Sam Cooper

TidePool

10x10 Low Extraversion Row:

**Low Extraversion** with…

**Low Neuroticism:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, can keep his/her2 team calm and collected through even the tightest deadlines and most stressful assignments. He/She2 can tackle tough projects without letting the stress infect and bring down his/her2 attitude.

You thoughtful and deliberate thinkers can overcome any obstacle with ease and grace. When you work together, you should:

-Break assignments down into a series of steps and give team members separate roles and defined responsibilities.

-Allow teammates to work remotely.

-Keep teammates up-to-date with email rather than meetings.

-Take on short-term assignments with strict deadlines.

And you should try to avoid:

-Meetings with more than five people.

-Working in large groups.

-Heavily collaborative assignments with little room for individual work.

**High Neuroticism:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives on routine procedures and assignments that have clear and achievable goals. He/She2 has the perseverance and drive to finish any assignments, and failure for him/her2 is not an option.

You two approach socialization from opposite angles, which can be an incredible advantage when you form a team. When you work together, you should:

-Allow Firstname1 to break assignments down into a series of routine tasks for firstname2.

-Work on long-term projects with flexible deadlines.

-Have daily meetings to review progress, procedures, and unexpected problems.

-Utilize the routine procedures that have been successful in the past.

And you should try to avoid:

-Inventing and implementing untested procedures.

-Heavily collaborative projects with no room for individual work.

-Short-term assignments with strict deadlines.

**Low Conscientiousness:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives when work becomes chaotic. He/She2 feels invigorated by a pile of unrelated tasks, even when there aren't clear goals or objectives.

You two march to the beat of your own drum, which gives you a unique perspective on people and projects. When you work together, you should:

-Allow firstname1 to break the project down into a series of steps for firstname2.

-Have short weekly meetings to showcase progress and individual achievements.

-Work on a series of short-term projects.

-Allow team members to work remotely.

And you should try to avoid:

-Routine meetings that do not address a specific issue.

-Heavily collaborative assignments that leave little room for individual work.

-Assignments that rely on routine and repetitive procedures.

**High Conscientiousness:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, loves long term assignments with quantifiable goals. By focusing on organization and careful planning, he/she2 can meticulously chart out a set path to success.

You two quiet and focused self-starters never leave a job unfinished. When you work together, you should:

-Allow firstname2 to break an assignment down into a series of steps, and divvy out the lone-wolf responsibilities to firstname1.

-Keep teammates up-to-date with emails rather than meetings.

-Allow team members to work remotely.

And you should try to avoid:

-Short-term assignments with strict deadlines.

-Abstract assignments that lack definite goals.

-Meetings with more than five people.

**Low Agreeableness:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives on individualism and maintaining an objective perspective. Rather than falling in love with the project, he/she2 values the final result, and is willing to voice his/her2 opinion in order to ensure that the end result is ideal.

You individualistic trailblazers are never afraid to get straight to the point. When you work together, you should:

-Work in small teams with people you trust.

-Keep teammates up to date with emails rather than meetings.

-Leave room for assessment and adjustment to the project before the deadline.

And you should try to avoid:

-Heavily collaborative assignments that leave little room for individual work.

-Meetings with more than five people.

-Routine assignments that leave little room for creativity or autonomy.

**High Agreeableness:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives on bringing people together, resolving tensions, and transforming groups into teams. He/She2 credits teams, rather than ideas, as being the most crucial element on the path to success.

You two calm and deliberate drama-haters can lead groups harmoniously towards success, no matter what obstacles are in your way. When you work together, you should:

-Meet before starting a project: firstname1 should organize teams and responsibilities while firstname2 breaks down the assignment into concrete steps.

-Trust teammates to get the job done using their own proven methods.

-Work remotely.

And you should try to avoid:

-Routine meetings that are not addressing any specific issue.

-Meetings with more than five people.

-Heavily collaborative assignments that leave little room for individual work.

**Low Openness:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives on proven procedures and regular routines. He/She2 values concrete strategies over unproven abstract theories that might just slow him/her2 down.

You two deliberate do-getters can be thrown at any problem and get the job done, using the proven methods that you’ve grown to love. When you work together, you should:

-Firstname2 can break assignments down into concrete steps.

-Firstname1 can determine which routines go most effectively with each step.

-Use the trusted routines and strategies that have worked well in the past.

And you should try to avoid:

-Frequent meetings that don’t address a specific issue.

-Heavily collaborative assignments that require constant teamwork.

-Assignments that require inventing and implementing original strategies and procedures.

**High Openness:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives on creativity and spontaneity. He/She2 feels confined by routine, and prefers to invent and implement original approaches to deal with a wide variety of challenging assignments.

You two thoughtful and deliberate explorers carefully research and pursue plenty of new experiences that you’re sure will leave you satisfied. When you work together, you should:

-Have quick daily meetings to keep up-to-date on the project’s progress.

-Take on abstract long-term assignments that require creativity and experimentation.

-Compromise and collaborate on your original approaches to assignments.

And you should try to avoid:

-Routine meetings that do not address specific issues.

-Meetings with more than five people.

-Short-term assignments with tight deadlines.

-Routine assignments with little room for autonomy and creativity.

**Low Extraversion:**

You, firstname1 and firstname2, are low-key problem solvers. Your individualistic natures and deliberate approaches to problem-solving mean that you two work best alone, when there’s no team to slow you down.

You proud introverts charge your batteries far from maddening crowds. When you work together, you should:

-Communicate with emails rather than meetings.

-Allow team members to work remotely.

-Delegate specific tasks and responsibilities to each team member so everyone has a defined and separate role.

And you should avoid:

-Heavily collaborative projects that leave little room for individual work.

-Working in large teams.

-Meetings with more than five people.

**High Extraversion:**

You, firstname1, are a low-key problem solver. Your individualistic nature and deliberate approach to problem-solving mean that you work best alone, when there’s no team to slow you down.

Firstname2, on the other hand, thrives on socializing and interacting with others. He/She2 can get his/her2 team enthusiastic and ready to tackle any assignment, even if researching the minutiae of the project would bore him/her2 to tears.

You two form a dynamic duo together with your opposite approaches to socialization and life. When you work together, you should:

-Firstname1 should break assignments down into a series to steps, and form the teams and routines that will be necessary to complete the project.

-Firstname1 should work on each individual step of the assignment.

-Firstname2 should keep the team running effectively with enthusiasm and availability.

-Firstname2 should present the results after the project is finished.

And you should try to avoid:

-Meetings with more than five people.

-Routine projects with standard procedures and little room for autonomy.

-Working remotely.