Effective Altruism and Longtermism I hope that the posters worked

Middlebury Effective Altruism

Slides available on go/easlides

Fall 2022

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Top three career facts

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- You will spend more time on your career than everything except sleep.
- You will have a much bigger impact on the world in some career than others
- We live in a time where there are many pressing issues, and one where one person can make a lot of difference.

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- Find work that suits you.



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- This might feel obvious, but it's worth thinking about.
- One of the key drivers behind the scientific revolution is that the physical world around us can be studied through experiments.
- So it's worth re-iterating this again: Your career impact can be measured.



Day to day examples

• If you stop using plastic bags for the rest of your life, you reduce your carbon footprint by about 100kg.



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- If you stop using plastic bags for the rest of your life, you reduce your carbon footprint by about 100kg.
- If you take one less round trip flight to London, you reduce your carbon footprint by 1400kg

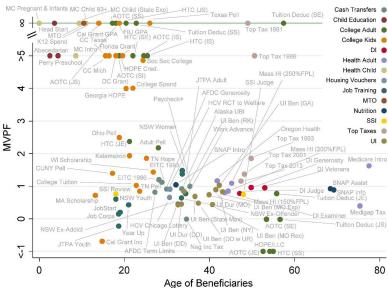


Policy examples

- Drug Abuse Resistance Education: 10 million dollars annual budget, doesn't work at all.
- Scared Straight: Every dollar spent caused \$200 worth of damage



Policy examples: The number one graph [link]



Being good at your job matters [link]

Data on the dispersion of staff productivity			
Field & outcome	Source	Share of output from the top	
		20%	1%
Output in "low" complexity jobs among applicants e.g. mail carrier	Hunter, Schmidt, & Judiesch 1990	51%	3%
Output in "medium" complexity jobs among applications e.g. cook	Hunter, Schmidt, & Judiesch 1990	58%	4%
Papers coauthored by mathematicians with at least 133 publications	Clauset et al. 2009	33%	4%
Papers written by scientist (whole career)	Sinatra et al. 2016	39%	4%
Weeks in Billboard Hot-100 (1970-2018) by musician, among artists with at least 282 weeks in these charts	Tauberg 2018	35%	5%
Box Office Gross by US top-200 movie director	Tauberg 2018	40%	7%
Citations to scientists (whole career)	Sinatra et al. 2016	51%	7%
Income (worldwide, 2005)	Anand & Segal 2014		21%
Weeks on NYT Fiction Bestseller list by author with at least 6 weeks on that list	Tauberg 2018	76%	46%
Startup founder equity by company, among Y Combinator companies	80,000 Hours 2014		>80%



Being good at your job matters

 Replacing a teacher from the bottom 5% with one from the top 5% results in an additional 1.4 million worth of earnings for the average classroom.



How to define social impact

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- "Your social impact is given by the number of people whose lives you improve and how much you improve them, over the long term."
- "Social impact is about promoting total expected wellbeing —
 considered impartially, over the long term without sacrificing
 anything that might be of comparable moral importance"

Two ways to have more social impact



Number of people helped

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- How do we trade off different forms of well-being with each other?

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Scope insensitivity

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- We do a very bad job at conceptualizing large numbers.

•
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- Suppose that I'm a good teacher, then maybe I could increase their expected earnings to \$6 million dollars.

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- Before, ten people are expected to die. Now, only five people are expected to die.
- Did I save five lives?



Follow up on scope insensitivity from Dickert et al. (2015)

- "If I look at the mass I will never act. If I look at one, I will." Mother Teresa
- Emotions like sympathy and compassion are stronger when it is easy to visually attend to or mentally imagine the victims.
- Genevsky et al. (2013) finds that when they are shown a photo of the victim as opposed to a silhouettes the reward centers of their brains are activated.
- In fact, telling participants that people tend to "react more strongly to specific people who have problems than to statistics about people with problems" lower their donations in the case where a specific individual (Small et al., 2007).



The original Boyle et al. (1994)

"In 1989, for example, about 2000/20,000/200,000 migratory waterfowl died in these holding ponds. This was less than I percent of the 8.5 million migratory waterfowl in the Central Flyway. The affected migratory waterfowl include: mallard ducks, pintail ducks, white-fronted geese, snow geese, and greater sandhill cranes."

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- "This is outrageous"

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- I think the idea is that they are covering ponds of oil that birds would drown in.

Results table

TABLE II
Descriptive Statistics for Experimental Treatments^a

2000 birds	20,000 birds	200,000 birds	
\$80	\$78	\$88	
11	8	10	
25	25	25	
0	100	100	
0-1550	0-1000	0-1000	
0.43	0,60	0.54	
288	286	281	
	\$80 11 25 0 0-1550 0.43	\$80 \$78 11 8 25 25 0 100 0-1550 0-1000 0.43 0.60	

[&]quot;Outliers removed from data.

^bThis test statistic indicates that these distributions are not normal.

Follow up on happiness and money

Figure: I saw this pic on a CNBC article and I had to include it.



Jebb et al. (2018)

- Gallup world poll using 1.7 million respondents worldwide
- In North America, life evaluation maxed out at \$105,000, positive affect maxed out at \$65,000, and negative affect on \$95,000.



Clingingsmith (2016)

a



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- We all want to help people
- We have the same obligation to help a person whether they are drowning in front of us or dying from Malaria thousands of miles away
- It is better to help more people than less
- We have limited resources, so it's important to do as much as we can with what we have



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- If you disagree about a certain area or approach to solving a problem (e.g., RCTs v. growth), that's still effective altruism! EA is about an approach to life, not a specific cause area.
- We mostly focusing on helping everything think about having an impactful career.



Where does EA spend its money? [link]

Cause Area	\$	\$ millions per year in 2019	% \$
Global health		185	44%
Farm animal welfare		55	13%
Biosecurity		41	10%
Potential risks from Al		40	10%
Near-term U.S. policy		32	8%
Effective altruism / rationality / cause prioritisation	ı	26	6%
Scientific research		22	5%
Other global catastrophic risk (inc. climate tail risks)		11	3%
Other long term		1.8	0%
Other near-term work (near-term climate change, mental health)		2	0%
Total		416	100%



What do EAs do?



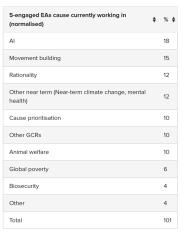
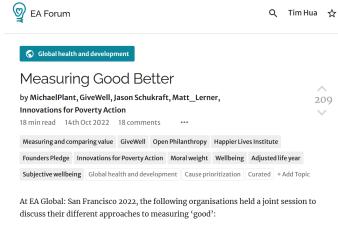


Figure: Note that these are people who are extremely engaged with the movement

How do EAs think about measuring their outcome [link]















Give Well's moral weights

This is 60% from donor surveys, 30% from a survey of people living in extreme poverty in Kenya and Ghana, and 10% staff opinion.

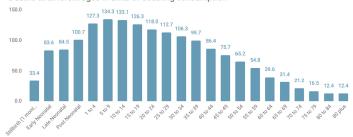
Value of doubling consumption for one person for one year	
Value of averting one year of life lived with disease/disability (YLD)	2.3
Value of averting one stillbirth (1 month before birth)	33.4
Value of preventing one 5-and-over death from malaria	83.1
Value of averting one neonatal death from syphilis	84.0
Value of preventing one under-5 death from malaria	
Value of preventing one under-5 death from vitamin A deficiency	118.4



More from GiveWell

Figure 1: GiveWell's moral values of deaths at different ages (in units of doubling consumption)

Deaths at different ages in units of doubling consumption



Longtermism

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Longtermism

- While Radical Empathy focuses on helping people near and far,
 Longtermism says that we need to extend our empathy to people in the future, even if they don't exist yet
- "To see how intuitive this is, suppose that, while hiking, I drop a glass bottle on the trail and it shatters. And suppose that if I don't clean it up, later a child will cut herself badly on the shards. In deciding whether to clean it up, does it matter when the child will cut herself? Should I care whether it's a week, or a decade, or a century from now? No. Harm is harm, whenever it occurs."

Formal definition

Longtermism is the view that:

- Those who live at future times matter just as much, morally, as those who live today
- Society currently privileges those who live today above those who will live in the future
- We should take action to rectify that, and help ensure the long-run future goes well.

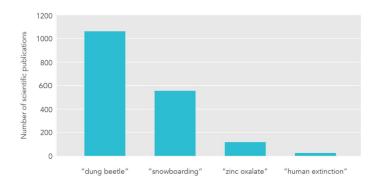
Our future is vast

See title link



One of the most depressing graphs

If we look at scientific attention instead, we see a similar picture of neglect (though, some of the individual risks receive significant attention, such as climate change):



Existential risks are quite concerning

It's one am and I've been reading about them for the last hour



Existential risks are quite concerning

- It's one am and I've been reading about them for the last hour
- Summary: Not pog



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- Everything that's bad when you believe in longterism is bad even if you don't believe in it
- You don't need 500IQ to realize that reducing extinction risk is a good thing.
- Personally, whether or not I should be a Longtermist is one of those questions that, even if I knew the answer to, wouldn't really change my actions much
- So I sort of ignore it.



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- RVs are actually very fancy math objects, whose formal definition requires that you take multivariable calc, linear algebra, and then measure theory to understand because it's honestly a deranged object.
- I don't think it makes sense to treat extinction risks as random variables and use expected values.



Taken from Boaz [link]

- The probabilities are too small to reason about.
- I cannot justify sacrificing current living humans for abstract probabilities.
- We cannot improve what we cannot measure.
- Long-term risk mitigation can only succeed through short-term progress.
- Summary: think of the long term, but act and measure in the short term.



Go forth and discuss

- When it comes to the future, what do you worry about the most?
- What is most holding you back? What are your biggest bottlenecks?
- What is the biggest mistake you've made in the last 6 months that you feel comfortable sharing? Have you successfully changed the default path of the world such that such a mistake is very unlikely to happen again?
- Suppose you leave this conversation with some concrete action points that are obviously good ideas that will majorly improve your life. What are they?
 Make them concrete and give deadlines.
- Are you procrastinating on anything?
- What is the best and worst thing in your life right now?
- What important truth do very few people agree with you on?
- What is the best compliment you have ever received?
- Do you trust people more if they're socially awkward?
- Do you get overly affected by social validation?
- What is the most important social pressure that you feel you had to constantly resist?

Resources



Bibilography I

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