

SUBSCRIPTION TRACKER

Take control of your recurring expenses. Find hidden costs. Save hundreds per year.

WELCOME

Thank you for purchasing this Subscription Tracker! This workbook helps you catalog every recurring charge, visualize where your money goes, and identify subscriptions to cut.

The average person has 12 active subscriptions and wastes \$30-100/month on forgotten ones.

HOW TO USE EACH SHEET

1. ALL SUBSCRIPTIONS -- Enter every subscription you have. Dropdowns help you fill in categories, billing cycles, and status. Formulas auto-calculate annual costs.

2. DASHBOARD -- See totals, averages, and category breakdowns update automatically. No editing needed here; everything pulls from your subscription list.

3. RENEWAL CALENDAR -- View which subscriptions renew each month so you can plan ahead and avoid surprise charges.

4. ANNUAL SUMMARY -- Track month-by-month spending and compare year-over-year.

5. CANCELLATION LOG -- Record every subscription you cancel and watch your savings grow!

CATEGORY COLOR LEGEND

Entertainment

Software

Health & Fitness

News & Media

Food & Delivery

Cloud Storage

Music

Gaming

Productivity

Other

STATUS COLORS

Active = Green background (you are currently paying for this)

Paused = Yellow background (temporarily on hold)

Consider Canceling = Orange background (review this one!)

Canceled = Gray background with strikethrough (done!)

TIPS FOR CUTTING SUBSCRIPTIONS

1. Audit ruthlessly: If you haven't used it in 30 days, mark it "Consider Canceling".
2. Check for duplicates: Do you have both Spotify and Apple Music?
3. Downgrade first: Switch to a free tier before canceling entirely.
4. Share family plans: Split Netflix, Spotify, or iCloud with family members.
5. Negotiate: Call and ask for a retention discount -- it works more often than you think.
6. Use annual billing: Many services offer 15-30% off when you pay yearly.
7. Set calendar reminders: Review this tracker on the 1st of every month.
8. Watch for price increases: Companies quietly raise prices; check statements quarterly.
9. Free trial trap: Set a reminder to cancel 1 day before any free trial ends.
10. The \$5 rule: Small charges add up. Five \$5 subscriptions = \$300/year.

SUBSCRIPTION DASH

All figures update automatically from the All Subscrip

Key Metrics	
Total Monthly Cost	\$0.00
Total Annual Cost	#VALUE!
Average Monthly Cost	\$0.00
Most Expensive (Monthly)	\$0.00

QUICK STATS
Active Subscriptions
Paused Subscriptions
Consider Canceling
Canceled Subscriptions

Category Breakdown			
Category	Count		Monthly Total
Entertainment	0		\$0.00
Software	0		\$0.00
Health & Fitness	0		\$0.00
News & Media	0		\$0.00
Food & Delivery	0		\$0.00
Cloud Storage	0		\$0.00
Music	0		\$0.00
Gaming	0		\$0.00
Productivity	0		\$0.00
Other	0		\$0.00
TOTAL	0		\$0.00

[illegible]

TOTAL POTENTIAL SAVINGS			\$0.00
-------------------------	--	--	--------

BOARD

options sheet.

0
0
0
0

[illegible][illegible]

#VALUE!

ALL SUBSCRIPTIONS

Enter all your subscriptions below. Use the dropdowns for categories, billing cycles, and status.

[illegible]

RENEWAL CALENDAR

See when your subscriptions renew each month. Formulas pull from the All Subscriptions sheet.

JANUARY			
Service	Category	Renewal Date	Amount
0	0	12/30/1899	\$0.00
January Total			\$0.00

FEBRUARY			
Service	Category	Renewal Date	Amount
0	0	12/30/1899	\$0.00
February Total			\$0.00

MARCH			
Service	Category	Renewal Date	Amount
0	0	12/30/1899	\$0.00
March Total			\$0.00

APRIL			
Service	Category	Renewal Date	Amount
0	0	12/30/1899	\$0.00
April Total			\$0.00

MAY			
Service	Category	Renewal Date	Amount
0	0	12/30/1899	\$0.00

November Total			\$0.00

DECEMBER			
Service	Category	Renewal Date	Amount
December Total			\$0.00

MONTH-BY-MONTH SPENDING

	Jan	Feb	Mar	Apr	May
Current Year					
Previous Year					
Difference (+/-)	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

CATEGORY-BY-CATEGORY ANNUAL BREAKDOWN

	Jan	Feb	Mar	Apr	May
Entertainment					
Software					
Health & Fitness					
News & Media					
Food & Delivery					
Cloud Storage					
Music					
Gaming					
Productivity					
Other					
TOTAL	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

TOTAL SAVED FROM CANCELLATIONS

Monthly Savings (from log)	\$0.00
Annual Savings (from log)	\$0.00

ANNUAL SUMMARY

Enter actual monthly totals below.

Jun	Jul	Aug	Sep	Oct	Nov	Dec
\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

Jun	Jul	Aug	Sep	Oct	Nov	Dec
\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

TOTAL	\$0.00
	\$0.00
	\$0.00

[illegible]

CANCELLATION

Every subscription you cancel puts money back in your pocket.

YOU'VE SAVED THIS YEAR:	\$0.00/mo	\$0.00/yr
--------------------------------	------------------	------------------

[illegible]

ON LOG

our pocket. Track your wins below!

[illegible]

