



COVID-19: Current situation

TIG Youth



COVID-19

- Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.
- Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment.
- The best way to prevent and slow down transmission is to be well informed about the COVID-19 virus, the disease it causes and how it spreads.

Delta variant

- According to estimates by the National Institute of Infectious Diseases, viruses with a L452R mutation seen in the Delta variant accounted for 61% of coronavirus strains in the greater Tokyo area as of July 19. At the beginning of August, viruses with this mutation accounted for 80%, and it is estimated that almost all coronavirus cases will be replaced by those with the L452R mutation by the end of this month.

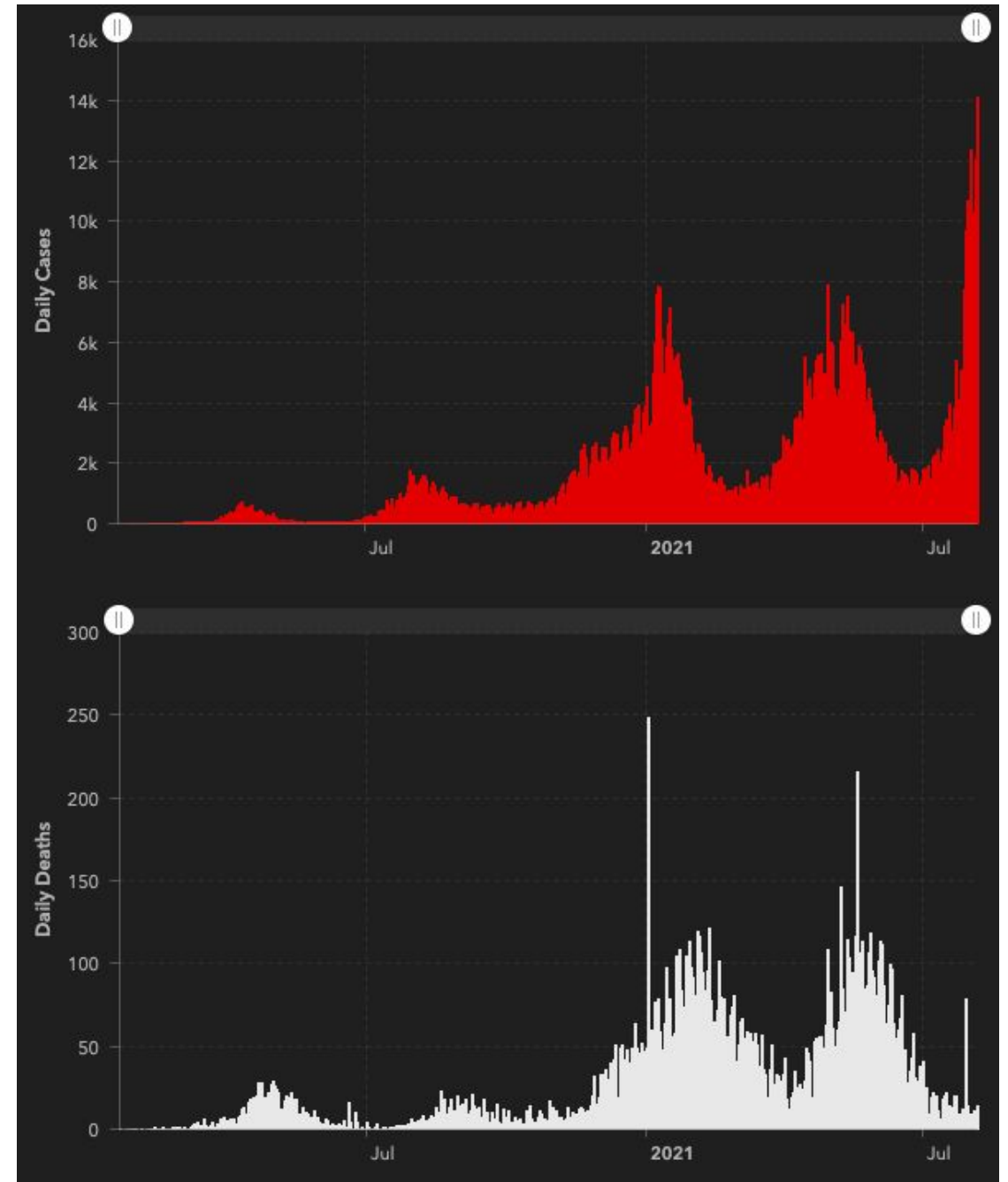


Delta variant

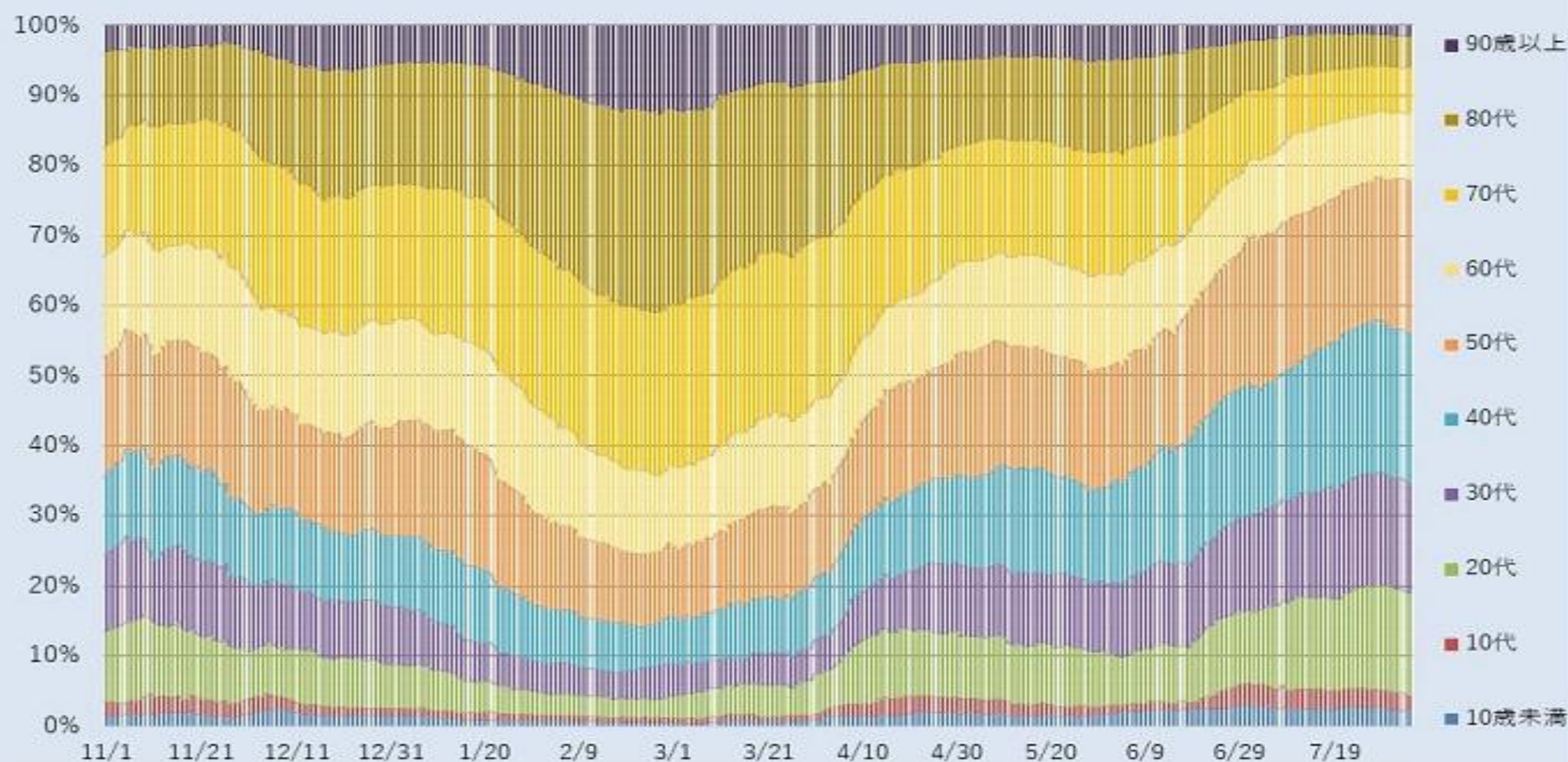
- Delta variant is highly contagious
- Delta variant symptoms are the same
- Delta variant is affecting unvaccinated people more
- Breakthrough cases for vaccinated people are rare, but do happen
- Delta variant could be catastrophic in some communities
- Many unvaccinated patients with COVID-19 wish they had gotten the vaccine
- Some experts are recommending to wear masks, even if you're fully vaccinated
- More COVID-19 variants are likely to come

Situation in Tokyo

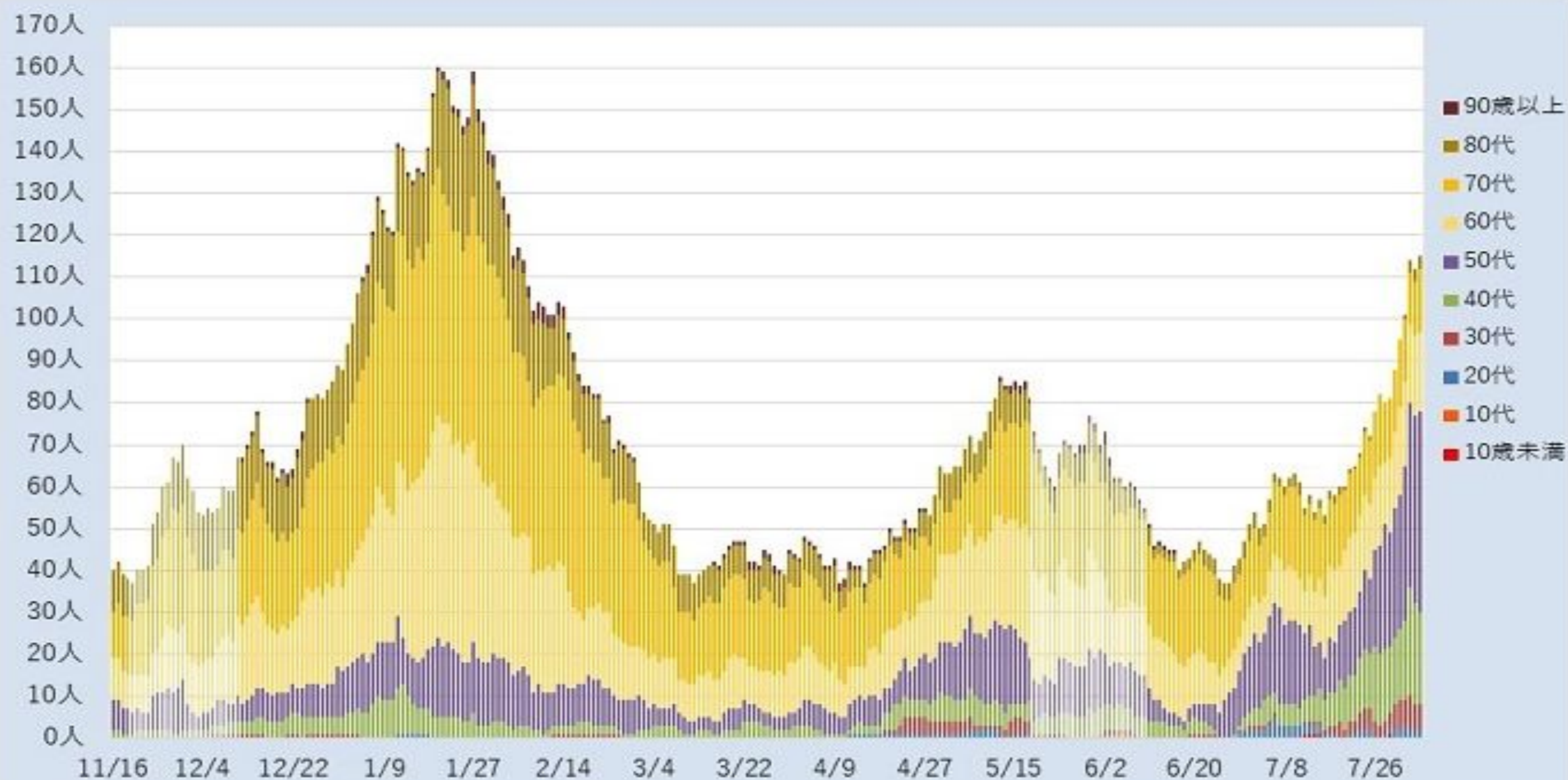
- "Compared to the third wave, there has been a significant increase in the hospitalization of younger patients," said Japanese Red Cross Omori Hospital Director Hirofumi Nakase regarding the latest state of infections.



【医療提供体制】⑥-2 入院患者 年代別割合（公表日の状況）



【医療提供体制】⑦-2 重症患者数（年代別）



Where are the clusters?

- In young people:

“Looking at the reasons for infection, most of them are caused by eating out with friends, staying at friends' homes, and traveling with friends, rather than by educational and research activities or extracurricular activities.”



(1) Social gatherings with drinking alcohol



(2) Long feasts in large groups



(3) Conversation without a mask



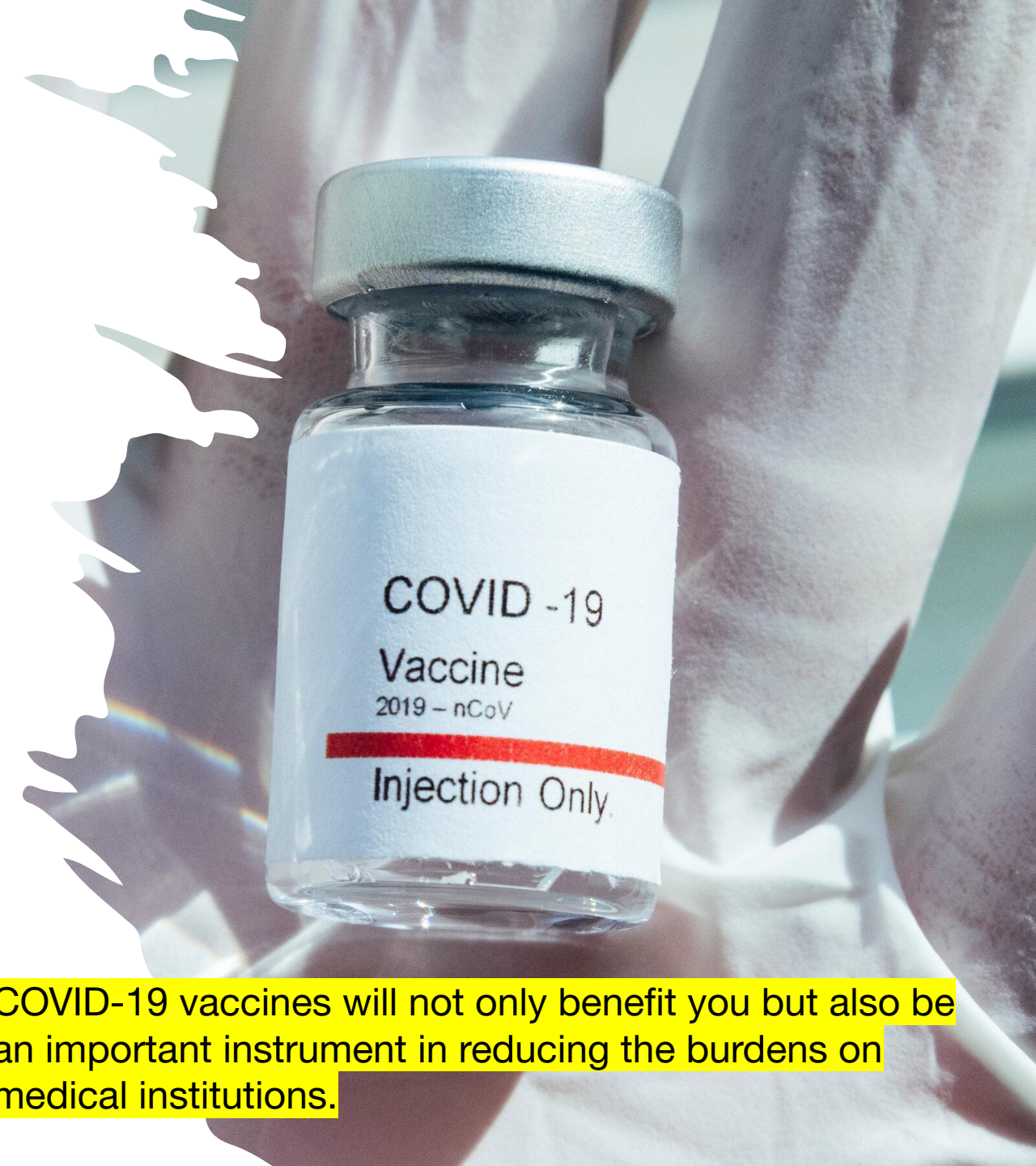
(4) Living together in a small limited space



(5) Switching locations

Is vaccination necessary?

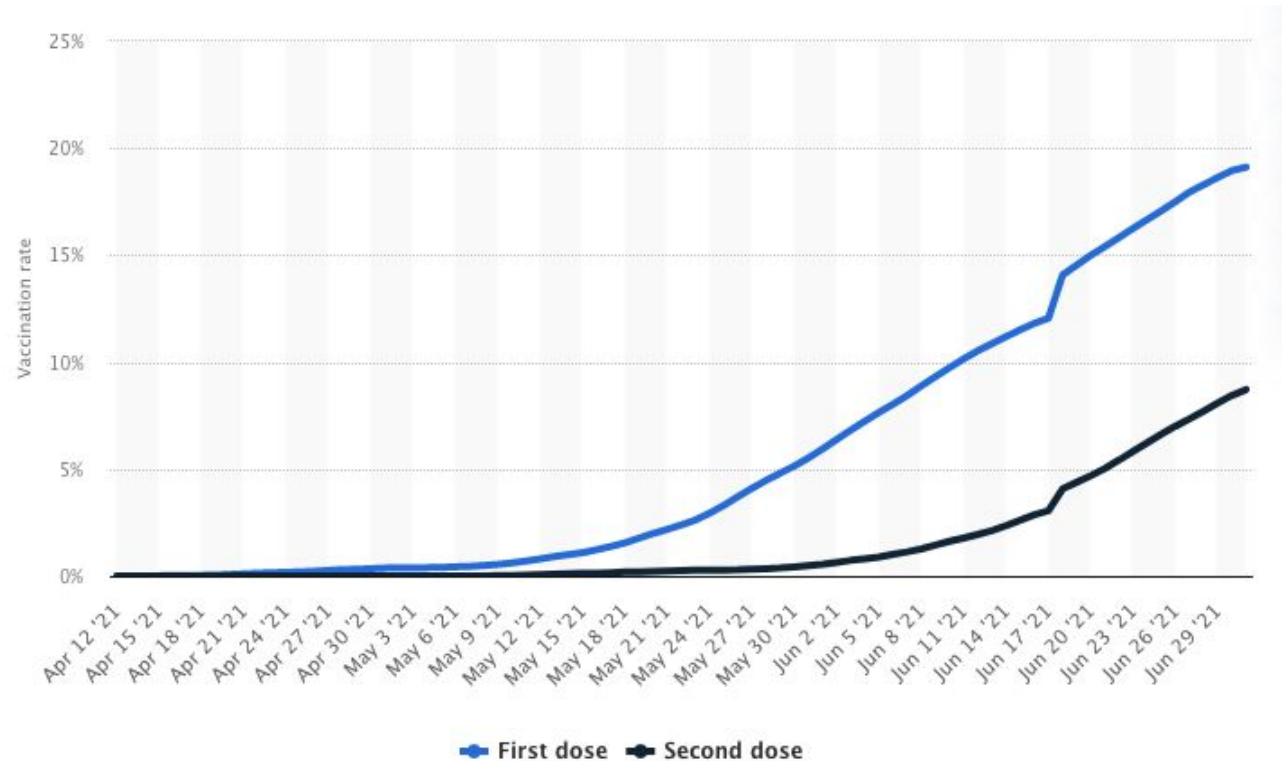
- In the United Kingdom, where the Delta variant became dominant at an earlier stage than Japan, many recent COVID-19 cases were those among the young generation. According to reporting by the BBC on June 11, infections with the Delta variant accounted for 90% of COVID-19 cases, and about two-thirds of people infected with the Delta variant reportedly had not received vaccines.



COVID-19 vaccines will not only benefit you but also be an important instrument in reducing the burdens on medical institutions.

Vaccination

- Total number of vaccine doses administered to date (as of August 3, 2021):
- **96,854,171 (+7,742,182)**
- (1st: 56,786,128 2nd: 40,068,043)
- Around 35% vaccinated in Japan



How to get vaccinated?

- Check your mailbox for the voucher from your prefecture
- Search the nearest place and make reservation
(<https://v-sys.mhlw.go.jp/en/>)
- Also possible at Large-scale Vaccination Centers

<https://www.mod.go.jp/j/approach/defense/saigai/2020/covid/center.html>

- Fill the form (reference https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_tagengo.html)

Ask for help if necessary

COVID-19 Vaccine Navi

Change font size

Standard Large Extra large

Language

English

Change

厚生労働省

Ministry of Health, Labour and Welfare

新型コロナウイルスについて

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COVID-19 Vaccination Information

"COVID-19 Vaccine Navi" provides information on COVID-19 vaccination sites and the process of vaccination.

Search Vaccination Sites

Search medical institutions/vaccination sites nearby

Check the status of the application for vaccination

The Vaccination

Overview of each vaccination rolled out in Japan

How to get vaccinated

Reservation after receiving the vaccination voucher and the flow on the day of vaccination

For those who wish to be vaccinated at the place different from their certification of residence

If you live in a place different from the address on your certification of residence and wish to be vaccinated in the place where you currently live, please fill in an Application for vaccination outside registered domicile. (Japanese Only)

* Some municipality do not accept notification via this COVID-19 Vaccine Navi web. Please ask the municipality you currently live for details.

接種券				予診のみ				新型コロナウイルスワクチン 予防接種済証(臨時) Certificate of Vaccination for COVID-19				
券種	2	ワクチン接種	1	回目	券種	1	予診のみ	1	回目	1回目	<div>接種年月日</div> <div>2021年</div> <div>月 日</div> <div>接種場所</div> <div>メーカー/Lot No.</div> <div>(シール貼付け)</div>	
請求先	〇〇県〇〇市		123456		請求先	〇〇県〇〇市		123456		接種年月日		
券番号	1234567890				券番号	1234567890				2021年		
氏名	厚生 太郎				氏名	厚生 太郎				月 日		
<div>OCRライン (18桁)</div>					<div>OCRライン (18桁)</div>					<div>2回目</div> <div>接種年月日</div> <div>2021年</div> <div>月 日</div> <div>接種場所</div> <div>メーカー/Lot No.</div> <div>(シール貼付け)</div>		
券種	2	ワクチン接種	2	回目	券種	1	予診のみ	2	回目	2回目	<div>接種年月日</div> <div>2021年</div> <div>月 日</div> <div>接種場所</div> <div>メーカー/Lot No.</div> <div>(シール貼付け)</div>	
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氏名	厚生 太郎				氏名	厚生 太郎				月 日		
<div>OCRライン (18桁)</div>					<div>OCRライン (18桁)</div>					<div>氏名</div> <div>厚生 太郎</div> <div>住所</div> <div>〇〇県〇〇市〇〇 999-99</div> <div>生年月日</div> <div>〇〇年 〇〇月 〇〇日 生</div> <div>〇〇県〇〇市長 日本 一部</div>		

接種を受ける方へ

●シールは剥がさずに、台紙ごと接種場所へお持ちください。

●右側の予防接種済証は接種が終わった後も大切に保管してください。

How to get help?

- Tokyo Multilingual Consultation Navi
 - 03-6258-1227
 - 10:00-16:00 (Monday through Friday)
 - [Plain Japanese](#), [English](#), [Chinese](#), [Korean](#), [Portuguese](#), [Spanish](#), [Thai](#), [Russian](#), [Tagalog](#), [Vietnamese](#), [Hindi](#), [Nepali](#), [French](#), [Indonesian](#), [Myanmar](#)
- Tokyo Metropolitan Government
<https://stopcovid19.metro.tokyo.lg.jp/en>
- Large-scale Vaccination Centers
<https://www.mod.go.jp/j/approach/defense/saigai/2020/covid/center.html>

**NEED TO CONFIRM IF IT IS
FREE**

How to get help?

AMDA Medical Information Center

For telephone consultation,
please call  03-6233-9266

available in English

(Mon-Fri 10:00 am ~ 4:00 pm)

(*) No service on holidays and Dec.29 ~ Jan.3

Telephone Consultation for medical matters

“You need to see a doctor, but you don’t understand Japanese?”

“You don’t know where to go for consultation?”

“You are not familiar with medical and welfare systems in Japan?”

Telephone Interpretation at medical sites

