

# 2022 下

目录

# 我是瑞斯拜四级

四六级我只看瑞斯拜

Life is like a marathon. There are ups and downs downs downs.



## 听力

课程观看 B 站：我是瑞斯拜



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## 写在前面

亲爱的同学，听力是一项输入性的技能。除了需要一定词汇基础之外，对基本的语音现象也有所了解。如连读，弱读，吞音这类的现象。这在我的课程中均会讲解。你不必每个语音现象都听出来，但是了解这些现象对你的听力口语提高很有帮助。在四六级考试中听力占分较高，为总分的35%。但是想要及格却不是特别难，在课程中会给大家讲解基本的做题方法，听力选项的技巧，以及复习策略。大家在学会方法后考试前刷至少10套以上真题，这样听力才会比较稳定能及格。

总之大家有任何问题都可以在评论区留言，或者在B站直接@我，我在录课的空余会抽空解答大家的问题的。

## 题型一：

### Section A

**Directions:** *In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 and 2 are based on the news report you have just heard.**

1. A) It found a pet dog on board a plane to a city in Texas.  
B) It had one of its cargo planes land at a wrong airport.  
C) It sent two dogs to the wrong destinations.  
D) It had two of its domestic flights mixed up.
2. A) Correct their mistake as soon as possible.  
B) Give the two pets a physical checkup.  
C) Hire a charter jet to bring the pets back.  
D) Send another plane to continue the flight.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A) She weighs 130 kilograms. C) She was brought from Africa.  
B) She has had babies before. D) She has a big family of six.
4. A) It took 22 hours. C) It was smooth.  
B) It had some complications. D) It was monitored by Dr. Sue Tygielski.

**Questions 5 to 7 are based on the news report you have just heard.**

5. A) It enjoyed great popularity. C) It was frequented by newly-weds.  
B) It started business three years ago. D) It was built above the sea-water.
6. A) Expand his business on the beach.  
B) Replace the restaurant's wooden deck.  
C) Post a picture of his restaurant online.  
D) Celebrate his silver wedding anniversary.
7. A) She sold it for two thousand dollars. C) She posted its picture on Facebook.  
B) She took it to the restaurant manager. D) She returned it to its owner right away.

题型二:

**Section B**

**Directions:** *In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 8 to 11 are based on the conversation you have just heard.**

8. A) The number of ducks has declined sharply in recent years.  
B) Climate change has little effect on the lives of wild ducks.  
C) Duck meat is not eaten in Australia, Canada and the U.S.  
D) Duck hunting remains legal in many parts of the world.
9. A) Droughts. B) Bushfires. C) Farming. D) Hunting.
10. A) They are not easy to domesticate. C) It is not environmentally friendly.  
B) Their meat is not that popular. D) It is not considered cost-effective.
11. A) They hunted ducks as a traditional sport.  
B) They killed wild ducks and geese for food.  
C) They raised ducks and geese for their eggs.  
D) They poisoned wild ducks in large numbers.

**Questions 12 to 15 are based on the conversation you have just heard.**

12. A) Have her house repainted. C) Move into a newly-painted house.  
B) Replace some of her old furniture. D) Calculate the cost of the paint job.
13. A) How long the work will take. C) How the paint job is to be done.  
B) How much the work will cost. D) How many workers are needed.
14. A) Cover up her furniture. C) Stay somewhere else.  
B) Ask some friends for help. D) Oversee the work herself.
15. A) She could have asked a friend for help with the paint job.  
B) Painting a house involves more trouble than she thought.  
C) She should have repainted her house much earlier.  
D) Moving her furniture is harder than the paint job.

**题型三：**

**Section C**

**Questions 16 to 18 are based on the passage you have just heard.**

16. A) To cultivate good habits.    C) To review what is learned in class.  
      B) To prepare for secondary school.    D) To stimulate interest in learning.
17. A) Discuss their academic achievements with them.  
      B) Create an ideal study environment for them.  
      C) Allow them to learn independently.  
      D) Check their homework promptly.
18. A) Finish them before they get tired.  
      B) Tackle the most difficult task first.  
      C) Start with something they enjoy.  
      D) Focus on the most important ones.

**Questions 19 to 21 are based on the passage you have just heard.**

19. A) Workers who meet its body weight standards.  
      B) Workers who can lose 30 pounds in a year.  
      C) Workers who try the hardest to lose weight.  
      D) Workers who are in the top 10% of the slimmest.
20. A) Impractical.    C) Unmanageable.  
      B) Inconsistent.    D) Unfair.
21. A) Offer them much fatter bonuses.    C) Encourage healthy behaviors.  
      B) Improve working environment.    D) Provide free lunch and snacks.

**Questions 22 to 25 are based on the passage you have just heard.**

22. A) It has not done enough to help left-handed children.  
      B) It has treated left-handed children as being disabled.  
      C) It has not built facilities specially for the left-handed.  
      D) It has ignored campaigns on behalf of the left-handed.
23. A) They are as intelligent as other children.  
      B) They have a distinctive style of handwriting.  
      C) They sometimes have psychological problems.  
      D) They tend to have more difficulties in learning.
24. A) Punish teachers discriminating against left-handed students.  
      B) Lay more emphasis on improving children's mental health.  
      C) Encourage students to develop various professional skills.  
      D) Keep track of left-handed children's school performance.
25. A) How they can be reduced in number.    C) What percentage they account for.  
      B) Why their numbers are so high.    D) If their percentage keeps increasing.

## 第二套:

### Section A

**Directions:** *In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 and 2 are based on the news report you have just heard.**

1. A) She was pierced by a chicken bone.      C) She suffered from lung cancer.  
B) She was coughing all the time.      D) She suffered from shock.
2. A) By eating chicken soup daily.      C) Through a surgical operation.  
B) Through regular exercising.      D) By using traditional Chinese medicine.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A) It was born 13 years ago.      C) It got injured in a big bushfire.  
B) It was Alice Gray's lovely pet.      D) It ran away into a nearby forest.
4. A) They rebuilt the fencing around their farm.  
B) They spent seven years replanting their farm.  
C) They claimed damages for their heavy losses.  
D) They installed a camera to monitor sheep activity.

**Questions 5 to 7 are based on the news report you have just heard.**

5. A) The disappearance of some gold and diamonds.  
B) The transfer of tons of precious metal by air.  
C) The crash of a Russian cargo airplane.  
D) The loss of gold from an airplane.
6. A) It made an emergency landing.      C) It contacted the goldmine company.  
B) It informed the local police at once.      D) It had a crew member fix the problem.
7. A) They will cooperate with the police.  
B) They had checked the plane carefully.  
C) They will be questioned by the police.  
D) They took some gold bars and diamonds.

### Section B

**Questions 8 to 11 are based on the conversation you have just heard.**

8. A) For the company's records.      C) To follow the company's rule.  
B) For future training purposes.      D) To ensure information security.
9. A) To check her customer reference number.  
B) To inquire about the price of office chairs.  
C) To get her money back for the returned chair.  
D) To make complaints about its customer service.
10. A) She had to update its information.      C) She lost it about three days ago.  
B) She forgot where she had left it.      D) She was issued a new card.
11. A) Reconsider her options for payment methods.  
B) Make a specific note on the company's system.  
C) Update her bank card details on the company's website.  
D) Upload her personal information to the company's website.

**Questions 12 to 15 are based on the conversation you have just heard.**

12. A) He is feeling exhausted.      C) He has to work late.  
B) He is tired of cooking.      D) He wants to try Asian foods.
13. A) Book a table.      C) Download a menu.  
B) Order a delivery.      D) Locate a restaurant.
14. A) It is not tasty.      C) It is too oily.  
B) It is not healthy.      D) It is too spicy.
15. A) She is too concerned about money. C) She is too picky about food.  
B) She is too weight-conscious.      D) She is too eager to please.

**Section C**

**Questions 16 to 18 are based on the passage you have just heard.**

16. A) Owners' personalities affect their cats' behaviour and wellbeing.  
B) Parents' personalities can affect the personalities of their children.  
C) Parents and cat owners alike experience high levels of anxiety.  
D) More and more people are treating pet cats like their children.
17. A) Give their pets behavioural training.  
B) Provide their pets with the best care.  
C) Know their pets' feelings and desires.  
D) Interact with their pets in novel ways.
18. A) More convincing explanation.      C) Collection of more data.  
B) More extensive sampling.      D) Further investigation.

**Questions 19 to 21 are based on the passage you have just heard.**

19. A) People should do more running than mere walking.  
B) Running is the best exercise for extending one's life.  
C) People should exercise at least 60 minutes every day.  
D) Running is the easiest form of exercise for most people.
20. A) Improving their brain function.  
B) Regulating their breathing rate.  
C) Slowing down their ageing process.  
D) Accelerating their blood circulation.
21. A) They found it easy to control their emotions.  
B) They struggled to handle negative emotions.  
C) They were more eager to enjoy a movie.  
D) They were less affected by sad movies.

**Questions 22 to 25 are based on the passage you have just heard.**

22. A) He is a tour guide.  
B) He is a famous architect.  
C) He is a local entrepreneur.  
D) He is the owner of the Hill House.
23. A) He studied the blueprints of other famous buildings.  
B) He inquired about his client's family background.  
C) He observed his client's life and habits.  
D) He took a tour of his client's old home.
24. A) A house made of timber and brick.  
B) A house with a lot of free space.  
C) A house of the current fashion.  
D) A house of a unique design.
25. A) They are well preserved and in pretty good shape.  
B) They are copies built to the architect's designs.  
C) They were designed by another architect.  
D) They were badly damaged but restored.