

# 1

## READING • Screen time

I can read comments and opinions, and understand the main ideas.

**THINK!** How much time do you spend in front of your computer screen every day?

# Friends Forum

Main forum > Help and advice > Family Rules > Screen time

Post reply

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**Typho**



The rule in our family is – no phones at the table. My dad **bans** phones when we're eating together at home or in a restaurant.

**Serzh98**

New Member



Our family rules? I'm not allowed to have a computer in my room, but my parents **let** my sister have a PC because 'she's older and she studies more'. But she doesn't!!!

**Sam15**



My mum doesn't **allow** TVs, computers or phones in our rooms. But anyway, I just want to sleep in my bedroom!

**Maya**



I don't watch much TV, except a bit on YouTube. But my nan\* watches TV a lot. So anyone can spend time in front of screens. 😊

\* nan = grandmother

**Messifan**



I do a lot of sport outside. So my mum allows me to play video games.

**Typho**



Ooh, my parents only let me play video games when I finish my homework. But I have A LOT of homework so I hardly ever play. 😞

- 1 Read the Study Strategy. Then read the forum quickly. Which two people are not happy with the rules at home?

### STUDY STRATEGY

#### Skimming for gist

- Read the text quickly to understand the general idea.
- Read the text again to understand specific information.

- 2 **VOCABULARY PLUS** Use a dictionary to check the meaning of the words in **blue** in the text.

- 3 1.06 Read and listen to the forum and answer the questions.

Who...

- 1 ... doesn't allow his family to use phones during family meals?
- 2 ... allows their daughter to have a computer in her room?
- 3 ... doesn't let her daughter watch TV in her bedroom?
- 4 ... spends a lot of time watching TV?
- 5 ... allows their son to play video games after he finishes his homework?
- 6 ... lets her son play video games because he plays outside, too?

- 4 **USE IT!** Work in pairs. Do you think Typho's dad is right to ban phones at meal times? When do your parents let you use the computer?