	Mon 7	Tue 8	Wed 9	Thu 10	Fri 11
all-day					

7 AM

7 AM
SPRINT START DAY

9 AM

9 AM
Sprint Planning (9 am - 1 pm)
4 hours or less

Daily Scrum

Daily Scrum

9:15 AM
Backlog Refinement or Grooming
(9:15 - 10:45) | 90 minutes

Daily Scrum

Daily Scrum

	Mon 14	Tue 15	Wed 16	Thu 17	Fri 18

all-day

7 AM

7 AM
SPRINT WEEK 2

8 AM

9 AM   **Daily Scrum**   **Daily Scrum**   **Daily Scrum**   **Daily Scrum**   **Daily Scrum**

9:15 AM
**Backlog Refinement or Grooming
(9:15 - 10:45) | 90 minutes**

10 AM

11 AM

Noon

1 PM

1 PM
Sprint Review

2 PM

3 PM

3 PM
Sprint Retrospective

4 PM

5 PM