

# Live Long

What really extends lifespan?

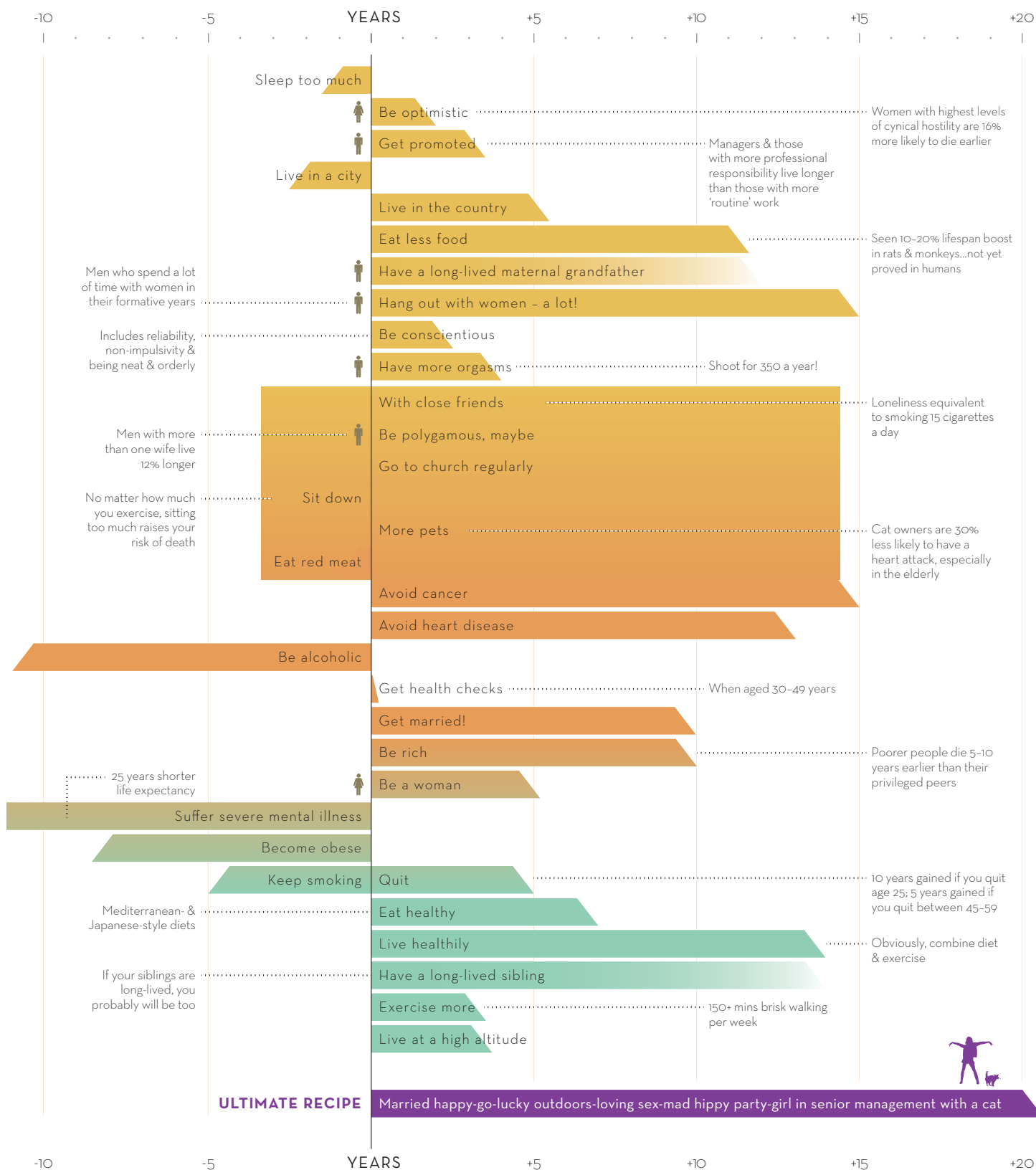
## STRENGTH OF SCIENCE

male / female specific  

Suggestive

Good

Strong



David McCandless

informationisbeautiful.net

Sources: Khaw KT (2008), Marmot M (2005), Kern et al (2008), Perlman RL (2008), BBC News, New York Times, New Scientist, The Okinawa Program: How the World's Longest-Lived People Achieve Everlasting Health,

Data: bit.ly/IIB-Livelong