using current technologies like MySQL, HTML, CSS, PHP, or Java.
- **Economic Feasibility:** As it requires basic hardware and free software, the cost is minimal.
- **Operational Feasibility:** Staff and management will find it easy to adapt as the system will be user-friendly.

# 4. Data Flow Diagram (DFD)

- **Level 0 DFD:** User interacts with the system to manage members, trainers, and payments.
- Level 1 DFD: Breaks down into Member Management, Trainer Management, Billing, and Scheduling modules.

# 5. E-R Diagram

#### **Entities:**

- Member
- Trainer
- Subscription Plan
- Payment
- Session Schedule

#### Relationships:

- A Member subscribes to a Plan.
- A Trainer conducts Sessions.
- A Member makes Payments.

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## **SQL CODES**

-- GYM MANAGEMENT SYSTEM DATABASE

```
-- 1. Create Tables
-- Create Subscription_Plan table
CREATE TABLE Subscription_Plan (
  Plan_ID INT PRIMARY KEY,
  Plan_Name VARCHAR(50) NOT NULL,
  Duration INT, -- in months
  Price DECIMAL(10, 2)
);
-- Create Member table
CREATE TABLE Member (
  Member_ID INT PRIMARY KEY,
  Name VARCHAR(100) NOT NULL,
  Age INT,
  Gender VARCHAR(10),
  Contact VARCHAR(15),
```

```
Address VARCHAR(255),
  Plan_ID INT,
  FOREIGN KEY (Plan_ID) REFERENCES
Subscription_Plan(Plan_ID)
);
-- Create Trainer table
CREATE TABLE Trainer (
  Trainer_ID INT PRIMARY KEY,
  Name VARCHAR(100) NOT NULL,
  Expertise VARCHAR(50),
  Contact VARCHAR(15)
);
-- Create Payment table
CREATE TABLE Payment (
  Payment_ID INT PRIMARY KEY,
  Member_ID INT,
  Amount DECIMAL(10, 2),
  Date DATE,
```

```
FOREIGN KEY (Member ID) REFERENCES
Member(Member_ID)
);
-- Create Session_Schedule table
CREATE TABLE Session_Schedule (
  Schedule_ID INT PRIMARY KEY,
  Trainer_ID INT,
  Session_Time TIME,
  Session_Day VARCHAR(15),
  FOREIGN KEY (Trainer_ID) REFERENCES Trainer(Trainer_ID)
);
-- 2. Insert Sample Records
-- Insert into Subscription_Plan
INSERT INTO Subscription_Plan VALUES (1, 'Silver', 3, 1500.00);
INSERT INTO Subscription_Plan VALUES (2, 'Gold', 6, 2700.00);
INSERT INTO Subscription_Plan VALUES (3, 'Platinum', 12,
5000.00);
```

#### -- Insert into Member

INSERT INTO Member VALUES (101, 'John Doe', 25, 'Male', '9876543210', '123 Main Street', 2);

INSERT INTO Member VALUES (102, 'Jane Smith', 30, 'Female', '9876543211', '456 Lake View', 1);

INSERT INTO Member VALUES (103, 'Mike Johnson', 28, 'Male', '9876543212', '789 Hill Road', 3);

#### -- Insert into Trainer

INSERT INTO Trainer VALUES (201, 'Alice Brown', 'Yoga', '9876543213');

INSERT INTO Trainer VALUES (202, 'Bob Davis', 'Strength Training', '9876543214');

INSERT INTO Trainer VALUES (203, 'Charlie Green', 'Cardio', '9876543215');

## -- Insert into Payment

INSERT INTO Payment VALUES (301, 101, 2700.00, '2025-01-15');

INSERT INTO Payment VALUES (302, 102, 1500.00, '2025-02-10');

INSERT INTO Payment VALUES (303, 103, 5000.00, '2025-01-05');

## -- Insert into Session\_Schedule

INSERT INTO Session\_Schedule VALUES (401, 201, '07:00:00', 'Monday');

INSERT INTO Session\_Schedule VALUES (402, 202, '08:00:00', 'Wednesday');

INSERT INTO Session\_Schedule VALUES (403, 203, '06:00:00', 'Friday');

- -- 3. Sample Queries
- -- Display all Members

SELECT \* FROM Member;

-- Display all Trainers

SELECT \* FROM Trainer;

-- Display all Payment details

SELECT \* FROM Payment;

-- Display all Members along with their Plan Details

SELECT m.Name, p.Plan\_Name, p.Price

FROM Member m

JOIN Subscription\_Plan p ON m.Plan\_ID = p.Plan\_ID;

-- Display all Sessions and Trainers

SELECT s.Session\_Day, s.Session\_Time, t.Name

FROM Session\_Schedule s

JOIN Trainer t ON s.Trainer\_ID = t.Trainer\_ID;

-- Find Members who have subscribed to the 'Gold' Plan

SELECT m.Name

FROM Member m

JOIN Subscription\_Plan p ON m.Plan\_ID = p.Plan\_ID

WHERE p.Plan\_Name = 'Gold';

-- Display Payment History for a Member

SELECT p.Payment\_ID, p.Amount, p.Date

FROM Payment p

WHERE p.Member ID = 101;

# 6. Data Dictionary

- Member: Member\_ID (PK), Name, Age, Gender, Contact, Address, Plan\_ID
- Trainer: Trainer\_ID (PK), Name, Expertise, Contact
- Plan: Plan\_ID (PK), Plan\_Name, Duration, Price

- Payment: Payment\_ID (PK), Member\_ID (FK), Amount, Date
- Schedule: Schedule\_ID (PK), Trainer\_ID (FK), Session\_Time, Session\_Day

# 7. System Requirements

#### • Hardware Requirements:

RAM: Minimum 4GBProcessor: i3 or aboveHard Disk: 100GB

#### • Software Requirements:

Frontend: HTML/CSSBackend: PHP/MySQL

Operating System: Windows/Linux

# 8. Implementation

The system will be implemented in a modular way:

- Member Registration Module
- Trainer Management Module
- Payment and Billing Module
- Session Scheduling Module

## 9. Future Scope

- Online membership registration and payment.
- Integration with mobile apps.
- Automated reminders for subscription renewals.
- Fitness progress tracking.

## 10. Conclusion

The Gym Management System will streamline the operational workflow of the gym, reduce paperwork, and enhance member satisfaction by offering better service management.