

PROGRESS REVIEW 3

MY EVALUATION Check your progress. Do the exercises and then complete your own evaluation.



I need to try this again.



I am happy with this.



I could do this better.



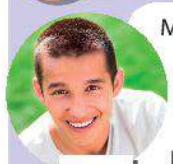
I can do this very well.

VOCABULARY Food

1 Complete the words in the texts.



What's your favourite food?



Kai

My favourite meal is breakfast. I like all the different food you can have! I often have an ¹e__ with some ²b____ and I usually drink some cold ³j____ with that. A good breakfast is the best start to the day!



Jasmine

I like healthy food. I love eating ⁴f____, for example, grapes or a nice ⁵a____. For lunch, I often have a ⁶s____ with cucumber and a lot of other things in it. If I make a pizza, I put a lot of ⁷v____ on it and of course, some ⁸c____. I don't like unhealthy fast food such as ⁹b____ and ¹⁰c____.

I can talk about food I like and dislike.

MY EVALUATION



READING Sumo style

2 Complete the text with the words.

bowls desserts
dish enormous train vitamins

Japanese sumo wrestlers have a very different lifestyle to most people. Many sumo wrestlers are ¹_____ – some of them weigh around 190 kilos! They also have to get up very early and ²_____ a lot. They always eat a special ³_____ – it's called *chankonabe*. They often eat six or seven ⁴_____ of it in one meal! It's quite healthy because there are a lot of ⁵_____ in it and there isn't much fat. They don't only eat *chankonabe* – they have different things such as eggs, salads and ⁶_____ too.

I can summarise a text.

MY EVALUATION



LANGUAGE FOCUS *some, any, much, many* and *a lot of* + countable and uncountable nouns

3 Choose the correct words.

- There aren't..... sweets in this bag.
a. some b. much c. many
- I haven't got..... cheese with my burger.
a. any b. some c. many
- My sister eats..... unhealthy snacks.
a. much b. a lot of c. any
- There isn't..... soup in your bowl.
a. some b. much c. many
- Are there..... nice dishes on the menu?
a. any b. much c. a lot
- We've got..... nice black grapes.
a. some b. any c. much

I can talk about food and meals.

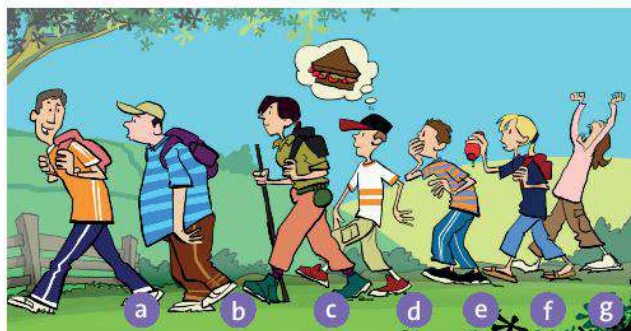
MY EVALUATION



VOCABULARY AND LISTENING Adjectives: Health

4 2.21 Listen and draw lines from names 1–7 to people a–g in the picture.

1 Dad 2 David 3 Helen 4 Kate



5 Paul 6 Sarah 7 Tom

I can understand specific information.

MY EVALUATION

