

my grandfather, who was a religious scholar and village cleric, didn't like my father giving me that name. 'It's a sad name,' he said. 'It means grief-stricken.'

When I was a baby my father used to sing me a song written by the famous poet Rahmat Shah Sayel of Peshawar. The last verse ends,

O Malalai of Maiwand,
Rise once more to make Pashtuns understand the song of honour,
Your poetic words turn worlds around,
I beg you, rise again

My father told the story of Malalai to anyone who came to our house. I loved hearing the story and the songs my father sang to me, and the way my name floated on the wind when people called it.

We lived in the most beautiful place in all the world. My valley, the Swat Valley, is a heavenly kingdom of mountains, gushing waterfalls and crystal-clear lakes. WELCOME TO PARADISE, it says on a sign as you enter the valley. In olden times Swat was called Uddyana, which means 'garden'. We have fields of wild flowers, orchards of delicious fruit, emerald mines and rivers full of trout. People often call Swat the Switzerland of the East – we even had Pakistan's first ski resort. The rich people of Pakistan came on holiday to enjoy our clean air and scenery and our Sufi festivals of music and dancing. And so did many foreigners, all of whom we called *angrezan* – 'English' – wherever they came from. Even the Queen of England came, and stayed in the White Palace that was built from the same marble as the Taj Mahal by our king, the first wali of Swat.

We have a special history too. Today Swat is part of the province of Khyber Pakhtunkhwa, or KPK, as many Pakistanis call it, but Swat used to be separate from the rest of Pakistan. We were once a princely state, one of three with the neighbouring lands of Chitral and Dir. In colonial times our kings owed allegiance to the British but ruled their own land. When the British gave India independence in 1947 and divided it, we went with the newly created Pakistan but stayed autonomous. We used the Pakistani rupee, but the government of Pakistan could only intervene on foreign policy. The wali administered justice, kept the peace between warring tribes and collected *ushur* – a tax of ten per cent of income – with which he built roads, hospitals and schools.

We were only a hundred miles from Pakistan's capital Islamabad as the crow flies but it felt as if it was in another country. The journey took at least five hours by road over the Malakand Pass, a vast bowl of mountains where long ago our ancestors led by a preacher called Mullah Saidullah (known by the British as the Mad Fakir) battled British forces among the craggy peaks. Among them was Winston Churchill, who wrote a book about it, and we still call one of the peaks Churchill's Picket even though he was not very complimentary about our people. At the end of the pass is a green-domed shrine where people throw coins to give thanks for their safe arrival.

No one I knew had been to Islamabad. Before the troubles came, most people, like my mother, had never been outside Swat.

We lived in Mingora, the biggest town in the valley, in fact the only city. It used to be a small place but many people had moved in from surrounding villages, making it dirty and crowded. It has hotels, colleges, a golf course and a famous bazaar for buying our traditional embroidery, gemstones and anything you can think of. The Marghazar stream loops through it, milky brown from the plastic bags and rubbish thrown into it. It is not clear like the streams in the hilly areas or like the wide River Swat just outside town, where people fished for trout and which we visited on holidays. Our house was in Gulkada, which means 'place of flowers', but it used to be called Butkara, or 'place of the