

The Roots of Covert Control – The Majors

This section is called The Roots of Covert Control – The Majors. Now after you have listened to the first and second sections, including Social Engineering King - Becoming The Alpha, you will have the basis and preparation to handle the next three major aspects of Underground Hypnosis. They are The Iron Man Pattern, which shows you how to have instant confidence and become an Alpha quickly and easily, then The Black Ops Mirror Operation, which makes people magically like you immediately, and The No Cleaver Technique, which allows you to drop someone into trance in normal conversation to change their mind anytime you want. You can use any one of these techniques separately on their own, and still know more than 99% of the population. But by using them together it can give you a devastating impact on your targets. Download and follow the transcript of this section to become more effective in your use of these techniques. You can print these out so you can have access to the course at all times.

As you recall Underground Hypnosis, which I might call UHyp as a code, is a combination of social engineering, seduction, neurolinguistic programming, or NLP for short, and conversational hypnosis. These all involve covert persuasion to get people to do what you want them to do. The three major techniques I'm going to show you now were the first ones developed when Underground Hypnosis was invented. Once you learn these powerful techniques you will be able to quickly, easily and convincingly change someone's mind right in front of your eyes. Since these three major techniques are the most effective ever developed, they have been labeled the Roots of Covert Control.

So UHyp is about your own preparation and knowing how to influence people without them knowing it. You can mix and match these three techniques depending on your intentions and the results you want to obtain. So let's start with the Iron Man Pattern. I'm sure you've experienced a situation where someone walks into a club or meeting who is exuding an aura of supreme confidence and total control. They probably don't care what other people think about them because they're always sure of themselves and it shows in their demeanor and their actions. This is a natural Iron Man attitude.

So if you don't have this natural confidence and certainty, how can the Iron Man Pattern help you? Even if you don't have a lot of social anxieties and self doubts, or feel insecure every day, there are always circumstances where you would like to be more sure of yourself, right? If you have stage fright, get nervous at doing business presentations, or just get sweaty palms around your girlfriend, this will help you adjust your thoughts during all social interactions and conquer your fears. When you invoke the Iron Man Pattern, you will be able to think and act confidently way ahead of your opponents and always win.

The Iron Man Pattern is a form of advanced split personality control called versions. This allows you to have different personality characteristics for different social interactions. You can compartmentalize your feelings. For example, if you needed to get your girlfriend back, you would set up a version of yourself which was totally confident and self-assured and capable of getting her back by using the techniques you are going to learn here. Instead of the couch potato slob you may have been, this new Iron Man version of you would get out of the house and take her hiking, rock climbing, canoeing, or whatever she would enjoy, and be totally focused, ambitious and motivated.

In fact, you can have a version of yourself for your girlfriend, a version for work, a version for your friends to hang out with, and a version for being with your family. Why not? Now don't worry, we are not going to become clinical multiple personalities or crazy people, I just want you to be able to label and identify the version of yourself who you will be present in any specific situation. For example, the Iron Man is the version of you who is confident and never afraid in any social situation. And I would advise you to write down the exact specifications you need in order to create the version of yourself which will accomplish what you need to get done.

After you learn to call on the particular traits that you have identified are needed for a specific purpose, you will experience dramatic changes because everyone and every situation requires something different, and you will be able to give them what they want or expect. Let me tell you why this works. But first, let me say that there are two ways to accomplish the Iron Man Pattern, a challenging way that works, and an easy way that doesn't work as well. If you are willing to completely humiliate and embarrass yourself, you can gain confidence quickly if you follow my instructions. The challenging method is to hang a sign around your neck saying "I am stupid!" on the front and "I am an idiot!" on your back and walk around with it on for a day. Now you don't have to do this in your own town. Go to a larger city if you have to, but you can't hide behind sunglasses. Of course, you will be stared at and laughed at and you'll be so embarrassed you'll probably turn bright red and be completely humiliated. But that's what I want. Now if you just can't wear a sign, you can wear your underwear on the outside of your pants with your shirt tucked in. A not so challenging method would be to dress up in old or baggy or loud clothes and dye your hair pink and walk around the city for a day. You'll get some strange looks and feel uncomfortable, but it will not be as effective and I don't recommend this method. Be brave. Go for the max. You have to completely humiliate yourself in order to overcome any fear of what people think about you so you can become confident and unbeatable in any situation.

As I started to tell you, the reason this works is that once you have experienced this, you can draw on the inner strength it took you to do it. So when you need to ask your boss for a raise, for example, you can think back and say to yourself, I walked down Main Street in front of hundreds of people with my stupid sign on. I got gawked at, laughed at and humiliated. I can certainly handle talking to my boss now about something I deserve. Bring it on. You will have complete confidence and peace of mind. Once you have experienced the worst thing you can feel physically and emotionally, anything less will not affect you.

Another variation would be to go to a mall or other busy place and talk to 50 strangers for 5 minutes each. This will take you 4 hours and 10 minutes, but at the end of that time, you will know you can talk to anyone about almost anything. This method breaks down your fear and is a great confidence builder. You will also experience the fact that people will believe what you tell them if you have confidence. If you say you are an expert at hang-gliding after you have read a few books about it, people will believe you. If you act the part well, people will accept your version as the true you. You can also practice the trivia or jokes or one-liners you have memorized in order to become the Alpha. This is a safe way for you to impress people and gain experience and confidence.

So for each version for each life situation or relationship, you have to decide on your goals and write down what you will have to think, feel, say and do to accomplish those goals. The Iron Man Pattern will give you the strength to overcome your fears, but you have to add the requirements and obtain the experience for the version you will create to complete each mission. I will give you more details about how to do this at the UndergroundHypnosisElite.com membership site.

But now let's focus on the Black Ops Mirror Technique and talk about how you can cause anyone to instantly like you and feel connected to you. There are four major parts or steps to using this technique which we will cover. And you can use them successfully with even the richest, most powerful and intimidating people you can imagine. Now first, if you don't know the person you have targeted, you obviously walk up to them and give them what's called an Approval Inducer. You will make them grateful to you for helping them out. Now everyone has insecurities, even the rich and famous, so you want to give them a helpful negative compliment, as we talked about in the Alpha section. You might walk up to your target and say, "Excuse me, but you have something between your teeth" or "Did you know your shoe is muddy? (if it is) or "Do you realize you have some trash in your hair?" or whatever. Point out any kind of flaw, real or imaginary. The food between the teeth is especially good because they can't see whether or not they have anything in their teeth without a mirror (and that's not why this is called the mirror technique). Of course, your comment makes them uncomfortable, but they will be grateful, and you will feel very relaxed and at ease in using any of these techniques, because you have done the Iron Man Pattern exercise and feel confident in yourself. So make up some negative compliments and comments of your own, practice them, and learn to think on your feet and use them in any circumstances with anyone you like.

Now the second step in the Black Ops Mirror Operation after the Approval Inducer is to move on to the Time Limit. You tell them you will only be there for a few minutes. This puts the person at ease because you have told them they don't have to worry about you trying to talk to them for two hours. This is especially true of famous people who have "fans" trying to corner them all the time in public. You can say to your target as you start to walk away over your shoulder. "I've got to go to meet some friends in a minute, but I have a quick question for you..."

The third step in this technique is to ask them a Crazy Question. Now I don't mean something like, "Have you ever seen a purple elephant?" I'm talking about a crazy, trivial question that they won't know the answer to, but would be interested in finding out. Here's an example: "I've been arguing with my friend about this for days. Can you help me out? When a tornado starts to spin, is it because the hot air is on the top or the bottom?" or another one, "Do snakes have male and female sex organs?" or "Does water freeze faster when it's hot or cold?" Ask anything they probably don't know how to answer. You just want to get their attention and spend a few minutes with them.

Now they're not likely to ignore you or blow you off because you used the Approval Inducer and they feel they owe you a favor for helping them look good. For a brief moment, you had a higher Alpha status than they did, and you humbled them. That will be enough to get them talking with you because they also know there is a Time Limit. Now, if they give you an answer, they might say water freezes faster when it's hot, or the hot air rises under the bottom of a tornado, you then say, "Well my friend found a study that says just the opposite, but I agree with you." So you are agreeing with them as you turn back toward them to talk some more.

The fourth step in the Black Ops Mirror Technique is called the Set Up. To begin with, you want to match and mirror the other person's body language. If he has his hands in his pockets, then you put your hands in your pockets. If he has his arms crossed, then you cross your arms. Of course, it works for women, too, and if she is sitting with her legs crossed and you are sitting, you will also cross your legs. You will hold your hands the same as she does. You will begin subtly to mirror everything she does. You can even match her tone of voice, word phrases, her breathing rate and even her eye blinking rate.

This will bring you into rapport with her and she will instantaneously feel connected and close to you. This is a psychological fact. By matching and mirroring her physiology, you and she become emotionally entrained. Rapport is defined as being in sync or on the same wavelength. It allows two or more people to feel a harmonious or sympathetic connection, an affinity and accord. When done correctly, because you appear to be just like her, she will like you right away. You will learn a lot more about how to do this in the Underground Hypnosis Elite membership, but this is enough for you to experience it if you practice it properly.

Depending on what you want to accomplish and how the conversation is going, you will have two options. One is the Roller Coaster option where you build them up and then break them down. Sometimes you want to use the Black Ops Mirror to make them uncomfortable. So you would do the opposite of what they do - talk fast if they are talking slowly, speak loudly if they are speaking softly, breathe quickly if they are more relaxed. If she has her hands in her lap or on the table and you disagree with her, move your hands away and cross your arms. Or nod your head in agreement and then say no. This will break the rapport, but it will also demonstrate that you are in control. Now use this option carefully. After you break the rapport to punish them, you may want to re-establish the rapport so you can bring them under your control.

That's the other option, of course, which is to continue building rapport. As you are talking about his answer to your Crazy Question, notice the way he is speaking. This option is called Strings. Listen for his use of key words, especially the nouns. For example, if he says, "Speaking of tornados, I watched a story about tornados on an airplane flight last week." So in your mind you'll imagine the object which is described by the most important word in the sentence, in this case an airplane. Wrap a string around it, and place it in a mental box up to your left. This is one of many powerful memory assist methods called mnemonics. I will give you many more on the Elite member's site. This will allow you to remember and visualize that airplane for weeks. So continue to listen and if he says, "Boy, the eggs on that flight were awful" then you tie a string around an image of the eggs in your mind and add that to your visual memory box up to your left. After a few minutes, you will have strings around 10-12 mental objects that he has talked about and is interested in that you won't forget.

Now what do we do with all of these mental objects? If the conversation slows down about tornados, you have these strings you can pull to keep his interest in talking with you about things he mentioned. For example, you know he flew somewhere, so you can ask, "Where were you flying last week?" Always ask questions. Don't be robotic, you can comment, but continue to ask questions to find out what his likes and interests are. Anything he likes, you like. That's part of the Black Ops Mirror Technique.

You are like him and could be his best friend. If he likes airplanes, you say, "I collect model airplanes" or "I fly a lot in my work." He will begin to feel that you and he have a lot in common, and you like to talk about the same things he likes or dislikes. The more you encourage him to talk about things he is interested in, the more he will open up to you. You are headed toward sharing his passions, which we will use in the No Cleaver Technique.

I'll give you an example of how I used this technique years ago to get a \$200,000 a year job. The national sales manager had flown in for an interview with me set up by the local supervisor. We started talking and I asked him about his background. He said he was a pilot in World War II, so I said so was my Dad. I asked him about where he flew in the war and what his experiences were. Without much effort, I visualized his description of places and events, tied strings to them, and stored them in my memory box so I could pull them out and ask more questions to keep the conversation going. He talked on and on as I listened and matched and mirrored his movements, his words, even tone of voice. We were in complete rapport.

This Black Ops Mirror Technique also freed up my mind to think way ahead of him to control where and how I wanted to steer the conversation to get the outcome I wanted. He never even asked me about my credentials or sales qualifications, but after an hour, he got up and told the supervisor that I was exactly the kind of salesman they needed and he wished there were more like me. So without me having to think of something to say or respond to any difficult interview questions, instead he had completely enjoyed himself reliving his war experiences while I was an attentive and interested listener. I got the job and made a friend. As you see, this Black Ops Mirror Operation is very powerful.

Now let's learn about the No Cleaver Technique which proves wrong the theory that you can't put someone in a hypnotic trance without their permission. It also disproves the assertion that you can't make somebody do something under hypnosis against their will. Do this technique yourself to prove it out and you will see what I mean. I call it the No Cleaver because you will be able to overcome any resistance in your subject by putting them into a subtle conversational trance, without being heavy-handed or needing a meat cleaver to change their mind.

Now it's good if you have used the Mirror Technique to lead up to the No Cleaver, but not absolutely necessary. But you must have used the Strings Technique in your conversation, even on autopilot, to gain some intel about what they like. And when you have begun to shift the conversation in the direction you want to go, you have already started using the No Cleaver Technique.

Here is an example so you can see how a friend of mine, Taylor, used these techniques to get a raise from his boss. First, he used the Iron Man Pattern to put himself into a powerful frame of mind with complete confidence. He knew his boss fairly well and had used a version of himself at work for several months and had won him over with his performance. His prep work was done. He was way ahead of his boss in planning what he wanted and he was ready to execute his plan. So he went in to see the boss and asked him a crazy question to get him laughing and trying to figure out the answer. And even though he had some ideas beforehand, he started finding out more about what his boss was passionate about so he could tie strings around them for later.

Remember that if you can find out what someone loves and has a passion for, you can induce them into a trance very easily because they are so emotional about it. You find out what gets them excited while you are making strings on autopilot which gives you time to think about where you want to take the conversation.

Taylor said first his boss started talking about airplanes and how expensive they are. Then he started talking about how expensive his watches were, so my friend tied a string around the idea of expensive. So Taylor asked him “what was the most expensive thing you have ever owned?” and every topic kept coming back around to his passion, which was making money. So while Taylor is sitting there dominating his boss on autopilot, putting strings around different mental objects, and while his boss is essentially talking to himself in the mirror, Taylor understands that his boss loves to close deals and has a passion for making lots of money. So he ties a string around making money. Now the key to the No Cleaver Technique is to associate or transfer your target’s positive passion to you. So Taylor would say things like, “I know what you mean” and “I feel the same way” and “I agree. Making a big sale makes my day” and “Tell me how you do so many big deals and how I can make more money.”

So Taylor is agreeing with his boss, he’s in rapport, and then he says, “You know. Closing big deals is awesome. Check this out.” Then he pauses to be sure he has his boss’ attention, so Taylor could then remind him how much he had contributed to the company in the last six months. Then he was ready to spring the trap and tell him how he could make his boss even more money in the next six months. Now he knew his boss was old school and wasn’t too savvy on the internet, so he said, “I’ve been doing a lot of work online and I think I know how we can make a lot of money if you’ll do what I say.” Of course, this idea fires up the boss’ passion for making money which is a good trigger for Taylor to use.

The No Cleaver Technique is used anytime to drop anyone into trance through normal conversation by talking to him intensely about something that he is passionate about with strong eye contact. So Taylor leans forward in his chair, using his body language to indicate excitement and sincerity, and then, to raise the intensity even more, he gets out of his chair and says, “Do you mind if I close the door so I can talk to you privately about this?” Of course the boss says sure, but Taylor can see his eyes widen and his face redden with anticipation and his breathing is getting just a little bit faster.

Then Taylor continues, “I just wanted to talk with you about my ideas for how we can use the internet to make more money. I’ve tried to talk to some of the other salespeople here about it, but it’s really over their head.” So Taylor has been using these strings and the passion his boss has about making money for the past 20 minutes or so, and has told him how he has so many ways to make more money for him that he feels sure he’ll be even more valuable and productive in the future. His boss is in a trance similar to a driver’s trance because he is hearing about his passion and Taylor is talking with excitement but lulling him into a deeper trance so that everything else seems to just fade away. Then he says, “I’ve been working really hard on these ideas at night so I can make you more money. I can hardly sleep I’m so excited. My wife even thinks I deserve a 20% raise for it. What do you think?” Then he shut up, and waited for his boss to speak. It is very difficult for someone in a trance to disagree and say no to you. Taylor told me he just kept his gaze steady into his boss’ eyes. His boss eventually said, “Taylor, I agree, you deserve a raise, so I’m going to give you 15% more.” Fantastic! Taylor got the raise he wanted.

If you do the Black Ops Mirror Technique properly and take the person through the Roller Coaster if necessary, to break down his resistance, and keep using Strings to find and remember his interests, and build on his excitement about his passion, and transfer that emotion to you, then he will have to say, "Of course, I agree with you." At a minimum he will say, "Sounds good, let me think about it" and you have an opportunity to take him through the cycle again. You can even implant what's called a future memory. Taylor could have said, "Boss, when you've had time to think about it and agree I can make you a lot more money after you offer me that raise, I'll come back." Then he could leave and come back in 30 to 45 minutes and say, "Hey boss, I thought of a couple more ideas about how we can make more money using the internet". He would give him some details, use the strings again to reignite his passion, and say casually, "So how about compensating me for the extra money I'll be making for you?" And 80% of the time you'll be successful. If you have to come back in a week and give him more reasons and get him talking about making money again to give you a raise, do it until he can't refuse you. You will be able to out think, out plan and out maneuver anyone by discovering their passion and using these techniques to get what you want.

So now you have the Three Majors of Underground Hypnosis. Do the Iron Man Pattern, practice the Black Ops Mirror Operation and the No Cleaver Technique and you will become unstoppable and irresistible. Let me know how you use this to achieve your heart's desires. Next the Master's Edition students will learn about the Black Ops Truth Extractor: Find Out Who Is Lying To You.