

para-cycling (n) /'pærə'saɪklɪŋ/ /'perə'saɪklɪŋ/ the sport of cycling adapted for cyclists who have various disabilities: *môn đua xe dành cho người khuyết tật*

potassium (n) /pə'tæsiəm/ /pə'tæsiəm/ a silver-white chemical element that is used in the production of soap, glass, and fertilizers: *nguyên tố ka-li (k), chất kiềm*

protein (n) /'prəʊti:n/ /'prəʊti:n/ one of the many substances found in food such as meat, cheese, fish, or eggs: *chất đạm*

publish (v) /'pʌblɪʃ/ /'pʌblɪʃ/ to produce and sell a book, magazine, or newspaper: *xuất bản*

reduce (v) /rɪ'dʒu:s/ /rɪ'dʒu:s/ to make something become smaller in size: *giảm nhẹ*

scrambled eggs (n) /,skræmbəld 'egz/ /,skræmbəld 'egz/ eggs mixed with a little milk and mixed again as they are being fried: *món trứng quây*

shake (n) (also milkshake) /ʃeɪk/ /ʃeɪk/ a drink with milk, ice cream and a flavour such as fruit or chocolate: *đồ uống có sữa, kem và hương liệu*

soft-boiled eggs (n) /,sɒft'boɪld 'egz/ /,sɒft'boɪld 'egz/ boiled eggs with soft yellow yolks: *trứng lòng đào*

speed (n) /spi:d/ /spi:d/ how fast something moves: *vận tốc*

translation (n) /trænz'leɪʃən/ /trænz'leɪʃən/ /trænz'leɪʃən/ /trænz'leɪʃən/ a work in another language: *bản dịch*

weird (a) /wɪəd/ /wɪəd/ very strange and unusual, unexpected, or not natural: *huyền bí, khác lạ*

whey (n) /wei/ /wei/ the liquid part of milk that is separated from the solid curds during the process of making cheese: *nước dạng sữa*

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application (n) /,æplɪ'keɪʃən/ /,æplə'keɪʃən/ a computer program: *ứng dụng, phần mềm*

avoid (v) /ə'vɔɪd/ /ə'vɔɪd/ to stay away from someone or something: *tránh xa*

bossy (a) /'bɒsi/ /'bɒsi/ a bossy person is always telling people what to do: *hống hách, hách dịch*

challenging (a) /'tʃælɪndʒɪŋ/ /'tʃælɪndʒɪŋ/ hard, difficult: *đầy thách thức*

charge (v) /tʃɑ:dʒ/ /tʃɑ:rdʒ/ to put electricity into a battery: *nạp điện, sạc*

compass (n) /'kæmpəs/ /'kæmpəs/ a device for finding direction with a needle: *la bàn*

competitive (a) /kəm'petɪtɪv/ /kəm'petətɪv/ involving competition: *có tính cạnh tranh*

experienced (a) /ɪk'spiəriənst/ /ɪk'spiəriənst/ having skill or knowledge: *có kinh nghiệm*

first-aid kit (n) /,fɜ:st 'eɪd ,kɪt/ /,fɜ:st 'eɪd ,kɪt/ a box or bag containing basic medical equipment: *túi /hộp sơ cứu*

fit (a) /fɪt/ /fɪt/ healthy and strong: *khỏe mạnh*

GPS (n) /,dʒi:pi:'es/ /,dʒi:pi:'es/ global positioning system: *hệ thống định vị toàn cầu*

imperative (n) /ɪm'perətɪv/ /ɪm'perətɪv/ the form of a verb that is used for giving orders: *dạng mệnh lệnh*

military (a) /'mɪlɪtəri/ /'mɪləteri/ relating to or belonging to the armed forces: *thuộc về quân sự*

panic (v) /'pænɪk/ /'pænɪk/ to suddenly feel so worried or frightened: *hoảng sợ*

practical (a) /'præktɪkəl/ /'præktɪkəl/ relating to experience, real situations, or actions: *thực tế, thực dụng*

problem people (n) /'prɒbləm 'pi:pəl/ /'pra:bləm 'pi:pəl/ naughty students: *học sinh chưa ngoan*

quality (n) /'kwɒləti/ /'kwɑ:ləti/ a characteristic or feature of someone: *phẩm chất*

reserved (a) /rɪ'zɜ:vəd/ /rɪ'zɜ:vəd/ reserved people do not talk about their thoughts: *kín tiếng, dè dặt*

safety vest (n) /'seɪfti vest/ /'seɪfti vest/ the clothes you wear to keep yourself safe: *áo bảo hộ*

satellite (n) /'sætələɪt/ /'sætələɪt/ a device sent up into space to travel around the earth, used for collecting information: *vệ tinh nhân tạo (sử dụng cho viễn thông)*

shelter (n) /'feltər/ /'feltər/ a building designed to give protection: *nơi trú ẩn*

solo (adv) /'səʊləʊ/ /'səʊləʊ/ alone: *một mình*

stay alive (v) /steɪ ə'laɪv/ /steɪ ə'laɪv/ survive: *sống sót*

stay confident (v) /steɪ 'kɒnfɪdənt/ /steɪ 'kɑ:nfədənt/ to show your being certain of your abilities: *tỏ ra tự tin*

survival (n) /sə'vaɪvəl/ /sə'vaɪvəl/ the fact of a person continuing to live or exist: *sự sống sót, sinh tồn*

survive (v) /sə'vaɪv/ /sə'vaɪv/ to continue to live or exist: *sống sót, sinh tồn*

take risks (v) /'teɪk risks/ /'teɪk risks/ to do something despite a chance of a bad result: *liều lĩnh, mạo hiểm*

tough (a) /tʌf/ /tʌf/ strong; not easily broken or made weaker: *khắc nghiệt*

track (v) /træk/ /træk/ to follow a person or animal by looking for proof: *theo dõi, truy lùng*

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ambitious (a) /æm'bɪʃəs/ /æm'bɪʃəs/ having a strong wish to be successful: *có tham vọng*

bass (n) /beɪs/ /beɪs/ (also base guitar) an electric guitar that plays very low notes: *đàn ghita điện có nốt rất thấp*

charming (a) /'tʃɑ:mɪŋ/ /'tʃɑ:rmɪŋ/ pleasant and attractive: *duyên dáng, yêu kiều*

chorus (n) /'kɔ:rəs/ /'kɔ:rəs/ part of a song that is repeated several times: *điệp khúc*

classical music (n) /,klæsɪkəl 'mju:zɪk/ /,klæsɪkəl 'mju:zɪk/ a long, formal and traditional type of music: *nhạc cổ điển*

concert (n) /'kɒnsət/ /'kɑ:nsərt/ a performance of music: *buổi ca nhạc*

DJ (n) /,di:'dʒeɪ/ /,di:'dʒeɪ/ a disc jockey: *người chỉnh nhạc*

energetic (a) /,enə'dʒetɪk/ /,enə'dʒetɪk/ having or involving a lot of energy: *tràn đầy năng lượng*

fusion (n) /'fju:ʒən/ /'fju:ʒən/ an occasion when two or more things join: *sự pha trộn*