

# 2022 下

## 我是瑞斯拜六级

四六级我只看瑞斯拜

Life is like a marathon. There are ups and downs downs downs.



### 听力

课程观看 B 站：我是瑞斯拜



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## 写在前面

亲爱的同学，听力是一项输入性的技能。除了需要一定词汇基础之外，对基本的语音现象也有所了解。如连读，弱读，吞音这类的现象。这在我的课程中均会讲解。你不必每个语音现象都听出来，但是了解这些现象对你的听力口语提高很有帮助。在四六级考试中听力占分较高，为总分的 **35%**。但是想要及格却不是特别难，在课程中会给大家讲解基本的做题方法，听力选项的技巧，以及复习策略。大家在学会方法后考试前刷至少 **10** 套以上真题，这样听力才会比较稳定能及格。

总之大家有任何问题都可以在评论区留言，或者在 **B** 站直接@我，我在录课的空余会抽空解答大家的问题的。

**Part II      Listening Comprehension      (30 minutes)**

**题型一**

**Section A**

**Directions:** *In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 to 4 are based on the conversation you have just heard.**

1. A) He was enjoying his holiday.    C) He was busy writing his essays.  
    B) He was recovering in hospital.    D) He was fighting a throat infection.
2. A) He broke his wrist.    B) He lost his antibiotics.    C) He slipped on ice and fell.    D) He was laughed at by some girls.
3. A) Turn to her father for help.    C) Ask the manufacturer for repairs.  
    B) Call the repair shop to fix it.    D) Replace it with a brand-new one.
4. A) Help David retrieve his essays.    C) Offer David some refreshments.  
    B) Introduce David to her parents.    D) Accompany David to his home.

**Questions 5 to 8 are based on the conversation you have just heard.**

5. A) She is a critic of works on military affairs.  
    B) She is an acclaimed hostess of *Book Talk*.  
    C) She is a researcher of literary genres.  
    D) She is a historian of military history.
6. A) It is about the military history of Europe.    B) It is set in the 18th and 19th centuries.  
    C) It is her fifth book of military history.    D) It is a war novel set in the future.
7. A) She visited soldiers' wives and mothers.  
    B) She conducted surveys of many soldiers.  
    C) She met a large number of soldiers in person.  
    D) She looked into the personal lives of soldiers.
8. A) She doesn't have much freedom for imagination.  
    B) It is not easy to make her readers believe in her.  
    C) It is difficult to attract young readers.    D) She has to combine fact with fiction.

## Section B 题型二

**Directions:** In this section, you will hear two passages. At the end of each passage, you will hear three or four questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.

**Questions 9 to 11 are based on the passage you have just heard.**

9. A) Santa Claus. B) A polar bear. C) Cocoa seeds. D) A glass bottle.
10. A) To attract customer attention. C) To combat counterfeits.  
B) To keep up with the times. D) To promote its sales.
11. A) It resembles a picture in the encyclopedia.  
B) It appears in the shape of a cocoa seed.  
C) It has the drink's logo in the middle.  
D) It displays the image of Santa Claus.

**Questions 12 to 15 are based on the passage you have just heard.**

12. A) It often occurs among commuters. C) It improves their mood considerably.  
B) It promotes mutual understanding. D) It takes a great deal of effort to sustain.
13. A) Social anxiety. C) Lack of social skills.  
B) Excessive caution. D) Preference for solitude.
14. A) People usually regard it as an unforgettable lesson.  
B) Human brains tend to dwell on negative events.  
C) Negative events often hurt people deeply.  
D) People generally resent being rejected.
15. A) Contagious. B) Temporary. C) Unpredictable. D) Measurable.

## Section C 题型三:

**Directions:** In this section, you will hear three recordings of lectures or talks followed by three or four questions. The recordings will be played only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.

**Questions 16 to 18 are based on the recording you have just heard.**

16. A) It depends heavily on tourism. C) It is mainly based on agriculture.  
B) It is flourishing in foreign trade. D) It relies chiefly on mineral export.
17. A) Tobacco. B) Bananas. C) Coffee. D) Sugar.
18. A) They toil on farms. C) They live in Spanish-style houses.  
B) They live a poor life. D) They hire people to do housework.

**Questions 19 to 21 are based on the recording you have just heard.**

19. A) They will be more demanding of their next generation.  
B) They will end up lonely, dependent and dissatisfied.  
C) They will experience more setbacks than successes.  
D) They will find it difficult to get along with others.
20. A) Failure to pay due attention to their behavior.  
B) Unwillingness to allow them to play with toys.  
C) Unwillingness to satisfy their wishes immediately.  
D) Failure to spend sufficient quality time with them.
21. A) It will enable them to learn from mistakes.  
B) It will help them to handle disappointment.  
C) It will do much good to their mental health.  
D) It will build their ability to endure hardships

**Questions 22 to 25 are based on the recording you have just heard.**

22. A) Failing to make sufficient preparations.  
B) Looking away from the hiring manager.  
C) Saying the wrong thing at the wrong time.  
D) Making a wrong judgment of the interview.
23. A) Complaining about their previous job.  
B) Inquiring about their salary to be paid.  
C) Exaggerating their academic background.  
D) Understating their previous achievements.
24. A) Those who have both skill and experience.  
B) Those who get along well with colleagues.  
C) Those who take initiative in their work.  
D) Those who are loyal to their managers.
25. A) Ability to shoulder new responsibilities.  
B) Experience of performing multiple roles.  
C) Readiness to work to flexible schedules.  
D) Skills to communicate with colleagues.

**第二套:**

**Section A**

**Directions:** *In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 1 to 4 are based on the conversation you have just heard.**

1. A) It has given rise to much controversy.  
B) It has been very favorably received.  
C) It was primarily written for vegetarians.  
D) It offends many environmentalists.
2. A) She neglects people's efforts in animal protection.  
B) She tries to force people to accept her radical ideas.  
C) She ignores the various benefits of public transport.  
D) She insists vegetarians are harming the environment.
3. A) They are significant.  
B) They are revolutionary.  
C) They are rational.  
D) They are modest.
4. A) It would help to protect the environment.  
B) It would generate money for public health.  
C) It would need support from the general public.  
D) It would force poor people to change their diet.

**Questions 5 to 8 are based on the conversation you have just heard.**

5. A) Where successful people's strengths come from.  
B) Why many people fight so hard for success.  
C) How she achieved her life's goal.  
D) What makes people successful.
6. A) Having someone who has confidence in them.  
B) Having someone who is ready to help them.  
C) Having a firm belief in their own ability.  
D) Having a realistic attitude towards life.
7. A) They adjust their goals accordingly.  
B) They try hard to appear optimistic.  
C) They stay positive.  
D) They remain calm.
8. A) An understanding leadership.  
B) A nurturing environment.  
C) Mutual respect among colleagues.  
D) Highly cooperative teammates.

## Section B

**Directions:** *In this section, you will hear two passages. At the end of each passage, you will hear three or four questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D). Then mark the corresponding letter on **Answer Sheet 1** with a single line through the centre.*

**Questions 9 to 11 are based on the passage you have just heard.**

9. A) They use their sense of hearing to capture their prey.  
B) Their food mainly consists of small animals and fish.  
C) They have big eyes and distinctive visual centers.  
D) Their ancestor is different from that of micro bats.
10. A) With the help of moonlight.  
B) By means of echolocation.  
C) With the aid of daylight vision.  
D) By means of vision and smell.
11. A) To make up for their natural absence of vision.  
B) To adapt themselves to a particular lifestyle.  
C) To facilitate their travel over long distances.  
D) To survive in the ever-changing weather.

**Questions 12 to 15 are based on the passage you have just heard.**

12. A) They acquire knowledge not found in books.  
B) They learn how to interact with their peers.  
C) They become more emotionally aggressive.  
D) They get much better prepared for school.
13. A) They are far from emotionally prepared.  
B) They tend to be more attracted by images.  
C) They can't follow the conflicts in the show.  
D) They lack the cognitive and memory skills.
14. A) Choose appropriate programs for their children.  
B) Help their children understand the program's plot.  
C) Outline the program's plot for their children first.  
D) Monitor their children's watching of TV programs.
15. A) Explain its message to their children.  
B) Check if their children have enjoyed it.  
C) Encourage their children to retell the story.  
D) Ask their children to describe its characters.

## Section C

**Questions 16 to 18 are based on the recording you have just heard.**

16. A) They are afraid of injuring their feet.    C) They believe a little dirt harms no one.  
B) They have never developed the habit.    D) They find it rather troublesome to do so.
17. A) Different types of bacteria existed on public-toilet floors.  
B) There were more bacteria on sidewalks than in the home.  
C) Office carpets collected more bacteria than elsewhere.  
D) A large number of bacteria collected on a single shoe.
18. A) The chemicals on shoes can deteriorate air quality.  
B) Shoes can upset family members with their noise.  
C) The marks left by shoes are hard to erase.  
D) Shoes can leave scratches on the floor.

**Questions 19 to 21 are based on the recording you have just heard.**

19. A) It is sinful and immoral.    C) It is an uncontrollable behavior.  
B) It is deemed uncivilized.    D) It is a violation of faith and trust.
20. A) Assess their consequences.    C) Accept them as normal.  
B) Guard against their harm.    D) Find out their causes.
21. A) Try to understand what messages they convey.  
B) Pay attention to their possible consequences.  
C) Consider them from different perspectives.  
D) Make sure they are brought under control.

**Questions 22 to 25 are based on the recording you have just heard.**

22. A) Cultivation of new varieties of crops.  
B) Measures to cope with climate change.  
C) Development of more effective pesticides.  
D) Application of more nitrogen-rich fertilizers.
23. A) The expansion of farmland in developing countries.  
B) The research on crop rotation in developing countries.  
C) The cooperation of the world's agricultural scientists.  
D) The improvement of agricultural infrastructure.
24. A) For encouraging farmers to embrace new farming techniques.  
B) For aligning their research with advances in farming technology.  
C) For turning their focus to the needs of farmers in poorer countries.  
D) For cooperating closely with policymakers in developing countries.
25. A) Rapid transition to become a food exporter.  
B) Substantial funding in agricultural research.  
C) Quick rise to become a leading grain producer.  
D) Assumption of humanitarian responsibilities.