

Past simple: affirmative

- 1 Look at the examples and complete Rules 1–3 with *have got* or *haven't got*.

compete (regular)

I **competed** in the Olympics.

They **competed** in the X Games.

win (irregular)

She **won** an X Games medal.

We **won** at the X Games.



RULES

- 1 Regular verbs past simple forms ending in *-ed*.
- 2 Irregular verbs past simple forms ending in *-ed*.
- 3 Verbs in the past simple the same form for *I, you, he, she, it, we* and *they*.

- 2 Read the Study Strategy. Then complete the *Young sports superstars* text with the past simple form of the verbs in **blue**.

STUDY STRATEGY

Learning irregular verbs

It's important to check the past simple forms of verbs and learn the irregular ones. Put the verbs in groups of ten and try learning a different group every week.

- 3 2.17 **PRONUNCIATION: -ed endings**

Listen and repeat the words. Which letters come before the *-ed* ending in list 3?

- 1 /t/ practised, watched
- 2 /d/ travelled, played
- 3 /ɪd/ started, decided

Past time expressions

- 4 Look at the examples and answer the questions.

1 How do you say the words in **blue** in your language?

2 Do we put *ago* before or after a past time expression?

He **first** competed **when he was** twelve.

She **last** competed in 1981.

He was on this programme two years **ago**.

KEY PHRASES

Past time expressions

last Tuesday / weekend / week / year / August

in August / 2014

on Friday / Sunday

when I was ten

ten minutes / two weeks / a month ago

- 5 **USE IT!** Write sentences using the past simple and the Key Phrases. Then compare with other people in the class. Are any of your sentences the same?

I last (play) sport ...

I last played sport on Saturday.

1 I first (watch) the Olympics ...

2 I last (do) my English homework ...

3 I first (come) to this school ...

4 I first (swim) in a pool ...

5 I last (see) a good film ...

Finished?

Write true and false statements about your life. Use the verbs on this page.

YOUNG SPORTS SUPERSTARS

PHAN THỊ HÀ THANH

Phan Thị Hà Thanh¹ (**start**) gymnastics when she was six. She² (**go**) to an athletic training centre in Hải Phòng. In 2011, she was the first Vietnamese gymnast who³ (**win**) a world medal for Việt Nam and she⁴ (**compete**) in the Olympic Games in 2012 and 2016.



MARTIN ODEGAARD

Martin Odegaard, from Norway,
⁵ (**become**) a professional footballer at fifteen and ⁶ (**score**) great goals for his club. He first ⁷ (**play**) international football before he was sixteen. A lot of famous clubs were interested in him and he ⁸ (**train**) with some of them. Finally, in 2015, Real Madrid ⁹ (**give**) him a contract.

