

NEWS, FIXED

The World Is Getting Better. Here's Proof.

MONDAY

NOVEMBER 10, 2025

HEALTH & EDUCATION

World's Mood Bounces Back: Happiness Hits Highest Since 2019

A massive global survey has revealed something remarkable: the world is genuinely cheering up. After years of pandemic stress, people's moods have bounced back to their happiest levels since 2019. The numbers tell an encouraging story. Only 39% of people worldwide said they felt worried yesterday, and just 37% felt stressed—the lowest readings in years. Even better, nearly nine out of ten people reported feeling respected by others, and over 70% smiled or laughed the previous day. Think about what this means for your generation. When adults are less stressed and more positive, it creates better environments everywhere—at home, at school, and in communities. Happier people tend to make better decisions about big issues like climate change and education that will shape your future. The survey did find big differences between countries. Denmark topped the charts for enjoyment, while nations experiencing war or political chaos like Chad and Iraq struggled most. This shows that peace and stability aren't just abstract concepts—they directly affect how people feel every single day. As the world recovers its emotional health, there's genuine reason for optimism about what comes next.



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QUICK WIN

Good news is happening every day. Keep reading to discover how the world is getting better!

TOMORROW

Tomorrow we explore Environment & Conservation—from innovative solutions protecting our planet to the dedicated people making a difference in nature. Join us for stories of hope and progress.

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Mozambique Vaccinates 3 Million Girls Against Deadly Cancer Virus

Mozambique just vaccinated nearly 3 million girls against HPV, a virus that causes cervical cancer and kills about 4,000 women there yearly. The campaign reached an impressive 95% of girls aged 12-18 across all provinces. This same vaccine has already slashed cancer rates in other countries, giving Mozambique's girls a much healthier future ahead.



gavi.org

Nigeria Launches Mega Vaccine Drive to Protect 106 Million Kids

Nigeria has launched its biggest-ever vaccination campaign, aiming to protect 106 million children against measles, rubella, polio and HPV by early 2026. Nicknamed "the mother of all campaigns," it's the first time the country has combined multiple vaccine programmes into one nationwide effort. The ambitious drive covers every state and could prevent millions of serious illnesses and save countless lives.



gavi.org

Blood Test Can Now Spot Memory Disease Before It Starts

Doctors can now detect Alzheimer's disease years before symptoms appear using simple blood tests. These early warnings let patients start new treatments that could slow or stop the disease from getting worse. Scientists call this breakthrough the most hopeful decade yet for fighting dementia, which affects millions of older adults worldwide by damaging memory and thinking skills.



statnews.com

Woman's Own Cells Cure Her Diabetes in Medical First

Doctors in China helped a woman with type 1 diabetes stop needing insulin shots—for the first time ever using cells from her own body. They reprogrammed her tissue into insulin-producing cells and transplanted them back. A year later, her blood sugar stays normal without medication. This breakthrough could lead to personalized treatments for millions of people with diabetes worldwide.



tinyurl.com

BY THE NUMBERS

106M

Nigerian kids protected by new vaccine drive

3M

Mozambican girls vaccinated against cancer virus

2019

Last time global happiness was this high

1st

Woman cured of diabetes using her cells

100%

Blood test accuracy before memory disease starts

109M+

Total children protected by vaccines this week

Good news exists, but it travels slowly.

News, Fixed • Page 2 of 2 • Good news exists, but it travels slowly. Keep reading.