Sam Cooper

TidePool

10x10 High Neuroticism Row:

**High Neuroticism** with…:

**Low Neuroticism:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, can keep his/her2 team calm and collected through even the tightest deadlines and most stressful assignments. He/She2 can tackle tough projects without letting the stress infect and bring down his/her2 attitude.

You two go about your day-to-day lives operating on completely different emotional states, but by utilizing this disparity you can become an incredibly effective team. When you work together, you should:

-Assign firstname1 to the parts of the assignment that require perseverance and implementing established and effective procedures.

-Take on short-term projects with strict deadlines.

-Hold daily meetings to make sure that the project is going according to plan and all deadlines are being met.

-Work with large teams.

-Firstname2 should focus on managing the project as a whole, while firstname1 tackles individual tasks.

And you should try to avoid:

-Abstract projects with indefinite goals.

-Negative criticism that can damage firstname1’s performance.

-Deviating from your established plan before explaining the deviation the team.

**High Neuroticism:**

You two, firstname1 and firstname2, are an outspoken and emotional bulldozers who aren’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance, because failure is not an option.

You two are never afraid to stand up for your ideas and beliefs. When you work together, you should:

-Tackle concrete assignments with established objectives.

-Have daily meetings to review your progress and deal with any unexpected challenges.

-Rely on trusted routines to get the job done.

And you should try to avoid:

-Short-term assignments and strict deadlines.

-Inventing and implementing untested strategies.

-Taking constructive workplace criticism too personally.

**Low Conscientiousness:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, thrives when work becomes chaotic. He/She2 feels invigorated by a pile of unrelated tasks, even when there aren't clear goals or objectives.

You two impulsive problem solvers form an unlikely and effective team, bringing together a laid back attitude and an intense sense of focus. When you work together, you should:

-Tackle a variety of short-term projects with clear objectives.

-Have frequent meetings to review progress, problems, and individual achievements.

-Schedule frequent breaks into your routine to avoid procrastination.

And you should try to avoid:

-Projects with strict deadlines.

-Inventing and implementing untested strategies.

-Criticizing a project after its completion.

**High Conscientiousness:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, loves long term assignments with quantifiable goals. By focusing on organization and careful planning, he/she2 can meticulously chart out a set path to success.

You two have completely different approaches to stressful situations and obstacles. When you work together, you should:

-Firstname2 should break an assignment down into a series of concrete steps before starting on a project.

-Firstname1 should use trusted routines and strategies to tackle one step at a time.

-Schedule frequent meetings to track progress and deal with any problems that arise.

-Focus on long-term assignments.

And you should try to avoid:

-Deviating from the established plans or strategies before having a team-wide meeting.

-Inventing and implementing untested strategies and procedures.

-Projects with abstract goals.

**Low Agreeableness:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, thrives on individualism and maintaining an objective perspective. Rather than falling in love with the project, he/she2 values the final result, and is willing to voice his/her2 opinion in order to ensure that the end result is ideal.

You two prefer to avoid unnecessary people-pleasing in favor of getting straight to the point. When you work together, you should:

-Meet and agree on the concrete strategies and techniques that will be used to complete each step of a project.

-Have short daily meetings to keep up-to-date on project progression and any unexpected problems.

-Work on concrete assignments with definite goals and routine procedures.

-Allow team members to work remotely.

-Leave a few days for review and adjustments before the deadline.

And you should try to avoid:

-Short-term assignments with strict deadlines.

-Inventing and implementing untested procedures.

-Criticizing a project after it’s completed.

**High Agreeableness:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, thrives on bringing people together, resolving tensions, and transforming groups into teams. He/She2 credits teams, rather than ideas, as being the most crucial element on the path to success.

You two may have opposite approaches to dealing with conflict, but by coming together you form a formidable team. When you work together, you should:

-Meet daily to discuss any unexpected problems that arise.

-Work with large teams.

-Schedule weekly group-wide meetings for teammates to showcase their work and progress.

-Focus on assignments with tangible goals and routine procedures.

And you should try to avoid:

-Working remotely.

-Abstract assignments with undefined goals and procedures.

-Inventing and implementing untested procedures.

**Low Openness:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, thrives on proven procedures and regular routines. He/She2 values concrete strategies over unproven abstract theories that might just slow him/her2 down.

You two go about your day-to-day lives operating on completely different emotional states. When you work together, you should:

-Have daily meetings to bring up any problems or pitfalls that have arisen in your projects.

-Tackle concrete assignment with tangible goals.

-Break assignments down into individual tasks and defined steps.

And you should try to avoid:

-Abstract assignments that lack a clear path to success.

-Quick back-to-back assignments and tight deadlines.

-Decentralized team-based assignments that lack a constant stream of communication.

**High Openness:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, thrives on creativity and spontaneity. He/She2 feels confined by routine, and prefers to invent and implement original approaches to deal with a wide variety of challenging assignments.

You restless adventurers are never satisfied with following boring routines or rigid procedures. When you work together, you should:

-Dissect projects together and agree on strategies and procedures to utilize.

-Define the goals of an assignment in concrete terms before starting on a project.

-Have daily meetings to keep track of any problems or changes in procedure.

And you should try to avoid:

-Focusing on one massive project for long periods of time.

-Abstract assignments that lack a concrete goal.

-Tight and strict deadlines that cause excessive stress and leave little room for creativity.

**Low Extraversion:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, dissects and solves problems using an effective lone-wolf approach. He/She2 finds meetings to be unproductive and exhausting. If he/she2 is allowed to sit down and focus on a problem for a little while, a path to success is bound to emerge.

You two approach socialization from opposite angles, which can be an incredible advantage when you form a team. When you work together, you should:

-Allow Firstname2 to break assignments down into a series of routine tasks for firstname1.

-Work on long-term projects with flexible deadlines.

-Have daily meetings to review progress, procedures, and unexpected problems.

-Utilize the routine procedures that have been successful in the past.

And you should try to avoid:

-Inventing and implementing untested procedures.

-Heavily collaborative projects with no room for individual work.

-Short-term assignments with strict deadlines.

**High Extraversion:**

You, firstname1, are an outspoken and emotional bulldozer who isn’t afraid of confrontation or drama. You can attack assignments with an unmatched sense of emotional intensity and perseverance.

Firstname2, on the other hand, thrives on socializing and interacting with others. He/She2 can get his/her2 team enthusiastic and ready to tackle any assignment, even if researching the minutiae of the project would bore him/her2 to tears.

You two have very different approaches to group situations. When you work together, you should:

-Work with large teams.

-Work on long-term assignments with concrete goals and procedures.

-Have daily meetings together and discuss any unexpected problems that arise.

And you should try to avoid:

-Working remotely.

-Negative feedback that will harm firstname1’s productivity.

-Inventing and implementing untested strategies.