This 2-hour introductory course is designed for students preparing to embark on their undergraduate studies in Biology. Serving as a comprehensive overview, the course lays the groundwork for understanding the core concepts and principles that form the foundation of biological sciences. During this session, students will be introduced to key topics such as cell biology, genetics, evolution, and ecology. The course also provides an overview of the scientific method and the importance of research and experimentation in biology. Through engaging lectures and interactive discussions, students will gain a clear understanding of what to expect in their upcoming studies and how to approach complex biological concepts with confidence. This course is an essential stepping stone for anyone looking to pursue a degree in Biology, offering a solid foundation to build upon in more advanced courses.

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