



Due to COVID-19, a number of restrictions have been put on participants in order to attend dance classes. Only nine participants are allowed in the Dance Studio at the Living Arts Centre at a given time. Due to this restriction on the number of participants, some students may be placed in a different class or time. Before anyone is allowed to participate in any Mississauga Ballet Association's (MBA) activities, they need to meet the following requirements:

1. The mandatory MBA Waiver must be signed and returned before the first class.
2. The MBA's Return to Dance Protocol is outlined below and must be signed and abided by.
3. Before any classes, MBA's COVID-19 Health Screening Questionnaire (found below) must be completed at home and at the Living Arts Centre in the presence of a staff member. If a child arrives at class without an adult, a paper version signed by their parent/guardian must be submitted upon arrival. Students in the Senior Ballet level can be granted permission by their parent/guardian to complete the questionnaire verbally on their own behalf.

### **Mississauga Ballet Association Return to Dance Protocol October 2021**

MBA's Return to Dance Protocol is intended to enable a safe return to dance classes during the COVID-19 pandemic. This Protocol is based on current Peel Region statutes and regulations, current public health requirements and directives, and MBA's goal to make classes safe for all participants and their families.

- **The MBA Return to Dance Protocol must be signed and returned before the first class.**
- **The Mississauga Ballet Association's COVID-19 Waiver MUST be signed BEFORE a dancer will be permitted to participate in any classes, no exceptions.** If a dancer arrives for their first class without completing the waiver they **will not be allowed to dance** and no refunds/credits will be issued for failure to comply. One waiver is needed PER dancer and need only be completed once.

### **Preventing COVID-19 Exposure – Self Screening**

Person(s) must self-screen before arrival at the Living Arts Centre in accordance with current public health guidelines.

- Individuals must not attend any MBA classes or activity if they:
  - Exhibit any COVID-19 symptoms, such as a fever, cough, difficulty breathing or other symptoms identified by health experts.
  - Have been in contact with someone with COVID-19 in the past 14 days.
  - Have returned from travel outside of Canada within the past 14 days.Anyone who answers yes to these questions should self-isolate immediately, get tested at a provincial assessment centre, seek medical advice from their healthcare provider or Telehealth Ontario and follow directions given by public health officials.

- NO Credits or refunds will be issued due to failed self-screening

## Health Questionnaire and Tracking

Person(s) must complete a verbal or written health questionnaire prior to each entry to the facility and/or participation in any MBA live activity. A list of all those completing the health questionnaire will be maintained for tracing measures if needed.

- Any Person(s) who fails the questionnaire will be denied entry to the facility. They should self-isolate immediately, get tested at a provincial assessment centre, seek advice from their healthcare provider or Telehealth Ontario and follow directions given by public health officials. Failure to comply will lead to the person(s) being denied entry to the facility, being asked to leave the facility upon discovery of failure and being denied access to any MBA live class or activity until they have been cleared to return to dance by Peel Public Health.
- Attendance at each MBA class or live activity will be taken which will capture all participants present. Daily class participation tracking sheets will be maintained by MBA to enable contact tracing should it be requested by Public Health.
- This list will not be shared beyond what is required by Ontario Law.

## Symptoms/Ill-health During or Following an MBA Live Class/Activity

- Person(s) developing any COVID-19 symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts during or following an MBA class or live event must inform the MBA staff immediately and may not attend/participate in any following class or live event until they are symptom free based on current Public Health guidance. Failure to comply will lead to the person(s) being denied access to any MBA class or live event until they have completed their quarantine and/or been cleared by Peel Public Health for return to activities.
- The individual shall immediately be separated from others in a supervised area—away from other persons inside the facility—until they can go home.
- Parents/guardians and local public health will be notified of a potential case.
- Other children and staff in the dance studio, who were present while a child or staff member became ill, will be identified as a close contact. Parents and the local public health unit will be notified, and their direction will be followed.
- Children or staff who have been exposed to a confirmed case of COVID-19 will be required to self-isolate and follow all directions given by Public Health officials.
- Teachers or staff members who observe that a student exhibits potential COVID-19 symptoms are asked to inform chairperson Nisha Zeinalov at [nisha.sarvesw@gmail.com](mailto:nisha.sarvesw@gmail.com). A designated person from the board-of-directors will follow-up with the Person(s) to check on their overall health and to determine next steps. The Person(s) must be treated in a respectful manner that protects their privacy. Information on the suspected COVID-19 case will be maintained in confidentiality.
- Any Person(s) that have been tested for COVID-19 must not participate in any MBA classes or activities while waiting for the results of the test, or until cleared by Peel Public Health.
- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

## Communication Plan During COVID-19

- The MBA board of directors will continue to inform and share as much information as possible about the MBA Return to Dance Protocol with the members, staff and volunteers. Communication will be conducted primarily by email.

## Procedure for Class

- **Dancers must arrive 15 minutes early in uniform** and their health questionnaire completed prior to arriving at the facility.
- **Drop off and pickup will be on the main floor of the Living Arts Centre at the west entrance (close to the entrance to the underground parking).**
- Dancers and family members will wait in the designated drop off area to complete verbal pre-class screenings.
- Dancers/staff/volunteers are required to wear a mask inside the Living Arts Centre.
- Dancers will assemble at the designated drop off area (maintaining two-metre physical distancing). Entrance to the facility will be conducted as a group. **A dancer who is not present when the group leaves the drop off area will not participate in the class.** No credit or refund will be issued for a missed class.
- Teachers/staff/volunteers must complete an online health questionnaire prior to entering the facility.
- Dancers should bring a bag large enough to store any personal items that enter the building while in class. The bag will be left in the hallway outside the studio. Valuables should not be brought to the Living Arts Centre. MBA will not be responsible for lost or stolen items.
- Dancers/teachers/staff/volunteers must wash or sanitize hands upon entry to the dance studio.
- Dancers will follow two metre physical distancing in the studio as much as possible.
- **No parents or spectators will be allowed in the facility.**
- Teachers will not make physical contact while teaching.
- Dancers/teachers/staff/volunteers will sanitize their hands before exiting the studio.
- Dancers will return to the designated pick-up area at the end of class. Dancers must be picked up on time. **Due to capacity restrictions implemented by the Living Arts Centre, dancers will not be permitted to return to the studio if a parent is not present at the designated pick-up time.**
- High touch surfaces such as ballet barres and doors will be sanitized between each class.

## Refund and Credit Policy

- No refunds or credits will be issued for missed sessions due to a positive COVID-19 test result or due to self-isolation.
- If classes are cancelled due to COVID-19 or necessary isolation periods for MBA staff, we will shift to online Zoom classes until we can safely return to the studio. Refunds or credits will not be issued.

## **MBA COVID-19 Screening Questionnaire for Students**

1. Do you have any of the following symptoms?

- Fever (37.8°C or higher) or chills
- Loss of sense of taste or smell
- Shortness of breath
- Cough
- Nausea/vomiting or diarrhea
- Extreme tiredness (for adults)
- Muscle aches and/or joint pain (for adults)

2. Has a health care provider, public health unit or the COVID Alert app told you that you should currently be self-isolating or staying at home?

3. In the last 10 days, have you been identified as a “close contact” of someone who has COVID-19? (If you are fully vaccinated or previously positive, do not have symptoms and have not been told to self-isolate, answer NO)

4. In the past 14 days, have you travelled outside Canada AND been advised to quarantine per the federal quarantine requirements?

5. Is anyone you live with currently experiencing any new COVID-19 symptoms and/or waiting for test results? (If you are fully vaccinated or previously positive and you do not have symptoms and have not been directed to self-isolate OR if the person's symptoms are related to receiving their COVID-19 vaccine in the last 48 hours, answer No).

6. In the past 10 days, have you tested positive on a rapid antigen test or home-based self-testing kit? (If you have since tested negative on a lab-based PCR test, answer No).

**If you answered YES to any of the above questions or are feeling sick or not well, please stay home. If you have symptoms or are a close contact, get tested and/or speak to your healthcare provider.**