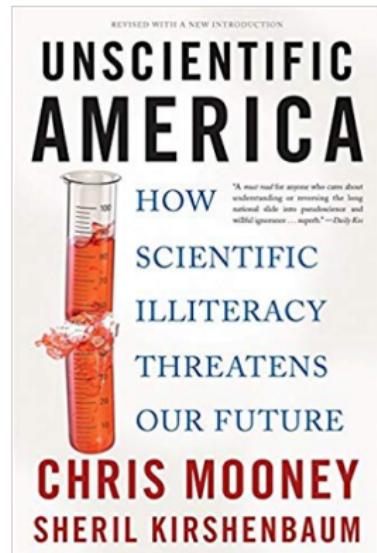


# Science & the Scientific Method

# Scientific Literacy is in Trouble

Only 20–25% of North Americans are scientifically literate!<sup>1</sup>

- 1 in 5 think the Sun revolves around the Earth
- < 1/3 know DNA is the hereditary material
- ~10% know what radiation is
- ...



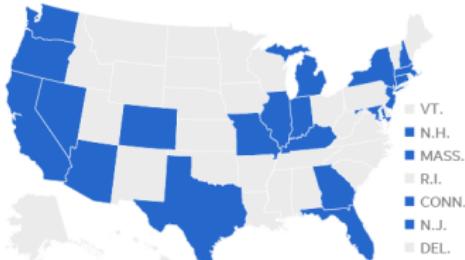
1. Miller (1998) *Public Understanding Sci.* 7: 203–223.

# Scientific Literacy is in Trouble

## Reported measles cases in the US



States that have reported measles cases to CDC are:



1 – Cases as of Dec. 29, 2018;  
2 – Cases as of April 11, 2019

SOURCE Centers for Disease Control and Prevention  
USA TODAY

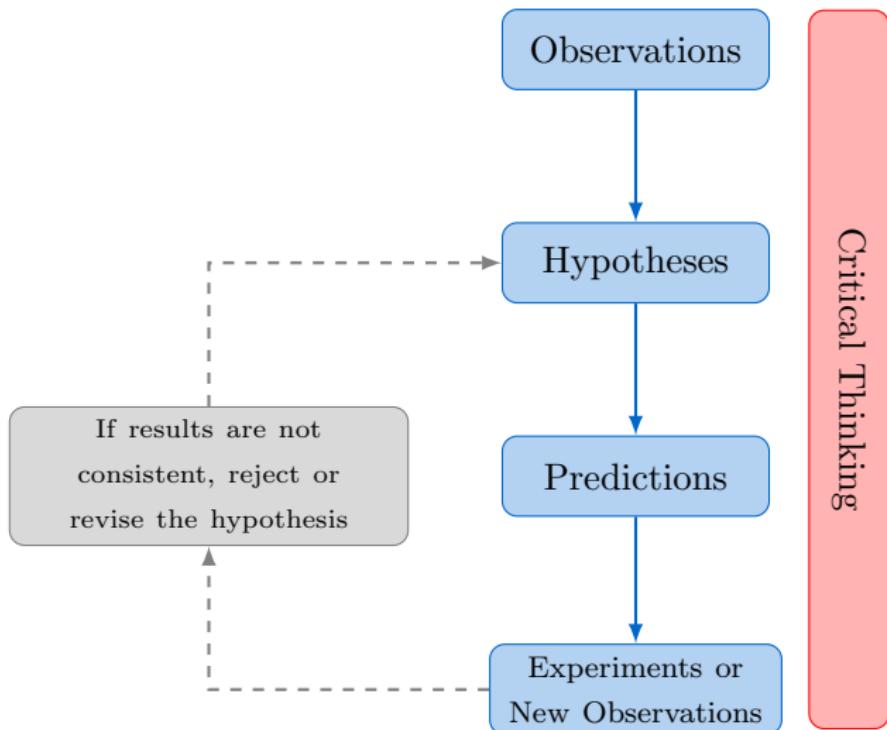


# Why Is Scientific Literacy Important?

Science is playing an increasing role in our day-to-day lives

- Climate change
- Alternative energy sources
- Health care
- Impact of development
- Disease spread (vaccines, HIV, resistant bacteria)
- Stem cell research
- Forensics
- ...

# The Scientific Method



# The Scientific Method



# Critical Thinking

In science, critical thinking often means: being able to separate **data** from **interpretation of data**

- Don't rely on other people's word or interpretation, no matter who they are
- Only trust data (and only do this if you are convinced methods were appropriate)

Should do nothing short of changing  
the way you interact with the world



CBC



**WIKIPEDIA**  
The Free Encyclopedia

The  
New York  
Times



# Assessment of the Extirpated Maritimes Walrus Using Morphological and Ancient DNA Analysis

Brenna A. McLeod<sup>1,2\*</sup>, Timothy R. Frasier<sup>1</sup>, Zoe Lucas<sup>3,2</sup>

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## Abstract

Species biogeography is a result of complex events and factors associated with climate change, ecological interactions, anthropogenic impacts, physical geography, and evolution. To understand the contemporary biogeography of a species, it is necessary to understand its history. Species' historical range and distribution may represent the loss of unique adaptations and a distinct evolutionary trajectory. The Atlantic walrus (*Odobenus rosmarus*) has a discontinuous circum-polar distribution in the arctic and subarctic that once included the southeastern Canadian Maritimes region. However, exploitation of the Maritimes population during the 16<sup>th</sup>–18<sup>th</sup> centuries led to extirpation, and the species has not inhabited areas south of 55°N for ~250 years. We examined genetic and morphological characteristics of specimens from the Eastern Atlantic, Pacific, and Pacific (*O. r. divergens*) populations to test the hypothesis that the first group was distinctive. Analysis of Atlantic Maritimes specimens indicated that most skull and mandibular measurements were significantly different between the Maritimes and Atlantic groups and discriminant analysis of principal components confirmed them as distinctive groups, with complete isolation of skull features. The Maritimes walrus appears to have been larger animals, with larger and more robust tusks, skulls and mandibles than the Pacific counterparts. Haplotypes from Maritimes individuals were found to be more recent and a greater number of nucleotide differences were found between the regions (Atlantic and Maritimes) than within either group. Levels of diversity (*H* and *d*) were lower in the Maritimes, consistent with other studies of species at range margin. Our data suggest that the Maritimes walrus was a morphologically and genetically distinctive group that was on a different evolutionary path from other walrus found in the north Atlantic.

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Editor: Ulrich Joger, State Natural History Museum, Germany

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**Competing interests:** Regarding any competing interests due to funding from ExxonMobil, the authors confirm that this does not alter the authors' adherence to PLOS ONE policies on sharing data and materials.

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## Introduction

The biogeography of a species is a study of a complex series of past and current climate changes, ecological interactions, anthropogenic impacts, physical geography, and evolution. To fully understand the contemporary biogeography of a species, and to make projections for future survival, it is necessary to understand the species' history. It is important to examine specimens from regions where the species has been lost to determine if such regions may represent the loss of unique adaptations and the loss of a potentially distinct evolutionary trajectory for the species. Of particular importance are margins of the species range, which are often identified as areas of increased genetic differentiation and isolation as well as morphological adaptation to "host" habitats, or in this case, marine environments.

The walrus (*Odobenus rosmarus*) is a large pinniped with a discontinuous circum-polar distribution in the arctic and subarctic. The species is easily recognizable by its large tusks and robust size, and is the only species within its family, Odobenidae. There are currently three recognized subspecies. The Atlantic walrus (*O. r. rosmarus* Blögel, 1815) is found throughout the Eastern

Canadian Arctic to Framøya (Framøya Josef Land), the Barents and Kara Seas. The Pacific Walrus (*O. rosman divergens*, Linnaeus, 1758) is found in the Bering and Chukchi Seas. The third subspecies (*O. rosman rosmarus* Gmelin, 1788) is found in the Sea of Okhotsk. The distinction of the last group has been debated and some morphological and molecular data suggest that *O. r. rosmarus* be considered synonymous with *O. r. divergens* [2]. Following centuries of extensive exploitation, the current status and population size of each subspecies are poorly known and currently being investigated. Human activity in most of the Canadian, US, Russia, and Greenlandic populations may be threatened by habitat degradation, pollution and climate change [3].

Contemporary walrus distribution and diversity are a result of the species shifting its range through time, which has been tightly associated with climate changes over the past 8–20 years. While walruses likely originated in the Arctic Ocean approximately 3–5 million years ago [4], individuals of the Pacific founded the Atlantic stock through the Panama seaway [5]. Subsequently, the Pacific stock is thought to have become extinct ~20–50 years [5] and it is suggested that the current Pacific subspecies originated by recolonization front the Atlantic, through either the

Canadian or Russian Arctic during a subsequent interglacial period [6].

In the North Atlantic, fossil walrus specimens identified from the eastern North American seaboard (Virginia, Maine, North Carolina, New Jersey) [7] suggest a more southerly distribution during the Wisconsin Glaciation/early Holocene. However, with climate warming following the last glacial maximum (LGM), the Atlantic walrus distribution shifted northward to include the Grand Banks by 12,500–12,000 years before present (BP), southern Labrador by 11,500 BP, and the eastern Canadian Arctic by 9,700 BP [8].

Todays ~800 extant walrus remain. Five of those are found west of Greenland and three are found east of Greenland [9] (but see [10,11] for recommendations on further nomenclature). Similar to modern walrus, the Maritimes population was distinctive. Analysis of Atlantic Maritimes specimens indicated that most skull and mandibular measurements were significantly different between the Maritimes and Atlantic groups and discriminant analysis of principal components confirmed them as distinctive groups, with complete isolation of skull features. The Maritimes walrus appears to have been larger animals, with larger and more robust tusks, skulls and mandibles than the Pacific counterparts.

The Maritimes contain two haplotypes of *O. r. rosmarus* that are distinct from the Atlantic and Maritimes groups. The first is found in both morphological and genetic data for most of these groups (e.g., [9], [12], [13], [14], [15]). The second is found in the eastern Canadian Maritimes (waters of the Eastern Canadian provinces of Quebec, New Brunswick, Nova Scotia, and Prince Edward Island) and is a postglacial immigrant that has been in the region for ~17,000 years [14, 16]. Because it was preyed upon in its very early tusks, thick blubber [7], it was heavily hunted during the 16<sup>th</sup>–18<sup>th</sup> centuries, particularly around Saint John, Nova Scotia, the Magdalen Islands, Prince Edward Island; other Gulf of St. Lawrence islands; and off the coast of New Brunswick and Cape Breton [10]. The Maritimes is a region that is characterized by its lack of ice cover, and the region is warm for its latitude, but not as common south of 55°N for ~250 years [17,18]. Although there have been very occasional sightings of apparent strays in the region (e.g., [21], [20], [22], [23]), these have been no signs of recolonization and recovery is considered unsuitable [24].

Some data suggest that the Maritimes walrus was distinct from other arctic walrus. Although the living examples of numerous postglacial walrus specimens have been described in New Brunswick, Nova Scotia, Newfoundland, and throughout the Gulf of St. Lawrence [19,25–27], C. R. Harrington and the law F. H. Hay conducted preliminary analyses of 92 adult (72 male, 20 female) postglacial walrus from the Maritimes region. They found that the Maritimes walrus was similar to the very large tusked individuals (T) relative to the Atlantic, which is consistent with C. R. Harrington, 1992, reported by [28]. They suggested the skull specimens, though different in shape, appeared similar to the Pacific walrus which tends to be ~3% taller and ~10% heavier than the Atlantic walrus, and is recognizable by its longer tusks and broader heads [24,26]. In addition, larger size was evident in large mandible width and condylabular length (F.H. Hay pers. comm. to ZL).

We assessed the Maritimes walrus within what is known about global and regional walrus stock structure. The walrus, like several other arctic and subarctic marine mammals, species, such as the bowhead (Balaena mysticetus) and beluga whale (*Delphinapterus leucas*) are known to have recently colonized the waters of eastern Canada. The fact that the area has not been recolonized by walrus may indicate the previous inhabitants were either a distinct, isolated (and perhaps specially adapted) group, or climatic changes over the past 250 years have rendered the habitat now unsuitable. If the group is relatively isolated, then more recently generated males may be born more inter-specifically and therefore more differently differentiated as males. This pattern was adopted for a squirrel habitat, its loss represents the loss of evolutionary potential for the species.

For this research, morphological and genetic characteristics of cranial specimens of the estimated Maritimes walrus collected in Nova Scotia, New Brunswick and Quebec, Canada were

compared to those of specimens from current Atlantic and Pacific populations to examine the relationship between the Maritimes group and other walrus subspecies.

## Materials and Methods

### Morphological Analysis

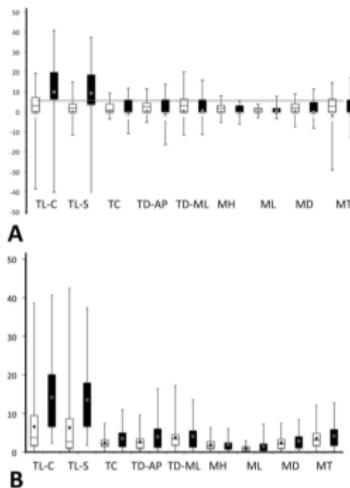
Morphological data were collected from cranial and mandibular teeth held in museum public and private collections (n = 276). This included 116 Maritimes (MAR) (*Odobenus rosmarus* rosmarus) 83 cranial/51 mandibular elements, 136 specimens from the Eastern Canadian Arctic (the Atlantic subspecies, ATL) (*Odobenus r. rosman* @2 cranial/51 mandibular elements), and 6 from the North Pacific (the Pacific subspecies, PAC) (0 *r. divergens*). Specimens from the North Pacific were obtained from [14, 15]. Most specimens from the ATL have known locations and sex information (after [29]). The cranial sample includes 41 males and 30 females. Ages, as determined by Massfield [29] ranged from 2.3–26 years. The same collection that access to these specimens can be found in the reference section.

Morphological data were collected using measures previously outlined for seals by the Committee on Marine Mammals [30] and those used previously in *Odobenus* (after [31], [32], and [2]). Additional measures were used that 1) are commonly used in assessing mammalian cranial morphology; 2) served to capture additional morphological variation; 3) were used to describe the skull mining due to kinking or wear (e.g., cervical condyle); and 4) added additional morphological information that we thought was appropriate and informative. Where specimen condition allowed, 16 metric characteristics were examined (Table 2; Fig. 3). These included 5 mandibular measures and 13 cranial measures. Measures were taken using calipers (Mitutoyo 30–40 mm) and were taken in the nearest 1.0 mm. Measurements less than 0.01 mm were taken using digital calipers (Mitutoyo) (to the nearest 0.01 mm). Tusk circumference and condylabular (tusk length) were measured using a flexible measuring tape (to the nearest 1.0 mm). All measurements were taken by one of the authors (BAM).

### Morphological Analysis – Data Standardization and Organization

For several of the mandibular and tusk measures, both left and right sides were examined (measures #9–13). Prior to analysis, we examined whether there was any lateral asymmetry by regressing measures from one side on the other and examining the slope of the regression line. We also examined whether standard error of the measurement (SEM) was consistent across all of the measurements, therefore analyses were carried out using the side with the most data available. To quantify the amount of average individual percent directional asymmetry (DA) we present we used the formula %DA = (Right - Left)/((Average of Right and Left)) × 100 (e.g., [33–35]). This measure allowed us to directly compare the amount of DA between individuals of different species. We also calculated percent absolute asymmetry (%AA) (e.g., [33]), %AA = (maximum value - minimum value)/average of the two values) × 100. This measure allowed us to examine the amount of asymmetry present regardless of directionality or the amount of "random" asymmetry. To examine whether the slopes of SEM and %AA were significantly different between regions, we used student's t-tests with a Bonferroni correction for multiple tests [36].

The goal of this research was to determine if there are differences between animals of ATL and MAR populations; however, such a comparison may be difficult when the sample set



**Figure 6.** Boxplots of (a) %DA and (b) %AA. Whiskers denote minimum and maximum of the data. Boxes denote the 25<sup>th</sup> and 75<sup>th</sup> quartiles of the data and the squares denote the data mean. For %DA, negative values indicate a left-side asymmetry while positive values indicate a right-side asymmetry. doi:10.1371/journal.pone.0099569.g006

every 500 generations, and 1,250,000 (25%) initial steps discarded as burn-in. This tree was visualized using FigTree ver. 1.3.1 [57].

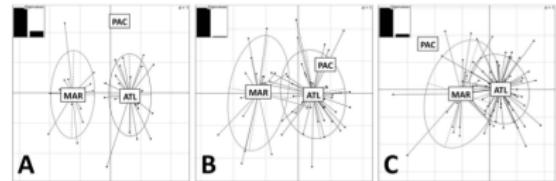
## Results

### Morphological Analysis

Regression analysis suggested that lateral asymmetry was evident in 6 of the 9 skull and mandible measures for which left and right sides were examined. Both ATL and MAR showed lateral asymmetry in skull measures. While ATL had significant asymmetry in mandible measures, MAR had significant asymmetry for mandible thickness. Because of this asymmetry, right sides were not exchanged for missing left sides when standardizing the data sets. As a result, the sides with a higher count (left sides for all measures) were used. For further examination of the specimens, we also examined %DA and %AA

separately for each of the regions (Table 3; Fig. 6) and whether average %DA and %AA within each region was significantly different. After incorporating a Bonferroni correction, only two measures were significantly different between the most straight and curved skull length measures (TL and TL10). We found that MAR average individual %DA was ~10%, with right tusks longer than left. For the remaining measures, %DA ranged from 0.017%–1.79% while %AA ranged from ~0.70%–4.10% with the MAR exhibiting greater %AA for all measures.

Parametric and non-parametric tests comparing each of the average %DA and %AA showed that 14 of the 16 comparisons were significantly different ( $p < 0.05$ ) between the ATL and MAR groups (Fig. 7). Skull measurements corresponding to overall skull length (CBL, ONL) and width (RW, PW) were significantly different across regions, with MAR longer and wider than ATL while other measures (NL, N-Oc) were not. Mandible length,



**Figure 8.** Discriminant function analysis scatterplots for skull (A), tusk (B), and mandible (C) data. Embedded is also a plot of the first two eigenvectors of the discriminant analysis. Circles encompass the range of 2/3 of the data points. doi:10.1371/journal.pone.0099569.g008

KJ522907 – KJ522911, KJ522920 – KJ522922; and 8 within the historic MAR specimen (Genbank accession KJ522912 – KJ522916). Interestingly, the tusk data from the MAR group in these available by Lindqvist et al. [16] however, because our sequences were shorter than those of Lindqvist et al. [2], three of their haplotypes were collapsed into one (Sequence IDs ATL13/ATL14, a unique haplotype, became identical to ATL11 and ATL21, two other haplotypes). Across the two studies, 3 of our ATL haplotypes were shared with the Lindqvist et al. [2] Atlantic specimens. These were the same as the following sequence IDs from Table 4: ATL09, ATL10, ATL07/ATL17, ATL09/ATL10, ATL11, ATL14/ATL21, and ATL20. However, no haplotypes were shared between historic MAR specimens and any other Atlantic specimens.

Haplotype diversity ( $\delta$ ), nucleotide diversity ( $\pi$ ), and the average number of nucleotide differences both within and between regions were calculated for samples from PAC, Laptev Sea (LAP), ATL, and MAR (Table 4). Both  $\delta$  and  $\pi$  were found to be the lowest in the MAR, while they were the highest in the PAC. In addition the MAR had the lowest number of nucleotide differences between sequences.

Haplotypes from PAC, LAP, and ATL (both east and west of Greenland) appear to cluster together within the network, with the exception of two LAP haplotypes that fall out in the network closer to ATL haplotypes from east of Greenland (Fig. 9). Although the samples from the MAR did not share any haplotypes with the PAC/LAP group or the ATL group, the MAR sequences are

more similar to the ATL than the PAC/LAP specimens. Many of the ATL haplotypes are highly similar, with only differing from one other at a few positions. In contrast, the MAR haplotypes appear to branch off in two separate lineages from a single ATL haplotype. Haplotypes that are most similar (and closest) to the MAR haplotypes within the network originate from animals sampled around Southeast Baffin Island and Nottingham Island.

Similar to the median joining network, the phylogenetic tree shows the ATL and PAC/LAP subspecies grouping within separate and distinct clades, with the MAR specimens grouping within the ATL clade (Fig. 10).

## Discussion

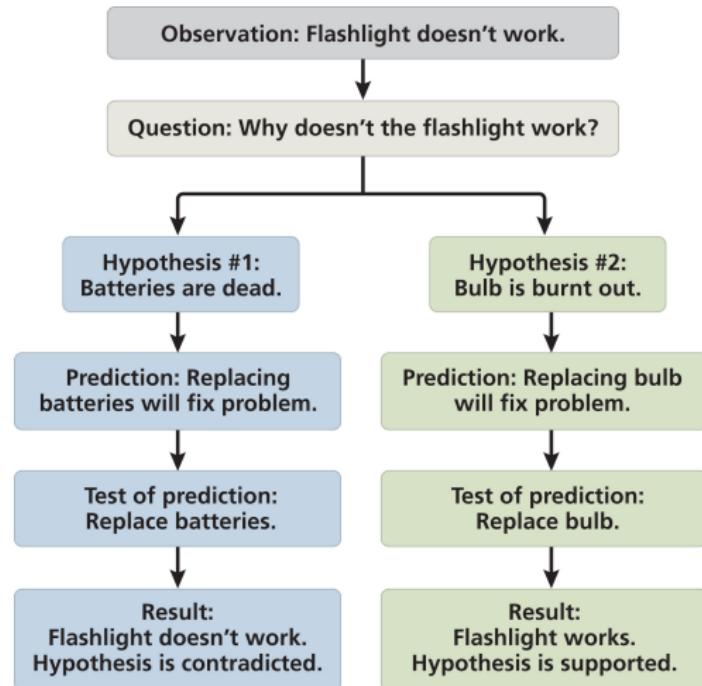
The morphological analyses presented here indicate that the Maritimes walrus was a physically distinctive group from other populations of walrus in the North Atlantic, west of Greenland. Comparison of morphological measures across ATL and MAR indicated that most of the cranial and mandibular measures were significantly different between the groups. Most MAR values were greater in all measures. The discriminant analysis of principal components (DAPC) also identified the ATL and MAR as distinctive groups, with complete isolation of skull features. The MAR group appears to have been comprised of larger animals, with larger and more robust tusks, skulls and mandibles. This agrees with previous suggestions that the group was morphologically distinct, and more robust in overall size (pers. comm. to

**Table 4.** Haplotype ( $\delta$ ) and nucleotide diversity ( $\pi$ ) and corresponding standard error (in parentheses) for PAC, LAP, ATL and MAR regions.

Region	PAC	ATL	MAR	LAP
	$\delta = 0.967$ (0.046)	$\delta = 0.844$ (0.046)	$\delta = 0.439$ (0.114)	$\delta = 0.000$ (0.164)
	$\pi = 0.0274$ (0.0040)	$\pi = 0.0066$ (0.00031)	$\pi = 0.0332$ (0.0121)	$\pi = 0.0068$ (0.0009)
PAC	8.675			
ATL	13.900	2.230		
MAR	14.648	4.664	1.111	
LAP	7.465	12.357	13.850	1.000

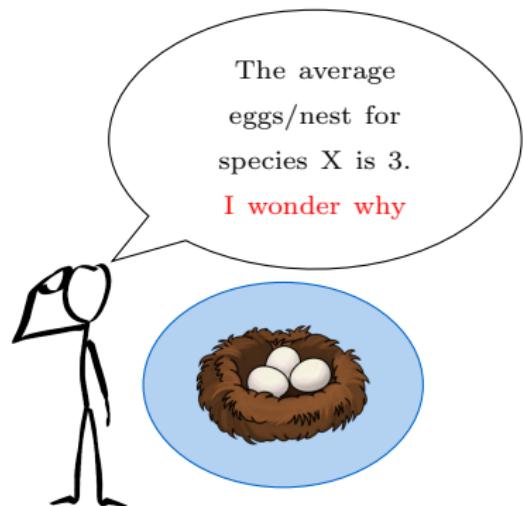
Note: This is the average number of nucleotide differences within (as diagonal) and between regions.  
doi:10.1371/journal.pone.0099569.t004

# How Science Works



# How Science Works

Observations/  
facts



# How Science Works



That's the way  
I wanted it

3 is the  
optimal number  
of population  
growth



# How Science Works



That's the way  
I wanted it

3 is the  
optimal number  
of population  
growth



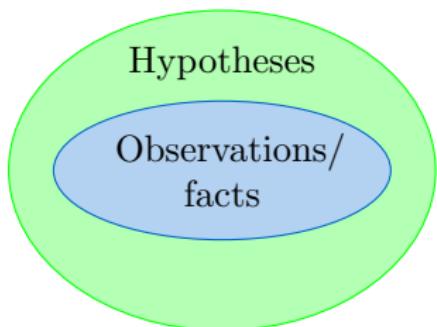
Maybe...but  
maybe not. I  
want to see  
for myself.



# How Science Works

## Hypotheses

- *Explanatory* statements about *why* things are the way they are
- Should lead to clear *predictions*
- Lead to understanding of multiple observations
- *Must be falsifiable* (testable)
- Should have more than 1 (process of elimination)
- Are an infinite # of hypotheses for each observation, but not all equally likely

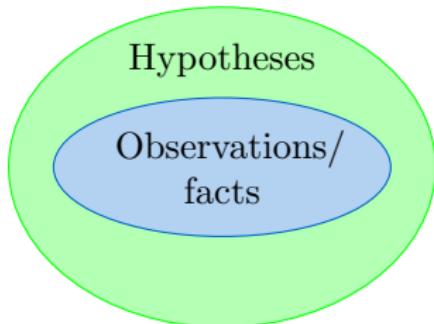


# How Science Works

Hypothesis #1: Egg production in species X is limited by available calcium

Predictions:

1. Adding Ca to diet will increase egg production
2. Reducing Ca in diet will decrease egg production

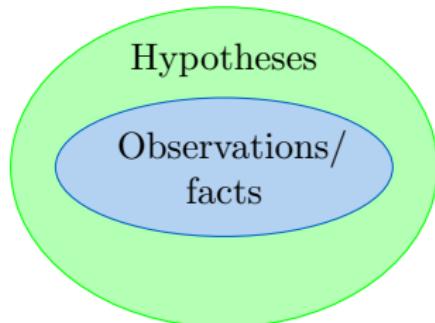


# How Science Works

Hypothesis #2: Egg production in species X is limited by energetic resources

Predictions:

1. Adding resources to diet will increase egg production
2. Reducing resources in diet will decrease egg production

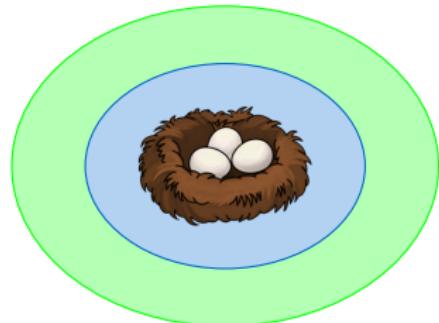
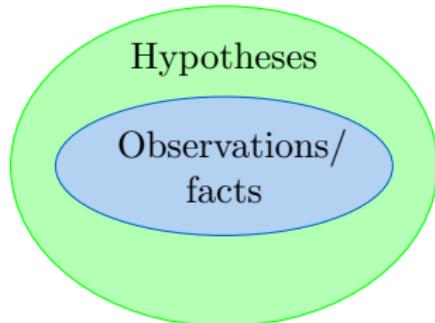


# How Science Works

Hypothesis #3: Individuals lay different #'s of eggs, but then aliens add/remove them to make it 3

Predictions:

1. If we actually watch them lay the eggs, should see different #'s
2. If watched 24 hours a day, should see aliens adjusting egg counts



## How Science Works

## Investigate problem

- Literature
  - Experimentation
  - Observation



# How Science Works

Work through all reasonable hypotheses (that you can)

- Ideally, only one is “left standing”, but not all are mutually exclusive



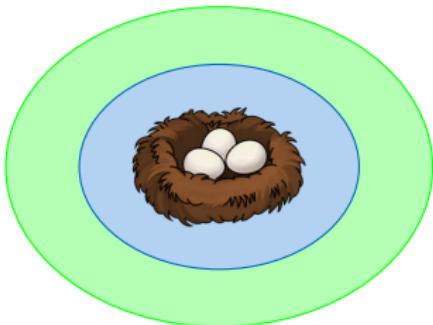
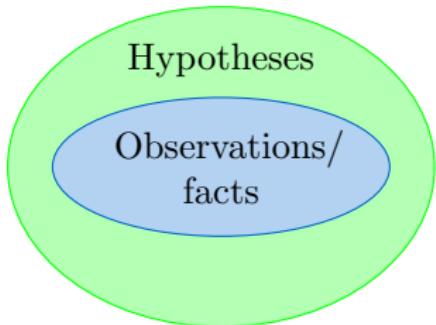
Karl Popper  
(1902–1994)

# How Science Works

Hypothesis #1:  
Calcium

Hypothesis #2:  
Resources

Hypothesis #3:  
Aliens

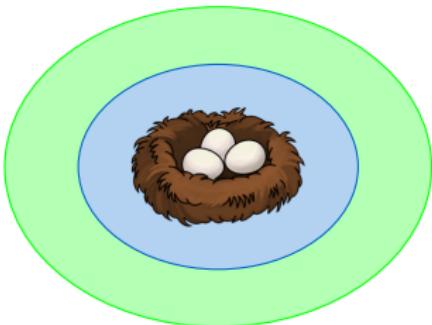
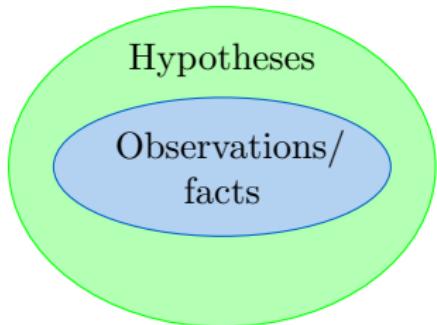


# How Science Works

Hypothesis #1:  
Calcium

Hypothesis #2:  
Resources

Hypothesis #3:  
Anens



## How Science Works

Submit your work for peer review

- Reasonable hypotheses
  - Appropriate methods
  - Appropriate interpretation
  - ...



# How Science Works

Submit your work for peer review

- Reasonable hypotheses
  - Appropriate methods
  - Appropriate interpretation
  - ...

Adds to our collective understanding of the world

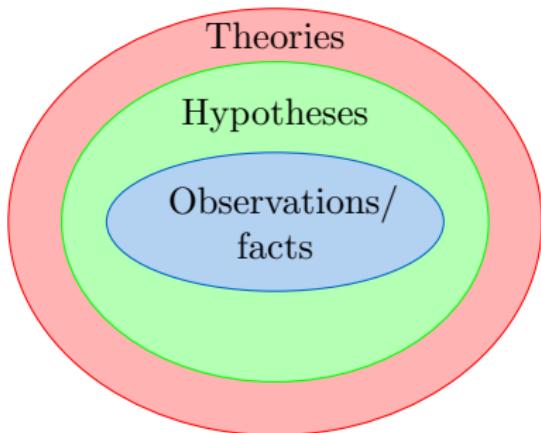
Now other people can focus on other hypotheses



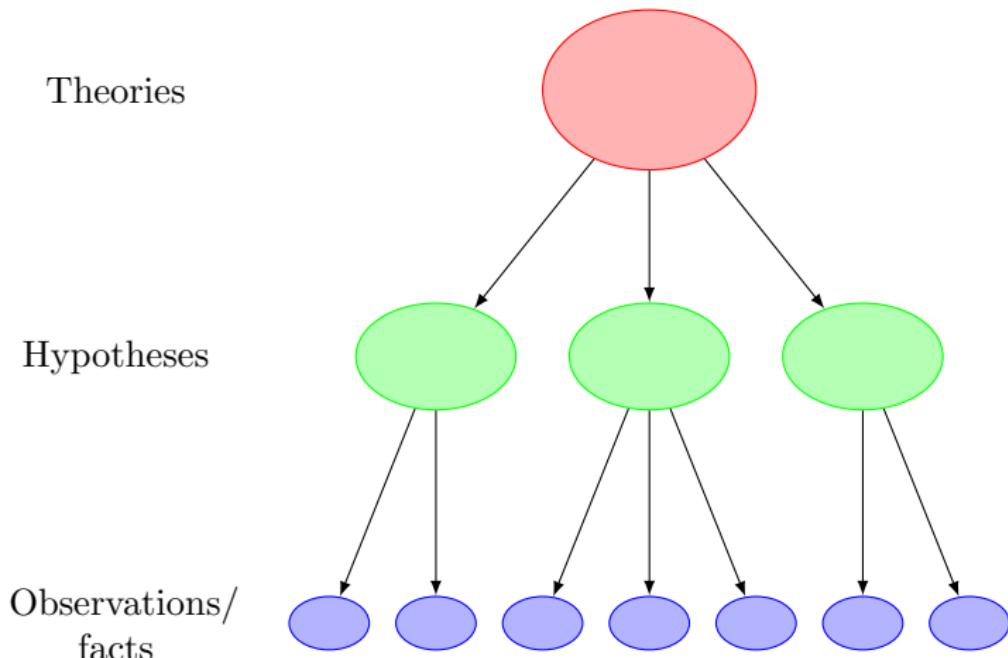
# How Science Works

## Theories

- General/major *explanatory statements* that explain many *hypotheses*
- Lead to understanding of multiple hypotheses



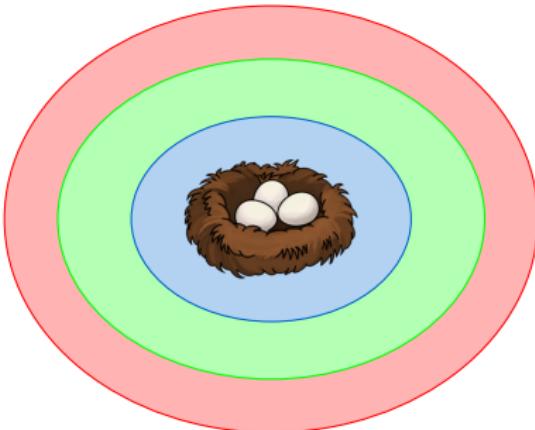
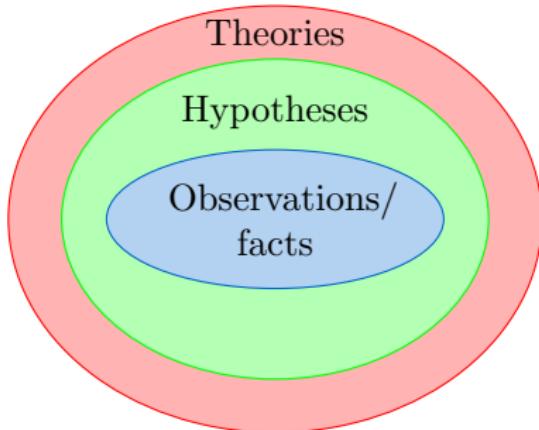
# How Science Works



# How Science Works

Theory: Natural selection - individuals have evolved to maximize their reproductive success given their environment (egg # maximizes reproductive “output” given the resources available)

Hypothesis #2: Resources



# Theory vs Fact in Science

## THEORY

General Public:

“An idea. Something not yet proven”.  
*e.g., “Evolution is *only* a theory”*

# Theory vs Fact in Science

## THEORY

### General Public:

“An idea. Something not yet proven”.  
*e.g., “Evolution is *only* a theory”*

### In Science:

“A statement of what are held to be the general laws, principles, or causes of something known or observed”.

# Theory vs Fact in Science

Fact: Gravity exists - things fall

Theory of Gravity: Our explanation/understanding of why and how things fall

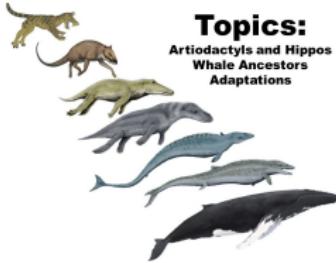
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Fact: Evolution occurs - things evolve

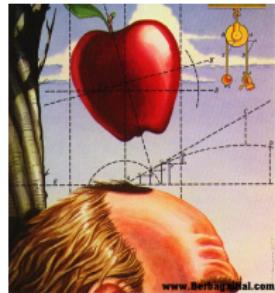
Theory of Evolution: Our explanation/understanding of why and how things evolve (*e.g.*, natural selection)

# Theory vs Fact in Science

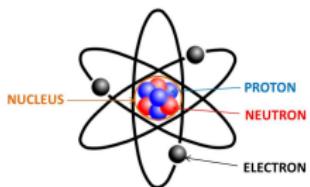
Some other theories in science:



Theory of gravity



Theory of evolution

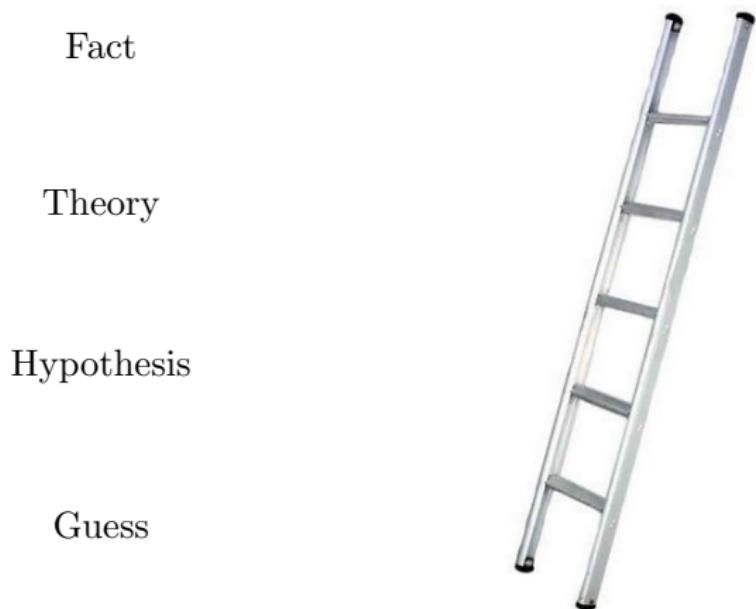


Atomic theory

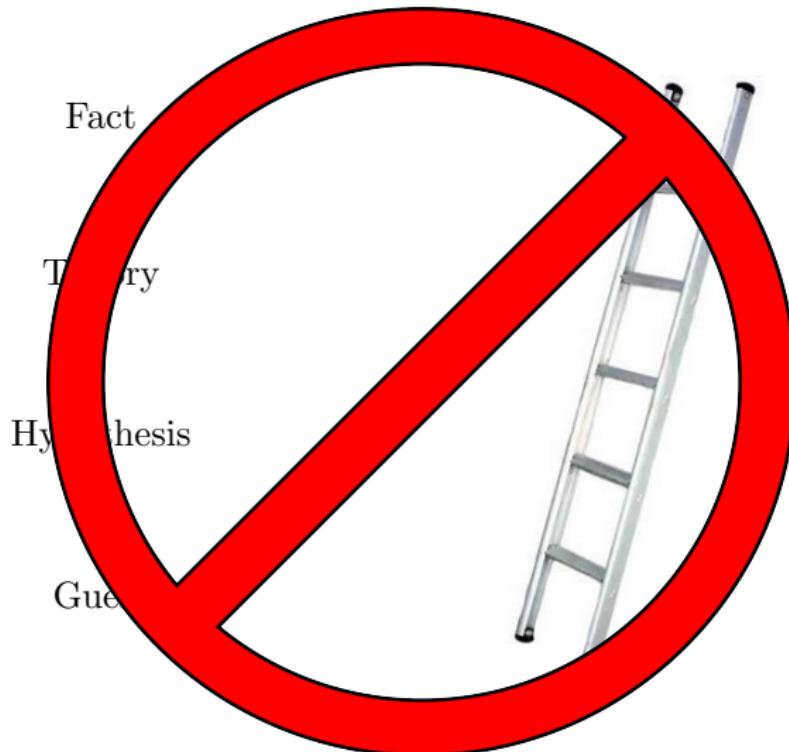


Theory of relativity

# Theory vs Fact in Science



# Theory vs Fact in Science



# Theory vs Fact in Science

Facts and theories are different things, NOT  
different rungs on a hierarchy

Facts are the world's data, theories are structures of  
ideas that explain and interpret facts

# Theory vs Fact in Science

“Evolution is *only* a theory” is **not** a valid criticism

- Indicates a misunderstanding of terminology
- Suggests theories can become something else if more evidence/support is obtained (which they can't)

# Nature of Science

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Absolutely not! Why not?

World is very complicated

- Old hypotheses/theories constantly revised
- New hypotheses/theories constantly developed

Current understanding influenced by

- Previous knowledge
- Culture
- Technology
- ...

# Example: Gravity



Newton first described gravity scientifically

- Explained the majority of observations that most people had

As telescopes developed, some people noticed some orbits didn't quite agree with Newtonian expectations.



Einstein developed a new theory that explained things better

- Einstein's theory will undoubtedly be revised

# Nature of Science

Can't ever “prove” a hypothesis

Can only reject all other potential explanations (that we can think of)

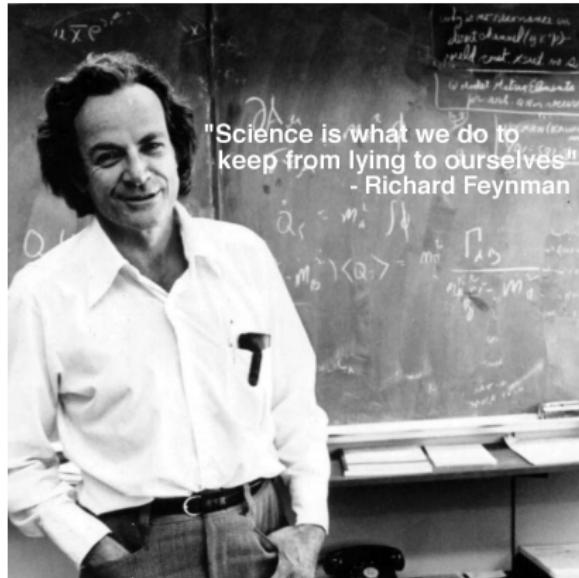


*No amount of experimentation can ever prove me right; a single experiment can prove me wrong.*

# Nature of Science

If done correctly, science is self-correcting

Only way we have of improving our understanding of the world



# Nature of Science

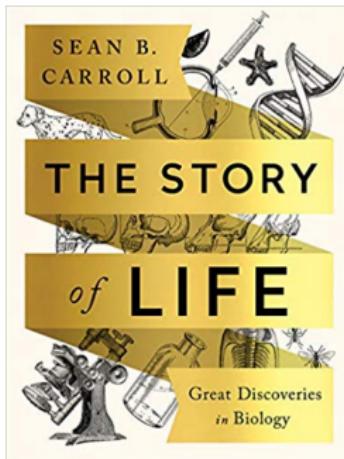
If done correctly, science is self-correcting

Only way we have of improving our understanding of the world



Questions?

# Case Studies



# Case Study #1

## Cause of gastritis and ulcers

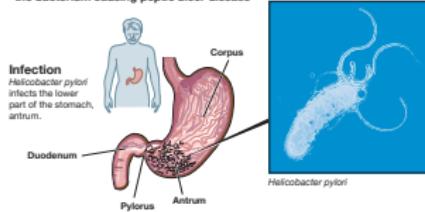
Robin Warren (left) &  
Barry Marshall (right)



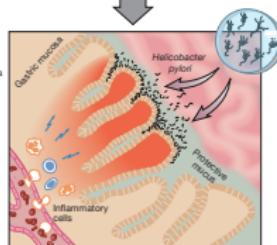
Nobel Prize in 2005

### ***Helicobacter pylori***

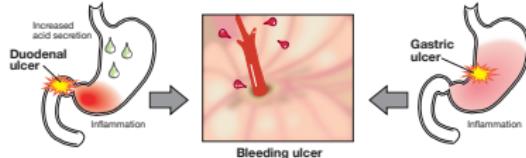
— the bacterium causing peptic ulcer disease



**Inflammation**  
*Helicobacter pylori* causes inflammation of the gastric mucosa (gastritis). This is often asymptomatic.



**Ulcer**  
Gastric inflammation may lead to duodenal or gastric ulcer. Severe complications include bleeding ulcer and perforated ulcer.



# Case Study #2

## Vaccines and autism

EARLY REPORT

Early report

### Ileal-lymphoid-nodular hyperplasia, non-specific colitis, and pervasive developmental disorder in children

A J Wakefield, S H Murch, A Anthony, J Linnell, D M Casson, M Malik, M Berelowitz, A P Dhillon, M A Thomson, P Harvey, A Valentine, S E Davies, J A Walker-Smith



# Case Study #2

## Vaccines and autism

We did not prove an association between measles, mumps, and rubella vaccine and the syndrome described. Virological studies are underway that may help to resolve this issue.

If there is a causal link between measles, mumps, and rubella vaccine and this syndrome, a rising incidence might be anticipated after the introduction of this vaccine in the UK in 1988. Published evidence is inadequate to show whether there is a change in incidence<sup>22</sup> or a link with measles, mumps, and rubella vaccine.<sup>23</sup> A genetic

# Case Study #2

## Vaccines and autism

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ARTICLES

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### **Autism and measles, mumps, and rubella vaccine: no epidemiological evidence for a causal association**

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*Brent Taylor, Elizabeth Miller, C Paddy Farrington, Maria-Christina Petropoulos, Isabelle Favot-Mayaud, Jun Li, Pauline A Waight*

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# Case Study #2

## Vaccines and autism

EARLY REPORT

### Early report

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##### Summary

**Background** We investigated a consecutive series of children with chronic enterocolitis and regressive developmental disorder.

**Methods** 12 children (mean age 6 years [range 3–10], 11 boys) were referred to a paediatric gastroenterology unit with a history of normal development followed by loss of acquired skills, including language, together with diarrhoea and abdominal pain. Children underwent gastroscopy, ileal biopsy sampling, magnetic-resonance imaging (MRI), electroencephalography (EEG), and lumbar puncture were done under sedation. Barium follow-through radiography was done where possible. Biochemical, haematological, and immunological profiles were examined.

**Findings** Onset of behavioural symptoms was associated by the parents, with measles, mumps, and rubella vaccination in eight of the 12 children, with measles infection being the only oral media in six cases. At least 11 children had intestinal abnormalities, including ileal lymphoid nodular hyperplasia to a程度ed extent. Histology showed patchy chronic inflammation in 11 children and reactive ileal lymphoid hyperplasia in seven, but no granulomas. Behavioural disorders included autism (nine), disintegrative disorders (one), or a possible positive response to the measles, mumps, and rubella vaccine. Focal neurological abnormalities and EEG tests were normal. Abnormal laboratory results were significantly raised urinary creatinine, low compared with age-matched controls ( $p<0.05$ ), low haemoglobin in four children, and low serum IgA in one child.

**Interpretation** We identified associated gastrointestinal disease and developmental regression in a group of previously normal children, which was generally associated in time with possible environmental triggers.

Lancet 1998; 351: 637–41

See Commentary page

**Inflammatory Bowel Disease Study Group, University Departments of Medicine and Histopathology (A J Wakefield *re*s, A Anthony *re*s, J Linnell *re*s, A P Dhillon *re*s, S E Davies *re*s), and the University Department of Paediatric Gastroenterology (S H Murch *re*s, D M Casson *re*s, M Malik *re*s, M A Thomson *re*s, J A Walker-Smith *re*s), Child and Adolescent Psychiatry (M Berejowitz *re*s), Neurology (P Harvey *re*s), and Radiology (J Valentine *re*s), Royal Free Hospital and School of Medicine, London NW3 2PF, UK**

**Correspondence to:** Dr A J Wakefield

##### Introduction

We saw several children who, after a period of apparent normality, lost acquired skills, including communication. They all had chronic enterocolitis, avoiding abdominal pain, diarrhoea, and soiling and, in some cases, food intolerance. We describe the clinical findings, and gastrointestinal features of these children.

##### Patients and methods

12 children, referred to our department of paediatric gastroenterology, because of a picture of a pervasive developmental disorder with loss of acquired skills and intestinal symptoms, with or without abdominal pain, soiling and food intolerance, were recruited. All children were admitted to the ward for each, according to their parents.

##### Clinical investigation

On admission, including details of immunisations and exposure to infections, diseases, and assessed the children. In 11 cases, the history as obtained by the senior clinician (JWS). Neuropsychiatric and psychiatric assessments were done by consultant (JWS) and HAMs-children. Developmental records excluded a review of previous developmental records from parents, health visitors, and general practitioners. Four children did not undergo psychiatric assessment in hospital; all had been assessed by a consultant. Results of these assessments were used as the basis for their behavioural diagnosis.

After bowel preparation, colonoscopy was performed by SHM or MAT under sedation with midazolam and pentidine. Biopsies of the rectum, sigmoid colon, transverse colon, and cecum were taken from the terminal ileum; ascending, transverse, descending, and sigmoid colon, and from the rectum. The procedure was recorded by video, still images, and were correlated with sites of previous biopsies. Two more paediatric colonoscopies (two normal colonoscopies and three on children with ulcerative colitis), in which the physician made no mention of the presence of lymphoid tissue, Barium follow-through radiography was possible in some cases.

Also under sedation, cerebral magnetic-resonance imaging (MRI), electroencephalography (EEG) including visual, brain auditory, and somatosensory evoked potentials (where compliance made these possible), and lumbar puncture were done.

##### Laboratory investigations

Thyroid function, serum long-chain fatty acids, and ceruloplasmin levels were measured to exclude known causes of childhood neurodegenerative disease. Urinary methionine was measured as random urine samples from eight of the 12 children (14 aged 3–6 years) and uridylated nucleotides by a modification of a technique described previously.<sup>1</sup> Chromatograms were scanned digitally on computer, to analyse the methionine/nucleotide ratios from cases and controls. The ratios of methionine/nucleotides in patients and controls were compared by a two-sample *t* test. Urinary creatinine was estimated by routine spectrophotometric assay.

Children were screened for anti-enterovirus antibodies and boys were screened for fragile-X if this had not been done