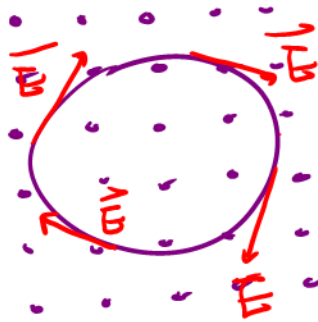


\vec{B} into the page
& decreasing
(thumb points
outwards)

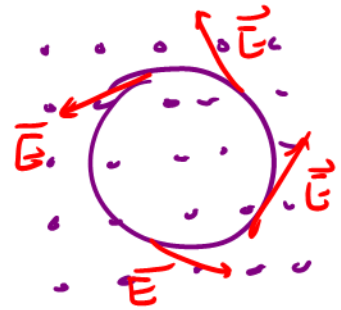
RH: fingers curl
CCW
 \vec{E} is CW



\vec{B} out of page
and increasing
(thumb points
outwards)

RH: fingers curl CCW $\rightarrow \vec{E}$ is CW

"thumb" \rightarrow direction of "increase"



\vec{B} out of page
and decreasing
(thumb pointing
into page)

RH: fingers curl CW
 \vec{E} is CCW