

## 5 LANGUAGE FOCUS • Countable and uncountable nouns

• *some, any, much, many* and *a lot of*

I can talk about food and meals.

- 1 Find examples of the words below in the texts on pages 62 and 63. Which are countable (c) and which are uncountable (u)? Add the words to Rules 1–2.

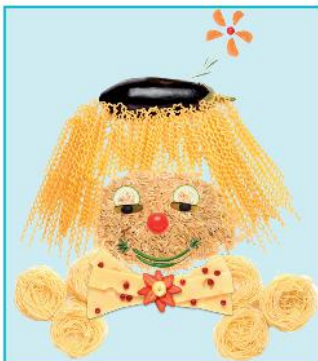
apple juice egg bread pasta  
sweet water snack

### RULES

- With countable nouns, we use *a* or *an* and plural forms: *an apple / apples, ..... / ..... / .....*
- With uncountable nouns, we don't use *a, an* or plural forms: *juice, ....., ....., .....*

- 2 Look at the pictures and complete the sentences.

meat crisps ~~pasta~~ rice vegetables  
cheese pears ~~grapes~~



Uncountable

How **much** ... ?  
There's **a lot of** pasta.  
There's **some** <sup>1</sup> .....  
There **isn't much** <sup>2</sup> .....  
There **isn't any** <sup>3</sup> .....

Countable

How **many** ... ?  
There **are a lot of** <sup>4</sup> .....  
There **are some** <sup>5</sup> .....  
There **aren't many** grapes.  
There **aren't any** <sup>6</sup> .....

- 3 Look at the sentences in exercise 2 and choose the correct words in Rules 1–3.

### RULES

- We use *much / many* with uncountable nouns.
- We use *much / many* with countable nouns.
- We often use *any, much* and *many* in questions and negative / affirmative sentences.
- We use *some, any* and *a lot of* with countable and uncountable nouns.



- 4 Complete questions 1–5 with *much* and *many*. Then choose the correct words in the answers.

## Food facts

- How ..... meat do vegetarians eat? They don't eat **any / much / many** meat.
- How ..... vitamins are there in white rice? There aren't **many / much / some** vitamins in white rice.
- How ..... fat is there in chocolate? There's **a lot of / much / many** fat in chocolate.
- How ..... fruit is there in fizzy drinks? There isn't usually **much / many / some** fruit in fizzy drinks.
- How ..... people can't eat nuts? There are **some / much / any** people who can't eat nuts.

- 5 **USE IT!** What do you usually eat and drink every week? Complete the sentences. Then compare with other people in the class. Are they the same or different?

- I eat some .....
- I never eat any .....
- I don't eat many / much .....
- I drink a lot of .....
- I don't drink much .....
- I never drink any .....

I eat some vegetables every day. What about you?

I don't eat many vegetables, but I eat an apple every day.

### Finished?

You invite three friends for a celebration at your house. Write a shopping list for the food and drink you want to buy.