

Disposition Masterarbeit 2018

Till J. Ernst
ZHAW Angewandte Psychologie

Zusammenfassung

TBD

Theorie

Ausgangslage

- Auf die Brochüren eingehen, die Mediennutzung und Kinder als Thema haben.
 - (Unknown, 2017)
 - (Maria Luisa Nüesch, 2017)
 - (Elternbildung CH, 2017)

TBD Subsubsection.

Hintergrund, Begründung und Ziel der Studie

Aufbau der Arbeit

Theoretische Ansätze

Annahmen und bisherige Forschung

Forschungslücke

Fragestellung und Hypothesen

Basierend auf dem oben beschriebenen theoretischen Hintergrund und anhand der aufgezeigten Forschungslücken erschliesst sich die im Folgenden aufgelistete Fragestellung. Basierend auf der Fragestellung wurden die Hypothesen erstellt.

Fragestellung. Welchen Effekt hat der Bindungsstil und das aktuelle Stressempfinden der Eltern auf das im Beisein der Kinder praktizierte Medienverhalten? Kann zwischen diesem elterlichen Verhalten und deren subjektiven Wohlbefinden ein Zusammenhang gefunden werden?

Hypothese 1. Eltern mit einem sicheren Bindungsstil weisen eine geringere Mediennutzung im Beisein ihrer Kinder auf als Eltern, die einen unsicher-vermeidenden, unsicher-ambivalenten oder desorganisierten Bindungsstil aufweisen.

Hypothese 2. Eltern, die ein hohes Ausmass an Stress empfinden, nutzen Medien im Beisein ihrer Kinder häufiger als Eltern, die ein niedriges Ausmass an Stress aufweisen.

Hypothese 3. Eltern mit einem erhöhten Medienverhalten im Beisein ihrer Kinder weisen ein geringeres subjektives Wohlbefinden auf als Eltern, die ein geringeres Medienverhalten im Beisein ihrer Kinder aufweisen.

Methode

Design

Versuchsablauf

Stichprobe

Operationalisierung der Konstrukte

Weitere Variablen (Kovariate)

Empirische Hypothesen

Statistische Analyseverfahren

Ergebnisse

Vorbereitung der Daten und deskriptive Analysen

Hypothesentests

Zusätzliche Analysen

Diskussion

Beantwortung der Fragestellung

Interpretation

Methodenkritik

Ausblick

Literatur

- Abidin, R. R. (1992). The Determinants of Parenting Behavior. *Journal of Clinical Child Psychology*, 21 (4), 407–412. doi: 10.1207/s15374424jccp2104-12
- Aliagas, C. & Margallo, A. M. (2017). Children's responses to the interactivity of storybook apps in family shared reading events involving the iPad. *Literacy*, 51 (1), 44–52. doi: 10.1111/lit.12089
- American Academy of Pediatrics. (2011a, jul). Children, adolescents, obesity, and the media. *Pediatrics*, 128 (1), 201–8. doi: 10.1542/peds.2011-1066
- American Academy of Pediatrics. (2011b, nov). Media use by children younger than 2 years. *Pediatrics*, 128 (5), 1040–5. doi: 10.1542/peds.2011-1753
- American Academy of Pediatrics. (2013, nov). Children, Adolescents, and the Media. *Pediatrics*, 132 (5), 958 LP – 961.
- Andreou, E., Alexopoulos, E. C., Lionis, C., Varvogli, L., Gnardellis, C., Chrousos, G. P. & Darviri, C. (2011, aug). Perceived Stress Scale: Reliability and Validity Study in Greece. *International Journal of Environmental Research and Public Health*, 8 (12), 3287–3298. doi: 10.3390/ijerph8083287
- Asendorpf, J. B., Banse, R., Wilpers, S. & Neyer, F. J. (1997). Beziehungsspezifische Bindungsskalen für Erwachsene und ihre Validierung durch Netzwerk- und Tagebuchverfahren. *Diagnostica*, 43, 289–313.
- Baadt, C. (2006, jun). Bindung und Impression-Management: Beeinflusst der individuelle Bindungsstil das Selbstdarstellungsverhalten in sozialen Situationen? *Gruppendynamik und Organisationsberatung*, 37 (2), 139–154. doi: 10.1007/s11612-006-0018-8
- Bartholomew, K. (1990). Avoidance of Intimacy: An Attachment Perspective. *Journal of Social and Personal Relationships*, 7 (2), 147–178. doi: 10.1177/0265407590072001
- Bartholomew, K. & Horowitz, L. M. (1991). Attachment styles among young adults: A test of a four-category model. *Journal of Personality and Social Psychology*, 61 (2), 226–244. doi: 10.1037/0022-3514.61.2.226
- Bell, S. M. & Ainsworth, M. D. S. (1972, dec). Infant Crying and Maternal Responsiveness. *Child Development*, 43 (4), 1171. doi: 10.2307/1127506
- Belsky, J. (1984). The Determinants of Parenting: A Process Model. *Child Development*, 55 (1), 83–96. doi: 10.2307/1129836
- Bodenmann, G. (2000). *Stress und Coping bei Paaren*. Hogrefe Göttingen.
- Bodenmann, G. & Cina, A. (1999, apr). Der Einfluß von Streß, individueller Belastungsbewältigung und dyadischem Coping auf die Partnerschaftsstabilität: Eine 4-Jahres-Längsschnittstudie. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 28 (2), 130–139. doi: 10.1026/0084-5345.28.2.130
- Bodenmann, G. & Cina, A. (2000). Stress und Coping als Prädiktoren für Scheidung : eine prospektive Fünf-Jahre-Längsschnittstudie. *Zeitschrift für Familienforschung*, 12 (2), 5–20.
- Bowlby, J. (1969). *Attachment and loss Vol. I. Attachment* (Bd. 1). doi: 978/0712674713
- Brennan, K. A., Clark, C. L. & Shaver, P. R. (1998). Self-report measurement of adult attachment: An integrative overview. In J. A. Simpson & W. S. Rholes (Hrsg.), *Attachment theory and close relationships* (S. 46–76). New York: Guilford Press.
- Bretherton, I. (1992). The origins of attachment theory: John Bowlby and Mary Ainsworth. *Developmental psychology*, 28, 759–775.

- Bretherton, I. & Munholland, K. A. (1999). Internal working models in attachment relationships: A construct revisited. In *Handbook of attachment: Theory, research, and clinical applications*. (S. 89–111). New York, NY, US: Guilford Press.
- Brisch, K. H., Buchheim, A. & Kächele, H. (1999). Diagnostik von Bindungsstörungen. *Praxis der Kinderpsychologie und Kinderpsychiatrie*, 48 (6), 425–437.
- Brooks, S. (2015). Does personal social media usage affect efficiency and well-being? *Computers in Human Behavior*, 46, 26–37. doi: 10.1016/j.chb.2014.12.053
- Buchwald & Thielgen. (2008). 8. G*Power. In *Edv-tutorium (a)+(b)*. Zugriff auf <https://psychotutorium.files.wordpress.com/2009/04/folien-gpower.pdf>
- Burisch, M. (1994). *Das Burnout-Syndrom – Theorie der inneren Erschöpfung* (2. Aufl. Aufl.). Berlin: Springer.
- Byrne, B. M. (2005, aug). Factor Analytic Models: Viewing the Structure of an Assessment Instrument From Three Perspectives. *Journal of Personality Assessment*, 85 (1), 17–32.
- Campbell, S. B. (1991). Longitudinal studies of active and aggressive preschoolers: Individual differences in early behavior and outcomes. In D. Cicchetti & S. L. Toth (Hrsg.), *Internalizing and externalizing expressions of dysfunction. rochester symposium on developmental psychopathology* (Vol. 2 Aufl., S. 57–89). Hillsdale, NJ: Erlbaum.
- Carlotto, M. S. (2011). Tecnoestresse: diferenças entre homens e mulheres. *Revista Psicologia Organizaç\~oes e Trabalho*, 11 (2), 51–64.
- Casas, F., Coenders, G., Cummins, R. A., González, M., Figuer, C. & Malo, S. (2008, jun). Does subjective well-being show a relationship between parents and their children? *Journal of Happiness Studies*, 9 (2), 197–205. doi: 10.1007/s10902-007-9044-7
- Celik, C. B. & Odaci, H. (2013, mar). The relationship between problematic internet use and interpersonal cognitive distortions and life satisfaction in university students. *Children and Youth Services Review*, 35 (3), 505–508. doi: 10.1016/J.CHILDYOUTH.2013.01.001
- Chaudron, S. (2015). *Young Children (0-8) and Digital Technology: A qualitative exploratory study across seven countries*. doi: 10.2788/00749
- Child, N., Hanson, B., Bishop, M., Rinaldi, C. A., Bostock, J., Western, D., ... Taggart, P. (2014). Effect of Mental Challenge Induced by Movie Clips on Action Potential Duration in Normal Human Subjects Independent of Heart Rate. *Circulation: Arrhythmia and Electrophysiology*. doi: 10.1161/CIRCEP.113.000909
- Cina, A. & Bodenmann, G. (2009, jan). Zusammenhang zwischen Stress der Eltern und kindlichem Problemverhalten. *Kindheit und Entwicklung*, 18 (1), 39–48. doi: 10.1026/0942-5403.18.1.39
- Cohen, J. (1988). Statistical power analysis for the behavioral sciences. In *Statistical power analysis for the behavioral sciences* (Bd. 2nd, S. 567). doi: 10.1234/12345678
- Cohen, S., Kamarck, T. & Mermelstein, R. (1983, dec). A Global Measure of Perceived Stress. *Journal of Health and Social Behavior*, 24 (4), 385. doi: 10.2307/2136404
- Cohen, S. & Williamson, G. (1988). *Perceived stress in a probability sample of the United States* (Bd. 13). doi: 10.1111/j.1559-1816.1983.tb02325.x
- Collins, N. L. & Read, S. J. (1990). Adult attachment, working models, and relationship quality in dating couples. *Journal of Personality and Social Psychology*, 58 (4), 644–663. doi: 10.1037/0022-3514.58.4.644
- Connell, S. L., Lauricella, A. R. & Wartella, E. (2015, jan). Parental Co-Use of Media Technology with their Young Children in the USA. *Journal of Children and Media*, 9 (1), 5–21. doi:

- 10.1080/17482798.2015.997440
- Cortesi, S. & Gasser, U. (Hrsg.). (2015). *Digitally connected: Global perspectives on youth and digital media*.
- Costanza, R., Fisher, B., Ali, S., Beer, C., Bond, L., Boumans, R., ... Snapp, R. (2007, mar). Quality of life: An approach integrating opportunities, human needs, and subjective well-being. *Ecological Economics*, 61 (2-3), 267–276. doi: 10.1016/J.ECOLECON.2006.02.023
- Diener, E., Emmons, R. A., Larsen, R. J. & Griffin, S. (1985, feb). The Satisfaction With Life Scale. *Journal of Personality Assessment*, 49 (1), 71–75. doi: 10.1207/s15327752jpa4901-13
- Diener, E., Suh, E. M., Lucas, R. E. & Smith, H. L. (1999). Subjective well-being: Three decades of progress. *Psychological Bulletin*, 125 (2), 276–302. doi: 10.1037/0033-2909.125.2.276
- Dinkel, A. (2006). *Der Einfluss von Bindungsstil und dyadischem Coping auf die partnerschaftliche Beziehungsqualität: eine Analyse moderierter Mediationseffekte* (Unveröffentlichte Dissertation). Technische Universität Dresden.
- Dumas, J. E., Gibson, J. a. & Albin, J. B. (1989). Behavioral correlates of maternal depressive symptomatology in conduct-disorder children. *Journal of consulting and clinical psychology*, 57 (4), 516–521. doi: 10.1037/0022-006X.57.4.516
- Elfering, A., Grebner, S., Semmer, N. K. & Gerber, H. (2002). Time control, catecholamines and back pain among young nurses. *Scandinavian Journal of Work, Environment and Health*, 28 (6), 386–393. doi: 10.5271/sjweh.690
- Elternbildung CH. (2017). *Brauchen Kleinkinder Bildschirm-Medien?* Zürich: Elternbildung CH.
- Erasmus, E. (2014). *Technology acceptance, psychological attachment and technostress* (Unveröffentlichte Dissertation). Vaal Triangle Campus of the North-West University.
- Faul, F., Erdfelder, E., Buchner, A. & Lang, A.-G. (2009). Statistical power analyses using G*Power 3.1: Tests for correlation and regression analyses. *Behavior Research Methods*, 41 (4), 1149–1160. doi: 10.3758/BRM.41.4.1149
- Faul, F., Erdfelder, E., Lang, A.-G. & Buchner, A. (2007). G*Power: A flexible statistical power analysis program for the social, behavioral, and biomedical sciences. *Behavior Research Methods*, 39 (2), 175–191. doi: 10.3758/BF03193146
- Feinstein, B. A., Bhatia, V., Latack, J. A. & Davila, J. (2015, mar). Social Networking and Depression. In *The wiley handbook of psychology, technology, and society* (S. 271–286). Chichester, UK: John Wiley & Sons, Ltd. doi: 10.1002/9781118771952.ch15
- Fliege, H., Rose, M., Arck, P., Walter, O. B., Kocalevent, R.-D., Weber, C. & Klapp, B. F. (2005, jan). The Perceived Stress Questionnaire (PSQ) reconsidered: validation and reference values from different clinical and healthy adult samples. *Psychosomatic medicine*, 67 (1), 78–88. doi: 10.1097/01.psy.0000151491.80178.78
- Floros, G. & Siomos, K. (2013). The relationship between optimal parenting, Internet addiction and motives for social networking in adolescence. *Psychiatry Research*, 209 (3), 529–534. doi: 10.1016/j.psychres.2013.01.010
- Fraley, R. C., Waller, N. G. & Brennan, K. A. (2000). An item response theory analysis of self-report measures of adult attachment. *Journal of Personality and Social Psychology*, 78 (2), 350–365. doi: 10.1037/0022-3514.78.2.350
- Fuld, G. L., Mulligan, D. A., Altmann, T. R., Brown, A., Christakis, D., Clarke-Pearson, K., ... Steiner, G. L. (2009, nov). Impact of Music, Music Lyrics, and Music Videos on Children

- and Youth. *PEDIATRICS*, 124 (5), 1488–1494. doi: 10.1542/peds.2009-2145
- Gabriel, B. & Bodenmann, G. (2006, jan). Stress und Coping bei Paaren mit einem verhaltensauffälligen Kind. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 35 (1), 59–64. doi: 10.1026/1616-3443.35.1.59
- Grau, I. (1999, jun). Skalen zur Erfassung von Bindungsrepräsentationen in Paarbeziehungen. *Zeitschrift für Differentielle und Diagnostische Psychologie*, 20 (2), 142–152. doi: 10.1024/0170-1789.20.2.142
- Griffin, D. W. & Bartholomew, K. (1994). The metaphysics of measurement: The case of adult attachment. In K. Bartholomew & D. Perlman (Hrsg.), *Advances in personal relationships, vol. 5. attachment processes in adulthood* (S. 17–52). London: Jessica Kingsley.
- Gross, E. F., Juvonen, J. & Gable, S. L. (2002, jan). Internet Use and Well-Being in Adolescence. *Journal of Social Issues*, 58 (1), 75–90. doi: 10.1111/1540-4560.00249
- Hao, B., Li, L., Gao, R., Li, A. & Zhu, T. (2014). Sensing Subjective Well-Being from Social Media. In D. Slezak, G. Schaefer, S. T. Vuong & Y.-S. Kim (Hrsg.), *Active media technology. amt 2014. lecture notes in computer science, vol 8610*. (S. 324–335). Springer, Cham. doi: 10.1007/978-3-319-09912-5-27
- Harrison, K. (2015, jan). Media and the Family. *Journal of Children and Media*, 9 (1), 1–4. doi: 10.1080/17482798.2015.997513
- Hazan, C. & Shaver, P. R. (1994, jan). Attachment as an Organizational Framework for Research on Close Relationships. *Psychological Inquiry*, 5 (1), 1–22. doi: 10.1207/s15327965pli0501-1
- Helsper, E. J., Kalmus, V., Hasebrink, U., Ságvári, B. & de Haan, J. (2013). *Opportunities, Risks, Harm and Parental Mediation*. (Bericht). London: London School of Economics and Political Science (LSE).
- Holloway, D., Green, L. & Livingstone, S. (2013). Zero to eight: Young children and their internet use. *EU Kids Online* (August), 36. doi: 10.1186/1479-5868-10-137
- International Wellbeing Group. (2013). *Personal Wellbeing Index: 5th Edition*. Melbourne: Australian Centre on Quality of Life, Deakin University.
- Kasser, T. & Ryan, R. M. (1996, mar). Further Examining the American Dream: Differential Correlates of Intrinsic and Extrinsic Goals. *Personality and Social Psychology Bulletin*, 22 (3), 280–287. doi: 10.1177/0146167296223006
- Kim, B. & Kim, Y. (2017, aug). College students’ social media use and communication network heterogeneity: Implications for social capital and subjective well-being. *Computers in Human Behavior*, 73, 620–628. doi: 10.1016/j.chb.2017.03.033
- Könitzer, B., Jeker, F. & Waller, G. (2017). *Young Children (0-8) and Digital Technology: A Qualitative Exploratory Study - National Report Switzerland based on the 2016 Survey*. Zürich: Zurich University of Applied Sciences.
- Krishnan, A. & Hunt, D. S. (2015, mar). Influence of a Multidimensional Measure of Attitudes on Motives to Use Social Networking Sites. *Cyberpsychology, Behavior, and Social Networking*, 18 (3), 165–172. doi: 10.1089/cyber.2014.0423
- Krohne, H. W. (1997). Stress und Stressbewältigung. In R. Schwarzer (Hrsg.), *Gesundheitspsychologie* (S. 267–284). Göttingen: Hogrefe.
- Kucirkova, N., Littleton, K. & Cremin, T. (2016). Young children’s reading for pleasure with digital books: six key facets of engagement. *Cambridge Journal of Education*, 3577 (April), 1–18. doi: 10.1080/0305764X.2015.1118441

- Kucirkova, N. & Sakr, M. (2015). *Child-Father creative text-making at home with Crayons, iPad Collage & PC* (Bd. 17). doi: 10.1016/j.tsc.2015.05.003
- Kurdek, L. A. (2002, dec). On Being Insecure about the Assessment of Attachment Styles. *Journal of Social and Personal Relationships*, 19 (6), 811–834. doi: 10.1177/0265407502196005
- La Paglia, F., Caci, B. & La Barbera, D. (2008). Technostress: A Research Study about Computer Self-Efficacy, Internet Attitude and Computer Anxiety. *Annual Review of CyberTherapy and Telemedicine*, 61.
- Lauricella, A. R., Wartella, E. & Rideout, V. J. (2015). Young children's screen time: The complex role of parent and child factors. *Journal of Applied Developmental Psychology*, 36, 11–17. doi: 10.1016/j.appdev.2014.12.001
- Lee, Y.-K., Chang, C.-T., Lin, Y. & Cheng, Z.-H. (2014). The dark side of smartphone usage: Psychological traits, compulsive behavior and technostress[J]. *Computers in Human Behavior*, 2014, 31(31):373-383. *Computers in Human Behavior*, 31 (31), 373–383.
- Levenstein, S., Prantera, C., Varvo, V., Scribano, M. L., Berto, E., Luzzi, C. & Andreoli, A. (1993). Development of the perceived stress questionnaire: A new tool for psychosomatic research. *Journal of Psychosomatic Research*, 37 (1), 19–32. doi: 10.1016/0022-3999(93)90120-5
- Lin, J.-H. (2015, mar). The Role of Attachment Style in Facebook Use and Social Capital: Evidence from University Students and a National Sample. *Cyberpsychology, Behavior, and Social Networking*, 18 (3), 173–180. doi: 10.1089/cyber.2014.0341
- Lin, J.-H. (2016, mar). Need for relatedness: a self-determination approach to examining attachment styles, Facebook use, and psychological well-being. *Asian Journal of Communication*, 26 (2), 153–173. doi: 10.1080/01292986.2015.1126749
- Lin, M.-P., Ko, H.-C. & Wu, J. Y.-W. (2011, dec). Prevalence and Psychosocial Risk Factors Associated with Internet Addiction in a Nationally Representative Sample of College Students in Taiwan. *Cyberpsychology, Behavior, and Social Networking*, 14 (12), 741–746. doi: 10.1089/cyber.2010.0574
- Livingstone, S. (2015). What difference does 'the digital' make to children's experiences of risk? *International Journal of Public Health*, 60 (2), 127–128. doi: 10.1007/s00038-015-0661-3
- Livingstone, S. & Helsper, E. J. (2008, nov). Parental Mediation of Children's Internet Use. *Journal of Broadcasting & Electronic Media*, 52 (4), 581–599. doi: 10.1080/08838150802437396
- Livingstone, S., Mascheroni, G., Dreier, M., Chaudron, S. & Lagae, K. (2015). How parents of young children manage digital devices at home: The role of income, education and parental style. *EU Kids Online* (September).
- Livingstone, S., Mascheroni, G. & Ólafsson, K. (2014). *Children's online risks and opportunities: Comparative findings from EU Kids Online and Net Children Go Mobile Executive summary* (Bericht Nr. November). UK: European Commission's Better Internet for Kids Programme.
- Lobe, B., Livingstone, S., Ólafsson, K. & Vodeb, H. (2011). *Cross-national Comparison of Risks and Safety on the Internet: Initial Analysis from the EU Kids Online Survey of European Children* (Bericht Nr. August). London: EU Kids Online, LSE.
- Lohmann-Haislah, A. (2012). *Stressreport Deutschland 2012 - Psychische Anforderungen, Ressourcen und Befinden*. Dortmund Berlin Dresden: Bundesanstalt für Arbeitsschutz und Arbeitsmedizin (BAuA).
- Malarkey, W. B., Pearl, D. K., Demers, L. M., Kiecolt-Glaser, J. K. & Glaser, R. (1995). Influence

- of academic stress and season on 24-hour mean concentrations of ACTH, cortisol, and β -endorphin. *Psychoneuroendocrinology*, 20 (5), 499–508. doi: 10.1016/0306-4530(94)00077-N
- Maria Luisa Nüesch (Hrsg.). (2017). *Digitale Medien als Spielverderber für Babys* (4. Aufl.). Grabs: Verein Spielraum-Lebensraum.
- Mark, G., Gudith, D. & Klocke, U. (2008). The Cost of Interrupted Work : More Speed and Stress. *CHI 2008: Proceedings of the SIGCHI Conference on Human Factors in Computing Systems*, 107–110. doi: 10.1145/1357054.1357072
- Mark, G., Wang, Y. & Niiya, M. (2014). Stress and multitasking in everyday college life. In *Proceedings of the 32nd annual acm conference on human factors in computing systems - chi '14* (S. 41–50). New York, New York, USA: ACM Press. doi: 10.1145/2556288.2557361
- Marsh, J. (2011). Young children’s literacy practices in a virtual world: Establishing an online interaction order. *Reading research quarterly*, 46 (2), 101–118. doi: 10.1598/RRQ.46.2.1
- Marsh, J., Brooks, G., Hughes, J., Ritchie, L., Roberts, S. & Wright, K. (2005). *Digital beginnings : Young children ’ s use of popular culture , media and new technologies Digital beginnings : Young children ’ s use of popular culture , media and new technologies* (Nr. October 2016). doi: 10.4324/9780203420324
- Marsh, J., Plowman, L., Yamada-Rice, D., Bishop, J. & Scott, F. (2016). Digital play: A new classification. *Early Years: An International Journal of Research and Development*, 36 (3), 242–253. doi: 10.1080/09575146.2016.1167675
- Masur, E. F., Flynn, V. & Olson, J. (2015, jul). The Presence of Background Television During Young Children’s Play in American Homes. *Journal of Children and Media*, 9 (3), 349–367. doi: 10.1080/17482798.2015.1056818
- Monacis, L., de Palo, V., Griffiths, M. D. & Sinatra, M. (2017, aug). Exploring Individual Differences in Online Addictions: the Role of Identity and Attachment. *International Journal of Mental Health and Addiction*, 15 (4), 853–868. doi: 10.1007/s11469-017-9768-5
- Nathanson, A. I. (2015, jan). Media and the Family: Reflections and Future Directions. *Journal of Children and Media*, 9 (1), 133–139. doi: 10.1080/17482798.2015.997145
- Nathanson, A. I. & Rasmussen, E. E. (2011). TV Viewing Compared to Book Reading and Toy Playing Reduces Responsive Maternal Communication with Toddlers and Preschoolers. *Human Communication Research*, 37 (4), 465–487. doi: 10.1111/j.1468-2958.2011.01413.x
- Nikken, P. & Jansz, J. (2014, apr). Developing scales to measure parental mediation of young children’s internet use. *Learning, Media and Technology*, 39 (2), 250–266. doi: 10.1080/17439884.2013.782038
- Nilges, P. & Essau, C. (2015, dec). Die Depressions-Angst-Stress-Skalen. *Der Schmerz*, 29 (6), 649–657. doi: 10.1007/s00482-015-0019-z
- Odaci, H. & Cikrikci, Ö. (2014). Problematic internet use in terms of gender, attachment styles and subjective well-being in university students. *Computers in Human Behavior*, 32, 61–66. doi: 10.1016/j.chb.2013.11.019
- O’Keeffe, G. S., Clarke-Pearson, K. & Council on Communications and Media. (2011, apr). The impact of social media on children, adolescents, and families. *Pediatrics*, 127 (4), 800–4. doi: 10.1542/peds.2011-0054

- Ólafsson, K., Livingstone, S. & Haddon, L. (2014). Children's Use of Online Technologies in Europe: A review of the European evidence base. *LSE, London: EU Kids Online, 2014* (September), 40.
- Oswald, A. J. & Wu, S. (2010, jan). Objective Confirmation of Subjective Measures of Human Well-Being: Evidence from the U.S.A. *Science*, 327 (5965), 576–579. doi: 10.1126/science.1180606
- Overall, N. C., Fletcher, G. J. O. & Friesen, M. D. (o. J.). Mapping the Intimate Relationship Mind: Comparisons Between Three Models of Attachment Representations. doi: 10.1177/0146167203251519
- Özgür, H. (2016). The relationship between Internet parenting styles and Internet usage of children and adolescents. *Computers in Human Behavior*, 60, 411–424. doi: 10.1016/j.chb.2016.02.081
- Pempek, T. A., Kirkorian, H. L. & Anderson, D. R. (2014, jul). The Effects of Background Television on the Quantity and Quality of Child-Directed Speech by Parents. *Journal of Children and Media*, 8 (3), 211–222. doi: 10.1080/17482798.2014.920715
- Pfetsch, J. (2016). *Richtlinien zur Manuskriptgestaltung* (4. überarb Aufl.; Deutsche Gesellschaft für Psychologie, Hrsg.). Göttingen: Hogrefe. doi: <http://doi.org/10.1026/02763-000>
- Plowman, L. (2014). Researching young children's everyday uses of technology in the family home. *Interacting with Computers*, 27 (1). doi: 10.1093/iwc/iwu031
- Rafla, M., Carson, N. J. & DeJong, S. M. (2014, sep). Adolescents and the Internet: What Mental Health Clinicians Need to Know. *Current Psychiatry Reports*, 16 (9), 472. doi: 10.1007/s11920-014-0472-x
- Rasch, Friese, Hofmann & Naumann. (2014). Kapitel 6 : Zweifaktorielle Varianzanalyse. In *Quantitative methoden. band 2. g*power ergänzungen* (Bd. 2, S. 1–8).
- Rideout, V. J. (2013). *Zero to Eight: Children's Media Use in America 2013*. San Francisco, CA: Common Sense Media.
- Ryff, C. D. & Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69 (4), 719–727. doi: 10.1037/0022-3514.69.4.719
- Salanova, M., Llorens, S. & Cifre, E. (2013). The dark side of technologies: technostress among users of information and communication technologies. *Int J Psychol*, 48 (3), 422–436. doi: 10.1080/00207594.2012.680460
- Sedlmeier, P. & Renkewitz, F. (2008). *Forschungsmethoden und Statistik in der Psychologie*. Pearson Studium München.
- Severino, S. & Craparo, G. (2013). Internet addiction, attachment styles, and social self-efficacy. *Global Journal of Psychology Research*, 1, 9–16.
- Shin, S.-E., Kim, N.-S. & Jang, E.-Y. (2011, nov). Comparison of Problematic Internet and Alcohol Use and Attachment Styles Among Industrial Workers in Korea. *Cyberpsychology, Behavior, and Social Networking*, 14 (11), 665–672. doi: 10.1089/cyber.2010.0470
- Simpson, J. A., Rholes, W. S. & Phillips, D. (1996). Conflict in close relationships: An attachment perspective. *Journal of Personality and Social Psychology*, 71 (5), 899–914. doi: 10.1037/0022-3514.71.5.899
- Strasburger, V. C., Jordan, A. B. & Donnerstein, E. (2010, apr). Health effects of media on children and adolescents. *Pediatrics*, 125 (4), 756–67. doi: 10.1542/peds.2009-2563
- Suter, L., Waller, G., Genner, S., Oppliger, S., Willemse, I., Schwarz, B. & Süss, D. (2015). *MIKE - Medien, Interaktion, Kinder, Eltern* (Bericht). Zürich: Zürcher Hochschule für

Angewandte Wissenschaften.

- Szwedo, D. E., Mikami, A. Y. & Allen, J. P. (2011, sep). Qualities of Peer Relations on Social Networking Websites: Predictions From Negative Mother-Teen Interactions. *Journal of Research on Adolescence*, 21 (3), 595–607. doi: 10.1111/j.1532-7795.2010.00692.x
- The International Well Being Group. (2006). *Personal Wellbeing Index – Adult (English)*. Melbourne: Australian Centre on Quality of Life, Deakin University.
- Thomson, M., Whelan, J. & Johnson, A. R. (2012). Why brands should fear fearful consumers: How attachment style predicts retaliation. *Journal of Consumer Psychology*, 22, 289–298. doi: 10.1016/j.jcps.2011.04.006
- Tomopoulos, S., Dreyer, B. P., Berkule, S., Fierman, A. H., Brockmeyer, C. & Mendelsohn, A. L. (2010, dec). Infant Media Exposure and Toddler Development. *Archives of Pediatrics & Adolescent Medicine*, 164 (12), 1105–1111. doi: 10.1001/archpediatrics.2010.235
- Tomyn, A. J. & Cummins, R. A. (2011, may). The Subjective Wellbeing of High-School Students: Validating the Personal Wellbeing Index—School Children. *Social Indicators Research*, 101 (3), 405–418. doi: 10.1007/s11205-010-9668-6
- Troseth, G. L., Russo, C. E. & Strouse, G. A. (2016, jan). What’s next for research on young children’s interactive media? *Journal of Children and Media*, 10 (1), 54–62. doi: 10.1080/17482798.2015.1123166
- Tu, Q., Wang, K. & Shu, Q. (2005, apr). Computer-related Technostress in China. *Commun. ACM*, 48 (4), 77–81. doi: 10.1145/1053291.1053323
- Unknown. (2017). Frisch aus dem Labor. Drei weitere neue Erkenntnisse über die Gehirnentwicklung von Babys. *Eltern*.
- Vaala, S. E. & Bleakley, A. (2015, jan). Monitoring, Mediating, and Modeling: Parental Influence on Adolescent Computer and Internet Use in the United States. *Journal of Children and Media*, 9 (1), 40–57. doi: 10.1080/17482798.2015.997103
- van Eck, M., Berkhof, H., Nicolson, N. & Sulon, J. (2005). The effects of perceived stress, traits, mood states, and stressful daily events on salivary cortisol. *Psychosomatic medicine*, 58 (5), 447–458. doi: 10.1097/00006842-199609000-00007
- Vestergren, P. & Nilsson, L.-G. (2011, jul). Perceived causes of everyday memory problems in a population-based sample aged 39-99. *Applied Cognitive Psychology*, 25 (4), 641–646. doi: 10.1002/acp.1734
- Waller, G., Willemse, I., Genner, S., Suter, L. & Süß, D. (2016). *JAMES – Jugend, Aktivitäten, Medien – Erhebung Schweiz*. Zürich: Zürcher Hochschule für Angewandte Wissenschaften.
- Wartella, E., Beaudoin-Ryan, L., Blackwell, C. K., Cingel, D. P., Hurwitz, L. B. & Lauricella, A. R. (2016). What kind of adults will our children become? The impact of growing up in a media-saturated world. *Journal of Children and Media*, 10 (1), 13–20. doi: 10.1080/17482798.2015.1124796
- Webster-Stratton, C. (2000). *How to promote childrens social and emotional competence*. London: Paul Chapman.
- Webster-Stratton, C. & Hammond, M. (1988). Maternal depression and its relationship to life stress, perceptions of child behavior problems, parenting behaviors, and child conduct problems. *Journal of Abnormal Child Psychology*, 16, 299–315. doi: 10.1007/BF00913802
- Zhao, S., Ramos, J., Tao, J., Jiang, Z., Li, S., Wu, Z., ... Dey, A. K. (2016). Discovering different kinds of smartphone users through their application usage behaviors. In *Proceedings of the 2016 acm international joint conference on pervasive and ubiquitous computing - ubicomp*

- '16 (S. 498–509). New York: ACM Press. doi: 10.1145/2971648.2971696
- Zimber, A. (2016). *Gesund trotz Multitasking*. Berlin, Heidelberg: Springer Berlin Heidelberg. doi: 10.1007/978-3-662-47049-7