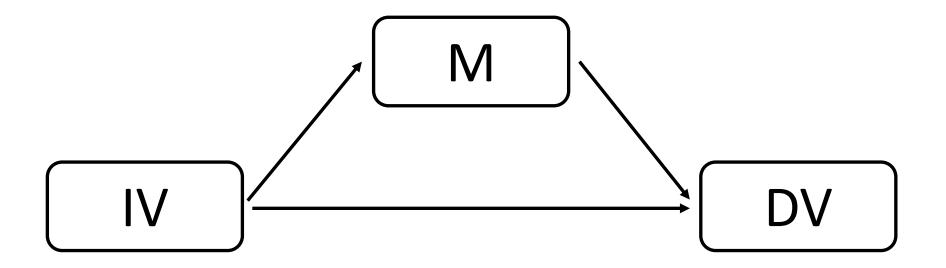
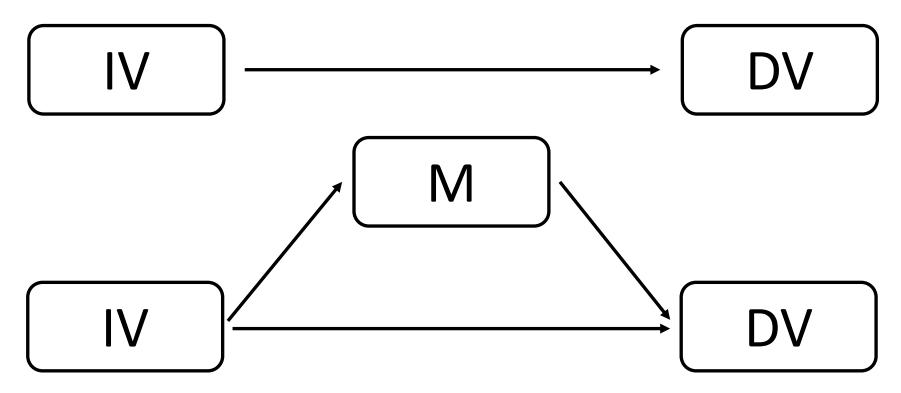
# **Total Effect and Indirect Effect**



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### **Basic Idea of Mediation**

- An observed relationship between an independent variable (IV, or X) and a dependent variable (DV, or Y).
- Mediator (M): Trying to explain that observed relationship.



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### **Conditions of Mediation**

- Based on Baron & Kenny (1986), there are three sets of regression:
- (1)  $X \rightarrow Y$  (c needs to be significant, generally speaking.)

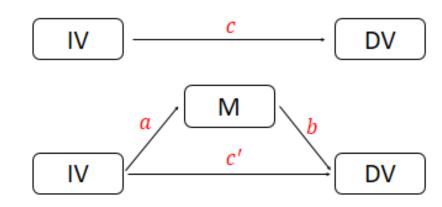
$$Y = cX$$

• (2)  $X \rightarrow M$  (a needs to be significant.)

$$M = a X$$

• (3)  $X + M \rightarrow Y$  (b needs to be significant.)

$$Y = c'X + bM$$



### total effect = direct effect + indirect effect

$$c = c' + ab$$

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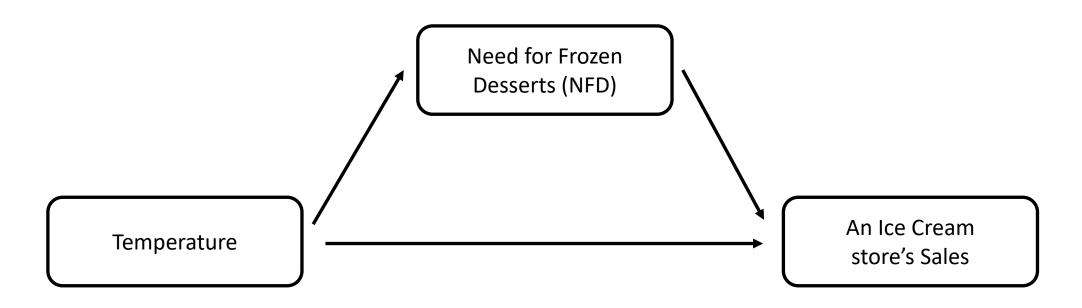
## **Hypothetical Data**

• Note: This data is generated via R programming (i.e., not real data). Please do not interpret the findings from a theoretical perspective.

- IV = Temperature
- DV = Sales
- Mediator = Need for Frozen Desserts (NFD)
  - How much do you want to have frozen desserts?
  - 0 = Not at all, 6 = Very much

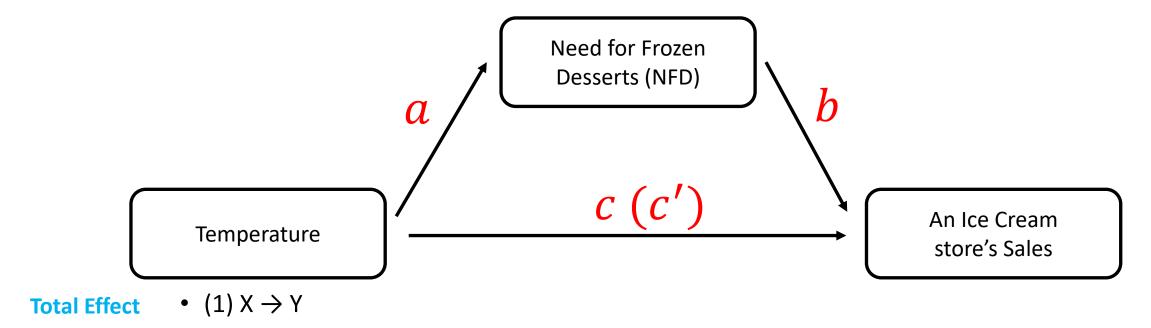
# **Example of Mediation**

- The following is a hypothetical study.
  - Higher temperatures increase an ice cream store's sales.
  - This is because higher temperatures make people want to have frozen desserts, making them more likely to buy ice cream from the store



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$$Y = cX$$

Sales =  $b_0 + c$  Temperature

Indirect Effect: • (2)  $X \rightarrow M$  (a needs to be significant.)

$$M = a X$$

NFD =  $b_0 + a$  Temperature

• (3)  $X + M \rightarrow Y$  (b needs to be significant.)

$$Y = c'X + bM$$

Sales = 
$$b_0 + c'$$
Temperature +  $b$  NFD

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