

# Tamanna Khan

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I'm a marketing and communications professional with a passion for storytelling and community engagement. I create impactful content and campaigns that boost visibility and connection for a dynamic user experience. Experienced with Mailchimp, Google Suite, and CRM tools, I'm committed to diversity and using stories to amplify underrepresented voices.

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# Enhancing Coordinated Responses to Survivors of Strangulation



Peter Kougasian Training Room  
Manhattan DA's Office  
80 Centre Street, 8th Floor  
New York, NY 10013



Tuesday, October 10 ·  
9:00 AM to 3:00 PM

Register at:

[bit.ly/484Sr2a](https://bit.ly/484Sr2a)

Or register for a live stream of the event at:

<https://bit.ly/3rhgSsS>



**MET  
COUNCIL**

Feeding the hungry. Serving the poor.  
Changing lives.





DEDICATED TO CREATING  
COMMUNITIES OF CARE

# PILLARS OF PEACE

PROVIDING **CULTURALLY AND  
LINGUISTICALLY CONSCIOUS** SERVICES

FOR SURVIVORS OF  
**DOMESTIC & GENDER-BASED VIOLENCE**

- Case Management
- Counseling
- Financial Assistance

Services in English, Arabic,  
French, Bangla, and Urdu



**CONTACT US**  
**Mon-Fri 9 am-5 pm**  
**347-394-5414**

**FIND US ONLINE**  
**Instagram @pillarsofpeaceny**  
**Facebook @pillarsofpeacenyc**  
**Website [pillarsofpeace.org](http://pillarsofpeace.org)**

SCAN HERE FOR MORE INFO



# HOPE AND HEALING PROGRAM

Our counselors are trained to provide holistic, trauma-informed care that promotes resiliency and wellness. We understand the diversity within the community and the need for inclusive, culturally and linguistically conscious services so we offer services in multiple languages. Currently we have capacity to support clients in English, Punjabi and Urdu.

# FINANCIAL RELIEF PROGRAM

We provide microgrants to victims and survivors of domestic and gender-based violence to help them through hardship such as food insecurity, rental arrears, first month's rent, security deposit, broker's fees, clothing, school supplies and many others.

Do you need  
someone to talk to?

Help is available.

**Call (347)-394-5414 or  
reach out to our email at  
[help@pillarsofpeace.org](mailto:help@pillarsofpeace.org)**

**W:** [www.pillarsofpeace.org](http://www.pillarsofpeace.org)

**E:** [info@pillarsofpeace.org](mailto:info@pillarsofpeace.org)

**P:** (347)-394-5414

**IG:** @pillarsofpeaceny

Pillars of Peace is a registered 501(c)(3)  
non-profit organization.

All contributions are zakat eligible and  
tax-deductible. [Tax ID: 83-3597054]



*Pillars of Peace*

EMPOWERING VICTIMS  
OF DOMESTIC AND  
GENDER-BASED  
VIOLENCE

# OUR MISSION

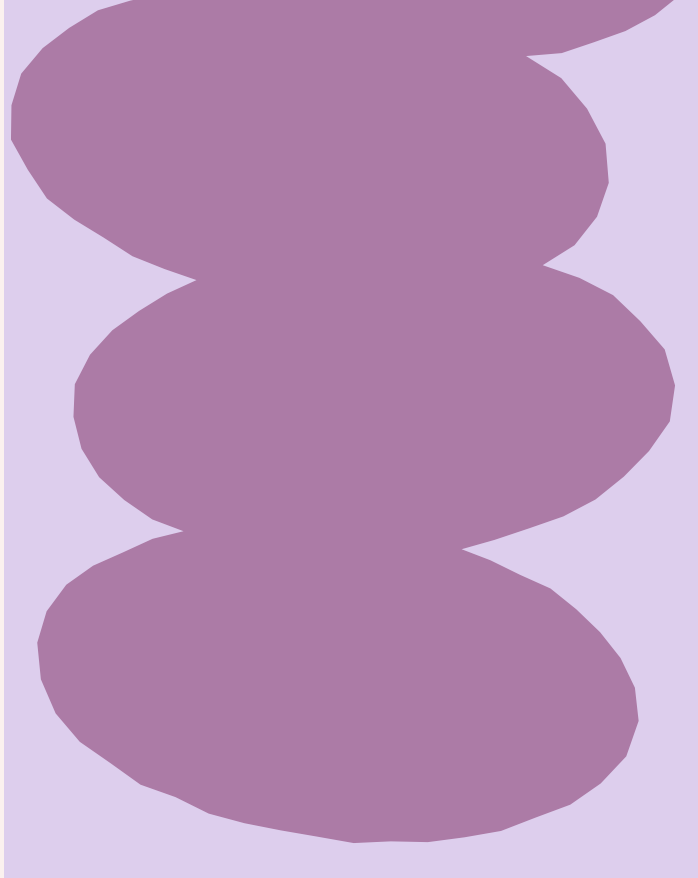
Pillars of Peace's mission is dedicated to creating communities of care.

We provide culturally and linguistically conscious services to survivors of domestic and gender-based violence, with expertise serving the diverse Muslim community, using a holistic, trauma-informed approach.

Through our empowerment and support model, we aim to reduce and eliminate harm within the vulnerable populations we serve.

## WHAT IS GBV?

Gender-based violence (GBV) is violence that is directed at an individual based on their biological sex OR gender identity to maintain power and control over them. It includes but is not limited to physical, sexual, verbal, emotional, and psychological abuse, threats, coercion, and economic or educational deprivation, whether occurring in public or private life.



## RESILIENCE & STABILITY PROGRAM

We provide culturally and linguistically conscious case management to victims and survivors of domestic and gender-based violence. Our services are client-centered and trauma-informed. We help clients understand their rights and options empowering people to make the best decisions for themselves and their families. We use a restorative justice approach sharing all options available to clients so they can obtain the justice they envision.

We provide:

- crisis intervention
- risk and safety assessment
- individualized safety plans
- information about client rights & options
- advocacy with the criminal justice & civil legal systems
- advocacy with public assistance & other city agencies
- assistance with Office of Victim Services (OVS) reimbursement
- drafting and filing Orders of Protection
- referrals for free consultations for matters on immigration, divorce, Orders of Protection, custody/visitation, child and/or spousal support

## OUR CURRENT PROGRAMS

- Resilience and Stability Program (RSP)
- Hope and Healing Program
- Financial Relief Program





# gender-based violence

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GBV is emotional, physical, verbal, sexual, economic, and/or structural abuse rooted in exploiting unequal power relationships between genders

GBV can involve one or multiple forms of violence, including economic, emotional, psychological, institutional, structural, physical, sexual and verbal.



In 2018, for every 10 victims of human trafficking detected globally, about five were adult women and two were girls.



**92%** *OF DETECTED  
TRAFFICKING VICTIMS  
ARE FEMALES*

**DURING THE COVID-19 PANDEMIC, WOMEN  
HAVE BEEN AFFECTED DISPROPORTIONATELY  
AND RECRUITED FOR SEXUAL EXPLOITATION**





# DV Fact of the Day

*Almost half (47.5%) of American Indian/Alaska Native women, 45.1% of non-Hispanic Black women, 37.3% of non-Hispanic White women, 34.4% of Hispanic women, and 18.3% of Asian-Pacific Islander women experience contact sexual violence, physical violence, and/or stalking by an intimate partner in their lifetime.*

*(CDC, 2017)*



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# denim day

A 1998 Italian Supreme Court decision overturned a rape conviction because a victim wore tight jeans. The judges decided that the victim's tight jeans meant that she had to have helped remove them, making the act consensual. Outraged, people all over the world wore jeans as a form of solidarity and protest.

Since 2010, Denim Day NYC has hosted a rally and press conference in April during Sexual Assault Awareness Month to show solidarity with survivors of sexual assault.



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# MARCH IS BRAIN INJURY AWARENESS MONTH

THE CONNECTION BETWEEN TRAUMATIC BRAIN INJURY  
AND DV IS EXTREMELY OVERLOOKED

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According to its 2020 report, of the 255 brain injury screenings completed at domestic violence shelters in Nebraska during the four-year funding period, 61.2% of women were positive for a brain injury.



*Pillars of Peace*

Every minute,  
20 people are  
physically abused  
by an intimate partner.



*Your donation can make a difference in the  
lives of impacted individuals.*

This Ramadan,  
help us reach our campaign goal  
& stand against domestic abuse:  
[launchgood.com/nomoreDV](https://launchgood.com/nomoreDV)



**Your dollars  
can really  
make a  
difference.**

**Providing culturally  
sensitive therapy for victims  
of GBV.**

**Opening our shelter as  
immediate relief for victims.**

**Outreach and education for  
AMEMSA communities.**



*Pillars of Peace*

**Donate  
now to  
support  
survivors of  
GBV.**