

Om Tryambakam

Om Tryambakam Yajāmahe
Sugandhim Pusti Vardhanam
Urvā Rukam Iva Bhandhanān
Mrityor Muksīya Mā'mrtāt
(Repeat x3)

Om Sarvesām Svastir Bhavatu
Sarvesām Śāntir Bhavatu
Sarvesām Pūrnām Bhavatu
Sarvesām Mangalam Bhavatu

Sarve Bhavantu Sukhinah
Sarve Santu Nirāmayāh
Sarve Bhadrāni Paśyantū
Mā Kaschit Dhukha Bhāḱ Bhavet

Asato Mā Sat Gamaya
Tamaso Mā Jyotir Gamaya
Mrityor Mā Amrtam Gamaya

Om Pūrnāmāda Pūrnāmidam
Pūrnāt Pūrnām Udachyate
Pūrnasya Pūrnām Ādāya
Pūrnamevāvaśisyate

