## TIDEPOOL

## The Kiln

The Kiln brings passionate creativity and originality through intensity and emotion.

Wow, you've got it all. Serious artistic sensibilities, with the temperament to go with it. You bring originality and creativity to your work, and you have little interest in following conventions and expectations. In your emotional life, you also tend to move away from the middle. Especially when things don't go your way, you can react pretty intensely.

Chances are, there are plenty of people around you who love the gusto with which you work and live your life. It may be, too, though, that your strong negative reactions when things go wrong are keeping you from being as effective as you could be in terms of doing your job. Do your best to notice when you feel yourself becoming upset, and try to manage those feelings before allowing them to explode into larger actions and reactions.

Also, once you notice something that's consistently upsetting you, take steps to address the situation. Be proactive, talking to your manager and discussing the issue so that it's not a constant source of irritation. Then you can get back to doing what you do best: using your creativity and imagination to come up with interesting and novel ideas.