ANU+

What is ANU+?

ANU+ is a program run by the Australian National University (ANU) that formally recognises students' experience and contribution achieved through volunteering. It encourages them to give back to the community, to develop skills related to their employability prospects and to reflect on their co-curricular experiences and gain a deeper understanding of themselves as well as the world around them. In this Program, our students will develop skills such as self-awareness and communication.

ANU students can volunteer anywhere, and will need to do a total of 100 hours if they are undergraduates and 60 hours if they are postgraduates. They need to volunteer with at least two organisations.

What do I need you to do as part of the program?

The ANU requires this timesheet as evidence that the student has completed the volunteer work. The ANU please requests that someone from the organisation sign off on a student's time sheet. This is often a volunteer co-ordinator, or could be someone in an ongoing volunteer capacity, i.e. a store manager in a second hand goods store, or an activity host.

It's up to you as to when you sign off on the hours completed – this could be after each shift, weekly, monthly, etc. It is the student's responsibility to work this out with you and bring the time sheet.

Further information? Questions for the ANU?

Website: www.anu.edu.au/students/careers-opportunities/volunteering/anu
Email: anuplus@anu.edu.au

Student name and number:

Organisation	Short description of activities	Dates and hours	Organisation representative name	Organisation representative signature

For the student: please print this time sheet, have a representative at your organisation sign off on your hours and submit on CareerHub. Each time sheet add up to 20 hours (it can be slightly more than this if your hours add up to that). It can include one or more organisations. Please email anuplus@anu.edu.au if you have any questions.