PHCM9795 Foundations of Biostatistics

Learning activity solutions: R version

14 June, 2022

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Introduction

These notes provide R-based solutions to the learning activities in Foundations of Biostatistics. These notes are currently under development, with sections being added and revised as the course progresses.

This is the first year that R has been offered as an option. I am keen to receive feedback about the notes and your experience learning R. Please get in touch if anything is unclear, or you have any questions or suggestions.

Changelog

2022-06-12 [Added]

Module 3: Initial releaseModule 4: Initial release

2022-06-06 [Added]

· Module 2: Initial release

[Changed]

Various typos

2022-05-30 [Added]

· Module 1: Initial release

Module 1: Solutions to Learning Activities

Activity 1.1

25 participants were enrolled in a 3-week weight loss programme. The following data present the weight loss (in grams) of the participants:

255	198	283	312	283
57	85	312	142	113
227	283	255	340	142
113	312	227	85	170
255	198	113	227	255

a) Enter these data into R.

```
weightloss <- c(255, 198, 283, 312, 283, 57, 85, 312, 142, 113, 227, 283, 255, 340, 142, 113, 312, 227, 85, 170, 255, 198, 113, 227, 255)
```

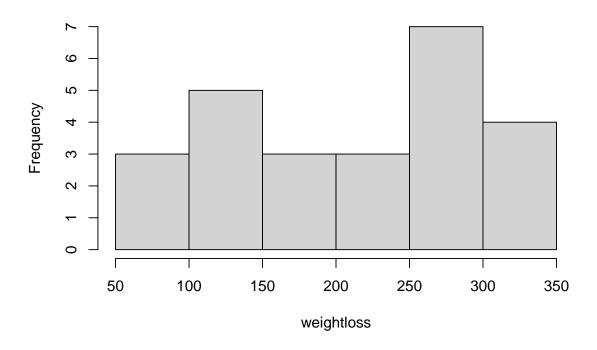
b) What type of data are these?

These are continuous numeric data.

c) Construct an appropriate graph to display the relative frequency of participants' weight loss. Your graph should start at 50 grams, with weight loss grouped into 50 gram bins. Provide appropriate labels for the axes and give the graph an appropriate title.

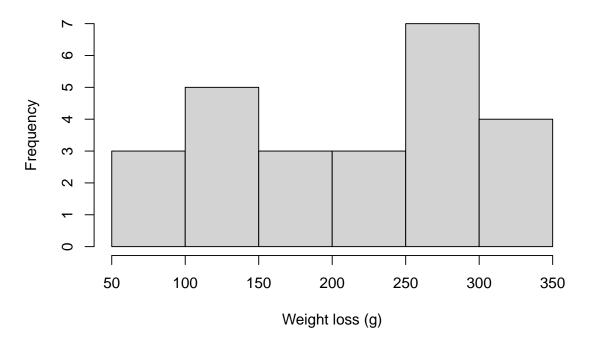
```
# Check the default histogram:
hist(weightloss)
```

Histogram of weightloss



The default values look ok, so let's add labels and titles
hist(weightloss, xlab="Weight loss (g)", main="Weight loss for 25 participants")

Weight loss for 25 participants



Note that the question requests **relative frequencies**, so we can use the code in Section 1.12 to amend this graph:

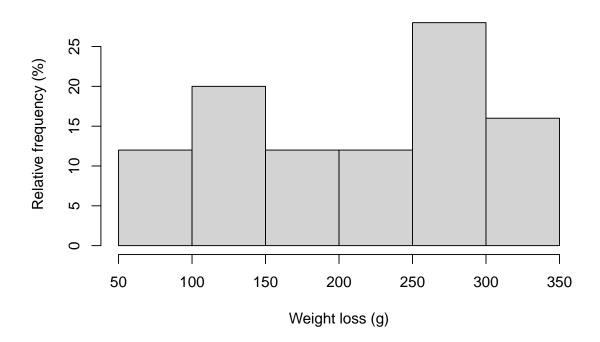


Fig 1.1: Weight loss for 25 participants

Activity 1.2

Researchers at a maternity hospital in the 1970s conducted a study of low birth weight babies. Low birth weight is classified as a weight of 2,500g or less at birth. Data were collected on age and smoking status of mothers and the birth weight of their babies. The file Activity_S1.2.rds contains data on the participants in the study. The file is located on Moodle in the Learning Activities section.

Use R to create a 2 by 2 table to show the proportions of low birth weight babies born to mothers who smoked during pregnancy and those that did not smoke during pregnancy.

```
library(jmv)
babies <-readRDS("data/activities/Activity_S1.2.rds")</pre>
# Examine the first six rows of data
head(babies)
                                         LOW SMOKE
##
     AGE
            AgeGrp BWT
## 1
     14 <20 years 2466
                            Low birth weight
     14 <20 years 2495
                            Low birth weight
                                                 No
     14 <20 years 3941 Normal birth weight
                                                 No
     15 <20 years 2353
                            Low birth weight
                                                 No
     15 <20 years 2381
                            Low birth weight
## 5
                                                 No
     15 <20 years 2778 Normal birth weight
                                                 No
# Create a two-way table showing row percents
```

contTables(data=babies, rows=SMOKE, cols=LOW, pcRow=TRUE)

##						
##	CONTINGEN	NCY TABLES				
##						
##	Continger	ncy Tables				
##						
##	SMOKE			Low birth weight	Normal birth weight	Total
##						
##	Yes	Observed		30	44	74
##		% within	row	40.54054	59.45946	100.00000
##						
##	No	0bserved		29	86	115
##		% within	row	25.21739	74.78261	100.00000
##						
##	Total	0bserved		59	130	189
##		% within	row	31.21693	68.78307	100.00000
##						
##						
##						
##	x² Tests					
##						
##	'	/alue	df	p		
##			_	0.0064006		
##		1.923705	1	0.0264906		
##	N	189				
##						

Answer the following questions:

a) What was the total number of mothers who smoked during pregnancy?

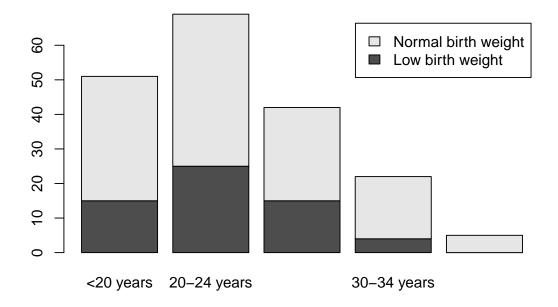
There were 74 mothers who smoked during pregancy.

- b) What proportion of mothers who smoked gave birth to low birth weight babies? What proportion of non-smoking mothers gave birth to low birth weight babies?
 - 41% of mothers who smoked and 25% of non-smoking mothers gave birth to low birth weight babies.
- c) Use R to construct a stacked bar chart of the data to examine if there a difference in the proportion of babies born with a low birth weight in relation to mother's age? Provide appropriate labels for the axes and give the graph an appropriate title.

We follow the instructions for creating a stacked bar chart in Module 1. First we create a table of low birth weight by mothers' age-group, and create a stacked bar chart (to check that we're on the right track):

```
counts <- table(babies$LOW, babies$AgeGrp)</pre>
counts
##
##
                          <20 years 20-24 years 25-29 years 30-34 years
##
     Low birth weight
                                 15
                                              25
                                                          15
                                              44
                                                           27
##
     Normal birth weight
                                  36
                                                                       18
##
##
                          35 or more years
##
     Low birth weight
##
     Normal birth weight
                                          5
```

Fig 1.2: Frequency of low birth weight by mother's age group



We then calculate the relative frequency of low-birth weight by mothers' age group

```
percent <- prop.table(counts, margin=2)*100</pre>
percent
##
##
                          <20 years 20-24 years 25-29 years 30-34 years
##
     Low birth weight
                           29.41176
                                       36.23188
                                                    35.71429
                                                                18.18182
##
     Normal birth weight 70.58824
                                       63.76812
                                                    64.28571
                                                                81.81818
##
                          35 or more years
##
##
     Low birth weight
                                   0.00000
     Normal birth weight
                                 100.00000
    and use the barplot() command, as per the notes:
barplot(percent,
        main="Fig 1.3: Relative frequency of low birth weight by mother's age group",
        legend = rownames(percent), beside=FALSE)
```

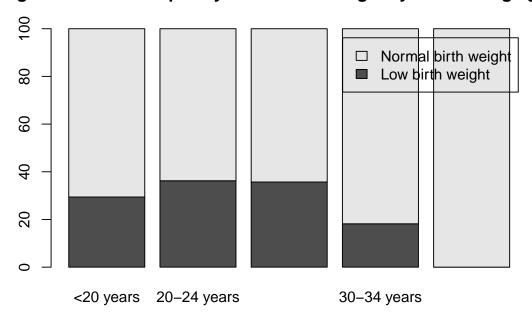


Fig 1.3: Relative frequency of low birth weight by mother's age grou

d) Using your answers to the question a) and b), write a brief conclusion about the relationship of low birth weight and mother's age and smoking status.

In the study, the greatest number of babies were born to mothers in the 20-24 years age group, with the number of babies born declining with increasing maternal age for mothers older than 20-24 years (Figure 1.2). A larger proportion of mothers in the <20 years, 20-24 years and 25-29 years age groups gave birth to low birth weight babies compared to mothers aged 30-34 years. No low birth weight babies were born to mothers aged 35 or more (Figure 1.3).

A larger proportion of mothers who smoked during pregnancy gave birth to low birth weight babies compared to mothers who did not smoke during pregnancy.

NB: You will revisit two-way tables in Module 7 where you will conduct statistical tests to determine if the proportions are statistically different to each other.

Note: Coding graphs, particularly clustered and stacked bar graphs can be difficult! The site https://r-graph-gallery.com/ gives excellent instructions on constructing different types of graphs in R.

Activity 1.3

Using R, estimate the mean, median, mode, standard deviation, range and interquartile range for the data Activity_S1.3.rds, available on Moodle.

```
act1_3 <- readRDS("data/activities/Activity_S1.3.rds")
descriptives(act1_3, mode=TRUE, iqr=TRUE, pc=TRUE)</pre>
```

```
##
##
    DESCRIPTIVES
##
##
    Descriptives
##
##
                              Lead_concn
##
##
      Ν
                                       15
##
                                        0
      Missing
##
      Mean
                                1.500000
##
      Median
                                1.500000
      Mode
                                1.900000
##
##
      Standard deviation
                               0.8434623
##
      IOR
                               1.0000000
##
      Minimum
                               0.1000000
##
      Maximum
                                3.200000
##
      25th percentile
                               0.9500000
##
      50th percentile
                                1.500000
##
      75th percentile
                                1.950000
##
```

We can use the descriptives() function to obtain summary statistics. Examining the help entry for descriptives() shows we can request the mode using mode=TRUE, the interquartile range using iqr=TRUE and the percentiles (by default, the quartiles) using pc=TRUE. The mean is estimated as 1.50, the median is 1.5 and the mode is 1.9. The standard deviation is estimated as 0.843, the range is from 0.1 to 3.2, and the inter-quartile range is from 1.0 to 2.0 (both rounded to 1 decimal place).

Note: no units were provided for the data used in this question. Summary statistics must be presented with their units where the units are available.

Activity 1.4

Data of diastolic blood pressure (BP) of a sample of study participants are provided in the dataset Activity_S1.4.rds. Compute the mean, median, range and SD of diastolic BP.

```
act1_4 <- readRDS("data/activities/Activity_S1.4.rds")
descriptives(act1_4)</pre>
```

```
##
##
    DESCRIPTIVES
##
##
    Descriptives
##
##
                              diabp
##
##
                                    100
##
      Missing
                               82.23000
##
      Mean
##
      Median
                               83.00000
      Standard deviation
##
                              13.01522
##
      Minimum
                               56.00000
##
      Maximum
                              118.0000
##
```

The mean is 82.2 mmHg and the median is 83.0 mmHg. The range is 56.0 to 118.0 mmHg (62.0 mmHg) and the standard deviation is 13.02 mmHg.

Note that the original data have one decimal place, so we can report the median with one decimal place. Although we are justified in presenting the mean to two decimal places (1 extra than the original data), and the standard deviation with three decimal places (1 more than the mean), there is little to be gained in this level of precision when presenting summary statistics for blood pressure.

Activity 1.5

In a study of 100 participants data were missing for 5 people. The missing data points were coded as '99'. The mean of the data was estimated as 45.0 with a standard deviation of 5.6; the smallest and greatest values are 16 and 65 respectively.

If the researcher analysed the data as if the 99s were real data, would it make the following statistics larger, smaller, or stay the same?

a) Mean

The mean will be larger.

b) Standard Deviation

The standard deviation will be larger.

c) Range

The range will be larger. The smallest value is still 16, but the largest is 99, and so the range is 99 - 16 = 83.

Activity 1.6

Which of the following statements are true? The more dispersed, or spread out, a set of observations are:

a) The smaller the mean value

This is not true because the mean is not influenced by the spread of the values (if the distribution is symmetrical around the mean value)

b) The larger the standard deviation

This is true. The larger the spread, the larger the deviations from the mean. Hence the standard deviation will be larger.

c) The smaller the variance

This is not true. The variance will be larger if the deviations from the mean are larger.

Activity 1.7

If the variance for a set of scores is equal to 9, what is the standard deviation?

$$\mathrm{SD} = \sqrt{variance} = \sqrt{9} = 3.$$

Module 1: Full script

```
# Author: Timothy Dobbins
# Date: May, 2022
# Purpose: Learning activities for Module 1
library(jmv)
### Activity 1.1
weightloss <- c(255, 198, 283, 312, 283, 57, 85, 312, 142, 113,
                227, 283, 255, 340, 142, 113, 312, 227, 85, 170,
                255, 198, 113, 227, 255)
# Check the default histogram:
hist(weightloss)
# The default values look ok, so let's add labels and titles
hist(weightloss, xlab="Weight loss (g)", main="Weight loss for 25 participants")
# Construct a relative frequency histogram
h <- hist(weightloss, plot=FALSE)</pre>
h$density <- h$counts/sum(h$counts)*100
plot(h, freq=FALSE,
     xlab="Weight loss (g)",
     ylab="Relative frequency (%)",
     main="Fig 1.1: Weight loss for 25 participants")
### Activity 1.2
babies <-readRDS("data/activities/Activity_S1.2.rds")</pre>
# Examine the first six rows of data
head(babies)
# Create a two-way table showing row percents
contTables(data=babies, rows=SMOKE, cols=LOW, pcRow=TRUE)
# Construct bar charts
counts <- table(babies$LOW, babies$AgeGrp)</pre>
counts
barplot(counts,
        main="Fig 1.2: Frequency of low birt weight by mother's age group",
        legend = rownames(counts), beside=FALSE)
```

Module 2: Solutions to Learning Activities

Activity 2.1

In a Randomised Controlled Trial, the preference of a new drug was tested against an established drug by giving both drugs to each of 90 people. Assume that the two drugs are equally preferred, that is, the probability that a patient prefers either of the drugs is equal (50%). Use one of the binomial functions in R to compute the probability that 60 or more patients would prefer the new drug. In completing this question, determine:

a) The number of trials (n)

Here, each participant represents a 'trial', so n is 90.

b) The number of successes we are interested in (k)

We are interested in determining the probability that 60 or more participants prefer the new drug, so k is 60.

c) The probability of success for each trial (p)

We are told to assume that the two drugs are equally preferred, so p is 0.5.

d) The form of the R function: dbinom or pbinom

We need to calculate the probability that 60 or more participants prefer the new drug. The two R functions can be interpreted as follows: - the dbinom function gives the probability of observing 60 successes; - the pbinom function gives the probability of observing 60 or fewer successes; - the pbinom function with lower.tail=FALSE gives the probability of observing more than 60 successes.

We therefore want to use pbinom function with lower.tail=FALSE here.

e) The final probability.

To calculate the probability of obtaining 60 or more successes, we need to calculate the probability of observing *more than* 59 successes. So the function we use is:

```
pbinom(q=59, size=90, prob=0.5, lower.tail = FALSE)
```

```
## [1] 0.001030133
```

Therefore, the probability that 60 or more patients would prefer the new drug is 0.001 or 0.1%.

Activity 2.2

A case of Schistosomiasis is identified by the detection of schistosome ova in a faecal sample. In patients with a low level of infection, a field technique of faecal examination has a probability of 0.35 of detecting ova in any one faecal sample. If five samples are routinely examined for each patient, use R to compute the probability that a patient with a low level of infection:

a) Will not be identified?

In all of these questions, size is 5 and prob is 0.35. Here we need to calculate the probability of P(X=0), and we can use the dbinom function:

```
dbinom(x=0, size=5, prob=0.35)
```

[1] 0.1160291

The probability P(X=0) = 0.116 or 11.6%.

b) Will be identified in two of the samples?

The probability P(X=2)=0. 336 or 33.6%:

```
dbinom(x=2, size=5, prob=0.35)
```

[1] 0.3364156

c) Will be identified in all the samples?

The probability P(X=5) = .005 or 0.5%:

```
dbinom(x=5, size=5, prob=0.35)
```

[1] 0.005252187

d) Will be identified in at most 3 of the samples?

"At most 3 samples" is the same as 3 or fewer samples, so we can use the pbinom function. The probability P(X≤3) = .946 or 94.6%:

```
pbinom(q=3, size=5, prob=0.35)
```

[1] 0.9459775

Activity 2.3

If weights of men are Normally distributed with a population mean μ = 87, and a population standard deviation, σ = 8 kg:

a) What is the probability that a man will weigh 95 kg or more? Draw a Normal curve of the area represented by this probability in the population (i.e. with μ = 87 kg and σ = 8 kg).

The curve representing the desired probability is drawn below, with the region above 95kg shaded to represent the probability of interest. Note that this curve was generated by a computer: a hand-drawn figure is completely acceptable. A hand-drawn figure will probably look much less tidy, but the main thing to notice is that the shaded area looks like it would represent less than 50% of the total curve. Therefore, our final probability should be less than 0.5.

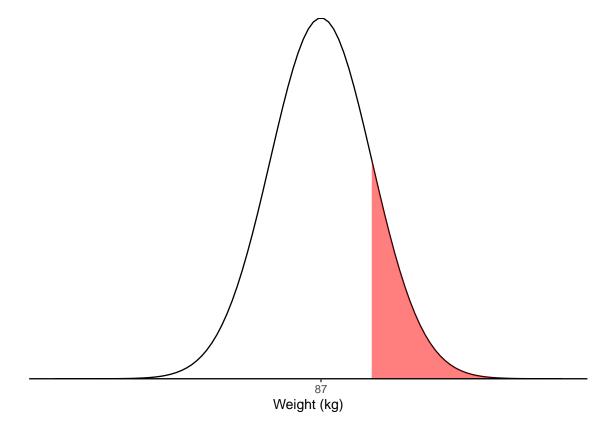


Figure 0.1: Probability that a man will weigh 95kg or more

The probability is calculated as:

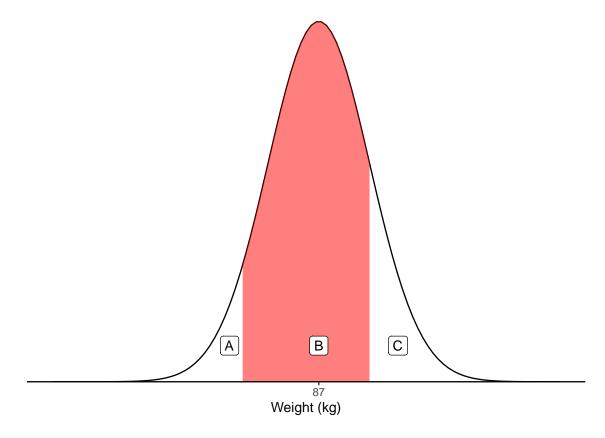
```
# Probability:
pnorm(95, mean=87, sd=8, lower.tail=FALSE)
```

[1] 0.1586553

Therefore, the probability that a man from this population weighs 95 kg or more is 0.16 or 16%

b) What is the probability that a man will weigh more than 75 kg but less than 95 kg? Draw the area represented by this probability on a standardised Normal curve.

The curve to represent this probability is shown below. To obtain the probability represented by the shaded region, we again use the fact that the total area under a Normal curve must add to 1. Let's break the curve into three parts, which we will call A, B and C.



We use that fact that A+B+C=1 to derive that B=1-A-C. We have already calculated C in Part (a) of this question. To calculate A:

```
pnorm(75, mean=87, sd=8, lower.tail=TRUE)
```

[1] 0.0668072

P(Weight < 75) = 0.0668.

The region B is calculated as: 1 - 0.1587 - 0.0668 = 0.7745.

So the probability that a man will weigh more than 75 kg but less than 95 kg is 0.77, or 77%.

Activity 2.4

Using the health survey data described in the R notes of this module, create a new variable, BMI, which is equal to a person's weight (in kg) divided by their height (in metres) squared (i.e. $BMI = \frac{\text{weight (kg)}}{[\text{height (m)}]^2}$. Categorise BMI using the WHO categories provided in the R notes. Create a two-way table to display the distribution of BMI categories by sex (sex: 1 = respondent identifies as male; 2 = respondent identifies as female). Does there appear to be a difference in categorised BMI between males and females?

```
library(readx1)
library(jmv)

survey <- read_excel("data/examples/health-survey.xlsx")
summary(survey)</pre>
```

```
##
                        height
         sex
                                         weight
##
    Min.
           :1.00
                    Min.
                           :1.220
                                     Min.
                                            : 22.70
                                     1st Qu.: 68.00
##
    1st Qu.:1.00
                    1st Qu.:1.630
    Median :2.00
                    Median :1.700
                                     Median : 79.40
##
           :1.55
                                            : 81.19
    Mean
                    Mean
                           :1.698
                                     Mean
##
    3rd Qu.:2.00
                    3rd Qu.:1.780
                                     3rd Qu.: 90.70
##
   Max.
           :2.00
                    Max.
                           :2.010
                                     Max.
                                            :213.20
```

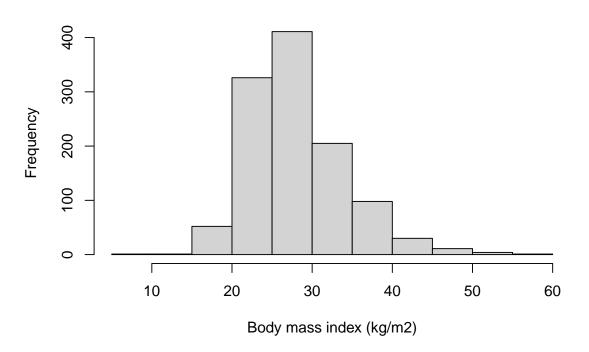
After reading in the data, we define sex as a factor, and create BMI:

```
survey$sex <- factor(survey$sex, level=c(1,2), labels=c("Male", "Female"))
survey$bmi = survey$weight / (survey$height^2)</pre>
```

After creating BMI, we should examine its distribution using a histogram and/or a boxplot:

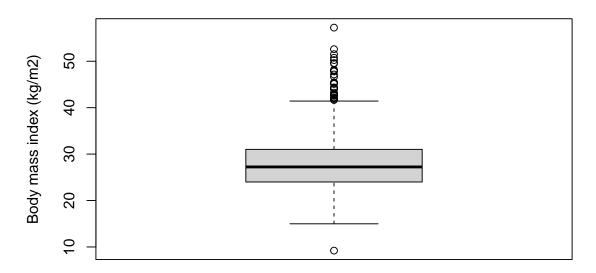
```
hist(survey$bmi, main="Histogram of BMI", xlab="Body mass index (kg/m2)")
```

Histogram of BMI



```
boxplot(survey$bmi, main="Boxplot of BMI", ylab="Body mass index (kg/m2)")
```

Boxplot of BMI



The boxplot in particular shows that there are some extreme values of BMI. We can examine these records by viewing records with BMI less than, say 15, or greater than 45:

```
subset(survey, bmi<15)</pre>
## # A tibble: 2 x 4
##
     sex
            height weight
                              bmi
     <fct>
                     <dbl> <dbl>
##
              <dbl>
## 1 Female
               1.57
                      22.7 9.21
## 2 Female
               1.65
                      40.8 15.0
subset(survey, bmi>45)
## # A tibble: 16 x 4
##
              height weight
      sex
                               bmi
                      <dbl> <dbl>
##
      <fct>
               <dbl>
                      105
                              45.4
##
    1 Female
                1.52
##
    2 Male
                1.85
                      174.
                              50.8
##
    3 Female
                1.22
                       74.8
                              50.3
##
    4 Male
                1.93
                      213.
                              57.2
##
    5 Female
                1.63
                      127
                              47.8
    6 Female
                1.55
                      115.
                              48.0
##
##
    7 Female
                1.65
                      131.
                              48.2
##
    8 Female
                1.55
                              45.3
                      109.
##
    9 Male
                1.78
                      143.
                              45.1
## 10 Female
                1.65
                      127
                              46.6
## 11 Female
                              49.5
                1.63
                      132.
```

```
## 12 Female
                1.7
                      152
                              52.6
## 13 Female
                1.6
                      127
                              49.6
## 14 Female
                              47.2
                1.5
                      106.
## 15 Female
                1.73
                      154.
                              51.5
## 16 Female
                1.6
                      116.
                              45.4
```

The smallest BMI of 9.2 kg/m2 is very low, with a weight of 22.7 kg. We should check the recorded height and weight values against the original data (paper records, survey responses) if they were available. However, as a weight of 22.7kg is not impossible, this record will not be deleted. An alternative approach would be to analyse the data including the very low BMI and again excluding the very low BMI as a sensitivity analysis. The largest BMI values are based on participants with large weights, and none of these seem biologically implausible. Therefore, no changes will be made to participants with small or large values of BMI.

We can use the cut() function to create the BMI categories. The WHO cutpoints are inclusive of the lower-bound, so we use right=FALSE. After creating the categories, it is good practice to check the resulting categories using summary():

```
survey$bmi_cat <- cut(survey$bmi, c(0, 18.5, 25, 30, 35, 40, 100), right=FALSE)
summary(survey$bmi_cat)

## [0,18.5) [18.5,25) [25,30) [30,35) [35,40) [40,100)
## 18 362 411 201 101 47</pre>
```

Finally, we can create a two-way table using the contTables() function within the jmv package. We can define the rows by BMI category, and the columns by sex:

```
contTables(data=survey,
    rows = bmi_cat,
    cols = sex)
```

```
##
##
    CONTINGENCY TABLES
##
##
    Contingency Tables
##
##
                                Female
                                            Total
       bmi_cat
                      Male
##
##
       [0, 18.5)
                          6
                                     12
                                               18
##
       [18.5, 25)
                        134
                                    228
                                              362
##
       [25,30)
                        216
                                    195
                                              411
       [30,35)
                         95
                                    106
                                              201
##
       [35, 40)
                                              101
##
                         46
                                     55
##
       [40, 100)
                         16
                                     31
                                               47
##
       Total
                        513
                                    627
                                             1140
##
##
##
##
    x<sup>2</sup> Tests
##
##
              Value
                            df
                                   р
##
##
       Χ²
              22.49802
                             5
                                   0.0004209
##
       Ν
                   1140
##
```

To assess whether there is a difference in BMI between males and females, we should look at the within-sex relative frequencies. In other words, column percents (for this table), by specifying pcCol = TRUE:

```
contTables(data=survey,
    rows = bmi_cat,
    cols = sex,
    pcCol = TRUE)
```

```
##
##
    CONTINGENCY TABLES
##
##
    Contingency Tables
##
##
      bmi_cat
                                          Male
                                                         Female
                                                                        Total
##
      [0, 18.5)
                     Observed
                                                                 12
##
                                                   6
                                                                                18
                     % within column
##
                                             1.16959
                                                           1.91388
                                                                          1.57895
##
##
      [18.5, 25)
                     Observed
                                                 134
                                                                228
                                                                              362
                     % within column
                                            26.12086
##
                                                          36.36364
                                                                         31.75439
##
                     Observed
##
      [25,30)
                                                 216
                                                                195
                                                                              411
                     % within column
                                            42.10526
                                                          31.10048
##
                                                                         36.05263
##
##
      [30, 35)
                     Observed
                                                  95
                                                                106
                                                                              201
                     % within column
##
                                            18.51852
                                                          16.90590
                                                                         17.63158
##
##
      [35,40)
                     Observed
                                                  46
                                                                 55
                                                                              101
##
                     % within column
                                             8.96686
                                                           8.77193
                                                                          8.85965
##
##
       [40, 100)
                     Observed
                                                  16
                                                                 31
                                                                                47
                     % within column
##
                                             3.11891
                                                           4.94418
                                                                          4.12281
##
      Total
                     Observed
                                                                627
##
                                                 513
                                                                             1140
##
                     % within column
                                          100.00000
                                                         100.00000
                                                                        100.00000
##
##
##
    x² Tests
##
##
##
             Value
                           df
                                 p
##
      X <sup>2</sup>
##
             22.49802
                            5
                                 0.0004209
##
      Ν
                  1140
##
```

From this health survey, it appears that men are more likely to have BMIs indicating Pre-Obesity (men 42% vs women 31%) and Obesity Class I (men 19% vs women 17%), compared to women who are more likely to have BMIs indicating Normal weight (women 36% vs men 26%).

Activity 2.5

The data in the file Activity_S2.5.rds (available on Moodle) has information about birth weight and length of stay collected from 117 babies admitted consecutively to a hospital for surgery. For each variable:

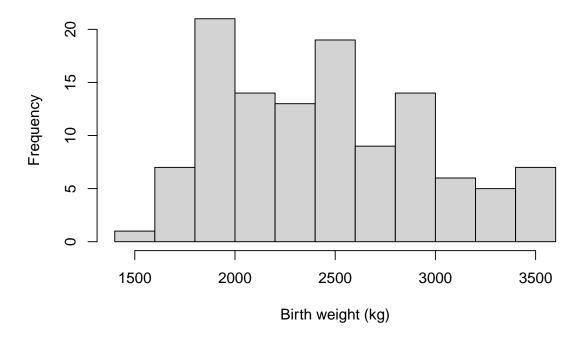
a. Create a histogram to inspect the distribution of the variable;

```
babies <- readRDS("data/activities/Activity_S2.5-LengthOfStay.rds")
summary(babies)</pre>
```

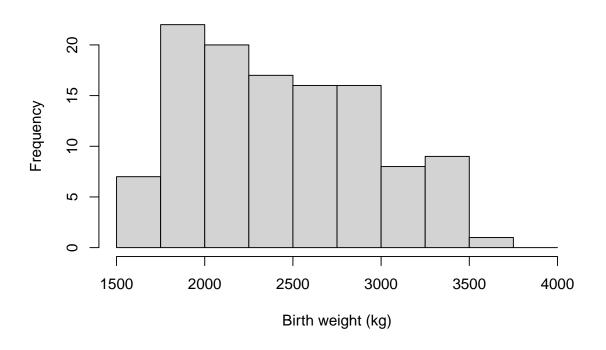
```
##
                                   BirthWt
                                                                    LengthStay
          ID
                       Sex
                                                   GestAge
##
    Min.
            : 25
                   female:55
                                Min.
                                        :1500
                                                Min.
                                                        :31.00
                                                                         : 0.00
                                                                 Min.
##
    1st Qu.: 54
                   male :62
                                1st Qu.:2012
                                                1st Qu.:35.75
                                                                 1st Qu.: 21.00
##
    Median: 83
                                Median :2438
                                                Median :36.00
                                                                 Median : 30.00
    Mean
          : 83
                                Mean
                                        :2451
                                                Mean
                                                        :36.56
                                                                 Mean
                                                                         : 41.08
    3rd Qu.:112
                                3rd Qu.:2830
                                                                 3rd Qu.: 43.00
##
                                                3rd Qu.:38.00
##
    Max.
            :141
                                Max.
                                        :3545
                                                Max.
                                                        :41.00
                                                                         :244.00
                                                                 Max.
##
                                NA's
                                        :1
                                                NA's
                                                        :5
```

```
hist(babies$BirthWt, main="Histogram of birth weights",
     xlab="Birth weight (kg)")
```

Histogram of birth weights

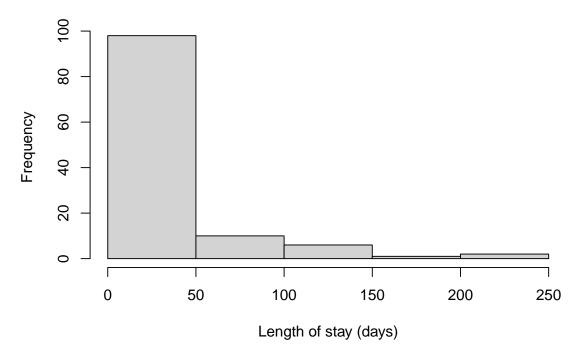


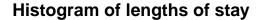
Histogram of birth weights

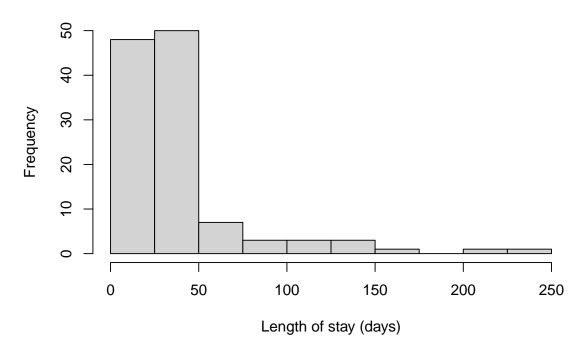


hist(babies\$LengthStay, main="Histogram of lengths of stay",
 xlab="Length of stay (days)")

Histogram of lengths of stay







The histogram for birthweight shows a roughly symmetric distribution. The histogram for length of stay shows a highly skewed distribution (skewed to the right).

- b. Complete the following summary statistics for each variable:
 - · mean and median;

##

- · standard deviation and interquartile range;
- · skewness and kurtosis.

```
descriptives(data = babies,
    vars = c(BirthWt, LengthStay),
    pc = TRUE,
    skew = TRUE,
    kurt = TRUE)
```

```
DESCRIPTIVES
##
##
    Descriptives
##
##
##
                               BirthWt
                                              LengthStay
##
##
                                       116
                                                      117
##
      Missing
##
      Mean
                                 2451.207
                                                41.07692
##
      Median
                                 2437.500
                                                30.00000
##
      Standard deviation
                                 504.8221
                                                36.92984
##
                                 1500.000
                                                0.000000
      Minimum
```

##	Maximum	3545.000	244.0000
##	Skewness	0.3548827	3.090351
##	Std. error skewness	0.2245612	0.2236233
##	Kurtosis	-0.7448547	11.56803
##	Std. error kurtosis	0.4455276	0.4436951
##	25th percentile	2012.000	21.00000
##	50th percentile	2437.500	30.00000
##	75th percentile	2830.000	43.00000
##			

Make a decision about whether each variable is symmetric or not, and which measure of central tendency and variability should be reported.

As birthweight follows a roughly symmetric distribution, we should present the mean and standard deviation as the appropriate measures of central tendency and spread. Notice that the mean and median are similar, which is to be expected for a symmetric distribution.

Length of stay is highly skewed. In this case, the median and interquartile range are the appropriate measures to present. Notice that the mean is higher than the median, which is typical for distributions that are skewed to the right.

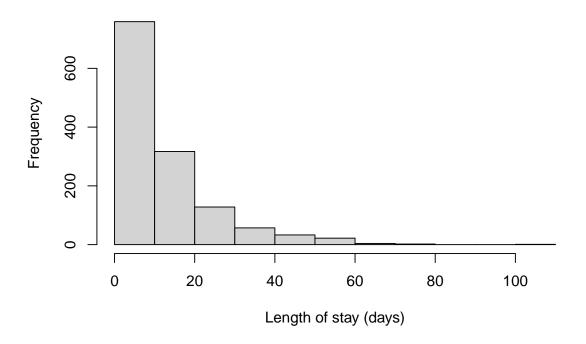
Activity 2.6

The data set of hospital stay data for 1323 hypothetical patients is available on Moodle in csv format (Activity2.6.csv). Import this dataset into R There are two variables in this dataset:

- female: female=1; male=0
- · los: length of stay in days
- a) Use R to examine the distribution of length of stay: overall; and separately for females and males. Comment on the distributions.

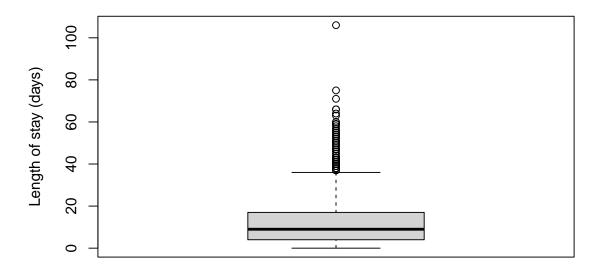
```
hospstay <- read.csv("data/activities/Activity_S2.5.csv")</pre>
summary(hospstay)
##
        female
                         los
                    Min. : 0.00
## Min.
          :0.0000
   1st Qu.:0.0000
                    1st Qu.: 4.00
## Median :0.0000
                    Median: 9.00
## Mean :0.1104
                    Mean : 12.52
                    3rd Qu.: 17.00
## 3rd Qu.:0.0000
   Max. :1.0000
                           :106.00
                    Max.
# Define female as a factor
hospstay$female <- factor(hospstay$female, levels=c(0,1), labels=c("Male", "Female"))
summary(hospstay$female)
##
     Male Female
##
     1177
            146
hist(hospstay$los, main="Histogram of hospital stay", xlab="Length of stay (days)")
```

Histogram of hospital stay



boxplot(hospstay\$los, main="Boxplot of hospital stay", ylab="Length of stay (days)")

Boxplot of hospital stay

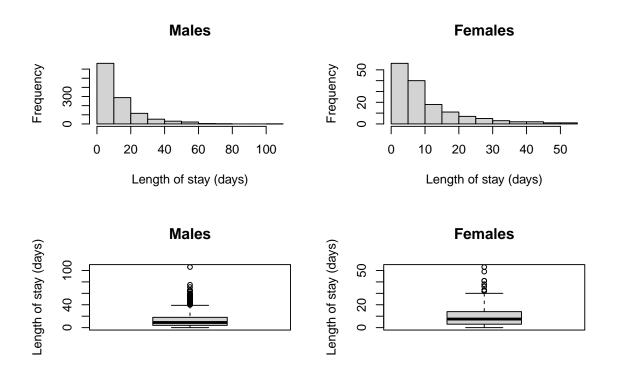


```
hospstay_males <- subset(hospstay, female=="Male")
hospstay_females <- subset(hospstay, female=="Female")

# Set the graphics parameters to plot 2 rows and 2 columns:
par(mfrow=c(2,2))

# Specify each plot separately
hist(hospstay_males$los, xlab="Length of stay (days)", main="Males")
hist(hospstay_females$los, xlab="Length of stay (days)", main="Females")

boxplot(hospstay_males$los, ylab="Length of stay (days)", main="Males")
boxplot(hospstay_females$los, ylab="Length of stay (days)", main="Females")
```



```
# Reset graphics parameters
par(mfrow=c(1,1))
```

The histograms for overall length of stay and length of stay by gender all show that length of stay is heavily skewed (skewed to the right).

b) Use R to calculate measures of central tendency for hospital stay to obtain information about the average duration of hospital stay. Which summary statistics should you report and why? Report the appropriate statistics of the spread and measure of central tendency chosen.

```
##
##
    DESCRIPTIVES
##
##
    Descriptives
##
##
                               los
##
##
                                     1323
      Ν
##
      Missing
##
      Mean
                                 12.51550
##
      Median
      Standard deviation
                                 12.59933
##
##
      Minimum
      Maximum
##
                                      106
##
      Skewness
                                 1.947803
##
      Std. error skewness
                               0.06726732
##
      Kurtosis
                                 5.166837
##
      Std. error kurtosis
                                0.1344336
##
      25th percentile
                                 4.000000
##
      50th percentile
                                 9.000000
##
      75th percentile
                                 17.00000
##
```

As the distribution of length of stay is highly skewed, the median and interquartile range should be presented. These can be calculated in the usual way, using the descriptives() function. The median length of stay is 9 days, with an interquartile range of 4 to 17 days.

c) Calculate the measures of central tendency for hospital duration separately for males and females. What can you conclude from comparing these measures for males and females?

```
##
##
    DESCRIPTIVES
##
##
    Descriptives
##
##
                                female
                                           los
##
                                Male
                                                 1177
##
##
                                Female
                                                  146
##
      Missing
                                Male
                                                     0
##
                                Female
                                                     0
##
      Mean
                                Male
                                             12.75531
##
                                Female
                                             10.58219
##
      Median
                                Male
##
                                Female
                                             7.500000
##
      Standard deviation
                                Male
                                             12.83475
##
                                Female
                                             10.34625
```

##	Minimum	Male	0
##		Female	0
##	Maximum	Male	106
##		Female	53
##	Skewness	Male	1.943967
##		Female	1.697009
##	Std. error skewness	Male	0.07130745
##		Female	0.2006795
##	Kurtosis	Male	5.128450
##		Female	3.067601
##	Std. error kurtosis	Male	0.1424946
##		Female	0.3987670
##	25th percentile	Male	4.000000
##		Female	3.000000
##	50th percentile	Male	9.000000
##		Female	7.500000
##	75th percentile	Male	18.00000
##		Female	14.00000
##			

Lengths of stay are similar for men (median: 9 days, interquartile range: 4 to 18 days) and women (median: 8 days, interquartile range: 3 to 14 days).

Module 2: Full script

```
# Author: Timothy Dobbins
# Date: May, 2022
# Purpose: Learning activities for Module 2
library(jmv)
library(readxl)
### Activity 2.1
pbinom(q=59, size=90, prob=0.5, lower.tail = FALSE)
### Activity 2.2
dbinom(x=0, size=5, prob=0.35)
dbinom(x=2, size=5, prob=0.35)
dbinom(x=5, size=5, prob=0.35)
pbinom(q=3, size=5, prob=0.35)
### Activity 2.3
A <- pnorm(75, mean=87, sd=8, lower.tail=TRUE)
C <- pnorm(95, mean=87, sd=8, lower.tail=FALSE)</pre>
B <- 1 - A - C
### Activity 2.4
survey <- read_excel("data/examples/health-survey.xlsx")</pre>
summary(survey)
survey$sex <- factor(survey$sex, level=c(1,2), labels=c("Male", "Female"))</pre>
survey$bmi = survey$weight / (survey$height^2)
hist(survey$bmi, main="Histogram of BMI", xlab="BMI (kg/m2)")
boxplot(survey$bmi, main="Boxplot of BMI", ylab="BMI (kg/m2)")
```

```
subset(survey, bmi<15)</pre>
subset(survey, bmi>45)
survey$bmi_cat <- cut(survey$bmi, c(0, 18.5, 25, 30, 35, 40, 100), right=FALSE)
summary(survey$bmi_cat)
contTables(data=survey,
           rows = bmi_cat,
           cols = sex)
contTables(data=survey,
           rows = bmi_cat,
           cols = sex,
           pcCol = TRUE)
### Activity 2.5
babies <- readRDS("data/activities/Activity_S2.5-LengthOfStay.rds")</pre>
summary(babies)
hist(babies$BirthWt, main="Histogram of birth weights",
     xlab="Birth weight (kg)")
# We can specify our own cutpoints using the breaks command, with the seq() function:
hist(babies$BirthWt, main="Histogram of birth weights",
     xlab="Birth weight (kg)",
     breaks=seq(from=1500, to=4000, by=250))
hist(babies$LengthStay, main="Histogram of lengths of stay",
     xlab="Length of stay (days)")
hist(babies$LengthStay, main="Histogram of lengths of stay",
     xlab="Length of stay (days)",
     breaks=seq(from=0, to=250, by=25))
descriptives(data = babies,
             vars = c(BirthWt, LengthStay),
             pc = TRUE,
             skew = TRUE,
             kurt = TRUE)
hospstay <- read.csv("data/activities/Activity_S2.5.csv")</pre>
summary(hospstay)
# Define female as a factor
hospstay$female <- factor(hospstay$female, levels=c(0,1), labels=c("Male", "Female"))
summary(hospstay$female)
hist(hospstay$los, main="Histogram of hospital stay", xlab="Length of stay (days)")
boxplot(hospstay$los, main="Boxplot of hospital stay", ylab="Length of stay (days)")
hospstay_males <- subset(hospstay, female=="Male")</pre>
hospstay_females <- subset(hospstay, female=="Female")</pre>
```

```
# Set the graphics parameters to plot 2 rows and 2 columns:
par(mfrow=c(2,2))
# Specify each plot separately
hist(hospstay_males$los, xlab="Length of stay (days)", main="Males")
hist(hospstay_females$los, xlab="Length of stay (days)", main="Females")
boxplot(hospstay_males$los, ylab="Length of stay (days)", main="Males")
boxplot(hospstay_females$los, ylab="Length of stay (days)", main="Females")
# Reset graphics parameters
par(mfrow=c(1,1))
descriptives(data = hospstay,
             vars = los,
             pc = TRUE,
             skew = TRUE,
             kurt = TRUE)
descriptives(data = hospstay,
             vars = los,
             splitBy = female,
             pc = TRUE,
             skew = TRUE,
             kurt = TRUE)
```

Module 3: Solutions to Learning Activities

Activity 3.1

An investigator wishes to study people living with agoraphobia (fear of open spaces). The investigator places an advertisement in a newspaper asking for volunteer participants. A total of 100 replies are received of which the investigator randomly selects 30. However, only 15 volunteers turn up for their interview.

- 1. Which of the following statements is true?
 - a) The final 15 participants are likely to be a representative sample of the population available to the investigator
 - b) The final 15 participants are likely to be a representative sample of the population of people with agoraphobia
 - c) The randomly selected 30 participants are likely to be a representative sample of people with agoraphobia who replied to the newspaper advertisement
 - d) None of the above

ANSWER: C

- 2. The basic problem confronted by the investigator is that:
 - a) The accessible population might be different from the target population
 - b) The sample has been chosen using an unethical method
 - c) The sample size was too small
 - d) It is difficult to obtain a sample of people with agoraphobia in a scientific way

ANSWER: A

Activity 3.2

A dental epidemiologist wishes to estimate the mean weekly consumption of sweets among children of a given age in her area. After devising a method which enables her to determine the weekly consumption of sweets by a child, she conducted a pilot survey and found that the standard deviation of sweet consumption by the children per week is 85 gm (assuming this is the σ). She considers taking a random sample for the main survey of:

- i) 25 children, or
- ii) 100 children, or
- iii) 625 children or
- iv) 3,000 children.
- a) Estimate the standard error and maximum likely (95% confidence) error of the sample mean for each of these four sample sizes.

```
# i: n=25
n <- 25
se <- 85 / sqrt(n)
se

## [1] 17

mle <- 1.96 * se
mle

## [1] 33.32</pre>
```

i) The standard error of the mean for a sample of $25 = 85/\sqrt{25} = 17$ gm, and the maximum likely error = $1.96 \times 17 = 33.32$ gm.

```
# ii: n=100
n <- 100
se <- 85 / sqrt(n)
se

## [1] 8.5

mle <- 1.96 * se
mle</pre>
```

[1] 16.66

ii) The standard error of the mean for a sample of $100 = 85/\sqrt{100} = 8.5$ gm, and the maximum likely error $= 1.96 \times 8.5 = 16.66$ gm.

```
# iii: n=625
n <- 625
se <- 85 / sqrt(n)
se

## [1] 3.4

mle <- 1.96 * se
mle</pre>
```

[1] 6.664

iii) The standard error of the mean for a sample of $625 = 85/\sqrt{625} = 3.4$ gm, and the maximum likely error =1.96 × 3.4 = 6.66 gm.

```
# iv: n=3000
n <- 3000
se <- 85 / sqrt(n)
se</pre>
```

[1] 1.551881

```
mle <- 1.96 * se
mle
```

[1] 3.041686

- iv) The standard error of the mean for a sample of $3,000 = 85/\sqrt{3000} = 1.55$ gm, and the maximum likely error = $1.96 \times 1.551881 = 3.04$ gm.
- b) What happens to the standard error as the sample size increases? What can you say about the precision of the sample mean as the sample size increases?

When the sample size increases, the standard error of the mean (and hence the maximum likely error) decreases. Thus, sample means from larger samples are more precise than from smaller samples.

Activity 3.3

The dataset for this activity is the same as the one used in Activity 1.4 in Module 1. The file is Activity 1.4 rds on Moodle.

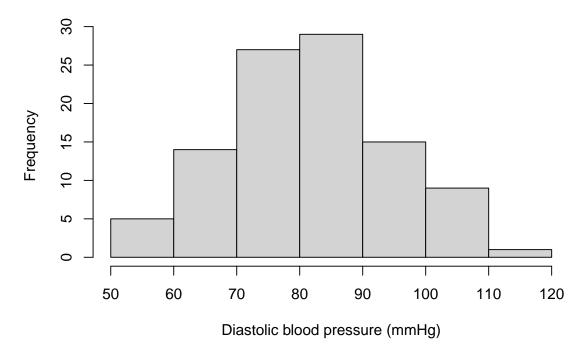
a) Plot a histogram of diastolic BP and describe the distribution.

```
library(jmv)

dbp <- readRDS("data/activities/Activity_S1.4.rds")

hist(dbp$diabp,
    main="Figure 3.1: Distribution of diastolic blood pressure",
    xlab="Diastolic blood pressure (mmHg)")</pre>
```

Figure 3.1: Distribution of diastolic blood pressure



The distribution is approximately symmetrical, centered about the mean.

b) Use R to obtain an estimate of the mean, standard error of the mean and the 95% confidence interval for the mean diastolic blood pressure.

```
descriptives(data=dbp, vars=diabp, se=TRUE)
##
    DESCRIPTIVES
##
##
##
    Descriptives
##
##
                              diabp
##
                                   100
##
      Ν
##
      Missing
                                      0
##
                              82.23000
      Mean
##
      Std. error mean
                              1.301522
##
      Median
                              83.00000
      Standard deviation
##
                              13.01522
##
      Minimum
                              56.00000
##
      Maximum
                              118.0000
##
```

t.test(dbp\$diabp)

```
##
## One Sample t-test
##
## data: dbp$diabp
## t = 63.18, df = 99, p-value < 2.2e-16
## alternative hypothesis: true mean is not equal to 0
## 95 percent confidence interval:
## 79.6475 84.8125
## sample estimates:
## mean of x
## 82.23</pre>
```

The sample mean is estimated as 82.2 mmHg, and the standard error (SE) of the mean is 1.30 mmHg. The 95% confidence interval is from 79.6 to 84.8 mmHg.

Note that the original data have one decimal place. While we could present the mean to two decimal places when reporting the mean, it seems a bit excessive to present a mean blood pressure to two decimal places. Thus we report the mean and 95% confidence interval for the mean with 1 decimal place.

c) What can you say about the population mean from these results? (Include in you answer what is meant by the confidence interval of a mean).

We are 95% confident that true mean of the population from which we sampled lies between 79.6 mmHg and 84.8 mmHg.

Activity 3.4

Suppose that a random sample of 81 newborn babies delivered in a hospital located in a poor neighbourhood during the last year had a mean birth weight of 2.7 kg and a standard deviation of 0.9 kg. Calculate the 95% confidence interval for the unknown population mean. Interpret the 95% confidence interval.

This question asks for a confidence interval to be calculated from summarised data. R does not have an in-built function to do this, but we can use the code presented in the R notes to complete this activitiy.

We are 95% confident that the true mean birthweight in the hospital located in a poor neighbourhood lies between 2.5 kg and 2.9 kg.

Module 3: Full script

```
# Author: Timothy Dobbins
# Date: June, 2022
# Purpose: Learning activities for Module 3
library(jmv)
# Activity 3.2
# i: n=25
n <- 25
se <- 85 / sqrt(n)
mle <- 1.96 * se
mle
# ii: n=100
n <- 100
se <- 85 / sqrt(n)
mle <- 1.96 * se
mle
# iii: n=625
n <- 625
se <- 85 / sqrt(n)
mle <- 1.96 * se
mle
# iv: n=3000
n <- 3000
se <- 85 / sqrt(n)
mle <- 1.96 * se
mle
# Activity 3.3
dbp <- readRDS("data/activities/Activity_S1.4.rds")</pre>
```

Module 4: Solutions to Learning Activities

Activity 4.1

In each of the following situations, what decision should be made about the null hypothesis if the researcher indicates that:

a) P < 0.01

There is strong evidence against the null hypothesis.

b) P > 0.05

There is weak or little evidence against the null hypothesis - but the researchers should be advised to provide the actual P-value, not just P > 0.05.

c) 'ns' indicating not significant

Traditionally, 'ns' stands for not significant (for the set level of significance mentioned in the study, usually 0.05). You might still come across this term in some journal articles but this is not best practice for most journals these days. Researchers should always state the P-value (not just whether or not it was significant).

d) significant differences exist

This would imply that the P-value is less than the set level of significance mentioned in the study (usually, 0.05). As such, we would conclude that there was evidence against the null hypothesis. However, the researchers should be advised to always state the P-value (not just whether or not it was significant).

Activity 4.2

For the following hypothetical situations, formulate the null hypothesis and alternative hypothesis and write a conclusion about the study results:

a) A study was conducted to investigate whether the mean systolic blood pressure of males aged 40 to 60 years was different to the mean systolic blood pressure of females aged 40 to 60 years. The result of the study was that the mean systolic blood pressure was higher in males by 5.1 mmHg (95% CI 2.4 to 7.6; P = 0.008).

H₀: There is no difference in the mean systolic blood pressure between males aged 40-60 years and females aged 40-60 years.

 H_A : There is a difference in the mean systolic blood pressure between males aged 40-60 years and females aged 40 to 60 years.

Conclusion: The mean SBP was 5.1 mmHg (95% CI: 2.4 to 7.6 mmHg) higher in males aged 40-60 years compared to females aged 40-60 years. The P value is 0.008 which provides strong evidence against the null hypothesis. Therefore, we can conclude that there is a difference in the mean SBP of males and females aged 40-60 years.

- b) A case-control study was conducted to investigate the association between obesity and breast cancer. The researchers found an OR of 3.21 (95% CI 1.15 to 8.47; P = 0.03).
 - H₀: There is no association between obesity and breast cancer. [A more formal way of saying this is that there is no difference in the odds of exposure to obesity among cases of breast cancer and controls i.e. OR = 1].
 - H_A : There is an association between obesity and breast cancer. [A more formal way of saying this is that there is a difference in the odds of exposure to obesity among cases and controls i.e. $OR \neq 1$].

Conclusion: The odds ratio is estimated as 3.21, indicating a positive association between the study factor of obesity and the outcome of breast cancer. The 95% CI is 1.15 to 8.47 and excludes the null value of no association (i.e. OR = 1). The P value is 0.03 which provides evidence against the null hypothesis. Therefore, we can conclude that there is a positive association between obesity and breast cancer.

- c) A cohort study investigated the relationship between eating a healthy diet and the incidence of influenza infection among adults aged 20 to 60 years. The results were RR = 0.88 (95% CI 0.65 to 1.50; P = 0.2).
 - H_0 : There is no association between influenza infection and a healthy diet among adults aged 20-60 years. [A more formal way of saying this is that there is no difference in the risk of influenza infection among adults aged 20-60 years who have a healthy diet compared to those who do not have a healthy diet. i.e. RR = 1].
 - H_A: There is an association between influenza infection and a healthy diet among adults aged 20-60 years. [A more formal way of saying this is that there is a difference in the risk of influenza infection among adults aged 20-60 years who have a healthy diet compared to those who do not have a healthy diet. i.e. RR ≠ 1].

Conclusion: The relative risk is estimated as 0.88, indicating a protective association between the study factor of healthy diet and the outcome factor of influenza infection among adults aged 20 to 60 years. However, the 95% confidence interval includes the null value of 1.0 (no association). The P value is 0.2, which means there is no evidence against the null hypothesis. Thus, we can conclude that there is no evidence of an association between a healthy diet and influenza infection among adults aged 20 to 60 years.

Activity 4.3

A pilot study was conducted to compare the mean daily energy intake of women aged 25 to 30 years with the recommended intake of 7750 kJ/day. In this study, the average daily energy intake over 10 days was recorded for 12 healthy women of that age group. The data are in the Excel file Activity_4.3.xls. Import the file into R for this activity.

- a) State the research question
 - Is the mean daily energy intake of women aged 25-30 years different to the recommended daily intake of 7750 kJ/day?
- b) Formulate the null hypothesis

 H_0 : the mean daily energy intake of women aged 25-30 years is the same as the recommended daily intake of 7750 kJ/day.

c) Formulate the alternative hypothesis

 $\rm H_A$: the mean daily energy intake of women aged 25-30 years is not same as the recommended daily intake of 7750 kJ/day.

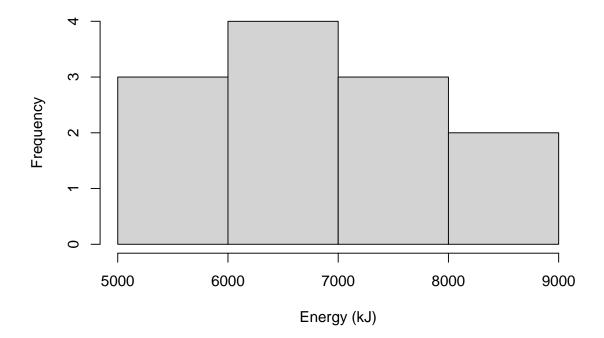
d) Analyse the data and report your conclusions

```
library(readxl)
library(jmv)
pilot <- read_excel("data/activities/Activity_S4.3.xls")</pre>
summary(pilot)
##
        Energy
##
    Min.
            :5260
##
    1st Qu.:6045
    Median:6674
##
            :6856
    Mean
##
    3rd Qu.:7642
    Max.
            :8770
```

As we are comparing a continuous distribution to a hypothesised mean, we will use a one-sample t-test to conduct this analysis. As the one-sample t-test assumes our data follow a Normal distribution, we should assess this using a histogram.

hist(pilot\$Energy, main="Daily energy intake of pilot participants", xlab="Energy (kJ)")

Daily energy intake of pilot participants



It is very difficult to assess the shape of a distribution with only 12 observations, but here we can see that the distribution looks roughly symmetric. In this case, we will assume Normality.

The one-sample t-test is conducted as below, to compare the variable Energy to the hypothesised mean of 7750 kJ/day:

```
t.test(pilot$Energy, mu=7750)
```

```
##
## One Sample t-test
##
## data: pilot$Energy
## t = -2.7141, df = 11, p-value = 0.02014
## alternative hypothesis: true mean is not equal to 7750
## 95 percent confidence interval:
## 6131.023 7580.977
## sample estimates:
## mean of x
## 6856
```

The one-sample t-test output shows that the mean daily energy intake of the 12 women is 6856 kJ (95% CI: 6131 to 7581 kJ). There is evidence (t = -2.71 with 11 DF, P = 0.02) that the mean daily energy intake of women aged 25-30 years is lower than the recommended daily intake of 7750 kJ/day.

Activity 4.4

Which procedure gives the researcher the better chance of rejecting a null hypothesis?

- a) comparing the data-based p-value with the level of significance at 5%
- b) comparing the 95% CI with a nominated value
- c) neither procedure

Both 'a' and 'b' would give the same chance to reject the null hypothesis. This is because both 'a' and 'b' are giving you the same information in a different way. In 'a' you will get the probability of observing the difference you see in your data by chance and if it is <0.05 you will reject the null hypothesis at the 5% level. Whereas in 'b' you will see whether the null value (value of no difference) lies within the range which you are 95% confident contains the true value. If the null value falls outside the 95% CI, you would have less than 5% (100-95 = 5%) probability seeing the observed difference in your data if there were no difference.

Activity 4.5

Setting the significance level at P < 0.10 instead of the more usual P < 0.05 increases the likelihood of:

- a) a Type I error
- b) a Type II error
- c) rejecting the null hypothesis
- d) Not rejecting the null hypothesis

Setting the significance level cut-off at 0.10 instead of the more usual 0.05 increases the likelihood of **a. a Type I error** and **c. rejecting the null hypothesis**.

The cut-off of 0.10 increases the chance of a type I error from 5% to 10% (the chance of making a Type I error is the same as the significance level). If the significance level is higher, then there higher probability of rejecting the null hypothesis if there no effect in reality.

Activity 4.6

For a fixed sample size setting the significance level at a very extreme cut-off such as P < 0.001 increases the chances of:

- a) obtaining a significant result
- b) rejecting the null hypothesis
- c) a Type I error
- d) a Type II error

Setting the significance level at a very extreme cut-off (such as 0.001) increases the chances of: **d. a Type II error**.

For a given sample, if the significance level is set very small it will make it harder to find evidence against the null hypothesis. In other words, it will be difficult to detect an effect if an effect exists in reality. In other words, the probability of type II error will increase: you will not be able to reject the null hypothesis when a real difference exists.

Module 4: Full script

```
# Author: Timothy Dobbins
# Date: June, 2022
# Purpose: Learning activities for Module 4

library(readxl)
library(jmv)

pilot <- read_excel("data/activities/Activity_S4.3.xls")
hist(pilot$Energy, main="Daily energy intake of pilot participants", xlab="Energy (kJ)")

descriptives(pilot)

t.test(pilot$Energy, mu=7750)</pre>
```