Personal and Professional Development Committee Meeting Notes

April 3, 2018 – Greater Washington Urban League headquarters Washington, DC 7pm

Total Attendance: 22

Old Business:

- Welcome new members!
- March GBM Sexual Assault and the Black Community went exceptionally well and was very informative. A special thanks to our moderator Georica Gholson, the subcommittee members and panelists.

New Business:

April GBM – Better Money Moves – Financial Literacy Month

- Venue: DC government facility at 441 4th Street NW (Judiciary Square)
- Speaker: Gina Thompson Author and CPA
 - Discussion on financial wellness (i.e. Saving, budgeting and tips)
- This GBM will set the stage for the May Saturday Workshop on Financial Wellness. *** The workshop was pushed to May due to facility unavailability.

May 26th: Tentative date for Saturday workshop – Financial Wellness breakout discussions

- Venue: GWUL headquarters or West End library
- Breakout group topics: Budgeting, Investing, Student Loans, Tax Laws
- 2 of 4 facilitators identified; still looking for two more
- Volunteers needed to assist with workshop
- Allocated time for event 2.5 3 hrs.

May GBM: Renewed Mind Body Soul

- Venue: TBD
- Breakouts w/ trainer, yoga instructor and nutritionist
- Speaker invitations sent out (Physical Trainer)
- Looking for a Yoga instructor and Nutritionist

Closing Remarks

- May 26th PPD Brunch based on groupme poll results; Chyna identifying a location/cost – any assistance is always helpful
- Need volunteers for April GBM (i.e. assist guests/check-in desk).

As always, thanks for your commitment and great ideas!

Canara Stawart DDD Chair