



FOOD PHILOSOPHY



We serve fresh & wholesome meals made with ingredients sourced from local suppliers & through our lasting partnerships with farming communities. That way we can always ensure quality & consistency. There's something for everybody on our menu, whether you're looking for something healthy or you're craving something decadent. You always get more and more with us.

A top-down view of a coffee-making scene. In the center is a dark brown ceramic cup filled with coffee, topped with a swirl of milk foam, resting on a light-colored wooden saucer. Scattered around the saucer are several dark brown coffee beans. To the left of the saucer is a small silver spoon with a bit of coffee residue. To the right is a wooden-handled tamper with a metal base, which has some coffee grounds on it. In the bottom right corner, there is a small glass pitcher filled with white milk. The background is a light-colored, textured surface. In the top left corner, there are green fern-like leaves and a sprig of a plant with small green leaves.

OUR COFFEE CREDENTIALS

We select the best single origin beans & international blends from every corner of the globe, roast them locally, & then our professionally trained baristas make it just the way you like it. Still want more? Order it in Bottomless & stay as long as you like.

THE ROASTERY

DECAF +2.00 | ROAST: MEDIUM TO DARK
TASTING NOTES: CHOCOLATE & WARM SPICE



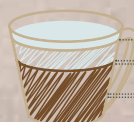
ESPRESSO

ESPRESSO 19.90
Single shot of espresso.



ESPRESSO
ESPRESSO

ESPRESSO DOPPIO 23.90
Double shot of espresso.

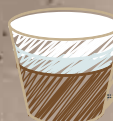


HOT WATER
ESPRESSO
ESPRESSO

AMERICANO 26.90
Double shot of espresso with hot water.

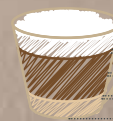


Americano



POURING CREAM
HOT WATER
ESPRESSO
ESPRESSO

CAFFÈ CRÈME 29.90
Double shot of espresso with hot water served with pouring cream.



TEXTURISED MILK
ESPRESSO
ESPRESSO
CHAI

DIRTY CHAI CAPPUCCINO 29.90
Chai with a double shot of espresso & texturised milk.



Easy Cappuccino



TEXTURISED MILK
ESPRESSO

FLAT WHITE 25.90
Single shot of espresso with texturised milk.



TEXTURISED MILK
ESPRESSO
ESPRESSO

EASY CAPPUCCINO 28.90
Double shot* of espresso with texturised milk.
**Single shot upon request.*



TEXTURISED MILK
ESPRESSO
ESPRESSO

SERIOUS CAPPUCCINO 31.90
Double shot of espresso with texturised milk.
Add Whipped Cream +4.00



TEXTURISED MILK
ESPRESSO
TEXTURISED MILK

CLASSIC LATTE 30.90
Single shot of espresso with texturised milk.
Add Hazelnut Syrup +5.00



Classic Latte

ALL-DAY BREAKFAST

OMELETTES

California Omelette, omelette filled with cheddar, mozzarella & fresh basil. Loosely topped with fresh avo*, beef macon & feta cheese, drizzled with a basil pesto mayo & served with pan-fried rosemary cherry tomatoes. 92.90

Rancheros Omelette, cheesy chilli & M&B salsa-filled omelette topped with spiced beef sausage, fresh avo*, baby potato, charred corn & cherry tomatoes, drizzled with sriracha mayo & sour cream served on the side. 94.90

CREATE YOUR OWN

Choose a three-egg omelette or egg white omelette, served with a slice of M&B toast. 39.90

Add:	
Tomato or Onion or Green pepper or Jalapeño	6.90
Mushrooms	17.90
Cheddar or Feta or Mozzarella cheese	16.90
Chicken strips	22.90
Turkey	23.90
Three rashers of beef macon	23.90
Beef strips	34.90

EGGS BENEDICT

The Classic, toasted English muffin topped with turkey, two poached eggs & hollandaise sauce, served with grilled tomato & a hashbrown on the side. 72.90

Smoked Trout, toasted English muffin topped with smoked trout, two poached eggs & hollandaise sauce, served with grilled tomato & a hashbrown on the side. 114.90

The Big Ben, toasted English muffin topped with baby spinach, fresh tomato, hashbrowns, cheddar, turkey, beef macon, deep-fried onion rings & two poached eggs with hollandaise sauce. 94.90

The Benedict Bowl, tossed baby spinach, cherry tomatoes & couscous topped with two poached eggs, hollandaise sauce, basil pesto & fresh avo*. **VEGETARIAN** 92.90

*Avocado subject to availability.
Any Eggs Benedict can be ordered without muffins.



The Benedict Bowl

CLASSICS

Your breakfast eggs can be ordered fried, scrambled or poached with your choice of M&B white, wholewheat or rye toast.

M&B On-The-Go, two eggs, beef macon, grilled tomato & a slice of M&B toast. 42.90

The M&B Classic, two eggs, honey-glazed beef macon, grilled tomato & a hashbrown, served with M&B rosemary-salted fries & a slice of M&B toast. 59.90

The Famous One, two eggs, beef macon, a sweetcorn fritter & grilled tomato, served with M&B rosemary-salted fries & a slice of M&B toast. 74.90

The Country-Style, two eggs, beef macon, beef sausage, fresh baby spinach, grilled mushrooms, cherry tomatoes, sliced avo* & cauliflower hashbrowns instead of toast. **LOW-CARB** 92.90

The All American, two eggs, beef macon, beef sausage, baked beans & grilled tomato, served with M&B rosemary-salted fries & a slice of M&B toast. 94.90

South African Farm, two eggs, beef macon, boerewors topped with M&B salsa, a hashbrown & grilled tomato, served with a slice of M&B toast. 99.90

The Big Grill, BBQ grilled 250g rump steak, fried egg, beef macon & M&B rosemary-salted fries. 144.90

Add Chipotle Chicken Livers +21.90

Add Deep-fried Halloumi +29.90

Substitute your M&B toast for a slice of lightly toasted
LOW-CARB bread +10.00

Our low-carb bread is preservative free & made with wholesome flax, sunflower & sesame seeds & natural oils. Served lightly toasted.



We are committed to only using free-range eggs.

The Big Grill Breakfast

POWER BREAKFAST BOWLS

Tropical Breakfast, fresh seasonal fruit salad served with full cream plain yoghurt, muesli & honey. **VEGETARIAN** 69.90

Power Oats, warm & hearty FUTURELIFE® Smart Oats™ made with fresh milk & served with toasted almonds, fresh strawberries & honey. **VEGETARIAN** 48.90

Add a medium glass of Fruit Juice +28.90

FRESHLY BAKED FILLED CROISSANTS

Made with butter & freshly baked daily.

Chicken Liver Croissant, filled with our creamy chipotle chicken livers, mushrooms, baby spinach & fresh coriander. 56.90

Mighty Morning, filled with scrambled egg, beef macon & fresh tomato. 69.90



★ | Our fresh ingredients are locally sourced.

TIME FOR TOAST

*Eggs can be ordered fried, scrambled or poached with your choice** of M&B white, wholewheat or rye toast.*

Avo & Rainbow Slaw Toast, fresh avo* & cucumber slices topped with a crunchy red cabbage, roasted pepper, corn slaw & a generous drizzle of egg-free mayonnaise. **VEGAN** 44.90

Beef Macon & Egg Toast, two eggs & beef macon over M&B toast with M&B salsa, pan-fried rosemary cherry tomatoes & fresh coriander. 44.90

Smashed Avo & Egg on Toast, fresh smashed avo* topped with two poached eggs. **VEGETARIAN** 42.90

Just Eggs on Toast, two eggs the way you like them served on your choice of M&B toast. **VEGETARIAN** 29.90

****Substitute your M&B toast for a slice of lightly toasted LOW-CARB bread** +10.00

**Avocado subject to availability.*



Chicken & Sesame Salad

FRESH SALADS

Thai Rainbow Beef, dressed red cabbage, white cabbage, julienne carrots, baby corn & baby spinach tossed together then topped with beef strips, toasted peanuts, green onions & fresh chilli, served with a coriander & lime dressing. **LOW-CARB**

BOWL MEAL

69.90 99.90
1564 kJ 2776 kJ

Moroccan Butternut & Chickpea, roasted butternut, spiced chickpeas, candied walnuts, cherry tomatoes, feta cheese, green onions & mixed lettuce, served with honey mustard dressing. **VEGETARIAN**

39.90 64.90
1116 kJ 2073 kJ

Mexican Chicken & Charred Corn, Mexican-spiced chicken breast pieces, charred corn, cherry tomatoes, fresh avo*, olives, cucumber & mixed lettuce, served with a ranch dressing.

64.90 89.90
1433 kJ 2245 kJ

Monte Cristo, beef strips, beef macon pieces, fresh avo*, blue cheese, fresh cherry tomatoes & spring onion tossed with mixed lettuce & served with honey & mustard dressing & deep-fried tortilla wedges.

BOWL MEAL

78.90 114.90
2651 kJ 4449 kJ

N Chicken & Sesame, chicken breast pieces, fresh apple slices, tenderstem broccoli, dried cranberries, toasted almonds & sesame seeds tossed with mixed lettuce, served with poppyseed dressing.

59.90 74.90
1440 kJ 2431 kJ

N Kasbah, carrot salad with fresh mint, parsley, olives, baby spinach, red peppers & chickpeas, served with M&B potato roll croutons & hummus. **VEGAN**

64.90 4164 kJ

*Avocado subject to availability.

Kasbah Salad



MUGG & BEAN SANDWICHES

N FAMOUS SANDWICHES

Well-known sandwich creations from around the world, with an M&B twist. Made with white, wholewheat or rye bread. Served with your choice of rosemary-salted fries, sweet potato fries or a side salad.

Muffuletta, beef salami, turkey, mozzarella & fresh olive & red pepper vinaigrette salad between three layers of lightly toasted sesame buttered M&B bread.

99.90

Alabama Chicken Panino, a generous slice of butter & garlic brushed ciabatta, topped with melted mozzarella, tomato, grilled chicken breasts, beef macon, cheddar cheese sauce & honey mustard dressing. Served with spicy guacamole.

89.90



CUBANO

Beef macon, turkey, Emmental cheese, gherkins & mustard mayo between three layers of lightly toasted M&B bread.

94.90



REUBEN

Pastrami, cheddar, gherkins, sauerkraut & Russian dressing on lightly toasted M&B rye bread.

109.90





CLASSIC TOASTED SANDWICHES

Your choice** of M&B white, wholewheat or rye bread, with a side of our rosemary-salted fries, sweet potato fries or a side salad.

Chickpea, Spinach & Egg-free Mayo VEGAN	54.90	Beef Macon & Cheddar Cheese	62.90
Cheddar Cheese & Tomato VEGETARIAN	49.90	Turkey, Cheddar Cheese & Tomato	59.90
Chicken Mayo	59.90	Beef Macon, Feta, Mozzarella & Avo*	69.90
Chicken Mayo & Mozzarella	65.90	Cheese Steak, Beef Macon & Avo*	89.90
Beef Macon & Egg	62.90		

*Avocado subject to availability.

Substitute your M&B toast for two slices of lightly toasted **LOW-CARB bread +20.00

N JALAPEÑO, BEEF MACON & CHEESE

Jalapeño & Parmesan crusted toastie with beef macon, mozzarella, cheddar & cream cheese.

79.90



Our potato fries are locally sourced & we leave the skin on to retain nutrients & reduce waste.

DELICIOUS FILLERS

GOURMET BURGERS

Served on our potato-flour roll, toasted with your choice of M&B rosemary-salted fries, sweet potato fries or a side salad.

BBQ, chargrilled beef patty with our special BBQ basting sauce layered with gherkins, tomato, M&B burger mayo, red onion & lettuce. 79.90

The Big Daddy, chargrilled beef patty with our special BBQ basting sauce layered with a fried egg, beef macon, turkey, cheddar, gherkins & M&B burger mayo topped with our hand-made onion rings. 114.90

N **Bombay**, chargrilled beef patty with our special BBQ basting sauce layered with sambals & drizzled with curry mayo. 89.90

Chicken Satay, a lemon, soy, garlic, ginger & chilli chicken patty, covered in satay** sauce & topped with rainbow slaw. 89.90

Cheeky Chickpea, homestyle chickpea burger patty layered with pickled red onions & fresh carrot salad, drizzled with vegan harissa mayo. **VEGAN** 89.90

The Avo, Beef Macon & Feta, chargrilled beef patty with our special BBQ basting sauce layered with fresh avo*, beef macon, feta cheese, M&B burger mayo, gherkins, tomato, red onion & lettuce. 104.90

*Avocado subject to availability.

**Contains nuts, peanuts or peanut oil.



Cheeky Chickpea
Gourmet Burger

FOLDED FILLERS

A folded flatbread served with your choice of our M&B rosemary-salted fries, sweet potato fries or a side salad.

The Crispy Cajun, sliced Cajun-crumbed chicken breasts, cream cheese, fresh avo*, spring onion, fresh tomato & rocket, finished off with jalapeño mayo. 92.90

Roasted Aubergine & Halloumi, smothered with thick sweet chilli yoghurt, deep-fried halloumi, rocket, spiced aubergine, fresh tomato & a dash of basil pesto mayo. **VEGETARIAN** 82.90

Shanghai BBQ, beef strips tossed in BBQ sauce with sweet & tangy rainbow slaw & fresh coriander. 82.90



Chicken Satay
Gourmet Burger





MIX MATCH SHARE

Southern Deep-Fried Onion Rings, crispy battered thick-cut onion rings with sriracha drizzle & ranch dipping sauce. **VEGETARIAN**

Halloumi Fries, strips of deep-fried halloumi with sweet chilli dipping sauce. **VEGETARIAN**

Nachitos, nacho chips topped with melted cheddar, sour cream, jalapeños, M&B salsa & guacamole. **VEGETARIAN**

Mini Hasselback Potatoes, deep-fried Hasselback baby potatoes topped with melted cheddar, beef macon bits & chopped chives, served with a side of M&B salsa & guacamole.

Buttermilk Fried Chicken, sesame-crusted buttermilk chicken strips served with a side of sweet chilli sauce.

Mexican Street Corn Fritters, deep-fried corn, green onion, jalapeño, coriander & feta bites served with a side of sriracha chilli mayo. **VEGETARIAN**

Chicken Quesadilla, toasted flour tortilla filled with BBQ chicken, mozzarella, cheddar & mushroom, served with M&B salsa & guacamole.



Slow-Roasted
Beef Riblets

28.90

59.90

49.90

39.90

49.90

39.90

39.90

Smoky BBQ Beef Rashers, chargrilled beef rashers basted with smoky BBQ sauce.

69.90

Buffalo Spicy Wings, deep-fried, served with your choice of ginger or sweet & spicy hot sauce basting & a blue cheese dipping sauce on the side.

69.90

Chipotle Chicken Livers, pan-fried in a cream, red onion, garlic & smoky chipotle sauce, served with toasted ciabatta.

49.90

N Slow-Roasted Beef Riblets, roasted beef short ribs in a spicy rub, sprinkled with toasted sesame seeds & served with a cumin & coriander spiced yoghurt dipping sauce.

99.90

Vegan Nachitos, nacho chips topped with vegan cheese sauce, black beans, pico de gallo, jalapeños, fresh coriander, M&B salsa & guacamole. **VEGAN**

69.90



Vegan
Nachitos

Chipotle
Chicken Livers





Pit Boss BBQ Grill

HEARTY AND GENEROUS

Served with your choice of our M&B rosemary-salted fries, sweet potato fries or a side salad.

Rib & Wing Combo, 200g chargrilled BBQ beef ribs & BBQ Buffalo chicken wings. 139.90

Grilled Rump Steak, 250g rump steak basted with BBQ sauce, served with baby potatoes & seasonal vegetables, a side salad & your choice of chipotle & garlic or blue cheese, black pepper & chive flavoured butter. 169.90


Smoky BBQ Ribs, 400g chargrilled smoked beef ribs basted with sticky BBQ sauce. 149.90

Sweet Spicy Wings & BBQ Rump, deep-fried Buffalo chicken wings tossed in sweet & spicy splash sauce with a chargrilled & BBQ-basted 250g rump. 179.90

Pit Boss BBQ Grill, 125g rump basted in BBQ sauce, smoky BBQ beef rashers, boerewors, Buffalo chicken wings, grilled corn on the cob, rosemary-salted fries & a side of creamy mustard cheese dipping sauce. 159.90

Sweet Spicy Wings
& BBQ Rump





Welsh Rarebit Crumbed Chicken, crumbed chicken breasts with fresh avo*, beef macon & creamy mustard cheese sauce, sprinkled with spring onion.

114.90

Mac & Cheese, creamy cheddar & pecorino macaroni with chicken & a crispy parsley breadcrumb & beef macon topping.

78.90

SOUPS

Our Famous Roasted Tomato & Basil Soup, a creamy tomato soup topped with basil pesto, served with a toasted mozzarella sandwich, on the bread of your choice. **VEGETARIAN**

56.90

NOODLE BOWLS

Crispy Sesame Chicken, sesame-crusted buttermilk fried chicken strips, rainbow slaw, fresh coriander & egg noodles in a spiced coconut, ginger, garlic & lemon broth.

59.90

Tangled Thai Vegetables, charred baby marrow, carrot ribbons, red cabbage, corn, red onion, fresh coriander & egg noodles, tossed with freshly made peanut butter**, spiced coconut, ginger & lemon broth. **VEGETARIAN**

56.90

**Avocado subject to availability.*

***Contains nuts, peanuts or peanut oil.*

Welsh Rarebit
Crumbed Chicken

Crispy Sesame
Chicken



FRESHLY BAKED

Wherever possible, our cakes, muffins, scones & cookies are freshly baked in store every day so that you always get perfectly light & deliciously decadent treats.

Pie or Tart Slice, served with ice cream or
whipped cream.

49.90

M&B Giant Choc Chip Cookie

26.90

Cheesecake or Decadent Cake Slice

52.90

Add whipped cream or ice cream

+7.90

Butter Croissant, served with butter,
strawberry jam & cheddar cheese.

44.90



RICH CHOCOLATE DECADENT CAKE SLICE


Beautifully rich chocolate sponge layers with chocolate frosting, covered in smooth chocolate ganache, topped with chocolate shavings & pecan nuts.



LEMON MERINGUE DECADENT CAKE SLICE

A Mugg & Bean classic. Light & fluffy meringue sitting atop zesty lemon curd with a crumble-in-your-mouth pastry base.





SWEET & SAVOURY

Flapjack Stack, three flapjacks with cream & honey or maple-flavoured syrup.

Plain 38.90

Choc chip 42.90

Add three rashers of beef macon +23.90

New Orleans French Toast, two slices of white bread, served with beef macon & maple-flavoured syrup. 62.90



M&B FAMOUS GIANT MUFFIN

Available in sweet or savoury. Made from scratch daily with the same recipe for over two decades. Served with butter, strawberry jam & cheddar cheese.

39.90

SCONE

Freshly baked in our bakery & served warm with butter, strawberry jam & whipped cream.

38.90

BOTTOMLESS RANGE

Although our Bottomless Hot & Cold beverages are worth sharing, they are served & charged per person.

HOT

HOT CHOCOLATE

A delicious hot chocolate drink with texturised milk.

35.90

VEGAN HOT CHOCOLATE

A delicious hot chocolate drink with texturised soy milk. **VEGAN**

49.90

BOTTOMLESS FILTER COFFEE

100% Ground arabica coffee beans locally roasted

26.90
DECAF +2.00

HOUSE BLEND

Roast: Medium | **Tasting Notes:** Almond & Cocoa

ORGANIC

N

HONDURAS SINGLE ORIGIN ROAST

Roast: Medium to Full | **Tasting Notes:** Citrus

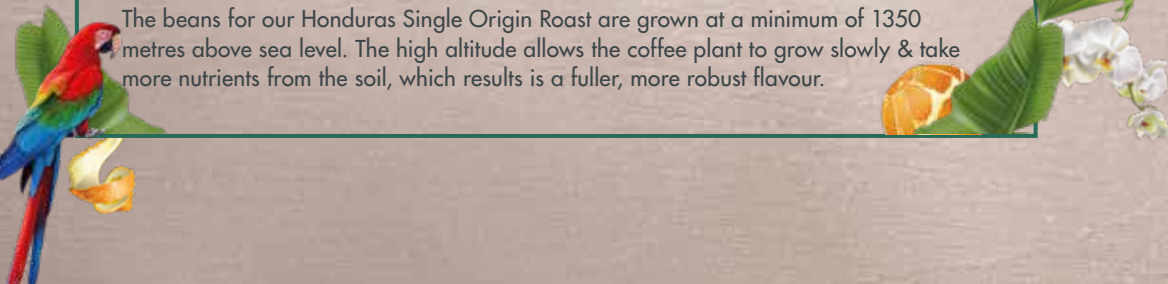
Our exclusive single-origin coffees are sourced from different locations all around the world. They always come from a single producer, crop, region or country.

The beans for our Honduras Single Origin Roast are grown at a minimum of 1350 metres above sea level. The high altitude allows the coffee plant to grow slowly & take more nutrients from the soil, which results in a fuller, more robust flavour.

Bottomless
Hot Chocolate



Bottomless
Filter Coffee



COLD

LEMONADE

A refreshing lemon taste sensation.

38.90

WILDBERRY FIZZ

A delicious blend of wildberry, lime & soda.

38.90

BLOOD ORANGE GINGERADE

A delicious blend of blood orange, lime & gingerade.

38.90

N KIWI & WATERMELON FIZZ

A deliciously refreshing blend of kiwi, watermelon & Schweppes® Lemonade.

38.90

REFRESHING ICED TEA 38.90

Berry, iced tea with a light berry flavour.

SUGAR-FREE

N **Peach**, iced tea with a light peach flavour.

Refreshing
Berry Iced Tea

DRINKS

HOT

GREEN MATCHA LATTE

A sweetened matcha green tea blend topped with texturised milk. 39.90

CLASSIC TEA

Rooibos or Ceylon 21.90

CLASSIC CHAI

Milk steamed to velvety perfection with an aromatic spiced flavour. 32.90

RED ESPRESSO®

A delicious must-sip Rooibos beverage that's brimming with antioxidants. 19.90

Red Cappuccino® 29.90
Serious Red Cappuccino® 33.90
Red Latte® 32.90

CAFFÈ MOCHA

Classic, hot chocolate with a shot of espresso. 33.90

Caribbean, coconut, coffee & chocolate flavours with texturised milk. 39.90

CARAMEL PEANUT BUTTER LATTE

A steamed caramel & peanut butter* latte, topped with whipped cream, crushed peanut brittle* & drizzled with butter toffee sauce. 42.90

REFRESHING

MUGGACHINO

Chino, refreshingly blended iced coffee. 39.90

Vegan Chino, refreshingly blended dairy-free iced coffee. **VEGAN** 39.90

DOUBLE THICK MILKSHAKES

Chocolate, Vanilla, Strawberry, Bubblegum or Lime.

Small (270ml) 29.90
Medium (350ml) 36.90
Tall (460ml) 39.90

FRUIT JUICE

Small (270ml) 23.90
Medium (350ml) 28.90
Tall (460ml) 32.90



Muggachino

ICED TEA

The classically refreshing drink with lots of ice & fresh mint leaves. 26.90

Lemon
Sweet Apple & Gooseberry **SUGAR-FREE**

COLD BEVERAGES

Mineral Water, still or sparkling. 17.90

Soft Drinks  22.90

No Sugar Soft Drinks 21.90

Tiser, Apple, Red or White Grape. 26.90



*Contains nuts, peanuts or peanut oil.



Green Matcha Latte

Go For
Green



SPECIALTY

BLITZED & BLENDED

Mixed Berry, berry coulis, blueberries, banana, honey, oats & plain yoghurt. 42.90

Spinach, Chia & Mint, spinach, chia, mint, banana, honey & plain yoghurt. 36.90

Peanut Butter & Banana, peanut butter*, banana, oats, honey & plain yoghurt. 44.90

N **Go For Green**, ice blended pineapple, apple, passion fruit, spinach & celery. 34.90

VEGAN

Yes For Yellow, ice blended apple, sweet potato, butternut, pumpkin, turmeric & ginger. 34.90

Right On Red, ice blended blueberries, blackcurrant, apple, beetroot & butternut. 34.90

ICED COFFEE

American Iced Coffee, blended coffee & vanilla ice cream, topped with whipped cream. 39.90

Frozen Mocha Coffee, blended coffee, vanilla ice cream & hot chocolate, topped with whipped cream. 39.90

SUMMER SLUSH

Turmeric Gingerade, a delicious icy blend of turmeric, fresh ginger & lemonade. 28.90

Berry & Mango, classic iced blend of mango & berry. 44.90



Cherry
Blossom
Gazoz

N FROZEN DOUBLE LEMONADES

Passion Fruit & Raspberry, blended passion fruit cordial, lemonade & raspberry. 32.90

Mango & Mixed Berry, blended mango lemonade with mixed berry coulis. 32.90

Apple & Mint, blended apple lemonade with fresh mint. 32.90

N GAZOZ

Tropical Green Tea, fresh mint, topped with green iced tea & soda water. 35.90

Cherry Blossom, fresh lime, thyme & cherry blossom topped with Schweppes® Lemonade. 35.90

Raspberry, fresh lemon, rosemary & raspberry topped with soda water. 35.90

Passion Fruit, fresh lemon, thyme & passion fruit topped with soda water. 35.90



Passion Fruit & Raspberry
Frozen Double Lemonade




GET MORE WITH THE GENEROSITY APP

We created the Mugg & Bean Generosity app so that you can get something extra every time you visit us. Use the app to scan the QR code on your bill & earn cash-back rewards, which you can spend on your next visit. Link your card to make quick & easy payments – or even to go cardless! Plus, show some generosity yourself by sending a voucher to anybody straight from your phone. It's just one of the ways we give you more and more.



www.themugg.com

VEGETARIAN Lacto-ovo vegetarian: includes dairy products & eggs **VEGAN** No use of or containing any animal products  Discovery Vitality HealthyDining

SUGAR-FREE No added sugar **ORGANIC** Certified organic **LOW-CARB** Lower in carbohydrates

T&Cs apply. Our cakes are baked fresh in our restaurant with a 3-day shelf-life. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality & menu descriptors do not contain full ingredients. Beef macon is available as a substitute for bacon at selected restaurants only. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens as well as products that have been produced by suppliers. Due to this we cannot guarantee that our food is completely free of allergens or traces of allergens. Menu descriptors do not contain ingredients. Portion weights are raw weights. Only certain crumbles, pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. For full nutritional information, please visit our website www.muggandbean.co.za. While stocks last.



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Mugg & Bean cares.
Please recycle.

ufs.com



Halaal Summer 2019. Prices quoted in rands & inclusive of VAT.